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Variable Name	Description	Section	Page
ADMD_N09	Interview by telephone or in person	ADM	5
ADMD_N10	Respondent alone during interview	ADM	5
ADMD_N11	Answers affected by presence of another person	ADM	6
ADMD_N13	Child present and able to participate during the interview	ADM	6
ADMD_PRX	Health Component completed by proxy	ADM	3
ADMD_RNO	Sequential record number	ADM	1
ADMDDD1	Reference day - First 24-Hour Recall - (D)	ADM	4
ADMDFW1	Weekend reference day - First 24-Hour Recall - (F)	ADM	4
ALCD_1	Drank alcohol in past 12 months	ALC	91
ALCD_2	Frequency of drinking alcohol	ALC	92
ALCD_3	Frequency of having 5 or more drinks	ALC	93
CCCD_071	Has high blood pressure	CCC	80
CCCD_101	Has diabetes	CCC	80
CCCD_121	Has heart disease	CCC	82
CCCD_131	Has cancer	CCC	82
CCCD_141	Has intestinal or stomach ulcers	CCC	83
CCCD_171	Has a bowel disorder / Crohn's Disease or colitis	CCC	83
CCCD_401	Has osteoporosis	CCC	84
CCCD_901	Other long-term physical or mental health condition	CCC	84
CCCDF1	Has a chronic condition - (F)	CCC	85
CCCDG102	Diabetes - age first diagnosed - (G)	CCC	81
CPAD_1	Number of days physically active - past 7 days	CPA	60
CPAD_2	Number of days physically active - usual week	CPA	60
CPAD_3	Number of hours / usual week - active - school free time	CPA	61
CPAD_4	Number of hours / usual week - active - school class time	CPA	61
CPAD_5	No. of hours / usual week - active - org. act. outs. school	CPA	62
CPAD_6	No. hours / usual week - active - unorg. act. outs. school	CPA	63
CPAD_7	Number of hours / day - watch TV or videos	CPA	64
CPAD_8	Number of hours / day - time spent on a computer	CPA	65
CPADDSAC	Total number of hours / day - sedentary activities - (D)	CPA	66
CPADDTOT	Total number of hours / week - physical activities - (D)	CPA	65
DHHD_OWN	Dwelling - owned by a member of household	DHH	110
DHHD_SEX	Sex	DHH	8
DHHDDRI	Age/sex groupings - Dietary Reference Intakes (DRIs) - (D)	DHH	8
DHHDG611	Number of persons 6 to 11 years old in household - (D, G)	DHH	109
DHHDGAGE	Age - (G)	DHH	7
DHHDGBED	Dwelling - number of bedrooms - (G)	DHH	110

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Variable Name	Description	Section	Page
DHHDGHSZ	Household size - (D, G)	DHH	108
DHHDGL12	Number of persons less than 12 yrs old in household - (D, G)	DHH	108
DHHDGLE5	Number of persons 5 years old or less in household - (D, G)	DHH	108
DHHDGLVG	Living arrangement of selected respondent - (D, G)	DHH	109
DHHDGMS	Marital Status - (G)	DHH	9
EDUDDH04	Highest level of education - household, 4 levels - (D)	EDU	107
EDUDDR04	Highest level of education - respondent, 4 levels - (D)	EDU	107
FSCD_010	Food situation in household - 12 mo.	FSC	93
FSCD_020	Worried food would run out - 12 mo.	FSC	94
FSCD_030	Food bought just didn't last - 12 mo.	FSC	94
FSCD_040	Could not afford to eat balanced meals - 12 mo.	FSC	95
FSCD_050	Relied on few kinds of low-cost food for children - 12 mo.	FSC	95
FSCD_060	Could not feed children a balanced meal - 12 mo.	FSC	96
FSCD_070	Children were not eating enough - 12 mo.	FSC	96
FSCD_080	Adults skipped or cut size of meals - 12 mo.	FSC	97
FSCD_081	Adults skipped or cut size of meals - frequency - 12 mo.	FSC	97
FSCD_090	Ate less than felt should - 12 mo.	FSC	98
FSCD_100	Was hungry but did not eat - 12 mo.	FSC	98
FSCD_110	Lost weight - 12 mo.	FSC	99
FSCD_120	Adults did not eat for whole day - 12 mo.	FSC	99
FSCD_121	Adults did not eat whole day - frequency - 12 mo.	FSC	100
FSCD_130	Adults cut size of children's meals - 12 mo.	FSC	100
FSCD_140	Children skipped meals - 12 mo.	FSC	101
FSCD_141	Children skipped meals - frequency - 12 mo.	FSC	101
FSCD_150	Children were hungry - 12 mo.	FSC	102
FSCD_160	Children did not eat for whole day - 12 mo.	FSC	102
FSCDDHFS	Household food security status - (D)	FSC	103
FVCDDCAR	Daily consumption - carrots - (D)	FVC	78
FVCDDFRU	Daily consumption - fruit - (D)	FVC	77
FVCDDJUI	Daily consumption - fruit juice - (D)	FVC	77
FVCDDPOT	Daily consumption - potatoes - (D)	FVC	78
FVCDDSAL	Daily consumption - green salad - (D)	FVC	77
FVCDDTOT	Daily consumption - total fruits and vegetables - (D)	FVC	79
FVCDDVEG	Daily consumption - other vegetables - (D)	FVC	78
FVCDDTOT	Daily consumption - total fruits and vegetables - (G)	FVC	79
GEND_01	Self-perceived health	GEN	9
GEND_02A	Satisfaction with life in general	GEN	10

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Variable Name	Description	Section	Page
GEND_02B	Self-perceived mental health	GEN	11
GEND_07	Self-perceived stress	GEN	12
GEND_10	Sense of belonging to local community	GEN	13
GENDDHDI	Self-rated health - (D)	GEN	13
GENDDMHI	Self-rated mental health - (D)	GEN	14
GEOD_PRV	Province of residence of respondent	GEO	1
GEODDPMF	Health Region (5) - (D)	GEO	2
HWTDFDO	Body measures - measured or measured & self-reported - (F)	HWT	66
HWTGDBMI	Body Mass Index (BMI) / self-report - (D, G)	HWT	69
HWTGDCOL	BMI class. (2 to 17) / self-report - Cole system - (D, G)	HWT	70
HWTDGHTM	Height (metres) / self-reported - (D, G)	HWT	67
HWTDGISW	BMI class. (18 +) / self-report - Intern. standard - (D, G)	HWT	70
HWTDGWTK	Weight (kilograms) / self-reported - (D, G)	HWT	69
INCDDIA2	Income adequacy - 2 groups - (D)	INC	115
INCDDIA4	Income adequacy - 4 groups - (D)	INC	116
INCDDIA5	Income adequacy - 5 groups - (D)	INC	116
INCDG2	Total household income - main source - (G)	INC	115
INCDGHH	Total household income from all sources - (D, G)	INC	117
INCDGPER	Total personal income from all sources - (D, G)	INC	117
LBFDDHPW	Total usual hours worked per week - (D)	LBF	113
LBFDDMJS	Multiple job status - (D)	LBF	112
LBFDDPFT	Usual hours worked - full-time / part-time status - (D)	LBF	113
LBFDDSTU	Student working status - (D)	LBF	114
LBFDDWSL	Working status last week - 6 groups - (D)	LBF	111
LBFDDWSS	Working status last week - 4 groups - (D)	LBF	111
LBFDGJST	Job status over past year - (D, G)	LBF	114
LBFDGRNW	Main reason for not working last week - (D, G)	LBF	112
MHWDDRSN	Reasons for not calculating BMI - (D)	MHW	72
MHWDGBMI	Body Mass Index (BMI) / measure - (D, G)	MHW	72
MHWDGCOL	BMI classification (2 to 17) / measure - Cole system - (D,G)	MHW	73
MHWDGHTM	Height (metres) / measured - (D, G)	MHW	71
MHWDGISW	BMI class. (18 +) / measure - Intern. standard - (D, G)	MHW	73
MHWDGWTK	Weight (kilograms) / measured - (D, G)	MHW	71
PACD_1A	Activity / last 3 months - walking for exercise	PAC	14
PACD_1B	Activity / last 3 months - gardening or yard work	PAC	15
PACD_1C	Activity / last 3 months - swimming	PAC	15
PACD_1D	Activity / last 3 months - bicycling	PAC	16

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Variable Name	Description	Section	Page
PACD_1E	Activity / last 3 months - popular or social dance	PAC	16
PACD_1F	Activity / last 3 months - home exercises	PAC	17
PACD_1G	Activity / last 3 months - ice hockey	PAC	17
PACD_1H	Activity / last 3 months - ice skating	PAC	18
PACD_1I	Activity / last 3 months - in-line skating or rollerblading	PAC	18
PACD_1J	Activity / last 3 months - jogging or running	PAC	19
PACD_1K	Activity / last 3 months - golfing	PAC	19
PACD_1L	Activity / last 3 months - exercise class or aerobics	PAC	20
PACD_1M	Activity / last 3 months - downhill skiing or snowboarding	PAC	20
PACD_1N	Activity / last 3 months - bowling	PAC	21
PACD_1O	Activity / last 3 months - baseball or softball	PAC	21
PACD_1P	Activity / last 3 months - tennis	PAC	22
PACD_1Q	Activity / last 3 months - weight-training	PAC	22
PACD_1R	Activity / last 3 months - fishing	PAC	23
PACD_1S	Activity / last 3 months - volleyball	PAC	23
PACD_1T	Activity / last 3 months - basketball	PAC	24
PACD_1U	Activity / last 3 months - other (#1)	PAC	25
PACD_1V	Activity / last 3 months - no physical activity	PAC	25
PACD_1W	Activity / last 3 months - other (#2)	PAC	26
PACD_1X	Activity / last 3 months - other (#3)	PAC	26
PACD_1Z	Activity / last 3 months - soccer	PAC	24
PACD_2A	Number of times / 3 months - walking for exercise	PAC	27
PACD_2B	Number of times / 3 months - gardening or yard work	PAC	28
PACD_2C	Number of times / 3 months - swimming	PAC	29
PACD_2D	Number of times / 3 months - bicycling	PAC	30
PACD_2E	Number of times / 3 months - popular or social dance	PAC	31
PACD_2F	Number of times / 3 months - home exercises	PAC	32
PACD_2G	Number of times / 3 months - ice hockey	PAC	33
PACD_2H	Number of times / 3 months - ice skating	PAC	34
PACD_2I	Number of times / 3 months - in-line skating or rollerblading	PAC	35
PACD_2J	Number of times / 3 months - jogging or running	PAC	36
PACD_2K	Number of times / 3 months - golfing	PAC	37
PACD_2L	Number of times / 3 months - exercise class or aerobics	PAC	38
PACD_2M	Number of times / 3 months - downhill skiing or snowboarding	PAC	39
PACD_2N	Number of times / 3 months - bowling	PAC	40
PACD_2O	Number of times / 3 months - baseball or softball	PAC	41
PACD_2P	Number of times / 3 months - tennis	PAC	42

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Variable Name	Description	Section	Page
PACD_2Q	Number of times / 3 months - weight-training	PAC	43
PACD_2R	Number of times / 3 months - fishing	PAC	44
PACD_2S	Number of times / 3 months - volleyball	PAC	45
PACD_2T	Number of times / 3 months - basketball	PAC	46
PACD_2U	Number of times / 3 months - other activity (#1)	PAC	48
PACD_2W	Number of times / 3 months - other activity (#2)	PAC	49
PACD_2X	Number of times / 3 months - other activity (#3)	PAC	50
PACD_2Z	Number of times / 3 months - soccer	PAC	47
PACD_3A	Time spent - walking for exercise	PAC	27
PACD_3B	Time spent - gardening or yard work	PAC	28
PACD_3C	Time spent - swimming	PAC	29
PACD_3D	Time spent - bicycling	PAC	30
PACD_3E	Time spent - popular or social dance	PAC	31
PACD_3F	Time spent - home exercises	PAC	32
PACD_3G	Time spent - ice hockey	PAC	33
PACD_3H	Time spent - ice skating	PAC	34
PACD_3I	Time spent - in-line skating or rollerblading	PAC	35
PACD_3J	Time spent - jogging or running	PAC	36
PACD_3K	Time spent - golfing	PAC	37
PACD_3L	Time spent - exercise class or aerobics	PAC	38
PACD_3M	Time spent - downhill skiing or snowboarding	PAC	39
PACD_3N	Time spent - bowling	PAC	40
PACD_3O	Time spent - baseball or softball	PAC	41
PACD_3P	Time spent - tennis	PAC	42
PACD_3Q	Time spent - weight-training	PAC	43
PACD_3R	Time spent - fishing	PAC	44
PACD_3S	Time spent - volleyball	PAC	45
PACD_3T	Time spent - basketball	PAC	46
PACD_3U	Time spent - other activity (#1)	PAC	48
PACD_3W	Time spent - other activity (#2)	PAC	49
PACD_3X	Time spent - other activity (#3)	PAC	50
PACD_3Z	Time spent - soccer	PAC	47
PACDDEE	Daily energy expenditure - (D)	PAC	51
PACDDFM	Monthly frequency - physical activity lasting > 15 min.- (D)	PAC	52
PACDDFR	Frequency of all physical activity >15 min. - (D)	PAC	52
PACDDPAI	Physical activity index - (D)	PAC	53
PACDFD	Participant in daily physical activity > 15 min. - (F)	PAC	53

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Variable Name	Description	Section	Page
PACDFLEI	Participant in leisure physical activity - (F)	PAC	51
SACD_1	Number of hours - on a computer	SAC	54
SACD_2	Number of hours - playing video games	SAC	55
SACD_3	Number of hours - watching television or videos	SAC	56
SACD_4	Number of hours - reading	SAC	57
SACDDTER	Total no. hrs / week (excl. reading) - sedentary act. - (D)	SAC	59
SACDDTOT	Total number of hours / week - sedentary activities - (D)	SAC	58
SAMDDQTR	Season - (D)	SAM	3
SDCD_8	Currently attending a school, college or university	SDC	103
SDCD_9	Full-time student or part-time student	SDC	104
SDCDFIMM	Immigrant status - (F)	SDC	105
SDCDGCBG	Country of birth - (G)	SDC	104
SDCDGLNG	Languages in which the respondent can converse - (D, G)	SDC	106
SDCDGRAC	Cultural or racial origin - (D, G)	SDC	106
SDCDGRES	Length of time in Canada since immigration - (D, G)	SDC	105
SMKD_01A	Smoked 100 or more cigarettes - life	SMK	85
SMKD_05B	Number of cigarettes smoked per day (occasional smoker)	SMK	87
SMKD_05C	Number of days - smoked 1 cigarette or more (occ. smoker)	SMK	87
SMKD_05D	Ever smoked cigarettes daily	SMK	88
SMKD_06A	Stopped smoking - when (was never a daily smoker)	SMK	88
SMKD_09A	Stopped smoking daily - when (former daily smoker)	SMK	89
SMKD_10	Quit smoking completely (former daily smoker)	SMK	89
SMKD_10A	Stopped smoking completely - when (former daily smoker)	SMK	90
SMKD_202	Type of smoker	SMK	86
SMKD_204	Number of cigarettes smoked per day (daily smoker)	SMK	86
SMKDDSTP	Number of years since stopping smoking completely - (D)	SMK	91
SMKDDSTY	Type of smoker - (D)	SMK	90
WHCD_01	Has begun menstrual cycles	WHC	74
WHCD_02	Age of first period	WHC	74
WHCD_04	Has given birth - past five years	WHC	75
WHCD_05	Currently breastfeeding	WHC	75
WHCD_06	Periods stopped	WHC	76
WHCD_08	Has taken birth control pills - past month	WHC	76
WTSD_M	Weights - Master	WTS	118
WTSD_MHW	Height and Weight / Weights - Master	WTS	118