



Food Expenditure Survey in 1996

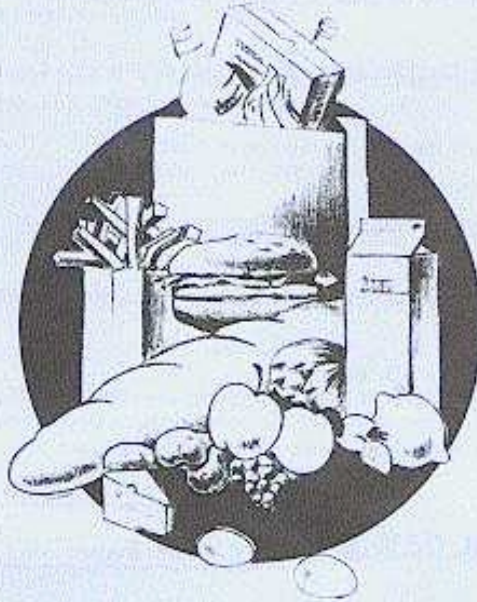
Confidential when completed

Si vous préférez ce questionnaire en français, veuillez cocher

Collected under the authority of the Statistics Act; Révisé Statutes of Canada, 1985, Chapter S19.

Diary of Food Purchases

FE3



• This diary covers 7 days beginning with
and ending with

- For each day, record all of your family's purchases of:
 - Food and beverages
 - Restaurant meals and snacks

• If you have any questions,
your Statistics Canada representative
can be contacted at

• He/She will return on
at to pick up this diary.

Thank you! We greatly appreciate your participation.

For office use only.

| | | | | | | | | | | |
|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| P.S.U. | GROUP | CLUSTER | ROT | LIST | M | MONTH | WK | START DATE | SCS/SCS | DATA CODE |
| <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |

8 5100 4.1: 1995-07-23 STG-HLD-045-60113

Instructions

For each of the 7 days covered by this diary, list your household's purchases of:

- food and non-alcoholic beverages purchased from stores
- food and all beverages purchased from restaurants

Record **all** of these purchases, no matter how big or small — from packages of gum to sides of beef.

So you don't forget, make your entries as soon as possible after you get home.

Only record the day's purchases. Don't list home grown foods or gifts your household received.

Record bulk meat and freezer plans the day you receive your order.

Don't report purchases that are made while away from home overnight or longer.

Don't report purchases on the way to a vacation home, unless they were brought home first.

Indicate if a purchase was reported in U.S. dollars.

Start a new page each day of the diary. Write in the day of the week in the heading as shown here:

First day ▶

| |
|-----------------------------|
| Enter day <i>Tuesday</i> |
|-----------------------------|

Check with members of your household at the end of each day to ensure all purchases are recorded. Snacks, soft drinks, and food from restaurants are easily forgotten.

When entering the details of a purchase, try as much as possible to remain within the limits of the spaces provided for the various description items.

Daily reminder list

Did you or other members of your household purchase . . .

- Food and beverages from restaurants, cafeterias, snack bars, vending machines, etc.?
- Snacks such as potato chips, chocolate bars, soft drinks, etc.?
- Any other food or non-alcoholic beverages from stores?

Householder's notes

Instructions – continued

How to describe the food and beverages you purchase from stores:

The items you list in this diary will be grouped into about 250 different categories. To do this we need a detailed description of each item. Look at the descriptions in the example on the next page as well as the following pointers:

Milk

Specify if whole, 2%, 1%, skim, half and half, chocolate, condensed, evaporated, powdered, etc.

Cheese

Specify if processed cheese, cheese spread, cheese dip, cream cheese, grated cheese, etc. Specify the type such as Cheddar, Gruyere, Parmesan, etc.

Meat and Poultry

Specify the type of meat and the cut. For example: beef round steak, pork loin roast, lamb shoulder chops, veal shank, pork livers, whole turkey, chicken giblets.

Uncooked Sausages

Specify if pure pork sausage, breakfast type, bratwurst, etc.

Cooked Meats

Specify if wieners, cooked sausage, sliced cooked meats or other cooked meats.

Fish and Seafood

Specify type (cod, tuna, scallops, shrimps, lobsters, etc.) and if pre-cooked, breaded, canned, etc.

Fruits and Vegetables

Specify type (apples, cantaloupes, pineapples, green beans, broccoli, etc.). Describe if processed such as frozen french fried potatoes, stewed tomatoes or baked beans.

Infant and Junior Foods

Specify if formula, cereal, meat, vegetables, fruits, pudding, juice.

Beverages

Specify the type (orange juice, Hawaiian Punch, soft drinks, mineral water, etc.). Specify if it is carbonated, concentrated, etc.

Coffee

Specify if instant, ground or bean.

Nuts and Seeds

Specify type (peanuts, almonds, walnuts, sesame seeds, etc.). If they are in the shell, without shells, salted or unsalted.

Substitutes

Specify if non-butterfat substitute for cream (or whipped cream), artificial sweetener, egg replacers, etc.

Bulk Meat

Specify the type of meat and if a side, front quarter, hind quarter. For other bulk purchases specify the cut.

The cash register tape is not a substitute for diarykeeping! Here's why:

Many store packaged items won't have specific descriptions. Words like "meat" and "bakery" don't tell us much.

Most people buy a number of non-food items at the grocery store. Items like laundry detergent, commercial pet food, light bulbs could be erroneously included in your food and beverage expenditures.

Many small purchases may be made by household members and the cash register tape may not be provided or is forgotten. These can add up to a lot of money over the week.

Use your tapes to help you record your food purchases.

Many modern check-out tapes contain the weights of produce, and in many cases are necessary to find out the price of an item. They will help you out when you can't list items in the diary before they are put away or eaten.

Use the step by step instructions on the following pages to enter your purchases in this diary.

Six steps to recording your food and non-alcoholic beverages purchased from stores

1 Write in your description of the item. *(Use the instructions on page 2 as a guide.)* Do not report alcoholic beverages. Report food for human consumption you purchased for a pet, *(for example, ground beef for a dog)*. Don't report commercial pet food.

2 Enter one of the following codes to further describe the item:

Frozen (1)

- Items that are frozen at the time of purchase.
- Items defrosted by the grocer should be reported as "other" (code 4).

Canned/Bottled (2)

- Also include 'Tetra Pak' cartons and other aseptic containers.

Dried (3)

- Examples include: dried soups, dried fruits, instant mashed potatoes, powdered milk, etc.

Fresh and/or other (4)

- Any items that can't be described by the above three codes.
- Examples include: fluid milk, fresh fruits and vegetables, coffee beans, all purpose flour, fruit and nut mixtures.

3 Check the type of store this item was purchased from:

Food specialty stores:

Retail stores which offer a wide variety of a limited number of items. Included in this group are butcher stores, fresh produce stores, bakery shops, fish markets, candy and nut stores, delicatessens, health food stores, and soft drink outlets. Outdoor farmers' markets or stands are also included in this group, as are direct purchases from producers and frozen food provisioners.

Convenience stores:

Retail stores which offer a limited variety of a general line of groceries (food and non-food items). These stores normally have extended hours.

Supermarkets:

Retail stores which offer a wide variety of most grocery items (food and non-food). Retail co-operatives are included in this group.

Other:

Any other type of retail outlet involved in selling food items. Remember to include purchases of food items including confections and soft drinks obtained from non-food stores such as department stores, drug stores and other outlets. Purchases from restaurants (including vending machines) should be reported separately in the restaurant section.

4 Enter the number of items and the volume or weight of each item. Use either metric or imperial units of measurement, whichever is convenient. Enter the quantity and the unit of measurement separately.

& When the weight or volume are unknown, try to estimate.

5 If unable to estimate, please describe the purchase. For example, 1 bunch of 6 small beets or 3 cups of dried navy beans.

Alternative ways of entering quantity information:

For example, if a six-pack (170 ml each) of apple juice is purchased, the entries could be correctly entered in two different ways:

| | Description | Number | Volume/Unit | Total cost |
|----|-------------|--------|-------------|------------|
| | Apple juice | 1 | 1.02 l | \$1.69 |
| or | Apple juice | 6 | 170ml | \$1.69 |

6 **How much did this cost?**

Enter the total cost of the items described. For example, if you have listed 2 bunches of broccoli at \$.99 each, enter a total cost of \$1.98.

Do not include provincial sales taxes or the Goods and Services Tax (GST).

First day

Enter day

Food and beverages purchased from stores

If none check here...

Describe the item purchased such as canned tuna, all purpose flour, soda crackers, etc. Include any bulk purchases.

Enter code:

- (1) Frozen
(2) Canned/bottled

- (3) Dried
(4) Fresh/other

Office Use

Where was this item purchased

- Food specialty store Convenience store Super-market Other store

Number of cans, bottles, packages, etc.

Net weight or volume per unit
(ex., 1 kg, 2 litres, 14 ozs, 5 lbs)

Total Cost
Exclude Any Sales Taxes

\$

¢

Dairy, eggs and bakery products

Quantity Unit of measurement

| | | | | | | | | | | |
|-------------------------|---|----------------------------------|----------------------------------|----------------------------------|-----------------------|---|-----|-------|---|----|
| Processed cheese slices | 4 | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | 1 | 250 | g. | 2 | 29 |
| Milk, 2% | 4 | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 | 2 | l. | 4 | 16 |
| Layer cake | 4 | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 | 9 | "dia. | 3 | 29 |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |

Meat, poultry, and fish (Indicate the cut of meat)

| | | | | | | | | | | |
|-----------------------------|---|----------------------------------|-----------------------|----------------------------------|-----------------------|----|-----|------|----|----|
| Beef striploin steak | 1 | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 2 | 5 | lbs. | 52 | 16 |
| Chicken livers | 4 | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 | .98 | lb. | 1 | 10 |
| Pre-cooked codfish sticks | 1 | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | 3 | 350 | g. | 11 | 37 |
| Pre-packaged sliced bologna | 4 | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | 14 | 175 | 58 | 1 | 54 |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |

Fruits and vegetables

| | | | | | | | | | | |
|---------------------|---|-----------------------|-----------------------|----------------------------------|-----------------------|---|-----|------|---|----|
| Maraschino Cherries | 2 | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | 1 | 500 | ml. | 4 | 97 |
| Wax beans | 2 | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | 2 | 14 | ozs. | 1 | 64 |
| Cauliflower | 4 | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | 1 | | Head | 2 | 49 |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |

First day

Food and beverages purchased from stores (Cont'd)

Describe the item purchased such as canned tuna, all purpose flour, soda crackers, etc. Include any bulk purchases.

Enter code:

- (1) Frozen
(2) Canned/bottled

- (3) Dried
(4) Fresh/other

Office Use

Where was this item purchased

- Food specialty store Convenience store Super-market Other store

Number of cans, bottles, packages, etc.

Net weight or volume per unit
(ex., 1 kg, 2 litres, 14 ozs, 5 lbs)

Total Cost
Exclude Any Sales Taxes

\$

¢

Beverages (Exclude alcoholic beverages)

Quantity Unit of measurement

| | | | | | | | | | | |
|---------------------------|---|----------------------------------|-----------------------|----------------------------------|-----------------------|----|-----|-----|---|----|
| Orange juice concentrated | 1 | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | 3 | 355 | ml. | 3 | 24 |
| Soft drinks carbonated | 2 | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 24 | 355 | ml. | 9 | 49 |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |

All other food (Include snack foods)

| | | | | | | | | | | |
|--------------------------|---|----------------------------------|----------------------------------|----------------------------------|-----------------------|---|-----|-----|---|----|
| Ground cinnamon | 2 | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | 1 | 113 | g. | 3 | 79 |
| Corn oil margarine | 4 | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | 1 | 1 | lb. | 1 | 68 |
| Non-dairy coffee creamer | 2 | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | 1 | 500 | g. | 3 | 39 |
| Peanuts without shells | 4 | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 | 500 | g. | 2 | 25 |
| Chocolate bar | 4 | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 | 100 | g. | 1 | 22 |
| All purpose flour | 4 | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | 1 | 2.5 | kg. | 4 | 29 |
| Coffee beans | 4 | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | 1 | 369 | g. | 4 | 39 |
| Frozen TV Dinners | 1 | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | 2 | 326 | g. | 8 | 34 |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |

Six steps to recording your restaurant purchases

Record all meals and snacks purchased by a member of the household, including meals purchased for guests.

- 1** Use the 'Breakfasts', 'Lunches', 'Dinners' and 'Between-Meals Food and Beverages' categories in Column 1 to identify each of your purchases from restaurants. This space is for your own use to sort out purchases made by different members of the household. It will act as a reminder when reviewing your diary for completeness. It is not necessary to list the content of the purchases.
- 2** Indicate how many meals were included in your purchases. You should include meals for guests that were paid for by a member of the household.
- 3 & 4** **How much did you pay?** Include provincial sales taxes, the Goods and Services Tax (GST), and tips. If your bill included alcoholic beverages, subtract the cost from your total bill and report the costs separately in Columns 3 and 4. Don't report purchases that will be reimbursed such as expense account meals.

- 5** **Where was this purchased?**
"Restaurant" purchases include a wide variety of food service outlets. Mark a circle to indicate the type of restaurant for each purchase.

Table service restaurant:

Restaurants which take orders for and serve food and/or beverages at a table or eating counter. Tipping or service charges are often associated with this type of restaurant. If taverns, bars, pubs or lounges provide "table service", expenditures in these establishments are to be included in this category. *Note that this category should be indicated even if the purchases are taken out or delivered.*

Fast food restaurant:

Restaurants other than table service where food and beverages are ordered and received in a minimum of time. The menu tends to be limited and tipping is not a practice. These restaurants usually specialize in foods such as hamburgers, pizza, Chinese food, fried chicken, BBQ ribs, submarine sandwiches, ice cream, etc.

Eat-in or drive-in:

This type of fast food restaurant provides a sit-down eating area and/or a parking area for in-car consumption. This category should be indicated even though the purchase is consumed off the premises.

Take-out or delivery:

This type of restaurant normally does not provide any eating area, inside or out.

Cafeteria:

This is a private or public self-service eating place where a tray is provided on which to carry food items selected to a cashier. A sit-down eating area is provided and a limited hot food menu typically varies from day to day. The hours of operation are normally linked to those of an associated enterprise or institution such as school, factory, office buildings, hospital, shopping centre or department store.

Other:

Refreshment stands, snack bars, vending machines, mobile canteens, chip wagons, caterers, coffee wagons, etc.

A refreshment stand or snack bar is different from a fast food restaurant in that a sit-down or drive-in eating area is normally not provided although purchases are usually made for consumption in the vicinity. This service is generally provided in conjunction with other facilities or events such as shopping malls, supermarkets, theatres, exhibitions, sports events, parks, etc.

- 6** **Where was this consumed?**
Mark a circle to indicate whether the purchase was consumed on the premises or not. For example, if you brought a pizza home from a table service Italian restaurant, you would check "Table service restaurant" and "off the premises".

First day

Food and beverages purchased from stores (Cont'd)


| Describe the item purchased such as canned tuna, all purpose flour, soda crackers, etc. Include any bulk purchases. Enter code: (1) Frozen (2) Canned/bottled (3) Dried (4) Fresh/other | Office Use | Where was this item purchased | | | | Number of cans, bottles, packages, etc. | Net weight or volume per unit (ex., 1 kg, 2 litres, 14 ozs, 5 lbs) | Total Cost <small>Exclude Any Sales Taxes</small> | | | |
|--|------------|-------------------------------|-----------------------|-----------------------|-----------------------|---|---|--|---------------------|----|---|
| | | Food specialty store | Convenience store | Supermarket | Other store | | | Quantity | Unit of measurement | | |
| | | | | | | | | | | \$ | ¢ |
| Beverages (Exclude alcoholic beverages) | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| All other food (include snack foods) | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |

Food and beverages purchased from restaurants

If none check here...

| Include: - meals bought for guests - purchases in restaurants, drive-ins, snack bars, vending machines, mobile canteens, etc. - meals, snacks, beverages, ice cream, candy, etc. Use this space as a reminder (see examples) | Office Use | If meals give number | Total cost <small>Include tips and all sales taxes</small> | | | | Where was this item purchased? <small>Mark one circle for each line</small> | | | | | Was this consumed... <small>Mark one circle for each line</small> | | |
|--|------------|----------------------|---|----|---------------------|----|--|----------------------------------|----------------------------------|----------------------------------|----------------------------------|--|----------------------------------|----------------------------------|
| | | | Food and non-alcoholic beverages | | Alcoholic beverages | | Table service restaurant | Fast food restaurant | | Cafeteria | Other | on the premises | off the premises | |
| | | | \$ | ¢ | \$ | ¢ | | | Eat-in or drive-in | | | | | Take-out or delivery |
| Breakfasts | | | | | | | | | | | | | | |
| Husband on way to work | | 1 | 3 | 55 | | | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Lunches | | | | | | | | | | | | | | |
| Son's school lunch | | 1 | 2 | 30 | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| Outing with office | | 1 | 9 | 15 | 5 | 30 | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Dinners | | | | | | | | | | | | | | |
| Sent out | | 4 | 25 | 70 | | | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| Son's date | | 2 | 54 | 00 | 9 | 50 | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Between-meals food and beverages | | | | | | | | | | | | | | |
| Daughter shopping | | 1 | 1 | 10 | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| Coffee breaks | | 1 | 1 | 50 | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| After movies | | 9 | 50 | | 12 | 75 | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| Popcorn | | 2 | 2 | 50 | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Note: Check the appropriate "none circle" if no purchases were made today.

First day 

Enter day

◆1

Food and beverages purchased from stores

If none check here...

Describe the item purchased such as canned tuna, all purpose flour, soda crackers, etc. Include any bulk purchases.

Enter code:
 (1) Frozen (3) Dried
 (2) Canned/bottled (4) Fresh/other

| Office Use | Where was this item purchased | | | | Number of cans, bottles, packages, etc. | Net weight or volume per unit (ex., 1 kg, 2 litres, 14 ozs, 5 lbs) | Total Cost <small>Exclude Any Sales Tax</small> | |
|------------|-------------------------------|-------------------|--------------|-------------|---|---|--|---|
| | Food specialty store | Convenience store | Super-market | Other store | | | \$ | ¢ |

Dairy, eggs and bakery products

| Quantity | Unit of measurement | | | | | | | | |
|----------|---------------------|-----------------------|-----------------------|-----------------------|-----------------------|--|--|--|--|
| | | 1 | 2 | 3 | 4 | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |

Meat, poultry, and fish (Indicate the cut of meat)

| Quantity | Unit of measurement | | | | | | | | |
|----------|---------------------|-----------------------|-----------------------|-----------------------|-----------------------|--|--|--|--|
| | | 1 | 2 | 3 | 4 | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |

Fruits and vegetables

| Quantity | Unit of measurement | | | | | | | | |
|----------|---------------------|-----------------------|-----------------------|-----------------------|-----------------------|--|--|--|--|
| | | 1 | 2 | 3 | 4 | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |

Note: If there is insufficient space to enter your purchases made this day, use pages 21 and 22.

First day

◆1

Food and beverages purchased from stores (Cont'd)

| Describe the item purchased such as canned tuna, all purpose flour, soda crackers, etc. Include any bulk purchases. Enter code: _____ | Office Use | Where was this item purchased | | | | Number of cans, bottles, packages, etc. | Net weight or volume per unit (ex., 1 kg, 2 litres, 14 ozs, 5 lbs) | Total Cost <small>Exclude Any Sales Taxes</small> | |
|--|------------|----------------------------------|------------------------------|-----------------------|-----------------------|---|---|--|---------------------|
| | | Food specialty store | Convenience store | Supermarket | Other store | | | \$ | ¢ |
| | | (1) Frozen (2) Canned/bottled | (3) Dried (4) Fresh/other | | | | | Quantity | Unit of measurement |
| Beverages (Exclude alcoholic beverages) | | | | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |

All other food (Include snack foods)

| | | | | | | | | | |
|--|--|-----------------------|-----------------------|-----------------------|-----------------------|--|--|--|--|
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |

Food and beverages purchased from restaurants

If none check here...

| Include: - meals bought for guests - purchases in restaurants, drive-ins, snack bars, vending machines, mobile canteens, etc. - meals, snacks, beverages, ice cream, candy, etc. Use this space as a reminder (see examples) | Office Use | If meals give number | Total cost <small>Include tips and all sales taxes</small> | | | | Where was this item purchased? <small>Mark one circle for each line</small> | | | | | Was this consumed... <small>Mark one circle for each line</small> | |
|--|------------|----------------------|---|---|---------------------|-----------------------|--|-----------------------|-----------------------|-----------------------|-----------------------|--|-----------------------|
| | | | Food and non-alcoholic beverages | | Alcoholic beverages | | Table service restaurant | Fast food restaurant | | Caterers | Other | on the premises | off the premises |
| | | | \$ | ¢ | \$ | ¢ | | Eat-in or drive-in | Take-out or delivery | | | | |
| | | | | | | | | | | | | | |
| Breakfasts | | | | | | | | | | | | | |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Lunches | | | | | | | | | | | | | |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Dinners | | | | | | | | | | | | | |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Between-meals food and beverages | | | | | | | | | | | | | |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

▶ Note: Check the appropriate "none circle" if no purchases were made today.

Second day

Enter day

◆2

Food and beverages purchased from stores

If none check here...

Describe the item purchased such as canned tuna, all purpose flour, soda crackers, etc. Include any bulk purchases.

| Office Use | Where was this item purchased | | | | Number of cans, bottles, packages, etc. | Net weight or volume per unit (ex., 1 kg, 2 litres, 14 ozs, 5 lbs) | Total Cost <small>Exclude Any Sales Tax</small> | |
|------------|-------------------------------|-------------------|-------------|-------------|---|---|--|---|
| | Food specialty store | Convenience store | Supermarket | Other store | | | \$ | ¢ |

Enter code:
 (1) Frozen (3) Dried
 (2) Canned/bottled (4) Fresh/other

| Dairy, eggs and bakery products | | | | | | Quantity | Unit of measurement | | |
|---------------------------------|--|-----------------------|-----------------------|-----------------------|-----------------------|----------|---------------------|--|--|
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |

| Meat, poultry, and fish (indicate the cut of meat) | | | | | | Quantity | Unit of measurement | | |
|--|--|-----------------------|-----------------------|-----------------------|-----------------------|----------|---------------------|--|--|
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |

| Fruits and vegetables | | | | | | Quantity | Unit of measurement | | |
|-----------------------|--|-----------------------|-----------------------|-----------------------|-----------------------|----------|---------------------|--|--|
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |

Second day

◆2

Food and beverages purchased from stores (Cont'd)

Describe the item purchased such as canned tuna, all purpose flour, soda crackers, etc. Include any bulk purchases.
Enter code:

| Office Use | Where was this item purchased | | | | Number of cans, bottles, packages, etc. | Net weight or volume per unit (ex., 1 kg, 2 litres, 14 ozs, 5 lbs) | Total Cost <small>Exclude Any Sales Taxes</small> | | |
|--|-------------------------------|-------------------|--------------|-------------|---|---|--|---------------------|--|
| | Food specialty store | Convenience store | Super-market | Other store | | | \$ | ¢ | |
| (1) Frozen (2) Canned/bottled | (3) Dried (4) Fresh/other | | | | | | | | |
| Beverages (Exclude alcoholic beverages) | | | | | | | Quantity | Unit of measurement | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |

All other food (Include snack foods)

| | | 1 | 2 | 3 | 4 | | | | |
|--|--|---|---|---|---|--|--|--|--|
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |
| | | 1 | 2 | 3 | 4 | | | | |

Food and beverages purchased from restaurants

If none check here...

Include:
 - meals bought for guests
 - purchases in restaurants, drive-ins, snack bars, vending machines, mobile canteens, etc.
 - meals, snacks, beverages, ice cream, candy, etc.

Use this space as a reminder (see examples)

| Office Use | If meals give number | Total cost <small>Include tips and all sales taxes</small> | | | | Where was this item purchased? <small>Mark one circle for each line</small> | | | | | Was this consumed... <small>Mark one circle for each line</small> | |
|---|----------------------|---|---|---------------------|---|--|----------------------|----------------------|-----------|-------|--|------------------|
| | | Food and non-alcoholic beverages | | Alcoholic beverages | | Table service restaurant | Fast food restaurant | | Cafeteria | Other | on the premises | off the premises |
| | | \$ | ¢ | \$ | ¢ | | Eat-in or drive-in | Take-out or delivery | | | | |
| Breakfasts | | | | | | | | | | | | |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| Lunches | | | | | | | | | | | | |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| Dinners | | | | | | | | | | | | |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| Between-meals food and beverages | | | | | | | | | | | | |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 1 | 2 |

▶ Note: Check the appropriate "none circle" if no purchases were made today.

Third day

Enter day

◆3

Food and beverages purchased from stores

If none check here...

Describe the item purchased such as canned tuna, all purpose flour, soda crackers, etc. Include any bulk purchases.

| Office Use | Where was this item purchased | | | | Number of cans, bottles, packages, etc. | Net weight or volume per unit (ex., 1 kg, 2 litres, 14 ozs, 5 lbs) | Total Cost <small>Exclude any Sales Tax</small> | |
|------------|-------------------------------|-------------------|-------------|-------------|---|---|--|---|
| | Food specialty store | Convenience store | Supermarket | Other store | | | \$ | ¢ |

Enter code:

- (1) Frozen
- (2) Canned/bottled
- (3) Dried
- (4) Fresh/other

| Dairy, eggs and bakery products | | | | | | | Quantity | Unit of measurement | | |
|---------------------------------|--|--|-------------------------|-------------------------|-------------------------|-------------------------|----------|---------------------|--|--|
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |

Meat, poultry, and fish (Indicate the cut of meat)

| | | | | | | | | | | |
|--|--|--|-------------------------|-------------------------|-------------------------|-------------------------|--|--|--|--|
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |

Fruits and vegetables

| | | | | | | | | | | |
|--|--|--|-------------------------|-------------------------|-------------------------|-------------------------|--|--|--|--|
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |
| | | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | |

Third day

◆3

Food and beverages purchased from stores (Cont'd)

| Describe the item purchased such as canned tuna, all purpose flour, soda crackers, etc. Include any bulk purchases. Enter code : _____ | Office Use | Where was this item purchased | | | | Number of cans, bottles, packages, etc. | Net weight or volume per unit (ex., 1 kg, 2 litres, 14 ozs, 5 lbs) | Total Cost <small>Exclude Any Sales Taxes</small> | | | |
|---|------------|-------------------------------|-----------------------|-----------------------|-----------------------|---|---|--|---------------------|----|---|
| | | Food specialty store | Convenience store | Supermarket | Other store | | | Quantity | Unit of measurement | \$ | ¢ |
| | | | | | | | | | | | |
| Beverages (Exclude alcoholic beverages) | | | | | | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| All other food (Include snack foods) | | | | | | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |

Food and beverages purchased from restaurants If none check here...

| Include: - meals bought for guests - purchases in restaurants, drive-ins, snack bars, vending machines, mobile canteens, etc. - meals, snacks, beverages, ice cream, candy, etc. Use this space as a reminder (see examples) | Office Use | If meals give number | Total cost <small>include tips and all sales taxes</small> | | | | Where was this item purchased? <small>Mark one circle for each line</small> | | | | | Was this consumed... <small>Mark one circle for each line</small> | | | |
|--|------------|----------------------|---|---|---------------------|---|--|-----------------------|-----------------------|-----------------------|-----------------------|--|-----------------------|-----------------------|-----------------------|
| | | | Food and non-alcoholic beverages | | Alcoholic beverages | | Table service restaurant | Fast food restaurant | | Cafeteria | Other | on the premises | off the premises | | |
| | | | \$ | ¢ | \$ | ¢ | | Eat-in or drive-in | Take-out or delivery | | | | | | |
| Breakfasts | | | | | | | | | | | | | | | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Lunches | | | | | | | | | | | | | | | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Dinners | | | | | | | | | | | | | | | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Between-meals food and beverages | | | | | | | | | | | | | | | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Fourth day

Enter day

◆4

Food and beverages purchased from stores

If none check here...

Describe the item purchased such as *canned tuna, all purpose flour, soda crackers, etc.* Include any bulk purchases.

Enter code:

(1) Frozen

(3) Dried

(2) Canned/bottled

(4) Fresh/other

| Office Use | Where was this item purchased | | | | Number of cans, bottles, packages, etc. | Net weight or volume per unit (ex., 1 kg, 2 litres, 14 ozs, 5 lbs) | Total Cost <small>Exclude Any Sales Taxes</small> | |
|------------|-------------------------------|-------------------|-------------|-------------|---|---|--|---|
| | Food specialty store | Convenience store | Supermarket | Other store | | | \$ | ¢ |

Dairy, eggs and bakery products

| Describe the item purchased | Office Use | Where was this item purchased | | | | Number of cans, bottles, packages, etc. | Net weight or volume per unit | Quantity | Unit of measurement | Total Cost | |
|-----------------------------|------------|-------------------------------|-------------------------|-------------------------|-------------------------|---|-------------------------------|----------|---------------------|------------|---|
| | | Food specialty store | Convenience store | Supermarket | Other store | | | | | \$ | ¢ |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |

Meat, poultry, and fish (Indicate the cut of meat)

| Describe the item purchased | Office Use | Where was this item purchased | | | | Number of cans, bottles, packages, etc. | Net weight or volume per unit | Quantity | Unit of measurement | Total Cost | |
|-----------------------------|------------|-------------------------------|-------------------------|-------------------------|-------------------------|---|-------------------------------|----------|---------------------|------------|---|
| | | Food specialty store | Convenience store | Supermarket | Other store | | | | | \$ | ¢ |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |

Fruits and vegetables

| Describe the item purchased | Office Use | Where was this item purchased | | | | Number of cans, bottles, packages, etc. | Net weight or volume per unit | Quantity | Unit of measurement | Total Cost | |
|-----------------------------|------------|-------------------------------|-------------------------|-------------------------|-------------------------|---|-------------------------------|----------|---------------------|------------|---|
| | | Food specialty store | Convenience store | Supermarket | Other store | | | | | \$ | ¢ |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | | | | |

Note: If there is insufficient space to enter your purchases made this day, use pages 21 and 22.

Enter day

Food and beverages purchased from stores

If none check here...

Describe the item purchased such as *canned tuna, all purpose flour, soda crackers, etc.* Include any bulk purchases.

Enter code:

- (1) Frozen
- (2) Canned/bottled
- (3) Dried
- (4) Fresh/other

Office Use

Where was this item purchased

Food specialty store Convenience store Supermarket Other store

Number of cans, bottles, packages, etc.

Net weight or volume per unit
(ex. 1 kg, 2 litres, 14 ozs, 5 lbs)

Total Cost
Exclude Any Sales Taxes

\$ C

Dairy, eggs and bakery products

Quantity Unit of measurement

| Describe the item purchased | Office Use | Food specialty store | Convenience store | Supermarket | Other store | Number of cans, bottles, packages, etc. | Net weight or volume per unit | Total Cost |
|-----------------------------|------------|-------------------------|-------------------------|-------------------------|-------------------------|---|-------------------------------|------------|
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |

Meat, poultry, and fish (Indicate the cut of meat)

| Describe the item purchased | Office Use | Food specialty store | Convenience store | Supermarket | Other store | Number of cans, bottles, packages, etc. | Net weight or volume per unit | Total Cost |
|-----------------------------|------------|-------------------------|-------------------------|-------------------------|-------------------------|---|-------------------------------|------------|
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |

Fruits and vegetables

| Describe the item purchased | Office Use | Food specialty store | Convenience store | Supermarket | Other store | Number of cans, bottles, packages, etc. | Net weight or volume per unit | Total Cost |
|-----------------------------|------------|-------------------------|-------------------------|-------------------------|-------------------------|---|-------------------------------|------------|
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |
| | | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | | | |

▶ Note: If there is insufficient space to enter your purchases made this day, use pages 21 and 22.

Fifth day

◆5

Food and beverages purchased from stores (Cont'd)

| Describe the item purchased such as <i>canned tuna, all purpose flour, soda crackers, etc.</i> Include any bulk purchases. Enter code: _____ | Office Use | Where was this item purchased | | | | Number of cans, bottles, packages, etc. | Net weight or volume per unit <i>(ex., 1 kg, 2 litres, 14 ozs, 5 lbs)</i> | Total Cost <small>Exclude Any Sales Taxes</small> | | | |
|---|------------|-------------------------------|-----------------------|-----------------------|-----------------------|---|--|--|---------------------|----|---|
| | | Food specialty store | Convenience store | Supermarket | Other store | | | Quantity | Unit of measurement | \$ | ¢ |
| | | | | | | | | | | | |
| Beverages (Exclude alcoholic beverages) | | | | | | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| All other food (include snack foods) | | | | | | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | | |

Food and beverages purchased from restaurants If none check here...

| Include: - meals bought for guests - purchases in restaurants, drive-ins, snack bars, vending machines, mobile canteens, etc. - meals, snacks, beverages, ice cream, candy, etc. Use this space as a reminder (see examples) | Office Use | If meals give number | Total cost <small>Include tips and all sales taxes</small> | | | | Where was this item purchased? <small>Mark one circle for each line</small> | | | | | Was this consumed... <small>Mark one circle for each line</small> | | |
|--|------------|----------------------|---|---|---------------------|---|--|-----------------------|-----------------------|-----------------------|-----------------------|--|-----------------------|--|
| | | | Food and non-alcoholic beverages | | Alcoholic beverages | | Table service restaurant | Fast food restaurant | | Cafeteria | Other | on the premises | off the premises | |
| | | | \$ | ¢ | \$ | ¢ | | Eat-in or drive-in | Take-out or delivery | | | | | |
| | | | | | | | | | | | | | | |
| Breakfasts | | | | | | | | | | | | | | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| Lunches | | | | | | | | | | | | | | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| Dinners | | | | | | | | | | | | | | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| Between-meals food and beverages | | | | | | | | | | | | | | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | | | | | | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |

Seventh day

Enter day

7

Food and beverages purchased from stores

If none check here...

Describe the item purchased such as *canned tuna, all purpose flour, soda crackers, etc.* Include any bulk purchases.

Enter code:

- (1) Frozen (3) Dried
(2) Canned/bottled (4) Fresh/other

| Office Use | Where was this item purchased | | | | Number of cans, bottles, packages, etc. | Net weight or volume per unit (ex., 1 kg, 2 litres, 14 ozs, 5 lbs) | Total Cost <small>Exclude Any Sales Tax</small> | |
|------------|-------------------------------|-------------------|-------------|-------------|---|---|--|---|
| | Food specialty store | Convenience store | Supermarket | Other store | | | \$ | ¢ |

Dairy, eggs and bakery products

| Quantity | Unit of measurement | | | | | | | | |
|----------|---------------------|-----------------------|-----------------------|-----------------------|-----------------------|--|--|--|--|
| | | 1 | 2 | 3 | 4 | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |

Meat, poultry, and fish (Indicate the cut of meat)

| | | 1 | 2 | 3 | 4 | | | | |
|--|--|-----------------------|-----------------------|-----------------------|-----------------------|--|--|--|--|
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |

Fruits and vegetables

| | | 1 | 2 | 3 | 4 | | | | |
|--|--|-----------------------|-----------------------|-----------------------|-----------------------|--|--|--|--|
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |
| | | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | |

Note: If there is insufficient space to enter your purchases made this day, use pages 21 and 22.

Seventh day

◆7

Food and beverages purchased from stores (Cont'd)

| Describe the item purchased such as canned tuna, all purpose flour, soda crackers, etc. Include any bulk purchases. Enter code: _____ | Office Use | Where was this item purchased | | | | Number of cans, bottles, packages, etc. | Net weight or volume per unit (ex., 1 kg, 2 litres, 14 ozs, 5 lbs) | Total Cost <small>Exclude Any Sales Taxes</small> | | | |
|--|------------|-------------------------------|-------------------|-------------|-------------|---|---|--|---------------------|-----|-----|
| | | Food specialty store | Convenience store | Supermarket | Other store | | | Quantity | Unit of measurement | \$ | ¢ |
| | | | | | | | | | | 1 ○ | 2 ○ |
| (1) Frozen (2) Canned/bottled | | | | | | | | | | | |
| (3) Dried (4) Fresh/other | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |

All other food (Include snack foods)

| | | | 1 ○ | 2 ○ | 3 ○ | 4 ○ | | | |
|--|--|--|-----|-----|-----|-----|--|--|--|
| | | | 1 ○ | 2 ○ | 3 ○ | 4 ○ | | | |
| | | | 1 ○ | 2 ○ | 3 ○ | 4 ○ | | | |
| | | | 1 ○ | 2 ○ | 3 ○ | 4 ○ | | | |
| | | | 1 ○ | 2 ○ | 3 ○ | 4 ○ | | | |
| | | | 1 ○ | 2 ○ | 3 ○ | 4 ○ | | | |
| | | | 1 ○ | 2 ○ | 3 ○ | 4 ○ | | | |
| | | | 1 ○ | 2 ○ | 3 ○ | 4 ○ | | | |
| | | | 1 ○ | 2 ○ | 3 ○ | 4 ○ | | | |
| | | | 1 ○ | 2 ○ | 3 ○ | 4 ○ | | | |
| | | | 1 ○ | 2 ○ | 3 ○ | 4 ○ | | | |

Food and beverages purchased from restaurants

If none check here... ○

| Include: - meals bought for guests - purchases in restaurants, drive-ins, snack bars, vending machines, mobile canteens, etc. - meals, snacks, beverages, ice cream, candy, etc. Use this space as a reminder (see examples) | Office Use | If meals give number | Total cost <small>Include tips and all sales taxes</small> | | | | Where was this item purchased? <small>Mark one circle for each line</small> | | | | | Was this consumed... <small>Mark one circle for each line</small> | | |
|--|------------|----------------------|---|-----|---------------------|-----|--|----------------------|----------------------|-----------|-------|--|------------------|--|
| | | | Food and non-alcoholic beverages | | Alcoholic beverages | | Table service restaurant | Fast food restaurant | | Cafeteria | Other | on the premises | off the premises | |
| | | | \$ | ¢ | \$ | ¢ | | Eat-in or drive-in | Take-out or delivery | | | | | |
| | | | 1 ○ | 2 ○ | 3 ○ | 4 ○ | 5 ○ | 1 ○ | 2 ○ | | | | | |
| Breakfasts | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| Lunches | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| Dinners | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| Between-meals food and beverages | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |

▶ Note: Check the appropriate "none circle" if no purchases were made today.

