
CCHS Cycle 2.2: Topical Index

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Variable Name	Description	Page
ADM : Administration		
ADMD_N09	Interview by telephone or in person	5
ADMD_N10	Respondent alone during interview	5
ADMD_N11	Answers affected by presence of another person	6
ADMD_N13	Child present and able to participate during the interview	6
ADMD_PRX	Health Component completed by proxy	3
ADMD_RNO	Sequential record number	1
ADMDDD1	Reference day - First 24-Hour Recall - (D)	4
ADMDFW1	Weekend reference day - First 24-Hour Recall - (F)	4
ALC : Alcohol		
ALCD_1	Drank alcohol in past 12 months	88
ALCD_2	Frequency of drinking alcohol	89
ALCD_3	Frequency of having 5 or more drinks	90
CCC : Chronic conditions		
CCCD_071	Has high blood pressure	77
CCCD_101	Has diabetes	77
CCCD_121	Has heart disease	79
CCCD_131	Has cancer	79
CCCD_141	Has intestinal or stomach ulcers	80
CCCD_171	Has a bowel disorder / Crohn's Disease or colitis	80
CCCD_401	Has osteoporosis	81
CCCD_901	Other long-term physical or mental health condition	81
CCCDF1	Has a chronic condition - (F)	82
CCCDG102	Diabetes - age first diagnosed - (G)	78
CPA : Children's physical activity		
CPAD_1	Number of days physically active - past 7 days	58
CPAD_2	Number of days physically active - usual week	58
CPAD_3	Number of hours / usual week - active - school free time	59
CPAD_4	Number of hours / usual week - active - school class time	59
CPAD_5	No. of hours / usual week - active - org. act. outs. school	60
CPAD_6	No. hours / usual week - active - unorg. act. outs. school	60
CPAD_7	Number of hours / day - watch TV or videos	61
CPAD_8	Number of hours / day - time spent on a computer	62
CPADDSAC	Total number of hours / day - sedentary activities - (D)	63
CPADDTOT	Total number of hours / week - physical activities - (D)	62
DHH : Demographic and household variables		

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DHHD_OWN	Dwelling - owned by a member of household	107
DHHD_SEX	Sex	8
DHHDDRI	Age/sex groupings - Dietary Reference Intakes (DRIs) - (D)	8
DHHDG611	Number of persons 6 to 11 years old in household - (D, G)	106
DHHDGAGE	Age - (G)	7
DHHDGBED	Dwelling - number of bedrooms - (G)	107
DHHDGHSZ	Household size - (D, G)	105
DHHDGL12	Number of persons less than 12 yrs old in household - (D, G)	105
DHHDGLE5	Number of persons 5 years old or less in household - (D, G)	105
DHHDGLVG	Living arrangement of selected respondent - (D, G)	106
DHHDGMS	Marital Status - (G)	9
EDU : Education		
EDUDDH04	Highest level of education - household, 4 levels - (D)	104
EDUDDR04	Highest level of education - respondent, 4 levels - (D)	104
FSC : Food security		
FSCD_010	Food situation in household - 12 mo.	90
FSCD_020	Worried food would run out - 12 mo.	91
FSCD_030	Food bought just didn't last - 12 mo.	91
FSCD_040	Could not afford to eat balanced meals - 12 mo.	92
FSCD_050	Relied on few kinds of low-cost food for children - 12 mo.	92
FSCD_060	Could not feed children a balanced meal - 12 mo.	93
FSCD_070	Children were not eating enough - 12 mo.	93
FSCD_080	Adults skipped or cut size of meals - 12 mo.	94
FSCD_081	Adults skipped or cut size of meals - frequency - 12 mo.	94
FSCD_090	Ate less than felt should - 12 mo.	95
FSCD_100	Was hungry but did not eat - 12 mo.	95
FSCD_110	Lost weight - 12 mo.	96
FSCD_120	Adults did not eat for whole day - 12 mo.	96
FSCD_121	Adults did not eat whole day - frequency - 12 mo.	97
FSCD_130	Adults cut size of children's meals - 12 mo.	97
FSCD_140	Children skipped meals - 12 mo.	98
FSCD_141	Children skipped meals - frequency - 12 mo.	98
FSCD_150	Children were hungry - 12 mo.	99
FSCD_160	Children did not eat for whole day - 12 mo.	99
FSCDDHFS	Household food security status - (D)	100
FVC : Fruit and vegetable consumption		

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Variable Name	Description	Page
FVCDDCAR	Daily consumption - carrots - (D)	75
FVCDDFRU	Daily consumption - fruit - (D)	74
FVCDDJUI	Daily consumption - fruit juice - (D)	73
FVCDDPOT	Daily consumption - potatoes - (D)	74
FVCDDSAL	Daily consumption - green salad - (D)	74
FVCDDTOT	Daily consumption - total fruits and vegetables - (D)	76
FVCDDVEG	Daily consumption - other vegetables - (D)	75
FVCDGTOT	Daily consumption - total fruits and vegetables - (G)	76
GEN : General health		
GEND_01	Self-perceived health	9
GEND_02A	Satisfaction with life in general	10
GEND_02B	Self-perceived mental health	10
GEND_07	Self-perceived stress	11
GEND_10	Sense of belonging to local community	11
GENDDHDI	Self-rated health - (D)	12
GENDDMHI	Self-rated mental health - (D)	12
GEO : Geographic identifiers		
GEOD_PRV	Province of residence of respondent	1
GEODDPMF	Health Region (5) - (D)	2
HWT : Self-reported height and weight		
HWTDFDO	Body measures - measured or measured & self-reported - (F)	63
HWTGDBMI	Body Mass Index (BMI) / self-report - (D, G)	66
HWTGDCOL	BMI class. (2 to 17) / self-report - Cole system - (D, G)	67
HWTDGHTM	Height (metres) / self-reported - (D, G)	64
HWTDGISW	BMI class. (18 +) / self-report - Intern. standard - (D, G)	66
HWTDGWTK	Weight (kilograms) / self-reported - (D, G)	65
INC : Income		
INCDDIA2	Income adequacy - 2 groups - (D)	112
INCDDIA4	Income adequacy - 4 groups - (D)	113
INCDDIA5	Income adequacy - 5 groups - (D)	113
INCDG2	Total household income - main source - (G)	112
INCDGHH	Total household income from all sources - (D, G)	114
INCDGPER	Total personal income from all sources - (D, G)	114
LBF : Labour force		
LBFDHPW	Total usual hours worked per week - (D)	110
LBFDDMJS	Multiple job status - (D)	109

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Variable Name	Description	Page
LBFDDPFT	Usual hours worked - full-time / part-time status - (D)	110
LBFDDSTU	Student working status - (D)	111
LBFDDWSL	Working status last week - 6 groups - (D)	108
LBFDDWSS	Working status last week - 4 groups - (D)	108
LBFDGJST	Job status over past year - (D, G)	111
LBFDGRNW	Main reason for not working last week - (D, G)	109
MHW : Measured height and weight		
MHWDDRSN	Reasons for not calculating BMI - (D)	68
MHWDGBMI	Body Mass Index (BMI) / measure - (D, G)	69
MHWDGCOL	BMI classification (2 to 17) / measure - Cole system - (D,G)	70
MHWDGHTM	Height (metres) / measured - (D, G)	67
MHWDGISW	BMI class. (18 +) / measure - Intern. standard - (D, G)	69
MHWDGWTK	Weight (kilograms) / measured - (D, G)	68
PAC : Physical activities		
PACD_1A	Activity / last 3 months - walking for exercise	13
PACD_1B	Activity / last 3 months - gardening or yard work	13
PACD_1C	Activity / last 3 months - swimming	14
PACD_1D	Activity / last 3 months - bicycling	14
PACD_1E	Activity / last 3 months - popular or social dance	15
PACD_1F	Activity / last 3 months - home exercises	15
PACD_1G	Activity / last 3 months - ice hockey	16
PACD_1H	Activity / last 3 months - ice skating	16
PACD_1I	Activity / last 3 months - in-line skating or rollerblading	17
PACD_1J	Activity / last 3 months - jogging or running	17
PACD_1K	Activity / last 3 months - golfing	18
PACD_1L	Activity / last 3 months - exercise class or aerobics	18
PACD_1M	Activity / last 3 months - downhill skiing or snowboarding	19
PACD_1N	Activity / last 3 months - bowling	19
PACD_1O	Activity / last 3 months - baseball or softball	20
PACD_1P	Activity / last 3 months - tennis	20
PACD_1Q	Activity / last 3 months - weight-training	21
PACD_1R	Activity / last 3 months - fishing	21
PACD_1S	Activity / last 3 months - volleyball	22
PACD_1T	Activity / last 3 months - basketball	22
PACD_1U	Activity / last 3 months - other (#1)	23
PACD_1V	Activity / last 3 months - no physical activity	24

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Variable Name	Description	Page
PACD_1W	Activity / last 3 months - other (#2)	24
PACD_1X	Activity / last 3 months - other (#3)	25
PACD_1Z	Activity / last 3 months - soccer	23
PACD_2A	Number of times / 3 months - walking for exercise	25
PACD_2B	Number of times / 3 months - gardening or yard work	26
PACD_2C	Number of times / 3 months - swimming	27
PACD_2D	Number of times / 3 months - bicycling	28
PACD_2E	Number of times / 3 months - popular or social dance	29
PACD_2F	Number of times / 3 months - home exercises	30
PACD_2G	Number of times / 3 months - ice hockey	31
PACD_2H	Number of times / 3 months - ice skating	32
PACD_2I	Number of times / 3 months - in-line skating or rollerblading	33
PACD_2J	Number of times / 3 months - jogging or running	34
PACD_2K	Number of times / 3 months - golfing	35
PACD_2L	Number of times / 3 months - exercise class or aerobics	36
PACD_2M	Number of times / 3 months - downhill skiing or snowboarding	37
PACD_2N	Number of times / 3 months - bowling	38
PACD_2O	Number of times / 3 months - baseball or softball	39
PACD_2P	Number of times / 3 months - tennis	40
PACD_2Q	Number of times / 3 months - weight-training	41
PACD_2R	Number of times / 3 months - fishing	42
PACD_2S	Number of times / 3 months - volleyball	43
PACD_2T	Number of times / 3 months - basketball	44
PACD_2U	Number of times / 3 months - other activity (#1)	46
PACD_2W	Number of times / 3 months - other activity (#2)	47
PACD_2X	Number of times / 3 months - other activity (#3)	48
PACD_2Z	Number of times / 3 months - soccer	45
PACD_3A	Time spent - walking for exercise	26
PACD_3B	Time spent - gardening or yard work	27
PACD_3C	Time spent - swimming	28
PACD_3D	Time spent - bicycling	29
PACD_3E	Time spent - popular or social dance	30
PACD_3F	Time spent - home exercises	31
PACD_3G	Time spent - ice hockey	32
PACD_3H	Time spent - ice skating	33
PACD_3I	Time spent - in-line skating or rollerblading	34

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PACD_3J	Time spent - jogging or running	35
PACD_3K	Time spent - golfing	36
PACD_3L	Time spent - exercise class or aerobics	37
PACD_3M	Time spent - downhill skiing or snowboarding	38
PACD_3N	Time spent - bowling	39
PACD_3O	Time spent - baseball or softball	40
PACD_3P	Time spent - tennis	41
PACD_3Q	Time spent - weight-training	42
PACD_3R	Time spent - fishing	43
PACD_3S	Time spent - volleyball	44
PACD_3T	Time spent - basketball	45
PACD_3U	Time spent - other activity (#1)	47
PACD_3W	Time spent - other activity (#2)	48
PACD_3X	Time spent - other activity (#3)	49
PACD_3Z	Time spent - soccer	46
PACDDEE	Daily energy expenditure - (D)	49
PACDDFM	Monthly frequency - physical activity lasting > 15 min.- (D)	50
PACDDFR	Frequency of all physical activity >15 min. - (D)	51
PACDDPAI	Physical activity index - (D)	52
PACDFD	Participant in daily physical activity > 15 min. - (F)	51
PACDFLEI	Participant in leisure physical activity - (F)	50
SAC : Sedentary activities		
SACD_1	Number of hours - on a computer	52
SACD_2	Number of hours - playing video games	53
SACD_3	Number of hours - watching television or videos	54
SACD_4	Number of hours - reading	55
SACDDTER	Total no. hrs / week (excl. reading) - sedentary act. - (D)	57
SACDDTOT	Total number of hours / week - sedentary activities - (D)	56
SAM : Sample identifiers		
SAMDDQTR	Season - (D)	3
SDC : Socio-demographic characteristics		
SDCD_8	Currently attending a school, college or university	100
SDCD_9	Full-time student or part-time student	101
SDCDFIMM	Immigrant status - (F)	102
SDCDGCBG	Country of birth - (G)	101
SDCDGLNG	Languages in which the respondent can converse - (D, G)	103

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Variable Name	Description	Page
SDCDGRAC	Cultural or racial origin - (D, G)	103
SDCDGRES	Length of time in Canada since immigration - (D, G)	102
SMK : Smoking		
SMKD_01A	Smoked 100 or more cigarettes - life	82
SMKD_05B	Number of cigarettes smoked per day (occasional smoker)	84
SMKD_05C	Number of days - smoked 1 cigarette or more (occ. smoker)	84
SMKD_05D	Ever smoked cigarettes daily	85
SMKD_06A	Stopped smoking - when (was never a daily smoker)	85
SMKD_09A	Stopped smoking daily - when (former daily smoker)	86
SMKD_10	Quit smoking completely (former daily smoker)	86
SMKD_10A	Stopped smoking completely - when (former daily smoker)	87
SMKD_202	Type of smoker	83
SMKD_204	Number of cigarettes smoked per day (daily smoker)	83
SMKDDSTP	Number of years since stopping smoking completely - (D)	88
SMKDDSTY	Type of smoker - (D)	87
WHC : Women's health		
WHCD_01	Has begun menstrual cycles	70
WHCD_02	Age of first period	71
WHCD_04	Has given birth - past five years	71
WHCD_05	Currently breastfeeding	72
WHCD_06	Periods stopped	72
WHCD_08	Has taken birth control pills - past month	73
WTS : Weights		
WTSD_M	Weights - Master	115
WTSD_MHW	Height and Weight / Weights - Master	115