

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

Page 1

March 2011

Variable Name	Description	Page
<b>ADL : Activities of Daily Living</b>		
ADL_01A	Able to feed yourself	248
ADL_01B	Able to eat with some help	248
ADL_01C	Unable to feed yourself	249
ADL_02A	Able to dress and undress without help	249
ADL_02B	Able to dress and undress with some help	250
ADL_02C	Unable to dress and undress yourself	250
ADL_03A	Able to take care of own appearance without help	251
ADL_03B	Able to take care of own appearance with some help	251
ADL_03C	Unable to take care of your own appearance	252
ADL_04A	Able to walk without help	252
ADL_04B	Able to walk with some help	253
ADL_04C	Unable to walk	253
ADL_05A	Able to get in and out of bed without help	254
ADL_05B	Able to get in and out of bed with some help	254
ADL_05C	Unable to get in and out of bed without help	255
ADL_06A	Able to bath or shower without help	255
ADL_06B	Able to bath or shower with some help	256
ADL_06C	Unable to take a bath or a shower yourself	256
ADL_07A	Trouble getting to the bathroom on time	257
ADL_07B	Frequency - wet or soil oneself	257
ADLDCLS	Instrumental & Basic Activities of Daily Living Class. - (D)	259
ADLDCLST	Instrumental & Basic Act. of Daily Living Class. - Temp- (D)	258
ADLDMEA	Meal Preparation - Temp - (D)	259
ADLDSUM	Sum of Some Dependence and Complete Dependence - Temp - (D)	258
<b>ADM : Administration information</b>		
ADM_DOI	Day of interview	14
ADM_LHH	Language of preference - household interview	12
ADM_MOI	Month of interview	14
ADM_N09	Interview by telephone or in person	9
ADM_N10	Respondent alone during interview	10
ADM_N11	Answers affected by presence of another person	10
ADM_N12	Language of interview	11
ADM_PRX	Health Component completed by proxy	12
ADM_STA	Response status after processing	13

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
ADM_YOI	Year of interview	13
PERSONID	Person identifier of respondent selected - health interview	1
SAM_CP	Sampled collection period	8
SAM_CP2	Actual Collection Period	9
SAMPLEID	Household identifier	1
<b>ALC : Alcohol use</b>		
ALC_1	Drank alcohol in past 12 months	208
ALC_2	Frequency of drinking alcohol	209
ALC_3	Frequency of having 5 or more drinks	210
ALC_5B	Ever had a drink	211
ALCDTTM	Type of drinker (12 months) - (D)	211
<b>CAG : Care giving</b>		
CAG_01A	Provided assistance – personal care	340
CAG_01B	Provided assistance – medical care	341
CAG_01C	Provided assistance – managing care	341
CAG_01D	Provided assistance – house activities	342
CAG_01E	Provided assistance – transportation	342
CAG_01F	Provided assistance – meals	343
CAG_01G	Provide assistance - none	343
CAG_01H	Provide assistance - other	344
CAG_02A	Activity provided most assistance	345
CAG_02E	Provided respite care	346
CAG_02F	Provided palliative care	346
CAG_02G	Provided financial assistance	347
CAG_03A	Provide assist. – number of care beneficiaries	347
CAG_03B	Main care recipient - situation	348
CAG_03C	Main care rec. - comfortable answering (if rec. deceased)	349
CAG_04	Main care recipient - sex	350
CAG_05B	Main care recipient - age	351
CAG_06A	Main care recipient - relationship	352
CAG_06BA	Assist. provided to care recipient –personal care	353
CAG_06BB	Assist. provided to care recipient –medical care	354
CAG_06BC	Assist. provided to care recipient –managing care	355
CAG_06BD	Assist. provided to care recipient –household activities	356
CAG_06BE	Assist. provided to care recipient –transportation	357

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
CAG_06BF	Assist. provided to care recipient - meals	358
CAG_06BG	Assist. provided to care recipient –other	359
CAG_07A	Main care recipient - time	360
CAG_07C	Main care recipient - freq. regular	361
CAG_07D	Main care recipient - daily/weekly/monthly	362
CAG_07E	Main care recipient - average time with	363
CAG_08	Main care rec. - main reason for care	364
CAG_20	Most rewarding aspect to providing assist	365
CAG_21	Most challenging aspect to providing assist.	366
CAG_23A	Assist. caused or worsened health condition	367
CAG_23B	Alternate assistance provider available	368
CAG_24	Received respite care past 12 months	369
CAG_25A	Impact to work-related activities	370
CAG_25BA	Type of impact on work – stop/retire	371
CAG_25BB	Type of work impact – reduce/modify hours	372
CAG_25BC	Type of work impact – take less demanding job	373
CAG_25BD	Type of work impact – increase hours or work more	374
CAG_25BE	Type of work impact – use vacation/sick leave	375
CAG_25BF	Type of work impact – take unpaid leave	376
CAG_25BG	Type of work impact – turn down job offer or promotion	377
CAG_25BH	Type of work impact – other	378
CAGDFAP	Main care recipient - freq. - (D)	380
CAGDIAR	Main care recipient - intensity (D)	381
CAGDRMC	Main care recipient - relationship - (D)	379
CAGFPAS	Flag for providing assistance - (F)	378
<b>CCC : Chronic conditions</b>		
CCC_031	Has asthma	40
CCC_051	Has arthritis	41
CCC_053	Has osteoporosis	41
CCC_061	Has back problems excluding fibromyalgia and arthritis	42
CCC_071	Has high blood pressure	42
CCC_072	Ever diagnosed with high blood pressure	43
CCC_073	Medication - high blood pressure - past month	43
CCC_073A	Pregnant with high blood pressure	44
CCC_073B	Diagnosed with high blood pressure - not pregnant	44
CCC_081	Has migraine headaches	45

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
CCC_101	Has diabetes	47
CCC_119	Has angina	47
CCC_120	Had a heart attack	48
CCC_121	Has heart disease	48
CCC_131	Has cancer	49
CCC_132	Ever had cancer	49
CCC_141	Has stomach or intestinal ulcers	50
CCC_151	Suffers from the effects of a stroke	50
CCC_161	Has urinary incontinence	51
CCC_171	Has a bowel disorder / Crohn's Disease or colitis	51
CCC_181	Has Alzheimer's disease or other dementia	52
CCC_183	Has Parkinson's Disease	52
CCC_191	Has cataracts	53
CCC_201	Has glaucoma	53
CCC_211	Has a thyroid condition	54
CCC_280	Has a mood disorder	54
CCC_290	Has an anxiety disorder	55
CCC_901	Has other long-term physical or mental condition	55
CCC_91A	Has chronic bronchitis	45
CCC_91E	Has emphysema	46
CCC_91F	Has chronic obstructive pulmonary disease	46
CCDCPD	Has Chronic Obstructive Pulmonary Disease (COPD) - (D)	56
CCCF1	Has a chronic condition	56
<b>CGE : Caregiving expenses</b>		
CGE_01	Assistance - incurred out-of-pocket expenses	382
CGE_02	Assistance - amount spent per month	383
CGE_03A	Assistance - Expenses – purchasing items	384
CGE_03B	Assistance - Expenses – paying for services	385
CGE_03C	Assistance - Expenses – increases in expenses	386
CGE_03D	Assistance - Expenses – transportation	387
CGE_03E	Assistance - Expenses – other	388
CGE_04	Received financial assistance	389
CGE_05A	Received fin. assistance - care recipient	389
CGE_05B	Received fin. assistance - insurance plan	390
CGE_05C	Received fin. assistance - government program	390
CGE_05D	Received fin. assistance - family member	391

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
CGE_05E	Received fin. assistance - other	391
<b>CIH : Changes made to improve health</b>		
CIH_1	Did something to improve health	212
CIH_2	Most important change to improve health	213
CIH_3	Thinks should do something to improve health	214
CIH_4	Most important thing to improve health	215
CIH_5	Barrier to improving health	216
CIH_6A	Barrier to improving health - lack of will power	216
CIH_6B	Barrier to improving health - work schedule	217
CIH_6E	Barrier to improving health - too costly	220
CIH_6F	Barrier to improving health - too stressed	219
CIH_6G	Barrier to improving health - disability / health problem	219
CIH_6H	Barrier to improving health - other	222
CIH_6I	Barrier to improving health - family responsibilities	217
CIH_6J	Barrier to improving health - addiction to drugs / alcohol	218
CIH_6K	Barrier to improving health - physical condition	218
CIH_6L	Barrier to improving health - not available - in area	220
CIH_6M	Barrier to improving health - transportation problems	221
CIH_6N	Barrier to improving health - weather problems	221
CIH_7	Intending to improve health over next year	222
CIH_8A	Health improvement - more exercise	223
CIH_8B	Health improvement - lose weight	223
CIH_8C	Health improvement - improve eating habits	224
CIH_8G	Health improvement - reduce stress level	225
CIH_8H	Health improvement - take vitamins	226
CIH_8I	Health improvement - other	227
CIH_8J	Health improvement - quit smoking	224
CIH_8K	Health improvement - drink less alcohol	225
CIH_8L	Health improvement - receive medical treatment	226
<b>CLS : Consent to share</b>		
CLS_LANG	Language of CLSA consent form	614
CLS_N01A	Respondent ID number	602
CLS_N03	Consent to share - Application	603
CLS_N04A	Concerns regarding consent to share - confidentiality	603
CLS_N04B	Concerns regarding consent to share – not interested	604

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

Page 6

March 2011

Variable Name	Description	Page
CLS_N04C	Concerns regarding consent to share – commitment issues	604
CLS_N04D	Concerns regarding consent to share – language barrier	605
CLS_N04E	Concerns regarding consent to share – compensation issue	605
CLS_N04F	Concerns regard. consent to share – lack of info. on CLSA	606
CLS_N04G	Concerns regard. consent to share – lack info. -universities	606
CLS_N04H	Concerns regarding consent to share - other	607
CLS_N04I	Concerns regarding consent to share – no concerns/questions	607
CLS_N05	Main concern	608
CLS_N06A	Concerns difficult to explain - confidentiality	609
CLS_N06B	Concerns difficult to explain – not interested	609
CLS_N06C	Concerns difficult to explain – commitment issues	610
CLS_N06D	Concerns difficult to explain – language barrier	610
CLS_N06E	Concerns difficult to explain – compensation issue	611
CLS_N06F	Concerns difficult to explain – lack of information on CLSA	611
CLS_N06G	Concerns difficult to explain – lack of info. -universities	612
CLS_N06H	Concerns difficult to explain - other	612
CLS_N06I	Concerns difficult to explain – no concerns/questions	613
CLSDN03	Consent to share - form	614
CLSDSHA	Consent to share - application - (D)	615
CLSDSHR	Flag for consent form status - (D)	616
CLSFCON	Consent to share - validation with consent form	615
CLSFN02	Consent form - signature	613
<b>CR1 : Care receiving 1</b>		
CR1_01A	Received professional assistance– personal care	270
CR1_01B	Received professional assistance–medical care	270
CR1_01C	Received professional assistance– managing care	271
CR1_01D	Received professional assistance– house activities	271
CR1_01E	Received professional assistance– transportation	272
CR1_01F	Received professional assistance– meals	272
CR1_01G	Received professional assistance–none	273
CR1_01H	Received professional assistance– other	273
CR1_02	Activity requiring most prof. assistance	274
CR1_03	Did not receive prof. services needed	275
CR1_04A	No services – not available area	275
CR1_04B	No services – not available time	276
CR1_04C	No services – wait time too long	276

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

Page 7

March 2011

Variable Name	Description	Page
CR1_04D	No services – inadequate	277
CR1_04E	No services – cost	277
CR1_04F	No services – too busy	278
CR1_04G	No services – did not bother	278
CR1_04H	No services – did not know where to go/call	279
CR1_04I	No services – language problem	279
CR1_04J	No services – personal/family responsibilities	280
CR1_04K	No services – decided not to seek	280
CR1_04L	No services – not necessary – doctor	281
CR1_04M	No services – did not qualify home care	281
CR1_04N	No services – still waiting home care	282
CR1_04O	No services – other	282
CR1_05A	Recent home care – personal care	283
CR1_05B	Recent home care – medical care	283
CR1_05C	Recent home care – managing care	284
CR1_05D	Recent home care – house activities	284
CR1_05E	Recent home care – transportation	285
CR1_05F	Recent home care – meals	285
CR1_05G	Recent home care – other	286
CR1DTRE	Type of reason for unmet home care needs -(D)	287
CR1FRHC	Flag for receiving formal home care services -(F)	286
<b>CR2 : Care receiving 2</b>		
CR2_01AA	Received assistance – personal care	287
CR2_01AB	Received assistance – medical care	288
CR2_01AC	Received assistance – managing care	288
CR2_01AD	Received assistance – house activities	289
CR2_01AE	Received assistance – transportation	289
CR2_01AF	Received assistance – meals	290
CR2_01AG	Received assistance – none	290
CR2_01AH	Received assistance – other	291
CR2_01B	Activity requiring most assistance	292
CR2_04	Main care giver - situation	293
CR2_12	Main care giver - sex	293
CR2_14	Main care giver - age	294
CR2_15	Main care giver - relationship	295
CR2_16	Main care giver - time	296

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
CR2_17A	Main care giver - freq. regular	297
CR2_17B	Main care giver - daily/weekly/monthly	298
CR2_18	Main care giver - average time with	299
CR2DFAR	Main care giver - freq. - (D)	302
CR2DIAR	Main care giver - intensity (D)	303
CR2DRMC	Main care giver - relationship - (D)	301
CR2DTHC	Receipt of Formal or Informal Home Care -(D)	300
CR2FRHC	Flag for receiving informal home care -(F)	299
<b>DEP : Depression</b>		
DPS_02	Felt sad/blue/depressed - 2 weeks or more - 12 mo	392
DPS_03	Sad/depressed - length feelings lasted - 2 wk	393
DPS_04	Sad/depressed - frequency - 2 wk	394
DPS_05	Sad/depressed - lose interest in things - 2 wk	394
DPS_06	Sad/depressed - felt tired out / low on energy - 2 wk	395
DPS_07	Sad/depressed - weight change - 2 wk	395
DPS_08A	Sad/depressed - weight change (amount) - 2 wk	396
DPS_08B	Sad/depressed - weight change (lb/kg) - 2 wk	396
DPS_09	Sad/depressed - trouble falling asleep - 2 wk	397
DPS_10	Sad/depressed trouble falling asleep - frequency - 2 wk	397
DPS_11	Sad/depressed - trouble concentrating - 2 wk	398
DPS_12	Sad/depressed - felt down on self - 2 wk	398
DPS_13	Sad/depressed - thought a lot about death - 2 wk	399
DPS_14	Sad/depressed - number of weeks - 12 mo	399
DPS_15	Sad/depressed - most recent month - 2 wk	400
DPS_16	Loss of interest - things that usually give pleasure - 12 mo	401
DPS_17	Loss of interest - frequency - 12 mo	402
DPS_18	Loss of interest - frequency - 2 wk	403
DPS_19	Loss of interest - felt tired all the time - 2 wk	404
DPS_20	Loss of interest - weight change - 2 wk	405
DPS_21A	Loss of interest - weight change (amount)	406
DPS_21B	Loss of interest - weight change (lb/kg) - 2 wk	406
DPS_22	Loss of interest - trouble falling asleep - 2 wk	407
DPS_23	Loss of interest - trouble falling asleep/frequency - 2 wk	408
DPS_24	Loss of interest - trouble concentrating - 2 wk	409
DPS_25	Loss of interest - felt down on self - 2 wk	410
DPS_26	Loss of interest - thought a lot about death - 2 wk	411

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

Page 9

March 2011

Variable Name	Description	Page
DPS_27	Loss of interest - number of weeks - 12 mo	412
DPS_28	Loss of interest - most recent month - 2 wk	413
DPSDMT	Specific month last felt depressed - 2 weeks in a row - (D)	414
DPSDPP	Depression scale - Predicted probability - (D)	415
DPSDSF	Depression scale - short form score - (D)	415
DPSDWK	Number of weeks felt depressed - (D)	416
<b>DHH : Dwelling and household variables</b>		
DHH_AGE	Age	15
DHH_DOB	Day of birth	17
DHH_MOB	Month of birth	16
DHH_MS	Marital Status	18
DHH_SEX	Sex	17
DHH_YOB	Year of birth	15
DHHD45P	Number of persons 45+ years old in household - (D)	19
DHHD611	Number of persons 6 to 11 years old in household - (D)	19
DHHD65P	Number of persons 65+ years old in household - (D)	19
DHHDDWE	Type of dwelling - (D)	23
DHHDECF	Household type - (D)	20
DHHDHSZ	Household size - (D)	21
DHHDL12	Number of persons less than 12 years old in household - (D)	21
DHHDL5	Number of persons 5 years old or less in household - (D)	21
DHHDLVG	Living arrangement of selected respondent - (D)	22
DHHDYKD	Number of persons 15 years old or less in household - (D)	18
<b>DS2 : Dietary supplement use - Vitamins and mierals</b>		
DS2_01	Past month - frequency of taking multivitamin supplements	191
DS2_02	Past month - frequency of taking calcium supplements	191
DS2_03	Past month - frequency of taking vitamin D supplements	192
DS2_04	Past month - frequency of taking vitamin B12 supplements	193
<b>EDU : Education</b>		
EDU_1	Highest grade of elementary or high school completed	597
EDU_2	Graduated from high school (2ndary school)	597
EDU_3	Received any other education	598
EDU_4	Highest degree, certificate or diploma obtained	598
EDUDH04	Highest level of education – household, 4 levels - (D)	599
EDUDH10	Highest level of education - household, 10 levels - (D)	600

# CCHS - Healthy Aging: Topical Index

## Master file - 12 month (Rounded)

Page 10

March 2011

Variable Name	Description	Page
EDUDR04	Highest level of education - respondent, 4 levels - (D)	601
EDUDR10	Highest level of education - respondent, 10 levels - (D)	602
<b>FAL : Falls</b>		
FAL_01	Past 12 months - Had any falls	227
FAL_02	Number of falls - past 12 months	228
FAL_03	Fall - most serious injury	229
FAL_04A	Medical attention after injury - 48 hours	230
FAL_04B	Hospitalized after injury	230
FAL_05	Time fall happened	231
FAL_06	Reason for fall	232
FAL_07	Location of fall	232
FAL_08	Factor - snow or ice	233
FAL_09	Time of fall - using assistive device	233
FAL_10	Getting follow-up care - presently	234
FAL_11	Worried or concerned might fall	234
FAL_12	Stopped doing things used to do	235
FALDCBP	Circumstance fall resulting in most serious inj. -12 mo- (D)	236
FALDFOF	Fear of falling - (D)	235
FALDSTA	Fall Status - 12 months - (D)	237
<b>GEN : General health</b>		
GEN_01	Self-perceived health	24
GEN_02	Self-perceived health compared to one year ago	24
GEN_02AA	Satisfaction with life in general - 11 point scale	25
GEN_02B	Self-perceived mental health	26
GEN_07	Perceived life stress	27
GEN_08	Worked at job or business	27
GEN_09	Self-perceived work stress	28
GEN_10	Sense of belonging to local community	29
GENDHDI	Perceived Health - (D)	29
GENDMHI	Perceived Mental Health - (D)	30
<b>GEO : Geography variables</b>		
GEO_PRV	Province of residence of respondent	2
GEODCD	2006 Census Division (DR) - (D)	2
GEODCMA6	2006 Census Metropolitan Area (CMA) - (D)	3
GEODCSD	2006 Census Subdivision (CSD) - (D)	4

# CCHS - Healthy Aging: Topical Index

## Master file - 12 month (Rounded)

Page 11

March 2011

Variable Name	Description	Page
GEODDA06	2006 Census Dissemination Area (DA) - (D)	4
GEODFED	2006 Census Federal Electoral District (FED) - (D)	4
GEODPC	Postal Code - (D)	5
GEODPSZ	Population size group - (D)	5
GEODSAT	Statistical area classification type - (D)	6
GEODUR	Urban and Rural Areas - (D)	6
GEODUR2	Urban and Rural Areas - 2 levels - (D)	7
<b>HC2 : Health care utilization 2</b>		
HC2_01	Has regular medical doctor	260
HC2_02	Place goes to when sick or need advice	260
HC2_03	Kind of place	261
HC2_04	Past 12 months - patient overnight in hospital	262
HC2_05	Number of nights - 12 mo	262
HC2_06A	Prof. - family doctor or general practitioner	263
HC2_06B	Prof.- eye specialist	263
HC2_06C	Prof.- any other medical doctor or specialist	264
HC2_06D	Prof.- nurse for care or advice	264
HC2_06E	Prof. - dentist, dental hygienist or orthodontist	265
HC2_06F	Prof. - chiropractor	265
HC2_06G	Prof. - physiotherapist	266
HC2_06H	Prof. - psychologist	266
HC2_06I	Prof. - social worker or counsellor	267
HC2_06J	Prof. - speech, audiology or occupational therapist	267
HC2_06K	Prof. - other	268
HC2_06L	Prof. - did not see any health professional	268
HC2_07	Used alternative or complementary medicine	269
HC2FCOP	Consultations with health professionals - (F)	269
<b>HUI : Health utilities index</b>		
HUI_01	Vision - read newsprint without glasses / contacts	57
HUI_02	Vision - read newsprint with glasses / contacts	57
HUI_03	Vision - able to see	58
HUI_04	Vision - recognize a friend without glasses / contacts	58
HUI_05	Vision - recognize a friend with glasses / contacts	59
HUI_06	Hearing - in group without hearing aid	59
HUI_07	Hearing - in group with hearing aid	60

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
HUI_07A	Hearing - able to hear	60
HUI_08	Hearing - in quiet room without hearing aid	61
HUI_09	Hearing - in quiet room with hearing aid	61
HUI_10	Speech - completely understood by strangers	62
HUI_11	Speech - partially understood by strangers	62
HUI_12	Speech - completely understood by non-strangers	63
HUI_13	Speech - partially understood by non-strangers	63
HUI_14	Mobility - walk without difficulty and without support	64
HUI_15	Mobility - able to walk	64
HUI_16	Mobility - requires support to walk	65
HUI_17	Mobility - requires help of person to walk	65
HUI_18	Mobility - requires a wheelchair	66
HUI_19	Mobility - frequency of wheelchair use	66
HUI_20	Mobility - requires help to move in wheelchair	67
HUI_21	Dexterity - able to grasp and handle small objects	67
HUI_22	Dexterity - requires help due to limitation in hands	68
HUI_23	Dexterity - requires help with tasks	68
HUI_24	Dexterity - requires special equipment / hand limitation	69
HUI_25	Emotion - self evaluation	69
HUI_26	Cognition - ability to remember things	70
HUI_27	Cognition - ability to think and solve problems	70
HUIDCOG	Cognition problems - function code - (D)	71
HUIDDEX	Dexterity (function code) - (D)	71
HUIDEMO	Emotion (function code) - (D)	72
HUIDHER	Hearing (function code) - (D)	72
HUIDHSI	Health utilities index - (D)	73
HUIDMOB	Ambulation (mobility) (function code) - (D)	73
HUIDSPE	Speech (function code) - (D)	74
HUIDVIS	Vision (function code) - (D)	74
<b>HUP : Health utilities index - Pain and discomfort</b>		
HUP_01	Usually free of pain or discomfort	75
HUP_02	Pain and discomfort - usual intensity	75
HUP_03	Pain and discomfort - number of activities prevented	76
HUPDPAD	Pain (function code) - (D)	76

**HWT : Height and weight - Self-reported**

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
HWT_1	Currently pregnant	31
HWT_2	Height / self-reported	31
HWT_2A	Height - exact height from 1'0" to 1'11" / self-reported	32
HWT_2B	Height - exact height from 2'0" to 2'11" / self-reported	32
HWT_2C	Height - exact height from 3'0" to 3'11" / self-reported	33
HWT_2D	Height - exact height from 4'0" to 4'11" / self-reported	34
HWT_2E	Height - exact height from 5'0" to 5'11" / self-reported	35
HWT_2F	Height - exact height from 6'0" to 6'11" / self-reported	36
HWT_3	Weight / self-reported	37
HWT_4	Respondent's opinion of own weight - self-reported	38
HWT_N4	Weight - unit of measure in pounds/kilograms / self-reported	37
HWTDBMI	Body Mass Index (BMI) / self-report - (D)	38
HWTDHTM	Height (metres) / self-reported - (D)	39
HWTDISW	BMI class. (18 +) / self-report - intern. standard - (D)	39
HWTDWTK	Weight (kilograms) / self-reported - (D)	40
<b>IAL : Instrumental activities of daily living</b>		
IAL_01A	Use telephone without help	237
IAL_01B	Use of telephone with some help	238
IAL_01C	Unable to use the telephone	238
IAL_02A	Get to places out of walking distance without help	239
IAL_02B	Get to places out of walking distance with some help	239
IAL_02C	Unable to get to places out of walking distance	240
IAL_03A	Go shopping without help with transportation	240
IAL_03B	Go shopping with some help with transportation	241
IAL_03C	Unable to go shopping	241
IAL_04A	Prepare own meals without help	242
IAL_04B	Prepare own meals with some help	242
IAL_04C	Unable to prepare any meals	243
IAL_05A	Do housework without help	243
IAL_05B	Do housework with some help	244
IAL_05C	Unable to do any housework	244
IAL_06A	Able to take medicine without help	245
IAL_06B	Able to take medicine with some help	245
IAL_06C	Unable to take medicine	246
IAL_07A	Able to handle money without help	246
IAL_07B	Able to handle money with some help	247

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
IAL_07C	Unable to handle money	247
<b>IN2 : Income</b>		
IN2_01A	Source of household income - wages and salaries	496
IN2_01B	Source of household income - self-employment	497
IN2_01C	Source of household income - dividends and interest	497
IN2_01D	Source of household income - employment insurance	498
IN2_01E	Source of household income - worker's compensation	498
IN2_01F	Source of hh income - benefits from Can. / Que. Pension Plan	499
IN2_01G	Source of hh income - pensions, superan. and annuities	499
IN2_01H	Source of household income - RRSP/RRIF	500
IN2_01I	Source of household income - Old Age Security / G.I.S.	500
IN2_01J	Source of household income - social assistance / welfare	501
IN2_01K	Source of household income - child tax benefit	501
IN2_01L	Source of household income - child support	502
IN2_01M	Source of household income - alimony	502
IN2_01N	Source of household income - other	503
IN2_01O	Source of household income - none	503
IN2_02	Source of household income - main source	504
IN2_03A	Total household income - best estimate	505
IN2_03B	Total household income - < \$50,000 or >= \$50,000	505
IN2_03C	Total household income - 0 to < \$50,000	506
IN2_03H	Total household income - \$50,000 to \$150,000+	507
IN2_04A	Source of personal income - wages and salaries	508
IN2_04B	Source of personal income - self-employment	508
IN2_04C	Source of personal income - dividends and interest	509
IN2_04D	Source of personal income - employment insurance	509
IN2_04E	Source of personal income - worker's compensation	510
IN2_04F	Source of pers. inc - benefits from Can. / Que. Pension Plan	510
IN2_04G	Source of pers. income - pensions, superan. and annuities	511
IN2_04H	Source of personal income - RRSP/RRIF	511
IN2_04I	Source of personal income - Old Age Security / G.I.S.	512
IN2_04J	Source of personal income - social assistance / welfare	512
IN2_04K	Source of personal income - child tax benefit	513
IN2_04L	Source of personal income - child support	513
IN2_04M	Source of personal income - alimony	514
IN2_04N	Source of personal income - other	514

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
IN2_04O	Source of personal income - none	515
IN2_05	Source of personal income - main source	516
IN2_06A	Total personal income - best estimate	517
IN2_06B	Total personal income - < \$30,000 or >= \$30,000	517
IN2_06C	Total personal income - 0 to < \$30,000	518
IN2_06H	Total personal income - \$30,000 to \$100,000+	519
IN2_07	Estimate total monthly C.P.P / Q.P.P benefit	520
IN2_08A	Type of C.P.P / Q.P.P benefits - retirement	520
IN2_08B	Type of C.P.P / Q.P.P benefits – survivor	521
IN2_08C	Type of C.P.P / Q.P.P benefits - disability	521
IN2_09	Age began C.P.P / Q.P.P benefit - retirement	522
IN2_10	Age began C.P.P / Q.P.P benefit - survivor	522
IN2_11	Age began C.P.P / Q.P.P benefit - disability	523
IN2_12	Current hhld income – difficulty meeting basic expenses	523
IN2_13	Approx. savings/investments of respondent and spouse/partner	524
IN2DADR	Adjusted household income ratio - national level - (D)	527
IN2DHH	Total household income - all sources - (D)	525
IN2DPER	Personal income - all sources - (D)	526
IN2DRCA	Distribution of household income - national level - (D)	528
IN2DRPR	Distribution of household income - provincial level - (D)	529
IN2TRAT	Household income ratio to low income cut-off - (T)	527
<b>LBF : Labour force - Extended version</b>		
LBF_01	Worked at job or business last week	432
LBF_02	Absent from job or business last week	432
LBF_02A	Has ever worked at a job or business	433
LBF_03	Had more than one job or business - last week	433
LBF_11	Looked for work in past 4 weeks	434
LBF_13	Not currently working - reason	435
LBF_13A	Reason - physical, emotional, alcohol/drugs	436
LBF_21	Worked at job or business - past 12 months	436
LBF_22	Looked for work - past 12 months	437
LBF_23	More than one job or business at same time - past 12 months	437
LBF_31	Type of employment	438
LBF_31B	Has employees	438
LBF_37A	Job permanency status	439
LBF_38	Job not permanent - reason	440

# CCHS - Healthy Aging: Topical Index

## Master file - 12 month (Rounded)

Page 16

March 2011

Variable Name	Description	Page
LBF_41	Absent from job or business last week - reason	441
LBF_41A	Reason - physical, emotional, alcohol/drugs	442
LBF_42	Usual number of hours worked - main job or business	442
LBF_44	Usual work schedule - main job or business	443
LBF_45	Usual work schedule - reason	444
LBF_46	Work on weekends - main job or business	445
LBF_46B	Opportunities to work after official retirement age	445
LBF_51	More than one job or business - number of weeks	446
LBF_52	More than one job or business - reason	447
LBF_53	Usual number of hours worked - other job or business	448
LBF_54	Work on weekends - other job or business	448
LBF_61	Weeks worked - past 12 months	449
LBF_71	Weeks looked for work - past 12 months	449
LBF_71A	Looking for work during a one week period	450
LBF_72	Not working or looking for work - number of weeks (confirm)	450
LBF_73	Did not look for work - main reason	451
LBF_73A	Reason - physical, emotional, alcohol/drugs	452
LBFCNSIC	North American Industry Classification System (NAICS) - 2007	439
LBFCNSOC	Nation. Occupatio. Classification - Statistics (NOC-S) 2006	439
LBFDHPW	Total usual hours worked per week - (D)	455
LBFDING	Industry group - (D)	458
LBFDJST	Job status over past year - (D)	456
LBFDMS	Multiple job status - (D)	455
LBFDOSG	Occupation group - (D)	459
LBFDPT	Full-time/part-time working status (tot. usual hrs) - (D)	456
LBFDNRW	Main reason for not working last week - (D)	454
LBFDWSL	Working status last week (long form) - (D)	453
LBFFHNW	Flag for never worked in the labour force - (F)	457
<b>LON : Loneliness</b>		
LON_01	Lack companionship	416
LON_02	Felt left out	417
LON_03	Felt isolated from others	417
LONSCR	Three Item Loneliness Scale - Score - (D)	418
<b>MED : Medication use</b>		
MED_1A	Medication - pain relievers - past mo.	173

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
MED_1AA	Medication - pain relievers – daily basis	174
MED_1B	Medication - tranquilizers - past mo.	174
MED_1BB	Medication - tranquilizers - daily basis.	175
MED_1C	Medication - diet pills - past mo.	175
MED_1CC	Medication - diet pills - daily basis	176
MED_1D	Medication - anti-depressants - past mo.	176
MED_1DD	Medication - anti-depressants -daily basis	177
MED_1E	Medication - codeine, Demerol or morphine - past mo.	177
MED_1EE	Medication - codeine, Demerol or morphine - daily basis	178
MED_1G	Medication - asthma medications - past mo.	178
MED_1GG	Medication - asthma medications - daily basis	179
MED_1I	Medication - penicillin or other antibiotics - past mo.	179
MED_1II	Medication - penicillin or other antibiotics - daily basis	180
MED_1J	Medication - medicine for the heart - past mo.	180
MED_1JJ	Medication - medicine for the heart - daily basis	181
MED_1L	Medication - diuretics - past mo.	181
MED_1LL	Medication - diuretics - daily basis	182
MED_1M	Medication - steroids - past mo.	182
MED_1MM	Medication - steroids - daily basis	183
MED_1P	Medication - sleeping pills - past month	183
MED_1PP	Medication - sleeping pills - daily basis	184
MED_1Q	Medication - stomach remedies - past mo.	184
MED_1QQ	Medication - stomach remedies - daily basis	185
MED_1R	Medication - laxatives - past mo.	185
MED_1RR	Medication - laxatives - daily basis	186
MED_1T	Medication - hormones for menopause - past mo.	186
MED_1TT	Medication - hormones for menopause - daily basis	187
MED_1U	Medication - thyroid medication - past mo.	187
MED_1UU	Medication - thyroid medication - daily basis	188
MED_1V	Medication - other - past mo.	188
MED_1VV	Medication - other - daily basis	189
MEDDNM	Number of types of medication used (past month) - (D)	189
MEDDNMD	Number of types of medication used daily (past mo.) - (D)	190
MEDF1	Flag indicating medication use (past month) - (F)	190
<b>NUR : Nutritional risk</b>		
NUR_01	Gained, lost or stayed same weight - 6 months	147

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
NUR_02	Amount of weight change	148
NUR_03	Frequency of skipping meals	149
NUR_04	Describe appetite	150
NUR_05	Frequency of pain swallowing food or fluid	151
NUR_06	# of servings of fruits and vegetables in a day	152
NUR_07	Amount of fluid consumed in a day	153
NUR_08	Frequency - eat one or more meals a day with someone	154
NUR_09	Usually cook own meals	154
NUR_10	Describe meal preparation - self	155
NUR_11	Describe meal preparation - other	155
NURDHR	High Nutritional Risk - (D)	156
NURDSCR	Nutritional risk - Score - (D)	156
<b>OH3 : Oral health 3</b>		
OH3_01	Health of your mouth	157
OH3_02	Has one or more of own teeth	157
OH3_03	Wear dentures or false teeth	158
OH3_04	Frequency - uncomfortable to eat any food	158
OH3_05	Freq. - avoid eating particular foods - problem with mouth	159
OH3_06	Frequency of brushing teeth	159
OH3_06A	Brushing - reporting period	160
OH3_07	Frequency of flossing	160
OH3_07A	Flossing - reporting period	161
OH3_09A	Last saw dental professional	161
OH3_09BA	Reason not seen dentist – time	162
OH3_09BB	Reason not seen dentist – respondent felt it unnecessary	162
OH3_09BC	Reason not seen dentist – dentist felt it unnecessary	163
OH3_09BD	Reason not seen dentist – personal/family responsibilities	163
OH3_09BE	Reason not seen dentist – not available at time required	164
OH3_09BF	Reason not seen dentist – not available in area	164
OH3_09BG	Reason not seen dentist – wait time too long	165
OH3_09BH	Reason not seen dentist – transportation problems	165
OH3_09BI	Reason not seen dentist – language problem	166
OH3_09BJ	Reason not seen dentist – cost	166
OH3_09BK	Reason not seen dentist – uninformed	167
OH3_09BL	Reason not seen dentist – fear	167
OH3_09BM	Reason not seen dentist – wears dentures	168

# CCHS - Healthy Aging: Topical Index

## Master file - 12 month (Rounded)

Page 19

March 2011

Variable Name	Description	Page
OH3_09BN	Reason not seen dentist – can't leave house/health problem	168
OH3_09BO	Reason not seen dentist – other	169
OH3_10A	Has insurance to cover dental expenses	169
OH3_10BA	Dental plan - employer-sponsored	170
OH3_10BB	Dental plan - provincial program for seniors	170
OH3_10BC	Dental plan - private	171
OH3_10BD	Dental Plan – gov. prog. social service (welfare) clients	171
OH3_10BE	Dental plan - gov. prog. First Nations and Inuit	172
OH3DBRU	Daily brushing - (D)	173
OH3DFLO	Daily flossing - (D)	172
<b>OWN : Home ownership</b>		
OWN_01	Own or rent dwelling	492
OWN_02	With mortgage or paid off	493
OWN_03A	Amount remaining on mortgage	493
OWN_03B	Approx. amount remaining on mortgage	494
OWN_04A	Expected sell price of property	494
OWN_04B	Approx. expected sell price of property	495
OWNDHEQ	Approximate home equity - (D)	495
OWNFTEN	Flag for tenure of dwelling - (F)	496
<b>PA2 : Physical activities 2</b>		
PA2_01A	Frequency of participating in sitting activities	83
PA2_01BA	Sitting activities participated in – bingo, cards, etc.	83
PA2_01BB	Sitting activities participated in – computer activities	84
PA2_01BC	Sitting activities participated in – crossword, puzzles, etc	84
PA2_01BD	Sitting activities participated in - handicrafts	85
PA2_01BE	Sitting activities participated in – listening to radio/mus.	85
PA2_01BF	Sitting activities participated in – playing mus. inst.	86
PA2_01BG	Sitting activities participated in - reading	86
PA2_01BH	Sitting activities participated in – visiting others	87
PA2_01BI	Sitting activities participated in – watching TV	87
PA2_01BJ	Sitting activities participated in – other	88
PA2_01C	Number of hours per day - sitting activities	88
PA2_02A	Frequency of taking a walk outside home/yard	89
PA2_02B	Number of hours per day - walking	90
PA2_03A	Frequency engage in light sports or recreational activities	91

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
PA2_03BA	Light sports - archery	91
PA2_03BB	Light sports - badminton	92
PA2_03BC	Light sports - billiards	92
PA2_03BD	Light sports - boating	93
PA2_03BE	Light sports - bocci	93
PA2_03BF	Light sports - bowling	94
PA2_03BG	Light sports - catch	94
PA2_03BH	Light sports - croquet	95
PA2_03BI	Light sports - darts	95
PA2_03BJ	Light sports - fishing	96
PA2_03BK	Light sports - frisbee	96
PA2_03BL	Light sports – golf with a power cart	97
PA2_03BM	Light sports - horseshoes	97
PA2_03BN	Light sports – musical program	98
PA2_03BO	Light sports – rifle shooting	98
PA2_03BP	Light sports - shuffleboard	99
PA2_03BQ	Light sports – swimming/no laps	99
PA2_03BR	Light sports – table tennis	100
PA2_03BS	Light sports – yoga or stretching	100
PA2_03BT	Light sports - other	101
PA2_03C	No. hours per day - light sport or recreational activities	101
PA2_04A	Freq. engage in moderate sports or recreational activities	102
PA2_04BA	Moderate act. – barn chores	102
PA2_04BB	Moderate act. - dancing	103
PA2_04BC	Moderate act. - fencing	103
PA2_04BD	Moderate act. - football	104
PA2_04BE	Moderate act. – golf without cart	104
PA2_04BF	Moderate act. – horseback riding	105
PA2_04BG	Moderate act. - hunting	105
PA2_04BH	Moderate act. – pilates/tai chi	106
PA2_04BI	Moderate act. – scuba diving/snorkelling	106
PA2_04BJ	Moderate act. - skating	107
PA2_04BK	Moderate act. – sledding/snowmobiling	107
PA2_04BL	Moderate act. – softball / baseball / cricket	108
PA2_04BM	Moderate act. – surfing/snowboarding	108
PA2_04BN	Moderate act. – tennis (doubles)	109

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
PA2_04BO	Moderate act. - trampoline	109
PA2_04BP	Moderate act. - volleyball	110
PA2_04BQ	Moderate act. - other	110
PA2_04C	No. hours per day - moderate sport or recreational act.	111
PA2_05A	Freq. engage in strenuous sports or recreational activities	111
PA2_05BA	Strenuous act. – aerobic dance/water aerobics	112
PA2_05BB	Strenuous act. - backpacking	112
PA2_05BC	Strenuous act. - basketball	113
PA2_05BD	Strenuous act. – bicycling/exercise bike	113
PA2_05BE	Strenuous act. – board sailing	114
PA2_05BF	Strenuous act. – handball/paddleball	114
PA2_05BG	Strenuous act. - hiking	115
PA2_05BH	Strenuous act. - hockey	115
PA2_05BI	Strenuous act. - jogging	116
PA2_05BJ	Strenuous act. - lacrosse	116
PA2_05BK	Strenuous act. – mountain climbing/running	117
PA2_05BL	Strenuous act. - racquetball	117
PA2_05BM	Strenuous act. – rope skipping	118
PA2_05BN	Strenuous act. – rowing/canoeing for competition	118
PA2_05BO	Strenuous act. – rowing machine	119
PA2_05BP	Strenuous act. - skiing	119
PA2_05BQ	Strenuous act. - snowshoeing	120
PA2_05BR	Strenuous act. - soccer	120
PA2_05BS	Strenuous act. - squash	121
PA2_05BT	Strenuous act. – stair climbing	121
PA2_05BU	Strenuous act. – swimming (with laps)	122
PA2_05BV	Strenuous act. – tennis (single)	122
PA2_05BW	Strenuous act. - other	123
PA2_05C	No. hours per day - strenuous sport or recreational act.	123
PA2_06A	Freq. exercise to increase muscle strength and endurance	124
PA2_06BA	Muscle strength/endurance act. - calisthenics	124
PA2_06BB	Muscle strength/endurance act. – push-ups	125
PA2_06BC	Muscle strength/endurance act. – sit-ups	125
PA2_06BD	Muscle strength/endurance act. – weight lifting	126
PA2_06BE	Muscle strength/endurance act. - other	126
PA2_06C	No. hours per day - exercise to increase muscle strength	127

# CCHS - Healthy Aging: Topical Index

## Master file - 12 month (Rounded)

Page 22

March 2011

Variable Name	Description	Page
PA2_07	Past 7 days - done light housework	127
PA2_08	Past 7 days - done heavy housework or chores	128
PA2_09A	Past 7 days - done home repairs	128
PA2_09B	Past 7 days - done lawn work or yard care	129
PA2_09C	Past 7 days - outdoor gardening, sweeping balcony or stairs	129
PA2_09D	Past 7 days - caring for another person	130
PA2_10A	Past 7 days - work for pay or as a volunteer	130
PA2_10B	Number of hours per week - work for pay/volunteer	131
PA2_10C	Amount of physical activity required on job or volunteer	131
PA2_11A	Representative of activity level last 12 months	132
PA2_11B	Past 7 days – activity level lower or higher than usual	133
PA2_12	Past 12 months wanted to participate more phys. act.	133
PA2_13A	Barriers to phys. act. - cost	134
PA2_13B	Barriers to phys. act.- transportation problem	134
PA2_13C	Barriers to phys. act.- not available - area	135
PA2_13D	Barriers to phys. act.- not physically accessible	135
PA2_13E	Barriers to phys. act.- too far	136
PA2_13F	Barriers to phys. act.- health condition/limitation	136
PA2_13G	Barriers to phys. act.- illness/injury	137
PA2_13H	Barriers to phys. act.- fear of injury	137
PA2_13I	Barriers to phys. act.- lack of time	138
PA2_13J	Barriers to phys. act.- lack of energy	138
PA2_13K	Barriers to phys. act.- lack of motivation	139
PA2_13L	Barriers to phys. act.- lack of skills/knowledge	139
PA2_13M	Barriers to phys. act.- other	140
PA2DAV02	Average number of hours per day - walking - temp - (D)	140
PA2DAV03	Av. num. of hrs/day - light sport/rec activities - temp -(D)	141
PA2DAV04	Av. num. of hrs/day - mod. sport/rec activities - temp - (D)	141
PA2DAV05	Av. num. of hrs/day - str. sport/rec activities - temp -(D)	142
PA2DAV06	Av. num. of hrs/day - muscle strength/endurance - temp - (D)	142
PA2DAV10	Av. number of hours - work for pay/volunteer - temp - (D)	146
PA2DSCR	PASE Score - (D)	146
PA2FLEI	Flag for participant in leisure physical activities - (F)	147
PA2FP07	Flag for participation - light housework - temp - (F)	143
PA2FP08	Flag for participation - heavy housework - temp - (F)	143
PA2FP9A	Flag for participation - home repairs - temp - (F)	144

# CCHS - Healthy Aging: Topical Index

## Master file - 12 month (Rounded)

Page 23

March 2011

Variable Name	Description	Page
PA2FP9B	Flag for participation - lawn work or yard care - temp - (F)	144
PA2FP9C	Flag for participation - outdoor gardening - temp - (F)	145
PA2FP9D	Flag for participation - caring for other - temp - (F)	145
<b>RET : Reasons for retirement</b>		
RET_01	Retirement status	460
RET_02	Has retired from a job	460
RET_03	Retired more than one time	461
RET_04A	Remember age at retirement	461
RET_04B	Age at retirement	462
RET_04C	Approximate age at retirement	462
RET_05AA	Reason retired - completed req'd years of service to qualify	463
RET_05AB	Reason retired - financially possible	463
RET_05AC	Reason retired – health/disability reasons	464
RET_05AD	Reason retired – employer incentives	464
RET_05AE	Reason retired - organizational restructuring/job eliminated	465
RET_05AF	Reason retired - caregiving for family or friend	465
RET_05AG	Reason retired - employer had a mandatory retirement policy	466
RET_05AH	Reason retired – pursue other activities	466
RET_05AI	Reason retired - wanted to stop work	467
RET_05AJ	Reason retired - agreement with spouse/partner	467
RET_05AK	Reason retired – other	468
RET_05B	Reasons - health/disability reasons	468
RET_06A	Remember age when partly retired	469
RET_06B	Age when partly retired	469
RET_06C	Approximate age when partly retired	470
RET_08	Voluntary retirement	470
RET_09	Current ability to work for pay – value	471
RET_10	Went back to work after retirement	472
RET_11	Looked for paid work after retirement	472
RET_12A	Reason back to work - financial considerations	473
RET_12B	Reason back to work - caregiving duties no longer required	473
RET_12C	Reason back to work - improvement in health	474
RET_12D	Reason back to work - liked working/being active	474
RET_12E	Reason back to work - interesting work opportunity	475
RET_12F	Reason back to work - preferred gradual retirement	475
RET_12G	Reason back to work - wanted to make contribution	476

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

Page 24

March 2011

Variable Name	Description	Page
RET_12H	Reason back to work - wanted challenge	476
RET_12I	Reason back to work - did not like retirement	477
RET_12J	Reason back to work - other	477
RETDAPR	Age at partial retirement - (D)	479
RETDARE	Age at first retirement - (D)	478
RETDRS	Retirement status - objective - (D)	479
RETDWAR	Work after retirement - (D)	480
RETFERS	Flag for subjective retirement status - (F)	478
<b>RPL : Retirement planning</b>		
RPL_01A	Age plan to retire	480
RPL_01B	Reason for no plans to retire	481
RPL_02A	Prep. - decreased number of work hours	482
RPL_02B	Prep. - increased number of work hours	482
RPL_02C	Prep. - changed jobs	483
RPL_02D	Prep. - increased physical activities	483
RPL_02E	Prep. - increased other leisure activities and hobbies	484
RPL_02F	Prep. - enrolled in an educational or training program	484
RPL_02G	Prep. - gathered retirement information	485
RPL_02H	Prep. - contributed to an RRSP	485
RPL_02I	Prep. - built up savings or make other investments	486
RPL_02J	Prep. - paid-off mortgage or debts	486
RPL_02K	Prep. - downsized living arrangements	487
RPL_02L	Prep. - none	487
RPL_02M	Prep. - other	488
RPL_03	Retirement Planning - ability to work for pay	489
RPL_04	Retirement plan.- contributed to an employer pension plan	490
RPL_08	Retirement Planning - prepared financially	491
RPLFPRE	Flag for preparation made for retirement -(F)	492
<b>SAM : Sample variables</b>		
REFPER	Reference period	1
SAMDLNK	Permission to link data - (D)	8
SAMDSHR	Permission to share data - (D)	7
VERDATE	Date of file creation	1
<b>SDC : Socio-demographic characteristics</b>		
SDC_1	Country of birth	530

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
SDC_2	Canadian citizen by birth	531
SDC_3	Year of immigration to Canada	531
SDC_41	Aboriginal - North American Indian, Métis, Inuit	542
SDC_42A	Aboriginal person(s) - North American Indian	543
SDC_42B	Aboriginal person(s) - Métis	543
SDC_42C	Aboriginal person(s) - Inuit	544
SDC_43A	Cultural / racial origin - White	544
SDC_43B	Cultural/racial origin - Chinese	545
SDC_43C	Cultural/racial origin - South Asian	545
SDC_43D	Cultural/racial origin - Black	546
SDC_43E	Cultural/racial origin - Filipino	546
SDC_43F	Cultural/racial origin - Latin American	547
SDC_43G	Cultural/racial origin - South East Asian	547
SDC_43H	Cultural/racial origin - Arab	548
SDC_43I	Cultural/racial origin - West Asian	548
SDC_43J	Cultural/racial origin - Japanese	549
SDC_43K	Cultural/racial origin - Korean	549
SDC_43M	Cultural/racial origin - other	550
SDC_4A	Ethnic origin - Canadian	532
SDC_4B	Ethnic origin - French	532
SDC_4C	Ethnic origin - English	533
SDC_4D	Ethnic origin - German	533
SDC_4E	Ethnic origin - Scottish	534
SDC_4F	Ethnic origin - Irish	534
SDC_4G	Ethnic origin - Italian	535
SDC_4H	Ethnic origin - Ukrainian	535
SDC_4I	Ethnic origin - Dutch (Netherlands)	536
SDC_4J	Ethnic origin - Chinese	536
SDC_4K	Ethnic origin - Jewish	537
SDC_4L	Ethnic origin - Polish	537
SDC_4M	Ethnic origin - Portuguese	538
SDC_4N	Ethnic origin - South Asian	538
SDC_4P	Ethnic origin -North American Indian	540
SDC_4Q	Ethnic origin - Métis	541
SDC_4R	Ethnic origin - Inuit	541
SDC_4S	Ethnic origin - other	542

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
SDC_4T	Ethnic origin - Norwegian	539
SDC_4U	Ethnic origin - Welsh	539
SDC_4V	Ethnic origin - Swedish	540
SDC_5A	Can converse - English	550
SDC_5AA	Language spoken most often at home - English	562
SDC_5AB	Language spoken most often at home - French	562
SDC_5AC	Language spoken most often at home - Arabic	563
SDC_5AD	Language spoken most often at home - Chinese	563
SDC_5AE	Language spoken most often at home - Cree	564
SDC_5AF	Language spoken most often at home - German	564
SDC_5AG	Language spoken most often at home - Greek	565
SDC_5AH	Language spoken most often at home - Hungarian	565
SDC_5AI	Language spoken most often at home - Italian	566
SDC_5AJ	Language spoken most often at home - Korean	566
SDC_5AK	Language spoken most often at home - Persian (Farsi)	567
SDC_5AL	Language spoken most often at home - Polish	567
SDC_5AM	Language spoken most often at home - Portuguese	568
SDC_5AN	Language spoken most often at home - Punjabi	568
SDC_5AO	Language spoken most often at home - Spanish	569
SDC_5AP	Language spoken most often at home - Tagalog (Filipino)	569
SDC_5AQ	Language spoken most often at home - Ukrainian	570
SDC_5AR	Language spoken most often at home - Vietnamese	570
SDC_5AS	Language spoken most often at home - other	573
SDC_5AT	Language spoken most often at home - Dutch	571
SDC_5AU	Language spoken most often at home - Hindi	571
SDC_5AV	Language spoken most often at home - Russian	572
SDC_5AW	Language spoken most often at home - Tamil	572
SDC_5B	Can converse - French	551
SDC_5C	Can converse - Arabic	551
SDC_5D	Can converse - Chinese	552
SDC_5E	Can converse - Cree	552
SDC_5F	Can converse - German	553
SDC_5G	Can converse - Greek	553
SDC_5H	Can converse - Hungarian	554
SDC_5I	Can converse - Italian	554
SDC_5J	Can converse - Korean	555

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
SDC_5K	Can converse - Persian (Farsi)	555
SDC_5L	Can converse - Polish	556
SDC_5M	Can converse - Portuguese	556
SDC_5N	Can converse - Punjabi	557
SDC_5O	Can converse - Spanish	557
SDC_5P	Can converse - Tagalog (Filipino)	558
SDC_5Q	Can converse - Ukrainian	558
SDC_5R	Can converse - Vietnamese	559
SDC_5S	Can converse - other language	561
SDC_5T	Can converse - Dutch	559
SDC_5U	Can converse - Hindi	560
SDC_5V	Can converse - Russian	560
SDC_5W	Can converse - Tamil	561
SDC_6A	First language learned and still understood - English	573
SDC_6B	First language learned and still understood - French	574
SDC_6C	First language learned and still understood - Arabic	574
SDC_6D	First language learned and still understood - Chinese	575
SDC_6E	First language learned and still understood - Cree	575
SDC_6F	First language learned and still understood - German	576
SDC_6G	First language learned and still understood - Greek	576
SDC_6H	First language learned and still understood - Hungarian	577
SDC_6I	First language learned and still understood - Italian	577
SDC_6J	First language learned and still understood - Korean	578
SDC_6K	First language learned / still understood - Persian (Farsi)	578
SDC_6L	First language learned and still understood - Polish	579
SDC_6M	First language learned and still understood - Portuguese	579
SDC_6N	First language learned and still understood - Punjabi	580
SDC_6O	First language learned and still understood - Spanish	580
SDC_6P	First lang. learned / still understood - Tagalog (Filipino)	581
SDC_6Q	First language learned and still understood - Ukrainian	581
SDC_6R	First language learned and still understood - Vietnamese	582
SDC_6S	First language learned and still understood - other	584
SDC_6T	First language learned and still understood - Dutch	582
SDC_6U	First language learned and still understood - Hindi	583
SDC_6V	First language learned and still understood - Russian	583
SDC_6W	First language learned and still understood - Tamil	584

# CCHS - Healthy Aging: Topical Index

## Master file - 12 month (Rounded)

Page 28

March 2011

Variable Name	Description	Page
SDC_7AA	Considers self heterosexual, homosexual or bisexual	585
SDCCCB	Country of birth - (C )	586
SDCDABT	Aboriginal identity - (D)	590
SDCDAIM	Age at time of immigration - (D)	591
SDCDCGT	Cultural / racial background - (D)	592
SDCDL1	First official language learned and still understood - (D)	593
SDCDLHM	Language(s) spoken at home - (D)	594
SDCDLNG	Languages - can converse - (D)	595
SDCDRES	Length of time in Canada since immigration - (D)	595
SDCFIMM	Immigrant - (F)	596
SDCGCB	Country of birth - (G)	596
<b>SL2 : Sleep 2</b>		
SLP_02	Frequency - trouble sleeping	30
<b>SLS : Satisfaction With Life Scale</b>		
SLS_01	Life close to ideal	77
SLS_02	Conditions of life excellent	78
SLS_03	Satisfied with life	79
SLS_04	Gotten important things wanted in life	80
SLS_05	Live life over would change nothing	81
SLSDCLS	Satisfaction with Life Scale - Classification - (D)	82
SLSDSCR	Satisfaction with Life Scale - Score - (D)	82
<b>SMK : Smoking</b>		
SMK_01A	Smoked 100 or more cigarettes - life	193
SMK_01B	Ever smoked whole cigarette	194
SMK_01C	Age - smoked first whole cigarette	194
SMK_05B	Number of cigarettes smoked per day (occasional smoker)	196
SMK_05C	Number of days - smoked 1 cigarette or more (occ. smoker)	197
SMK_05D	Ever smoked cigarettes daily	197
SMK_06A	Stopped smoking - when (was never a daily smoker)	198
SMK_06B	Stopped smoking - month (never daily smoker)	199
SMK_06C	Number of years since stopped smoking	199
SMK_09A	Stopped smoking daily - when stopped (former daily smoker)	201
SMK_09B	Stopped smoking daily - month (former daily smoker)	202
SMK_09C	No. of yrs since stopped smoking daily (former daily smoker)	203
SMK_10	Quit smoking completely (former daily smoker)	203

# CCHS - Healthy Aging: Topical Index

## Master file - 12 month (Rounded)

Page 29

March 2011

Variable Name	Description	Page
SMK_10A	Stopped smoking completely - when (former daily smoker)	204
SMK_10B	Stopped smoking completely - month (former daily smoker)	205
SMK_10C	Number of years since stopped smoking (daily)	206
SMK_202	Type of smoker	195
SMK_203	Age - started smoking daily (daily smoker)	195
SMK_204	Number of cigarettes smoked per day (daily smoker)	196
SMK_207	Age - started smoking daily (former daily smoker)	200
SMK_208	Number of cigarettes smoked per day (former daily smoker)	200
SMKDSTP	Number of years since stopped smoking completely - (D)	206
SMKDSTY	Type of smoker - (D)	207
SMKDYCS	Number of years smoked (current daily smokers) - (D)	207
<b>SPA : Social participation</b>		
SPA_01	Freq. part. - family/friendship activities outside the hhold	325
SPA_02	Freq. part. - church or religious activities	326
SPA_03	Freq. part. - sports or physical activities	327
SPA_04	Freq. part. - educational and cultural activities	328
SPA_05	Freq. part. - service club or fraternal organization act.	329
SPA_06	Freq. part. - professional association activities	330
SPA_07	Freq. part. - volunteer or charity work	331
SPA_08	Freq. part. - any other recreational activities	332
SPA_09	Felt wanted to participate more	332
SPA_10A	Prevent - cost	333
SPA_10B	Prevent - transportation problems	333
SPA_10C	Prevent - activities not available in the area	334
SPA_10D	Prevent - location not physically accessible	334
SPA_10E	Prevent - location is too far	335
SPA_10F	Prevent - health condition limitation	335
SPA_10G	Prevent - time of the activities not suitable	336
SPA_10H	Prevent - don't want to go alone	336
SPA_10I	Prevent - personal or family responsibilities	337
SPA_10J	Prevent - language related reasons	337
SPA_10K	Prevent - too busy	338
SPA_10L	Prevent - afraid or concerns about safety	338
SPA_10M	Prevent - other	339
SPADFRE	Frequency of community-related activity participation - (D)	339
SPAFFPAR	Flag for participation in community-related activities - (F)	340

CCHS - Healthy Aging: Topical Index  
 Master file - 12 month (Rounded)

March 2011

Variable Name	Description	Page
<b>SSA : Social support - Availability</b>		
SSA_01	Number of close friends and relatives	304
SSA_02	Has someone to give help if confined to bed	304
SSA_03	Has someone to listen	305
SSA_04	Has someone to provide/give advice about a crisis	306
SSA_05	Has someone to take them to a doctor	307
SSA_06	Has someone who shows love and affection	308
SSA_07	Has someone to have a good time with	309
SSA_08	Has someone to give info to help understand a situation	310
SSA_09	Has someone to confide in	311
SSA_10	Has someone who gives hugs	312
SSA_11	Has someone to get together with for relaxation	313
SSA_12	Has someone to prepare meals	314
SSA_13	Has someone to give advice	315
SSA_14	Has someone to do things with to get mind off things	316
SSA_15	Has someone to help with daily chores if sick	317
SSA_16	Has someone to share most private worries and fears with	318
SSA_17	Has someone to turn to for suggestions for personal problems	319
SSA_18	Has someone to do something enjoyable with	320
SSA_19	Has someone who understands problems	321
SSA_20	Has someone who loves and makes feel wanted	322
SSA_21	Has a household pet	323
SSADAFF	Affection - MOS subscale - (D)	323
SSADEMO	Emotional or informational support - MOS subscale - (D)	324
SSADSOC	Positive social interaction - MOS subscale - (D)	324
SSADTNG	Tangible social support - MOS subscale - (D)	325
<b>TRA : Transportation</b>		
TRA_01	Has a valid driver's license	418
TRA_02	Frequency of driving (in the past month)	419
TRA_03A	Used - passenger in a motor vehicle	419
TRA_03AA	Reason not used public transportation - service not needed	423
TRA_03AB	Reason not used public transportation - prefer not to use	424
TRA_03AC	Reason not used public transportation - unavailable in area	424
TRA_03AD	Reason not used public transport. – limitation/health cond.	425
TRA_03AE	Reason not used public transportation - inconvenient	425

---

CCHS - Healthy Aging: Topical Index  
Master file - 12 month (Rounded)

Page 31

March 2011

---

<b>Variable Name</b>	<b>Description</b>	<b>Page</b>
TRA_03AF	Reason not used public transportation - too costly	426
TRA_03AG	Reason not used public transportation - other	426
TRA_03B	Used - taxi	420
TRA_03BA	Reason not used accessible transit - service not needed	427
TRA_03BB	Reason not used accessible transit - prefer not to use	427
TRA_03BC	Reason not use accessible transit - unavailable in area	428
TRA_03BD	Reason not used acces. transit – limitation/health condition	428
TRA_03BE	Reason not used accessible transit - inconvenient	429
TRA_03BF	Reason not used accessible transit - too costly	429
TRA_03BG	Reason not used accessible transit - other	430
TRA_03C	Used - public transportation	420
TRA_03D	Used - accessible transit	421
TRA_03E	Used - cycling	421
TRA_03F	Used - walking	422
TRA_03G	Used - wheelchair or motorized cart	422
TRA_03H	Used - none	423
TRA_04	Most common form of transportation	431
<b>WTS : Weights</b>		
WTS_M	Weights - Master	616
WTS_S	Weights - Share	616