# **Canadian Community Health Survey (CCHS)**

Cycle 2.2 (Nutrition) 2004
Public Use Microdata File (PUMF)

**Derived and Grouped Variable Specifications** 

**Statistics Canada** 

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# **Geographic Variable (1 DV)**

# 1) Health regions

Variable name: GEODDPMF Based on: GEODDHR4

**Description:** This variable is a 5-digit number that identifies the sub-provincial health areas. It is based on the 4-digit health regions specified by the Provincial Ministries of Health. This reconstruction is as follows:

- positions 1-2 (first two positions of GEODDHR4), representing the province;
- position 3 (value of "9");
- positions 4-5 (3rd, 4th position of GEODDHR4), representing the sub-provincial region (in provinces where no sub-provincial regions are specified, all provinces except Ontario and Manitoba, these positions contain "01").

**Note (1):** The variable GEODDHR4 is the health region based on GEODDPC (postal code) and is derived using the information available on the survey frame at the time of sampling and the geographic information provided by the respondent. GEODDHR4 and GEODDPC are not included in the Public Use Microdata File.

**Note (2):** In order to ensure regions meet the minimum population size of about 70,000, the following regions have been collapsed:

Value of GEODDPMF	Conditions	Explanation
46901	(GEODDHR4 = 4601, 4602)	Group:
		Brandon Regional Health Authority
		Assiniboine Regional Health Authority
		North Eastman Regional Health Authority
		South Eastman Regional Health Authority
		Parkland Regional Health Authority
		Norman Regional Health Authority
		Burntwood Regional Health Authority
		Churchill Regional Health Authority

# Sample Variable (1 DV)

# 1) Season

Variable name: SAMDDQTR Based on: ADMD\_M1

**Description:** This variable indicates the quarter of the year during which the first interview took place.

Value of SAMDDQTR	Conditions	Explanation
1	$(ADMD_M1 = 1, 2, 3)$	Winter - Interview took place between
		January 1 and March 31
2	$(ADMD_M1 = 4, 5, 6)$	Spring - Interview took place between April 1
		and June 30
3	$(ADMD_M1 = 7, 8, 9)$	Summer - Interview took place between July
		1 and September 30
4	(ADMD_M1 = 10, 11, 12)	Fall - Interview took place between October
	,	1 and December 31

# **Administration (2 DV)**

## 1) Reference day – first 24-hour dietary recall interview

Variable name: ADMDDD1

Based on: ADMD\_D1, ADMD\_M1, ADMD\_Y1

**Description:** During the <u>first 24-hour dietary recall interview</u>, respondents were asked about all food consumed during the previous 24-hour period. That is, if the interview was conducted on <u>Monday</u>, the respondent was asked what he/she ate or drank on <u>Sunday</u>, from midnight to midnight. This variable indicates the day of the week when the food was consumed.

Value of ADMDDD1	Condition(s)	Description
1	ADMD_D1, ADMD_M1, ADMD_Y1 = Monday	Sunday
2	ADMD_D1, ADMD_M1, ADMD_Y1 = Tuesday	Monday
3	ADMD_D1, ADMD_M1, ADMD_Y1 = Wednesday	Tuesday
4	ADMD_D1, ADMD_M1, ADMD_Y1 = Thursday	Wednesday
5	ADMD_D1, ADMD_M1, ADMD_Y1 = Friday	Thursday
6	ADMD_D1, ADMD_M1, ADMD_Y1 = Saturday	Friday
7	ADMD_D1, ADMD_M1, ADMD_Y1 = Sunday	Saturday

## 2) Weekend reference day – first 24-hour dietary recall interview

Variable name: ADMDFW1
Based on: ADMDDD1

Description: This variable indicates whether or not the nutrition information reported - during the first 24-hour

<u>dietary recall interview</u> - was collected for foods consumed during the weekend.

Note: Weekend is defined as Friday, Saturday, and Sunday.

Value of ADMDFW1	Condition(s)	Description
9 (NS)	ADMDDD1 = NS	Required question was not answered
1	(ADMDDD1 = 1, 6, 7)	Food consumed during weekend (first dietary recall interview)
2	2 <= ADMDDD1 <= 5	Food consumed during weekday (first dietary recall interview)

# **Dwelling and Household Record Variables (9 DVs)**

# 1) Age – grouped

Variable name: DHHDGAGE Based on: DHHD\_AGE

Description: This variable indicates the age of the selected respondent using groupings which, for adults, are at

a more detailed level than the variable DHHDDDRI.

Value of DHHDGAGE	Condition(s)	Description
1	DHHD_AGE < 1	Age under 1
2	1 <= DHHD_AGE <= 3	Age between 1 and 3
3	4 <= DHHD_AGE <= 8	Age between 4 and 8
4	9 <= DHHD_AGE <= 13	Age between 9 and 13
5	14 <= DHHD_AGE <= 18	Age between 14 and 18
6	19 <= DHHD_AGE <= 24	Age between 19 and 24
7	25 <= DHHD_AGE <= 30	Age between 25 and 30
8	31 <= DHHD_AGE <= 35	Age between 31 and 35
9	36 <= DHHD_AGE <= 40	Age between 36 and 40
10	41 <= DHHD_AGE <= 45	Age between 41 and 45
11	46 <= DHHD_AGE <= 50	Age between 46 and 50
12	51 <= DHHD_AGE <= 55	Age between 51 and 55
13	56 <= DHHD_AGE <= 60	Age between 56 and 60
14	61 <= DHHD_AGE <= 65	Age between 61 and 65
15	66 <= DHHD_AGE <= 70	Age between 66 and 70
16	DHHD_AGE >= 71	Age 71 and older

# 2) Age and sex reference groupings - for Dietary Reference Intakes (DRIs)

Variable name: DHHDDDRI

Based on: DHHD\_AGE, DHHD\_SEX

**Description:** This variable indicates the age and sex of the selected respondent according to groupings to be used for referencing the Dietary Reference Intakes (DRIs). DRIs are a set of scientifically based nutrient reference values to be used for planning and assessing the nutrient intakes of individuals and population groups. DRI values vary for men and women and for different age groups.

**Note:** More information about DRI definitions is available at website of Health Canada - Office of Nutrition Policy and Promotion (<a href="http://www.hc-sc.gc.ca/fn-an/nutrition/reference/index\_e.html">http://www.hc-sc.gc.ca/fn-an/nutrition/reference/index\_e.html</a>).

Value of DHHDDDRI	Condition(s)	Description
1	DHHD_AGE < 1	Age under 1
2	1 <= DHHD_AGE <= 3	Age between 1 and 3
3	4 <= DHHD_AGE <= 8	Age between 4 and 8
4	DHHD_SEX = 1 and 9 <= DHHD_AGE <= 13	Male, age between 9 and 13
5	DHHD_SEX = 2 and 9 <= DHHD_AGE <= 13	Female, age between 9 and 13
6	DHHD_SEX = 1 and 14 <= DHHD_AGE <= 18	Male, age between 14 and 18
7	DHHD_SEX = 2 and 14 <= DHHD_AGE <= 18	Female, age between 14 and 18
8	DHHD_SEX = 1 and 19 <= DHHD_AGE <= 30	Male, age between 19 and 30
9	DHHD_SEX = 2 and 19 <= DHHD_AGE <= 30	Female, age between 19 and 30
10	DHHD_SEX = 1 and 31 <= DHHD_AGE <= 50	Male, age between 31 and 50

11	DHHD_SEX = 2 and 31 <= DHHD_AGE <= 50	Female, age between 31 and 50
12	DHHD_SEX = 1 and 51 <= DHHD_AGE <= 70	Male, age between 51 and 70
13	DHHD_SEX = 2 and 51 <= DHHD_AGE <= 70	Female, age between 51 and 70
14	DHHD_SEX = 1 and DHHD_AGE >= 71	Male, age 71 and older
15	DHHD_SEX = 2 and DHHD_AGE >= 71	Female, age 71 and older

## 3) Marital status – grouped

Variable name: DHHDGMS Based on: DHHD\_MS

**Description:** This variable indicates the marital status for the selected respondent.

Value of DHHDGMS	Condition(s)	Description
9 (NS)	DHHD_MS = (DK, R, NS)	Required question was not answered (don't' know, refusal, not stated)
1	DHHD_MS = 1	Married
2	DHHD_MS = 2	Common-law
3	DHHD_MS = 3, 4, 5	Widowed/Divorced/Separated
4	DHHD_MS = 6	Single

# 4) Household size - grouped

Variable name: DHHDGHSZ Based on: SAMPLEID, PERSONID

**Description:** This variable indicates the number of people living within a household.

**Note:** This variable is derived by sorting the household roster dataset by SAMPLEID and PERSONID and by counting the number of PERSONIDs within each SAMPLEID. This produces the variable DHHDDHSZ (not included in the Public Use Microdata File) with values ranging from 1 to 40.

Value of DHHDGHSZ	Condition(s)	Explanation
1	DHHDDHSZ = 1	Exact number of persons living in
2	DHHDDHSZ = 2	household
3	DHHDDHSZ = 3	
4	DHHDDHSZ = 4	
5	DHHDDHSZ >= 5	Grouped – 5 or more persons live in
		the household

# 5) Number of persons in household with age less than 12 – grouped

Variable name: DHHDGL12

Based on: PERSONID, DHHD\_AGE

**Description:** This variable indicates the number of people living within the household whose age is less than 12

years old.

Value of DHHDGL12	Condition(s)	Explanation
0	DHHDDL12 = 0	No persons under 12 in the household
1	DHHDDL12 >= 1	One or more persons under 12 in the household

**Note:** The variable DHHDDL12 is derived by sorting the household roster dataset by SAMPLEID and PERSONID and by counting the number of PERSONIDs that have a DHHD\_AGE value less than 12 within each SAMPLEID. The variable is not included in the Public Use Microdata File. The value is calculated as:

Value of DHHDDL12	Condition(s)	Description
Total number of PERSONIDs within	DHHD_AGE < 12	Number of persons under 12 in a
each SAMPLEID	(MEMBER file)	household
(values: 0-40)		
, , ,		

## 6) Number of persons in household with age 5 or less – grouped

Variable name: DHHDGLE5

Based on: PERSONID, DHHD\_AGE

Description: This variable indicates the number of people living within the household whose age is less than 6

years old.

Value of DHHDGLE5	Condition(s)	Explanation
0	DHHDDLE5 = 0	No persons aged 5 and under in the
		household
1	DHHDDLE5 >= 1	One or more persons under 5 in the
		household

**Note:** The variable DHHDDLE5 is derived by sorting the household roster dataset by SAMPLEID and PERSONID and by counting the number of PERSONIDs that have a DHHD\_AGE value of 5 and under within each SAMPLEID. The variable is not included in the Public Use Microdata File. The value is calculated as:

Value of DHHDDLE5	Condition(s)	Description
Total number of PERSONIDs within	DHHD_AGE <= 5	Number of persons under 5 in a
each SAMPLEID	(Member file)	household
(values: 0-40)		

# 7) Number of persons in household with age 6 to 11 - grouped

Variable name: DHHDG611

Based on: PERSONID, DHHD AGE

Description: This variable indicates the number of people living within the household who are aged 6 to 11 years

old.

Value of DHHDG611	Condition(s)	Explanation
0	DHHDD611 = 0	No persons aged 6 to 11 in the
		household
1	DHHDD611 => 1	One or more persons aged 6 to 11
		in the household

**Note:** The variable DHHDD611 is derived by sorting the household roster dataset by SAMPLEID and PERSONID and by counting the number of PERSONIDs that have a DHHD\_AGE value from 6 to 11 within each SAMPLEID. The variable is not included in the Public Use Microdata File. The value is calculated as:

Value of DHHDD611	Condition(s)	Description
Total number of PERSONIDs within	(6 <= DHHD_AGE <= 11)	Number of persons 6 to 11 in a
each SAMPLEID	(Member file)	household
(values: 0-40)		

# 8) Living/family arrangement of selected respondent – grouped

Variable name: DHHDGLVG

Based on: DHHD\_REL of selected respondent, DHHDDHSZ

Description: This variable identifies the family relationships between the selected respondent and the rest of the

household.

**Note:** The necessary data are collected using a set of relationship codes that define a link between each pair of persons in a household. All relationships with the selected respondent within each sample (relationship of selected respondent to each other person within the household) are used in creating this variable.

Technical Specs: Some values have been grouped as specified below.

#### **Temporary Reformats**

	Reformat	Explanation
RELATIONSHIP COL	DES:	Relationship codes used
(*as on the relationsh	ip file)	
CODES	CATEGORY	
A0	Husband/wife	
B0	Common law partner	
C0	Same-sex partner	
D0	Parent, unspecified	
D1	Birth father/mother	
D2	Step father/mother	
D3	Adoptive father/mother	
E0	Child, unspecified	
E1	Birth child	
E2	Step child	
E3	Adopted child	
F0	Sister/brother, unspecified	
F1	Full sister/brother	
F2	Half sister/brother	
F3	Step sister/brother	
F4	Adopted sister/brother	
F5	Foster sister/brother	
G0	Foster parent	
H0	Foster child	
10	Grandparent	
J0	Grandchild	
K0	In-law	
L0	Other related	
Y1	Single	
Z0	Unrelated	
ZZ, L8, L9	Not stated	
A1=(Parental)	D0, D1, D2, D3	Temporary recodes to collapse relationships
B1=(Child)	E0, E1, E2, E3	
C1=(Sibling)	F0, F1, F2, F3, F4	
K1=(Other relative)	10, J0, K0, L0	
L1= (Non-relative)	F5*, G0*, H0*, Z0	
X1=(Spouse/Partner)		
Z1=(Not stated)	ZZ, L8, L9	

<sup>\*</sup> All Foster relationships (foster sister/brother, parent, or child) have been recoded into the "Non relative" category due to the temporary nature of the relationships.

Value of DHHDGLVG	Condition(s)	Explanation
99 (NS)	Any DHHD_REL = Z1	Not stated
1	DHHDDHSZ = 1	Unattached individual living alone
		(Selected respondent lives alone. Household size = 1)
2	DHHDDHSZ > 1 and (no DHHD_REL = X1) and (no DHHD_REL = A1) and (no DHHD_REL = B1)	Unattached individual living with others (Selected respondent lives with others. He/she cannot have a marital/common-law or parental relationship but other relationships such as siblings are allowed)
3	DHHDDHSZ = 2 and DHHD_REL = X1	Spouse/partner living with spouse/partner  (Selected respondent lives with spouse/partner only. Household size = 2)
4	DHHDDHSZ > 2 and one DHHD_REL = X1 and all other DHHD_REL = A1	Parent living with spouse/partner and children  (Selected respondent lives with
5	DHHDDHSZ > 1 and all DHHD_REL = A1	spouse/partner and one or more children) Single parent living with children  (Selected respondent lives with one or more children. No other relationships are permitted)
6	(DHHDDHSZ = 2 and DHHD_REL = B1) or (DHHCDHSZ > 2 and one DHHD_REL = B1 and all other DHHD_REL = C1)	Selected respondent is a child living with a single parent with or without siblings
7	(DHHDDHSZ = 3 and all DHHD_REL = B1) or (DHHDDHSZ > 3 and two DHHD_REL = B1 and all other DHHD_REL = C1)	Selected respondent is a child living with two parents with or without siblings.
8	Else	Other  (Selected respondent lives in a household composition not classified above)

**Note:** The variable DHHDDHSZ is derived by sorting the household roster dataset by SAMPLEID and PERSONID and by counting the number of PERSONIDs within each SAMPLEID. The variable is not included in the Public Use Microdata File. The value is calculated as:

Value of DHHDDHSZ	Condition(s)	Description
Total number of PERSONIDs	Sort the file (Member file) by	Number of persons in a household
within each SAMPLEID	SAMPLEID and PERSONID	
(values: 1-40)		

# 9) Dwelling – number of bedrooms – grouped

Variable name: DHHDGBED Based on: DHHD\_BED

**Description:** This variable indicates the number of bedrooms in the selected dwelling.

Value of DHHDGBED	Condition(s)	Description
9 (NS)	(DHHD_BED = DK, R, NS)	Required question was not answered
		(don't know, refusal, not stated)
0	DHHD_BED = 0	No bedrooms in the dwelling
1	DHHD_BED = 1	1 bedroom in the dwelling
2	DHHD_BED = 2	2 bedrooms in the dwelling
3	DHHD_BED = 3	3 bedrooms in the dwelling
4	DHHD_BED >= 4	4 or more bedrooms in the dwelling

# **General Health (2 DVs)**

## 1) Self-rated health (formerly Health Description Index)

Variable name: GENDDHDI Based on: GEND 01

Description: This variable indicates the respondent's health status based on his or her own judgement.

**Note (1):** Higher scores indicate positive self-reported health status. **Note (2):** This variable applies to respondents aged 12 and over.

Value of GENDDHDI	Condition(s)	Description
6 (NA)	GENn_01 = NA	Population exclusion
		(respondents aged < 12)
9 (NS)	(GEND_01 = DK, R, NS)	Required question was not answered
		(don't know, refusal, not stated)
0	GEND_01 = 5	Poor
1	GEND_01 = 4	Fair
2	GEND_01 = 3	Good
3	GEND_01 = 2	Very good
4	GEND_01 = 1	Excellent

# 2) Self-rated mental health

Variable name: GENDDMHI Based on: GEND 02B

Description: This variable indicates the respondent's mental health status based on his or her own judgement.

Note (1): Higher scores indicate positive self-reported mental health status.

Note (2): This variable applies to respondents aged 12 and over.

Value of GENDDMHI	Condition(s)	Description
6 (NA)	GENn_01 = NA	Population exclusion (respondents aged < 12)
9 (NS)	(GEND_02B = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
0	GEND_02B = 5	Poor
1	GEND_02B = 4	Fair
2	GEND_02B = 3	Good
3	GEND_02B = 2	Very good
4	GEND_02B = 1	Excellent

# **Physical Activities (6 DVs)**

## 1) Daily energy expenditure

Variable name: PACDDEE

Based on: PACD\_1V, PACD\_2A, PACD\_2B, PACD\_2C, PACD\_2D, PACD\_2E, PACD\_2F, PACD\_2G, PACD\_2H, PACD\_2I, PACD\_2J, PACD\_2K, PACD\_2L, PACD\_2M, PACD\_2N, PACD\_2O, PACD\_2P, PACD\_2Q, PACD\_2R, PACD\_2S, PACD\_2T, PACD\_2U, PACD\_2W, PACD\_2X, PACD\_2Z, PACD\_3A, PACD\_3B, PACD\_3C, PACD\_3D, PACD\_3E, PACD\_3F, PACD\_3G, PACD\_3H, PACD\_3I, PACD\_3J, PACD\_3K, PACD\_3L, PACD\_3M, PACD\_3N, PACD\_3O, PACD\_3P, PACD\_3Q, PACD\_3R, PACD\_3S, PACD\_3T, PACD\_3U, PACD\_3W, PACD\_3X, PACD\_3Z

**Description:** This variable is a measure of the average daily energy expended during leisure time activities by the respondent in the past three months.

**Note (1):** This variable applies to respondents aged 12 and over.

**Note (2):** Energy Expenditure is calculated using the frequency and duration per session of the physical activity as well as the MET value of the activity. The MET is a value of metabolic energy cost expressed as a multiple of the resting metabolic rate. For example, an activity of 4 METS requires four times the amount of energy as compared to when the body is at rest.

#### EE (Energy Expenditure for each activity) = (N X D X METvalue) / 365

#### Where:

N = the number of times a respondent engaged in an activity over a 12 month period

D = the average duration in hours of the activity

MET value = the energy cost of the activity expressed as kilocalories expended per kilogram of body weight per hour of activity (kcal/kg per hour)/365 (to convert yearly data into daily data)

MET values tend to be expressed in three intensity levels (i.e. low, medium, high). The CCHS questions did not ask the respondent to specify the intensity level of their activities. Therefore the MET values adopted correspond to the low intensity value of each activity. This approach is adopted from the Canadian Fitness and Lifestyle Research Institute because individuals tend to overestimate the intensity, frequency and duration of their activities.

**Internet site:** Canadian Fitness and Lifestyle Research Institute: <a href="www.cflri.ca">www.cflri.ca</a>; Center for Disease Control: <a href="www.cdc.gov/nccdphp/dnpa/physical/teerms/index.htm">www.cdc.gov/nccdphp/dnpa/physical/teerms/index.htm</a>

The MET values for the CCHS questions are:

Variable Name	Activity	MET Value
		(kcal/kg/hr)
PACDDEEA	WALKING FOR EXERCISE	3
PACDDEEB	GARDENING OR YARD WORK	3
PACDDEEC	SWIMMING	3
PACDDEED	BICYCLING	4
PACDDEEE	POPULAR OR SOCIAL DANCE	3
PACDDEEF	HOME EXERCISES	3
PACDDEEG	ICE HOCKEY	6
PACDDEEH	ICE SKATING	4
PACDDEEI	IN-LINE SKATING OR ROLLERBLADING	5
PACDDEEJ	JOGGING OR RUNNING*	9.5
PACDDEEK	GOLFING	4
PACDDEEL	EXERCISE CLASS OR AEROBICS	4
PACDDEEM	DOWNHILL SKIING OR SNOWBOARDING	4
PACDDEEN	BOWLING	2
PACDDEEO	BASEBALL OR SOFTBALL	3
PACDDEEP	TENNIS	4
PACDDEEQ	WEIGHT-TRAINING	3
PACDDEER	FISHING	3

Variable Name	Activity	MET Value
		(kcal/kg/hr)
PACDDEES	VOLLEYBALL	5
PACDDEET	BASKETBALL	6
PACDDEEZ	SOCCER	5
PACDDEEU	OTHER (U)*	4
PACDDEEW	OTHER (W)*	4
PACDDEEX	OTHER (X)*	4

<sup>\*</sup> Jogging (MET value 7) and running (MET value 12) fall under one category. Therefore, the MET value for the combined activity is the average of their MET values (9.5). Since it is difficult to assign a MET value to the category "Other Activities", the MET value used is the average of the listed activities except for the average value of jogging and running. Here, the average value of jogging and running is replaced by the value for jogging only. Some activities have MET values lower than the average, however, this approach is consistent with other studies, such as the Campbell's Survey and the Ontario Health Survey (OHS).

#### Calculate EE values for each activity

#### **WALKING FOR EXERCISE:**

Value of PACDDEEA	Condition(s)	Description
0	PACD_3A = NA	Did not participate in activity
0	(PACD_3A = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
$(PACD_2A \times 4 \times .2167 \times 3) / 365$	PACD_3A = 1	Calculate EE for < 15 min*
$(PACD_2A \times 4 \times .3833 \times 3) / 365$	PACD_3A = 2	Calculate EE for 16 to 30 min*
$(PACD_2A \times 4 \times .75 \times 3) / 365$	PACD_3A = 3	Calculate EE for 31 to 60 min*
(PACD_2A × 4 × 1 × 3) / 365	PACD_3A = 4	Calculate EE for > 60 min*

#### **GARDENING OR YARD WORK:**

Value of PACDDEEB	Condition(s)	Description
0	PACD_3B = NA	Did not participate in activity
0	$(PACD_3B = DK, R, NS)$	Required question was not answered
		(don't know, refusal, not stated)
$(PACD_2B \times 4 \times .2167 \times 3) / 365$	PACD_3B = 1	Calculate EE for < 15 min*
(PACD_2B × 4 × .3833 × 3) / 365	PACD_3B = 2	Calculate EE for 16 to 30 min*
$(PACD_2B \times 4 \times .75 \times 3) / 365$	PACD_3B = 3	Calculate EE for 31 to 60 min*
(PACD_2B × 4 × 1 × 3) / 365	PACD_3B = 4	Calculate EE for > 60 min*

#### SWIMMING:

Value of PACDDEEC	Condition(s)	Description
0	PACD_3C = NA	Did not participate in activity
0	(PACD_3C = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
(PACD_2C × 4 × .2167 × 3) / 365	PACD_3C = 1	Calculate EE for < 15 min*
(PACD_2C × 4 × .3833 × 3) / 365	PACD_3C = 2	Calculate EE for 16 to 30 min*
$(PACD_2C \times 4 \times .75 \times 3) / 365$	PACD_3C = 3	Calculate EE for 31 to 60 min*
(PACD_2C × 4 × 1 × 3) / 365	PACD_3C = 4	Calculate EE for > 60 min*

#### **BICYCLING:**

Value of PACDDEED	Condition(s)	Description
0	PACD_3D = NA	Did not participate in activity
0	(PACD_3D = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
$(PACD_2D \times 4 \times .2167 \times 4) / 365$	PACD_3D = 1	Calculate EE for < 15 min*
(PACD_2D × 4 × .3833 × 4) / 365	PACD_3D = 2	Calculate EE for 16 to 30 min*

$(PACD_2D \times 4 \times .75 \times 4) / 365$	$PACD_3D = 3$	Calculate EE for 31 to 60 min*
(PACD_2D × 4 × 1 × 4) / 365	$PACD_3D = 4$	Calculate EE for > 60 min*

### POPULAR OR SOCIAL DANCE:

Value of PACDDEEE	Condition(s)	Description
0	PACD_3E = NA	Did not participate in activity
0	(PACD_3E = DK, R, NS)	Required question was not answered
		(don't know, refusal, not stated)
(PACD_2E × 4 × .2167 × 3) / 365	PACD_3E = 1	Calculate EE for < 15 min*
(PACD_2E × 4 × .3833 × 3) / 365	PACD_3E = 2	Calculate EE for 16 to 30 min*
$(PACD_2E \times 4 \times .75 \times 3) / 365$	PACD_3E = 3	Calculate EE for 31 to 60 min*
(PACD_2E × 4 × 1 × 3) / 365	PACD_3E = 4	Calculate EE for > 60 min*

#### **HOME EXERCISES:**

Value of DACDDEEF	Condition(a)	Description
Value of PACDDEEF	Condition(s)	Description
0	PACD_3F = NA	Did not participate in activity
0	$(PACD_3F = DK, R, NS)$	Required question was not answered
		(don't know, refusal, not stated)
$(PACD_2F \times 4 \times .2167 \times 3) / 365$	PACD_3F = 1	Calculate EE for < 15 min*
(PACD_2F × 4 × .3833 × 3) / 365	PACD_3F = 2	Calculate EE for 16 to 30 min*
$(PACD_2F \times 4 \times .75 \times 3) / 365$	PACD_3F = 3	Calculate EE for 31 to 60 min*
(PACD_2F × 4 × 1 × 3) / 365	PACD_3F = 4	Calculate EE for > 60 min*

#### **ICE HOCKEY:**

Value of PACDDEEG	Condition(s)	Description
0	PACD_3G = NA	Did not participate in activity
0	(PACD_3G = DK, R, NS)	Required question was not answered
		(don't know, refusal, not stated)
$(PACD_2G \times 4 \times .2167 \times 6) / 365$	PACD_3G = 1	Calculate EE for < 15 min*
(PACD_2G × 4 × .3833 × 6) / 365	PACD_3G = 2	Calculate EE for 16 to 30 min*
(PACD_2G × 4 × .75 × 6) / 365	PACD_3G = 3	Calculate EE for 31 to 60 min*
(PACD_2G × 4 × 1 × 6) / 365	PACD_3G = 4	Calculate EE for > 60 min*

### **ICE SKATING:**

Value of PACDDEEH	Condition(s)	Description
0	PACD_3H = NA	Did not participate in activity
0	(PACD_3H = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
$(PACD_2H \times 4 \times .2167 \times 4) / 365$	PACD_3H = 1	Calculate EE for < 15 min*
$(PACD_2H \times 4 \times .3833 \times 4) / 365$	PACD_3H = 2	Calculate EE for 16 to 30 min*
$(PACD_2H \times 4 \times .75 \times 4) / 365$	PACD_3H = 3	Calculate EE for 31 to 60 min*
$(PACD_2H \times 4 \times 1 \times 4) / 365$	PACD_3H = 4	Calculate EE for > 60 min*

### **IN-LINE SKATING OR ROLLERBLADING:**

Value of PACDDEEI	Condition(s)	Description
0	PACD_3I = NA	Did not participate in activity
0	(PACD_3I = DK, R, NS)	Required question was not answered
		(don't know, refusal, not stated)
$(PACD_2I \times 4 \times .2167 \times 5) / 365$	PACD_3I = 1	Calculate EE for < 15 min*
(PACD_2I × 4 × .3833 × 5) / 365	PACD_3I = 2	Calculate EE for 16 to 30 min*
$(PACD_2I \times 4 \times .75 \times 5) / 365$	PACD_3I = 3	Calculate EE for 31 to 60 min*
$(PACD_21 \times 4 \times 1 \times 5) / 365$	PACD_3I = 4	Calculate EE for > 60 min*

#### **JOGGING OR RUNNING:**

Value of PACDDEEJ	Condition(s)	Description
0	PACD_3J = NA	Did not participate in activity
0	(PACD_3J = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
$(PACD_2J \times 4 \times .2167 \times 9.5) / 365$	PACD_3J = 1	Calculate EE for < 15 min*
$(PACD_2J \times 4 \times .3833 \times 9.5) / 365$	PACD_3J = 2	Calculate EE for 16 to 30 min*
$(PACD_2J \times 4 \times .75 \times 9.5) / 365$	PACD_3J = 3	Calculate EE for 31 to 60 min*
$(PACD_2J \times 4 \times 1 \times 9.5) / 365$	PACD_3J = 4	Calculate EE for > 60 min*

#### **GOLFING:**

Value of PACDDEEK	Condition(s)	Description
0	PACD_3K = NA	Did not participate in activity
0	$(PACD_3K = DK, R, NS)$	Required question was not answered (don't know, refusal, not stated)
(PACD_2K × 4 × .2167 × 4) / 365	PACD_3K = 1	Calculate EE for < 15 min*
(PACD_2K × 4 × .3833 × 4) / 365	PACD_3K = 2	Calculate EE for 16 to 30 min*
$(PACD_2K \times 4 \times .75 \times 4) / 365$	PACD_3K = 3	Calculate EE for 31 to 60 min*
(PACD_2K × 4 × 1 × 4) / 365	PACD_3K = 4	Calculate EE for > 60 min*

#### **EXERCISE CLASS OR AEROBICS:**

Value of PACDDEEL	Condition(s)	Description
0	PACD_3L = NA	Did not participate in activity
0	$(PACD_3L = DK, R, NS)$	Required question was not answered
		(don't know, refusal, not stated)
(PACD_2L × 4 × .2167 × 4) / 365	PACD_3L = 1	Calculate EE for < 15 min*
(PACD_2L × 4 × .3833 × 4) / 365	PACD_3L = 2	Calculate EE for 16 to 30 min*
(PACD_2L × 4 × .75 × 4) / 365	PACD_3L = 3	Calculate EE for 31 to 60 min*
(PACD_2L × 4 × 1 × 4) / 365	PACD_3L = 4	Calculate EE for > 60 min*

#### DOWNHILL SKIING OR SNOWBOARDING:

Value of PACDDEEM	Condition(s)	Description
0	PACD_3M = NA	Did not participate in activity
0	$(PACD_3M = DK, R, NS)$	Required question was not answered
		(don't know, refusal, not stated)
$(PACD_2M \times 4 \times .2167 \times 4) / 365$	$PACD_3M = 1$	Calculate EE for < 15 min*
$(PACD_2M \times 4 \times .3833 \times 4) / 365$	$PACD_3M = 2$	Calculate EE for 16 to 30 min*
$(PACD_2M \times 4 \times .75 \times 4) / 365$	$PACD_3M = 3$	Calculate EE for 31 to 60 min*
$(PACD_2M \times 4 \times 1 \times 4) / 365$	$PACD_3M = 4$	Calculate EE for > 60 min*

#### **BOWLING:**

Value of PACDDEEN	Condition(s)	Description
0	PACD_3N = NA	Did not participate in activity
0	(PACD_3N = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
(PACD_2N × 4 × .2167 × 2) / 365	PACD_3N = 1	Calculate EE for < 15 min*
$(PACD_2N \times 4 \times .3833 \times 2) / 365$	PACD_3N = 2	Calculate EE for 16 to 30 min*
$(PACD_2N \times 4 \times .75 \times 2) / 365$	PACD_3N = 3	Calculate EE for 31 to 60 min*
$(PACD_2N \times 4 \times 1 \times 2) / 365$	PACD_3N = 4	Calculate EE for > 60 min*

#### **BASEBALL OR SOFTBALL:**

Value of PACDDEEO	Condition(s)	Description
0	PACD_3O = NA	Did not participate in activity
0	(PACD_3O = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
(PACD_2O × 4 × .2167 × 3) / 365	PACD_3O = 1	Calculate EE for < 15 min*
$(PACD_2O \times 4 \times .3833 \times 3) / 365$	PACD_3O = 2	Calculate EE for 16 to 30 min*
$(PACD_2O \times 4 \times .75 \times 3) / 365$	PACD_3O = 3	Calculate EE for 31 to 60 min*
(PACD_2O × 4 × 1 × 3) / 365	PACD_3O = 4	Calculate EE for > 60 min*

#### **TENNIS:**

Value of PACDDEEP	Condition(s)	Description
0	PACD_3P = NA	Did not participate in activity
0	$(PACD_3P = DK, R, NS)$	Required question was not answered
		(don't know, refusal, not stated)
$(PACD_2P \times 4 \times .2167 \times 4) / 365$	PACD_3P = 1	Calculate EE for < 15 min*
$(PACD_2P \times 4 \times .3833 \times 4) / 365$	PACD_3P = 2	Calculate EE for 16 to 30 min*
$(PACD_2P \times 4 \times .75 \times 4) / 365$	PACD_3P = 3	Calculate EE for 31 to 60 min*
$(PACD_2P \times 4 \times 1 \times 4) / 365$	$PACD_3P = 4$	Calculate EE for > 60 min*

#### **WEIGHT-TRAINING:**

Value of PACDDEEQ	Condition(s)	Description
0	PACD_3Q = NA	Did not participate in activity
0	(PACD_3Q = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
(PACD_2Q × 4 × .2167 × 3) / 365	PACD_3Q = 1	Calculate EE for < 15 min*
(PACD_2Q × 4 × .3833 × 3) / 365	PACD_3Q = 2	Calculate EE for 16 to 30 min*
(PACD_2Q × 4 × .75 × 3) / 365	PACD_3Q = 3	Calculate EE for 31 to 60 min*
(PACD_2Q × 4 × 1 × 3) / 365	PACD_3Q = 4	Calculate EE for > 60 min*

### FISHING:

Value of PACDDEER	Condition(s)	Description
0	PACD_3R = NA	Did not participate in activity
0	$(PACD_3R = DK, R, NS)$	Required question was not answered
		(don't know, refusal, not stated)
(PACD_2R × 4 × .2167 × 3) / 365	PACD_3R = 1	Calculate EE for < 15 min*
(PACD_2R × 4 × .3833 × 3) / 365	PACD_3R = 2	Calculate EE for 16 to 30 min*
(PACD_2R × 4 × .75 × 3) / 365	PACD_3R = 3	Calculate EE for 31 to 60 min*
(PACD_2R × 4 × 1 × 3) / 365	PACD_3R = 4	Calculate EE for > 60 min*

#### **VOLLEYBALL:**

Value of PACDDEES	Condition(s)	Description
0	PACD_3S = NA	Did not participate in activity
0	(PACD_3S = DK, R, NS)	Required question was not answered
		(don't know, refusal, not stated)
(PACD_2S × 4 × .2167 × 5) / 365	PACD_3S = 1	Calculate EE for < 15 min*
(PACD_2S × 4 × .3833 × 5) / 365	PACD_3S = 2	Calculate EE for 16 to 30 min*
$(PACD_2S \times 4 \times .75 \times 5) / 365$	PACD_3S = 3	Calculate EE for 31 to 60 min*
(PACD_2S × 4 × 1 × 5) / 365	PACD_3S = 4	Calculate EE for > 60 min*

#### **BASKETBALL**:

Value of PACDDEET	Condition(s)	Description
0	PACD_3T = NA	Did not participate in activity
0	(PACD_3T = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
(PACD_2T × 4 × .2167 × 6) / 365	PACD_3T = 1	Calculate EE for < 15 min*
$(PACD_2T \times 4 \times .3833 \times 6) / 365$	PACD_3T = 2	Calculate EE for 16 to 30 min*
$(PACD_2T \times 4 \times .75 \times 6) / 365$	PACD_3T = 3	Calculate EE for 31 to 60 min*
$(PACD_2T \times 4 \times 1 \times 6) / 365$	PACD_3T = 4	Calculate EE for > 60 min*

SOCCER (Z):

33321 (2):		
Value of PACDDEEZ	Condition(s)	Description
0	PACD_3Z = NA	Did not participate in activity
0	$(PACD_3Z = DK, R, NS)$	Required question was not answered (don't know, refusal, not stated)
(PACD_2Z × 4 × .2167 × 5) / 365	PACD_3Z = 1	Calculate EE for < 15 min*
$(PACD_2Z \times 4 \times .3833 \times 5) / 365$	PACD_3Z = 2	Calculate EE for 16 to 30 min*
$(PACD_2Z \times 4 \times .75 \times 5) / 365$	PACD_3Z = 3	Calculate EE for 31 to 60 min*
(PACD_2Z × 4 × 1 × 5) / 365	PACD_3Z = 4	Calculate EE for > 60 min*

OTHER (U):

Value of PACDDEEU	Condition(s)	Description
0	PACD_3U = NA	Did not participate in activity
0	$(PACD_3U = DK, R, NS)$	Required question was not answered (don't know, refusal, not stated)
(PACD_2U × 4 × .2167 × 4) / 365	PACD_3U = 1	Calculate EE for < 15 min*
(PACD_2U × 4 × .3833 × 4) / 365	PACD_3U = 2	Calculate EE for 16 to 30 min*
$(PACD_2U \times 4 \times .75 \times 4) / 365$	PACD_3U = 3	Calculate EE for 31 to 60 min*
(PACD_2U × 4 × 1 × 4) / 365	PACD_3U = 4	Calculate EE for > 60 min*

OTHER (W):

Value of PACDDEEW	Condition(s)	Description
0	PACD_3W = NA	Did not participate in activity
0	$(PACD_3W = DK, R, NS)$	Required question was not answered
		(don't know, refusal, not stated)
$(PACD_2W \times 4 \times .2167 \times 4) / 365$	PACD_3W = 1	Calculate EE for < 15 min*
$(PACD_2W \times 4 \times .3833 \times 4) / 365$	PACD_3W = 2	Calculate EE for 16 to 30 min*
$(PACD_2W \times 4 \times .75 \times 4) / 365$	PACD_3W = 3	Calculate EE for 31 to 60 min*
$(PACD_2W \times 4 \times 1 \times 4) / 365$	PACD_3W = 4	Calculate EE for > 60 min*

### OTHER (X):

Value of PACDDEEX	Condition(s)	Description
0	PACD_3X = NA	Did not participate in activity
0	(PACD_3X = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
(PACD_2X × 4 × .2167 × 4) / 365	PACD_3X = 1	Calculate EE for < 15 min*
$(PACD_2X \times 4 \times .3833 \times 4) / 365$	PACD_3X = 2	Calculate EE for 16 to 30 min*
$(PACD_2X \times 4 \times .75 \times 4) / 365$	PACD_3X = 3	Calculate EE for 31 to 60 min*
$(PACD_2X \times 4 \times 1 \times 4) / 365$	PACD_3X = 4	Calculate EE for > 60 min*

<sup>\*</sup> Times were assigned an average duration value for the calculation, as with NPHS: (13 minutes or .2167 hour, 23 minutes or .3833 hour, 45 minutes or .75 hour, 60 minutes or 1 hour)

Beginning in CCHS cycle 2.1, the list of activities (PACD\_1n) has changed slightly from previous CCHS cycles: The activity "Soccer" was asked explicitly in Cycle 2.1. For 1.1 and 1.2, this activity was part of the "Other" activities.

For NPHS, the list of activities has changed slightly since Cycle 1: "Skating" was changed to "Ice-skating" starting in Cycle 2. "In-line skating or roller-blading" was added starting in Cycle 3. "Yoga or tai-chi" was dropped after Cycle 1 and "Basketball" was added. "Cross-country skiing" was on the list for Cycles 1 and 2 only. "Soccer" is not asked on NPHS.

#### TOTAL:

Value of PACDDEE	Condition(s)	Description
99.6 (NA)	PACD_1V = NA	Population exclusion (respondents aged < 12)
99.9 (NS)	(PACD_1V = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
0	PACD_1V = 1	No physical activity
PACDDEEA + PACDDEEB +	0 <= PACDDEEA < NA and	Total daily energy expenditure
PACDDEEC + PACDDEED +	0 <= PACDDEEB < NA and	(kcal/kg/day)
PACDDEEE + PACDDEEF +	0 <= PACDDEEC < NA and	
PACDDEEG + PACDDEEH +	0 <= PACDDEED < NA and	
PACDDEEI + PACDDEEJ +	0 <= PACDDEEE < NA and	
PACDDEEK + PACDDEEL +	0 <= PACDDEEF < NA and	
PACDDEEM + PACDDEEN +	0 <= PACDDEEG < NA and	
PACDDEEO + PACDDEEP +	0 <= PACDDEEH < NA and	
PACDDEEQ + PACDDEER +	0 <= PACDDEEI < NA and	
PACDDEES + PACDDEET +	0 <= PACDDEEJ < NA and	
PACDDEEZ + PACDDEEU +	0 <= PACDDEEK < NA and	
PACDDEEW + PACDDEEX	0 <= PACDDEEL < NA and	
	0 <= PACDDEEM < NA and	
(rounded to one decimal place)	0 <= PACDDEEN < NA and	
	0 <= PACDDEEO < NA and	
(min: 0.0; max: 99.5)	0 <= PACDDEEP < NA and	
	0 <= PACDDEEQ < NA and	
	0 <= PACDDEER < NA and	
	0 <= PACDDEES < NA and	
	0 <= PACDDEET < NA and	
	0 <= PACDDEEZ < NA and	
	0 <= PACDDEEU < NA and	
	0 <= PACDDEEW < NA and	
	0 <= PACDDEEX < NA	

#### 2) Participant in leisure physical activity

Variable name: PACDFLEI Based on: PACD\_1V

Description: This variable indicates whether the respondent participated in any leisure physical activities in the

three months prior to the interview. **Source:** Ontario Health Survey

Note: This variable applies to respondents aged 12 and over.

Value of PACDFLEI	Condition(s)	Description
6 (NA)	PACD_1V = NA	Population exclusion
		(respondents aged < 12)
9 (NS)	$(PACD_1V = DK, R, NS)$	Required question was not answered
		(don't know, refusal, not stated)
2	PACD_1V = 1	Does not participate in leisure
		physical activity
1	PACD_1V = 2	Participates in leisure physical activity

### 3) Average monthly frequency of physical activity lasting over 15 minutes

Variable name: PACDDFM

Based on: PACD\_1V, PACD\_2A, PACD\_2B, PACD\_2C, PACD\_2D, PACD\_2E, PACD\_2F, PACD\_2G, PACD\_2H, PACD\_2I, PACD\_2J, PACD\_2K, PACD\_2L, PACD\_2M, PACD\_2N, PACD\_2O, PACD\_2P, PACD\_2Q, PACD\_2R, PACD\_2S, PACD\_2T, PACD\_2Z, PACD\_2U, PACD\_2W, PACD\_2X, PACD\_3A, PACD\_3B, PACD\_3C, PACD\_3D, PACD\_3E, PACD\_3F, PACD\_3G, PACD\_3H, PACD\_3I, PACD\_3J, PACD\_3K, PACD\_3L, PACD\_3M, PACD\_3N, PACD\_3O, PACD\_3P, PACD\_3Q, PACD\_3R, PACD\_3S, PACD\_3T, PACD\_3U, PACD\_3W, PACD\_3X

**Description:** This variable measures the total <u>number of times per month</u> that respondents took part in a physical activity(ies) lasting more than 15 minutes.

Note (1): This variable applies to respondents aged 12 and over.

**Note (2):** The survey questions refer to "the past three months". This variable calculates a one-month average by dividing the total reported frequency by three.

Source: Ontario Health Survey

**Temporary reformats** 

Condition(s)	Action
If (PACD_3A = 1, NA, DK, R, NS) then PACDT2A = 0	Set all values for PACD_2n (number of
If (PACD_3B = 1, NA, DK, R, NS) then PACDT2B = 0	times/3months respondents did physical activity)
If (PACD_3C = 1, NA, DK, R, NS) then PACDT2C = 0	to 0 if PACD_3n is 1 (1 to 15 minutes), NA (did
If (PACD_3D = 1, NA, DK, R, NS) then PACDT2D = 0	not participate in activity), or DK, R, NS (did not
If (PACD_3E = 1, NA, DK, R, NS) then PACDT2E = 0	answer question)
If (PACD_3F = 1, NA, DK, R, NS) then PACDT2F = 0	
If (PACD_3G = 1, NA, DK, R, NS) then PACDT2G = 0	
If (PACD_3H = 1, NA, DK, R, NS) then PACDT2H = 0	
If (PACD_3I = 1, NA, DK, R, NS) then PACDT2I = 0	
If (PACD_3J = 1, NA, DK, R, NS) then PACDT2J = 0	
If (PACD_3K = 1, NA, DK, R, NS) then PACDT2K = 0	
If (PACD_3L = 1, NA, DK, R, NS) then PACDT2L = 0	
If (PACD_3M = 1, NA, DK, R, NS) then PACDT2M = 0	
If (PACD_3N = 1, NA, DK, R, NS) then PACDT2N = 0	
If (PACD_3O = 1, NA, DK, R, NS) then PACDT2O = 0	
If (PACD_3P = 1, NA, DK, R, NS) then PACDT2P = 0	
If (PACD_3Q = 1, NA, DK, R, NS) then PACDT2Q = 0	
If (PACD_3R = 1, NA, DK, R, NS) then PACDT2R = 0	
If (PACD_3S = 1, NA, DK, R, NS) then PACDT2S = 0	
If (PACD_3T = 1, NA, DK, R, NS) then PACDT2T = 0	
If (PACD_3Z = 1, NA, DK, R, NS) then PACDT2Z = 0	
If (PACD_3U = 1, NA, DK, R, NS) then PACDT2U = 0	
If (PACD_3W = 1, NA, DK, R, NS) then PACDT2W = 0	
If (PACD_3X = 1, NA, DK, R, NS) then PACDT2X = 0	

Value of PACDDFM	Condition(s)	Description
996 (NA)	PACD_1V = NA	Population exclusion (respondents aged < 12)
999 (NS)	(PACD_1V = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
0	PACD_1V=1	No physical activity
(PACDT2A + PACDT2B +	0 <= PACDT2A < NA and	Monthly frequency of all physical
PACDT2C + PACDT2D +	0 <= PACDT2B < NA and	activity lasting over 15 minutes
PACDT2E + PACDT2F +	0 <= PACDT2C < NA and	
PACDT2G + PACDT2H +	0 <= PACDT2D < NA and	
PACDT2I + PACDT2J +	0 <= PACDT2E < NA and	
PACDT2K + PACDT2L +	0 <= PACDT2F < NA and	
PACDT2M + PACDT2N +	0 <= PACDT2G < NA and	
PACDT2O + PACDT2P +	0 <= PACDT2H < NA and	
PACDT2Q + PACDT2R +	0 <= PACDT2I < NA and	
PACDT2S + PACDT2T +	0 <= PACDT2J < NA and	
PACDT2Z + PACDT2U +	0 <= PACDT2K < NA and	
PACDT2W +	0 <= PACDT2L < NA and	
PACDT2X) / 3	0 <= PACDT2M < NA and	
	0 <= PACDT2N < NA and	
(rounded to nearest integer)	0 <= PACDT2O < NA and	
	0 <= PACDT2P < NA and	
(min: 0; max: 995)	0 <= PACDT2Q < NA and	
	0 <= PACDT2R <na and<="" td=""><td></td></na>	
	0 <= PACDT2S < NA and	
	0 <= PACDT2T < NA and	
	0 <= PACDT2Z < NA and	
	0 <= PACDT2U < NA and	
	0 <= PACDT2W < NA and	
	0 <= PACDT2X < NA	

## 4) Frequency of all physical activity lasting over 15 minutes

Variable name: PACDDFR Based on: PACDDFM

**Description:** This variable classifies respondents according to their pattern, or regularity of physical activity lasting more than 15 minutes.

Note (1): This variable applies to respondents aged 12 and over.

**Note (2):** This variable uses values for the derived variable "Average monthly frequency of physical activity lasting over 15 minutes" (PACDDFM). The values for PACDDFM reflect a one-month average based on data reported for a three-month period.

Value of PACDDFR	Condition(s)	Description
6 (NA)	PACDDFM = NA	Population exclusion (respondents aged < 12)
9 (NS)	PACDDFM = NS	Required question was not answered (don't know, refusal, not stated)
1	12 <= PACDDFM < NA	Regular practice of activities
2	4 <= PACDDFM < 12	Occasional practice of activities
3	PACDDFM < 4	Infrequent practice of activities

#### 5) Participant in daily physical activity lasting over 15 minutes

Variable name: PACDFD Based on: PACDDFM

Description: This variable indicates whether the respondent participated daily in physical activity lasting over 15

minutes.

Note (1): This variable applies to respondents aged 12 and over.

**Note (2):** The variable is based on values for "Average monthly frequency of physical activity lasting over 15 minutes" (PACDDFM). Values for PACDDFM reflect a one-month average based on data reported for a three-

month period.

Value of PACDFD	Condition(s)	Description
6 (NA)	PACDDFM = NA	Population exclusion (respondents aged < 12)
9 (NS)	PACDDFM = NS	Required question was not answered (don't know, refusal, not stated)
1	30 <= PACDDFM < NA	Participates in daily physical activity
2	PACDDFM < 30	Does not participate in daily physical activity

#### 6) Physical activity index

Variable name: PACDDPAI
Based on: PACDDEE

Description: This variable categorizes respondents as being "active", "moderate", or "inactive" based on the total

daily Energy Expenditure values (kcal/kg/day) calculated for PACDDEE.

Note (1): This variable applies to respondents aged 12 and over.

Note (2): The Physical Activity Index follows the same criteria used to categorize individuals in the Ontario Health

Survey (OHS) and in the Campbell's Survey on Well Being.

Internet site: Campbell Survey on Well-Being in Canada: <a href="www.cflri.ca/cflri/pa/surveys/88survey.html">www.cflri.ca/cflri/pa/surveys/88survey.html</a>

Value of PACDDPAI	Condition(s)	Description
6 (NA)	PACDDEE = NA	Population exclusion
		(respondents aged < 12)
9 (NS)	PACDDEE = NS	Required question was not answered (don't know, refusal, not stated)
1	3 <= PACDDEE < NA	Active
2	1.5 <= PACDDEE < 3.0	Moderate
3	0 <= PACDDEE < 1.5	Inactive

# **Sedentary Activities (2 DVs)**

#### **Temporary reformats:**

Condition(s)	Description
If SACD_1 = 1 then SACDT1 = 0	Recode to midpoint of response ranges
If SACD_1 = 2 then SACDT1 = 0.5	
If SACD_1 = 3 then SACDT1 = 1.5	
If SACD_1 = 4 then SACDT1 = 4	
If SACD_1 = 5 then SACDT1 = 8	
If SACD_1 = 6 then SACDT1 = 12.5	
If SACD_1 = 7 then SACDT1 = 17.5	
If SACD_1 = 8 then SACDT1 = 20	
If SACD_2 = 1 then SACDT2 = 0	Recode to midpoint of response ranges
If SACD_2 = 2 then SACDT2 = 0.5	
If SACD_2 = 3 then SACDT2 = 1.5	
If SACD_2 = 4 then SACDT2 = 4	
If SACD_2 = 5 then SACDT2 = 8	
If SACD_2 = 6 then SACDT2 = 12.5	
If SACD_2 = 7 then SACDT2 = 17.5	
If SACD_2 = 8 then SACDT2 = 20	
If SACD_3 = 1 then SACDT3 = 0	Recode to midpoint of response ranges
If SACD_3 = 2 then SACDT3 = 0.5	
If SACD_3 = 3 then SACDT3 = 1.5	
If SACD_3 = 4 then SACDT3 = 4	
If SACD_3 = 5 then SACDT3 = 8	
If SACD_3 = 6 then SACDT3 = 12.5	
If SACD_3 = 7 then SACDT3 = 17.5	
If SACD_3 = 8 then SACDT3 = 20	
If SACD_4 = 1 then SACDT4 = 0	Recode to midpoint of response ranges
If SACD_4 = 2 then SACDT4 = 0.5	
If $SACD_4 = 3$ then $SACDT4 = 1.5$	
If SACD_4 = 4 then SACDT4 = 4	
If SACD_4 = 5 then SACDT4 = 8	
If SACD_4 = 6 then SACDT4 = 12.5	
If SACD_4 = 7 then SACDT4 = 17.5	
If SACD_4 = 8 then SACDT4 = 20	

# 1) Total number of hours per week spent in sedentary activities (including reading)

Variable name: SACDDTOT

Based on: SACD\_1, SACD\_2, SACD\_3, SACD\_4

**Description:** This variable estimates the total number of hours the respondent spent in a typical week in the past three months in sedentary activities including playing computer games, using the Internet, playing video games (e.g. Nintendo, Play station), watching television or video, and <u>reading.</u> For all activities, the time spent at school or work is excluded.

Note: This variable applies to youth aged 12 to 17.

**Temporary variable SAC** 

Value of SAC	Condition(s)	Description
96 (NA)	SACDT1 = NA	Population exclusion
99 (NS)	(SACDT1 = DK, R, NS) or (SACDT2 = DK, R, NS) or (SACDT3 = DK, R, NS) or (SACDT4 = DK, R, NS)	At least one required question was not answered (don't know, refusal, not stated)
SACDT1 + SACDT2 + SACDT3 + SACDT4	(0 <= SACDT1 <= 20) and (0 <= SACDT2 <= 20) and (0 <= SACDT3 <= 20) and (0 <= SACDT4 <= 20)	Total number of hours per week spent in sedentary activities including reading

Use total from SAC to assign value to SACDDTOT

Value of SACDDTOT	Condition(s)	Description
96 (NA)	SAC = NA	Population exclusion
99 (NS)	SAC = NS	At least one required question was not answered (don't know, refusal, not stated
1	(0 <= SAC < 5)	Less than 5 hours
2	(5 <= SAC < 10)	From 5 to 9 hours
3	(10 <= SAC < 15)	From 10 to 14 hours
4	(15 <= SAC < 20)	From 15 to 19 hours
5	(20 <= SAC < 25)	From 20 to 24 hours
6	(25 <= SAC < 30)	From 25 to 29 hours
7	(30 <= SAC < 35)	From 30 to 34 hours
8	(35 <= SAC < 40)	From 35 to 39 hours
9	(40 <= SAC < 45)	From 40 to 44 hours
10	(45 <= SAC < NA)	45 hours or more

# 2) Total number of hours per week spent in sedentary activities (excluding reading)

Variable name: SACDDTER

Based on: SACD\_1, SACD\_2, SACD\_3

**Description:** This variable estimates the total number of hours the respondent spent in a typical week in the past three months in sedentary activities including playing computer games, using the Internet, playing video games (e.g. Nintendo, Play station), and watching television or video. For all activities, the time spent at school or work is excluded.

Note: This variable applies to youth aged 12 to 17.

**Temporary variable TER** 

Value of TER	Condition(s)	Description
96 (NA)	SACDT1 = NA	Population exclusion
99 (NS)	(SACDT1 = DK, R, NS) or (SACDT2 = DK, R, NS) or (SACDT3 = DK, R, NS)	At least one required question was not answered (don't know, refusal, not stated)
SACDT1 + SACDT2 + SACDT3	(0 <= SACDT1 <= 20) and (0 <= SACDT2 <= 20) and (0 <= SACDT3 <= 20)	Total number of hours per week spent in sedentary activities excluding reading

Use total from TER to assign value to SACDDTER

Value of SACDDTER	Condition(s)	Description
96 (NA)	TER = NA	Population exclusion
99 (NS)	TER = NS	At least one required question was not answered (don't know, refusal, not stated
1	(0 <= TER < 5)	Less than 5 hours
2	(5 <= TER < 10)	From 5 to 9 hours
3	(10 <= TER < 15)	From 10 to 14 hours
4	(15 <= TER < 20)	From 15 to 19 hours
5	(20 <= TER < 25)	From 20 to 24 hours
6	(25 <= TER < 30)	From 25 to 29 hours
7	(30 <= TER < 35)	From 30 to 34 hours
8	(35 <= TER < 40)	From 35 to 39 hours
9	(40 <= TER < 45)	From 40 to 44 hours
10	(45 <= TER < NA)	45 hours or more

# **Children's Physical Activity (2 DVs)**

**Temporary reformats** 

Condition(s)	Description
If CPAD_3 = 1 then CPADT3 = 0 If CPAD_3 = 2 then CPADT3 = 0.5 If CPAD_3 = 3 then CPADT3 = 2.5 If CPAD_3 = 4 then CPADT3 = 5 If CPAD_3 = 5 then CPADT3 = 7	Recode to midpoint of response ranges
If CPAD_4 = 1 then CPADT4 = 0 If CPAD_4 = 2 then CPADT4 = 0.5 If CPAD_4 = 3 then CPADT4 = 2.5 If CPAD_4 = 4 then CPADT4 = 5 If CPAD_4 = 5 then CPADT4 = 7	Recode to midpoint of response ranges
If CPAD_5 = 1 then CPADT5 = 0 If CPAD_5 = 2 then CPADT5 = 0.5 If CPAD_5 = 3 then CPADT5 = 2.5 If CPAD_5 = 4 then CPADT5 = 5 If CPAD_5 = 5 then CPADT5 = 7	Recode to midpoint of response ranges
If CPAD_6 = 1 then CPADT6 = 0 If CPAD_6 = 2 then CPADT6 = 0.5 If CPAD_6 = 3 then CPADT6 = 2.5 If CPAD_6 = 4 then CPADT6 = 5 If CPAD_6 = 5 then CPADT6 = 7	Recode to midpoint of response ranges
If CPAD_7 = 1 then CPADT7 = 0 If CPAD_7 = 2 then CPADT7 = 0.5 If CPAD_7 = 3 then CPADT7 = 1.5 If CPAD_7 = 4 then CPADT7 = 3.5 If CPAD_7 = 5 then CPADT7 = 5.5 If CPAD_7 = 6 then CPADT7 = 7	Recode to midpoint of response ranges
If CPAD_8 = 1 then CPADT8 = 0 If CPAD_8 = 2 then CPADT8 = 0.5 If CPAD_8 = 3 then CPADT8 = 1.5 If CPAD_8 = 4 then CPADT8 = 3.5 If CPAD_8 = 5 then CPADT8 = 5.5 If CPAD_8 = 6 then CPADT8 = 7	Recode to midpoint of response ranges

# 1) Total number of hours per week participated in physical activities

Variable name: CPADDTOT

Based on: CPAD\_3, CPAD\_4, CPAD\_5, CPAD\_6

Description: This variable estimates the total number of hours per week the child usually takes part in physical

activities at school or outside of school.

Note: This variable applies to children aged 6 to 11.

Value of CPADDTOT	Condition(s)	Description
96 (NA)	CPAD_1 = NA	Population exclusion
99 (NS)	(CPAD_3 = DK, R, NS) or (CPAD_4 = DK, R, NS) or (CPAD_5 = DK, R, NS) or (CPAD_6 = DK, R, NS)	At least one required question was not answered (don't know, refusal, not stated)
CPADT3 + CPADT4 + CPADT5 + CPADT6	(0 <= CPADT3 <= 7) and (0 <= CPADT4 <= 7) and (0 <= CPADT5 <= 7) and	Total number of hours per week participated in physical activities
(rounded to nearest whole number) (min: 0; max: 28)	(0 <= CPADT6 <= 7)	

# 2) Total number of hours per day spent in sedentary activities

Variable name: CPADDSAC Based on: CPAD\_7, CPAD\_8

**Description:** This variable estimates the total number of hours per day the child aged 6 to 11 participates in sedentary activities including watching TV or videos, playing videogames, and spending time on a computer

playing games, e-mailing, chatting and surfing the Internet.

Note: This variable applies to children aged 6 to 11.

Value of CPADDSAC	Condition(s)	Description
99.6 (NA)	CPAD_1 = NA	Population exclusion
99.9 (NS)	(CPAD_7 = DK, R, NS) or (CPAD_8 = DK, R, NS)	At least one required question was not answered (don't know, refusal, not stated)
CPADT7 + CPADT8  (rounded to nearest 0.5) (min: 0.0; max: 14.0)	(0 <= CPADT7 <= 7) and (0 <= CPADT8 <= 7)	Total number of hours per day participated in sedentary activities (e.g. watching TV, spending time on a computer)

# Height, Weight, and Body Mass Index - Self Reported (5 DVs)

### 1) Height (metres) – self-reported, grouped

Variable name: HWTDGHTM

Based on: HWTD\_2, HWTD\_2A, HWTD\_2B, HWTD\_2C, HWTD\_2D, HWTD\_2E, HWTD\_2F

**Description:** This variable indicates the respondent's self-reported height in metres.

Note (1): This variable applies to respondents aged 2 and over.

**Note (2):** During sample selection of CCHS Cycle 2.2, 10% of the sample <u>aged 18 and over</u> were assigned the code HWTDFDO = 2 (DOMEAS = 2). Respondents with HWTDFDO = 2 were first asked to self-report their height and weight and then have their height and weight measured by the interviewer. That is, for this group of respondents it was expected to collect both <u>measured</u> and <u>self-reported</u> body measurements. The remaining sample was assigned the code HWTDFDO = 1 (DOMEAS = 1). For this group of respondents it was expected to collect only measured height and weight.

However, in cases where a respondent with HWTDFDO = 1 did not grant the interviewer the permission to take the measurements (i.e. MHWD\_5C = 2) or where the interviewer could not measure the respondent's height and weight because he/she was in a wheelchair or unable to stand unassisted, then the respondent was asked to self-report his/her body measurements. If a respondent with HWTDFDO = 1 was too tall, the interviewer was instructed to ask for permission to measure his/her WEIGHT (i.e. Question MHWD\_5A), but ask the respondent to self-report his/her HEIGHT.

**Technical Specs:** In order to ensure certain individuals were not identifiable, some records have been collapsed as indicated in the table entitled "Collapsed extreme values of HWTDGHTM" below.

Value of HWTDGHTM	Condition(s)	Description
9.996 (NA)	DHHD_AGE < 2 or (HWTDFDO = 1 and MHWD_5C = 1) or [HWTDFDO = 1 and (MHWD_5C = 2 or MHWD_N1 = 1 or MHWD_N1C = 2) and MHWD_9 = 2]	Population exclusion
9.999 (NS)	(HWTD_2 = DK, R, NS) or (HWTD_2A = DK, R, NS) or (HWTD_2B = DK, R, NS) or (HWTD_2C = DK, R, NS) or (HWTD_2D = DK, R, NS) or (HWTD_2E = DK, R, NS) or (HWTD_2F = DK, R, NS)	At least one required question was not answered (don't know, refusal, not stated)
0.279	$HWTn_2 = 0$	Less than 0.292 metres
0.305	HWTn_2 = 1 and HWTn_2A = 0	0.292 to 0.317 metres
0.330	HWTn_2 = 1 and HWTn_2A = 1	0.318 to 0.342 metres
0.356	HWTn_2 = 1 and HWTn_2A = 2	0.343 to 0.367 metres
0.381	HWTn_2 = 1 and HWTn_2A = 3	0.368 to 0.393 metres
0.406	HWTn_2 = 1 and HWTn_2A = 4	0.394 to 0.418 metres
0.432	HWTn_2 = 1 and HWTn_2A = 5	0.419 to 0.444 metres
0.457	HWTn_2 = 1 and HWTn_2A = 6	0.445 to 0.469 metres
0.483	HWTn_2 = 1 and HWTn_2A = 7	0.470 to 0.494 metres

0.508	$HWTn_2 = 1$ and $HWTn_2A = 8$	0.495 to 0.520 metres
0.533	HWTn_2 = 1 and HWTn_2A = 9	0.521 to 0.545 metres
0.559	HWTn_2 = 1 and HWTn_2A = 10	0.546 to 0.571 metres
0.584	HWTn_2 = 1 and HWTn_2A = 11	0.572 to 0.596 metres
0.610	HWTn_2 = 2 and HWTn_2B = 0	0.597 to 0.621 metres
0.635	HWTn_2B = 0 HWTn_2 = 2 and HWTn_2B = 1	0.622 to 0.647 metres
0.660	HWTn_2B = 1 HWTn_2 = 2 and HWTn_2B = 2	0.648 to 0.672 metres
0.686	HWTn_2B = 2 HWTn_2 = 2 and HWTn_2B = 3	0.673 to 0.698 metres
0.711	HWTn_2 = 2 and	0.699 to 0.723 metres
0.737	HWTn_2B = 4 HWTn_2 = 2 and HWTn_2B = 5	0.724 to 0.748 metres
0.762	HWTn_2B = 5 HWTn_2 = 2 and HWTn_2B = 6	0.749 to 0.774 metres
0.787	HWTn_2B = 0 HWTn_2 = 2 and HWTn_2B = 7	0.775 to 0.799 metres
0.813	HWTn_2B = 7 HWTn_2 = 2 and HWTn_2B = 8	0.800 to 0.825 metres
0.838	HWTn_2B = 0 HWTn_2 = 2 and HWTn_2B = 9	0.826 to 0.850 metres
0.864	HWTn_2B = 7 HWTn_2 = 2 and HWTn_2B = 10	0.851 to 0.875 metres
0.889	HWTn_2 = 2 and HWTn_2B = 11	0.876 to 0.901 metres
0.914	HWTn_2 = 3 and HWTn_2C = 0	0.902 to 0.926 metres
0.940	HWTn_2 = 3 and HWTn_2C = 1	0.927 to 0.952 metres
0.965	HWTn_2 = 3 and HWTn_2C = 2	0.953 to 0.977 metres
0.991	HWTn_2 = 3 and HWTn_2C = 3	0.978 to 1.002 metres
1.016	HWTn_2 = 3 and HWTn_2C = 4	1.003 to 1.028 metres
1.041	HWTn_2 = 3 and HWTn_2C = 5	1.029 to 1.053 metres
1.067	HWTn_2 = 3 and HWTn_2C = 6	1.054 to 1.079 metres
1.092	HWTn_2 = 3 and HWTn_2C = 7	1.080 to 1.104 metres
1.118	HWTn_2 = 3 and HWTn_2C = 8	1.105 to 1.129 metres
1.143	HWTn_2 = 3 and HWTn_2C = 9	1.130 to 1.155 metres
1.168	HWTn_2 = 3 and HWTn_2C = 10	1.156 to 1.180 metres
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1.194	$HWTn_2 = 3$ and $HWTn_2C = 11$	1.181 to 1.206 metres
1.219	HWTn_2 = 4 and HWTn_2D = 0	1.207 to 1.231 metres
1.245	HWTn_2 = 4 and HWTn_2D = 1	1.232 to 1.256 metres
1.270	HWTn_2 = 4 and	1.257 to 1.282 metres
1.295	HWTn_2D = 2 HWTn_2 = 4 and	1.283 to 1.307 metres
1.321	HWTn_2D = 3 HWTn_2 = 4 and	1.308 to 1.333 metres
1.346	HWTn_2D = 4 HWTn_2 = 4 and	1.334 to 1.358 metres
	HWTn_2D = 5 HWTn_2 = 4 and	1.359 to 1.383 metres
1.372	$- \frac{\text{HWTn}_2\text{D} = 6}{\text{HWTn}_2 = 4 \text{ and}}$	
1.397	HWTn_2D = 7 HWTn_2 = 4 and	1.384 to 1.409 metres
1.422	$HWTn_2D = 8$	1.410 to 1.434 meters
1.448	HWTn_2 = 4 and HWTn_2D = 9	1.435 to 1.460 metres
1.473	HWTn_2 = 4 and HWTn_2D = 10	1.461 to 1.485 meters
1.499	HWTn_2 = 4 and HWTn_2D = 11	1.486 to 1.510 metres
1.524	$HWTn_2 = 5$ and $HWTn_2E = 0$	1.511 to 1.536 meters
1.549	$HWTn_2 = 5$ and $HWTn_2E = 1$	1.537 to 1.561 metres
1.575	$HWTn_2 = 5$ and $HWTn_2E = 2$	1.562 to 1.587 metres
1.600	HWTn_2 = 5 and HWTn_2E = 3	1.588 to 1.612 metres
1.626	HWTn_2 = 5 and HWTn_2E = 4	1.613 to 1.637 metres
1.651	HWTn_2 = 5 and HWTn_2E = 5	1.638 to 1.663 metres
1.676	HWTn_2 = 5 and HWTn_2E = 6	1.664 to 1.688 metres
1.702	HWTn_2 = 5 and HWTn_2E = 7	1.689 to 1.714 metres
1.727	HWTn_2 = 5 and HWTn_2E = 8	1.715 to 1.739 metres
1.753	HWTn_2 = 5 and HWTn_2E = 9	1.740 to 1.764 metres
1.778	HWTn_2 = 5 and HWTn_2E = 10	1.765 to 1.790 metres
1.803	HWTn_2 = 5 and HWTn_2E = 11	1.791 to 1.815 metres
1.829	HWTn_2 = 6 and HWTn_2F = 0	1.816 to 1.841 metres
1.854	HWTn_2 = 6 and HWTn_2F = 1	1.842 to 1.866 metres
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1.880	$HWTn_2 = 6$ and $HWTn_2F = 2$	1.867 to 1.891 metres
1.905	HWTn_2 = 6 and HWTn_2F = 3	1.892 to 1.917 metres
1.930	HWTn_2 = 6 and HWTn_2F = 4	1.918 to 1.942 metres
1.956	HWTn_2 = 6 and HWTn_2F = 5	1.943 to 1.968 metres
1.981	HWTn_2 = 6 and HWTn_2F = 6	1.969 to 1.993 metres
2.007	$HWTn_2 = 6$ and $HWTn_2F = 7$	1.994 to 2.018 metres
2.032	HWTn_2 = 6 and HWTn_2F = 8	2.019 to 2.044 metres
2.057	$HWTn_2 = 6$ and $HWTn_2F = 9$	2.045 to 2.069 metres
2.083	$HWTn_2 = 6$ and $HWTn_2F = 10$	2.070 to 2.095 metres
2.108	HWTn_2 = 6 and HWTn_2F = 11	2.096 to 2.120 metres
2.134	$HWTn_2 = 7$	2.121 metres or taller

Collapsed extreme values of HWTDGHTM

Collapsed value	Condition(s)	Description
0.762	DHHD_SEX = 1 and	2-3 year old male shorter than 0.775
	2 <= DHHD_AGE <= 3 and	metres (2'6")
	[HWTD_2 < 2 or	
	(HWTD_2 = 2 and HWTD_2B < 6)]	
0.965	DHHD_SEX = 1 and	4-8 year old male shorter than 0.978
	4 <= DHHD_AGE <= 8 and	metres (3'2")
	[HWTD_2 < 3 or   HWTD_2C + 2)]	
1.219	(HWTD_2 = 3 and HWTD_2C < 2)]  DHHD_SEX = 1 and	9-13 year old male shorter than 1.232
1.219	9 <= DHHD_AGE <= 13 and	metres (4'0")
	HWTD 2 < 4	metres (40)
1.448	DHHD_SEX = 1 and	14-18 year old male shorter than 1.461
1.110	14 <= DHHD_AGE <= 18 and	metres (4'9")
	[HWTD_2 < 4 or	
	$[HWTD_2 = 4 \text{ and } HWTD_2D < 9]$	
1.524	DHHD_SEX = 1 and	19-60 year old male shorter than 1.537
	19 <= DHHD_AGE <= 60 and	metres (5'0")
	HWTD_2 < 5	
1.499	DHHD_SEX = 1 and	male aged 61 or older shorter than 1.511
	DHHD_AGE >= 61 and	metres (4'11")
	[HWTD_2 < 4 or	
	(HWTD_2 = 4 and HWTD_2D <	
. =	11)]	
0.762	DHHD_SEX = 2 and	2-3 year old female shorter than 0.775
	2 <= DHHD_AGE <= 3 and	metres (2'6")
	[HWTD_2 < 2 or   HWTD_2P + 6\]	
0.914	(HWTD_2 = 2 and HWTD_2B < 6)]  DHHD SEX = 2 and	4-8 year old female shorter than 0.927
0.914	4 <= DHHD_AGE <= 8 and	metres (3'0")
	HWTD_2 < 3	11101103 (00)
1.219	DHHD_SEX = 2 and	9-13 year old female shorter than 1.232
1.210	9 <= DHHD_AGE <= 13 and	metres (4'0")
	HWTD_2 < 4	
1.346	DHHD_SEX = 2 and	14-18 year old female shorter than 1.359

	14 <= DHHD_AGE <= 18 and	metres (4'5")
	[HWTD_2 < 4 or	
	$(HWTD_2 = 4 \text{ and } HWTD_2D < 5)]$	
1.397	DHHD_SEX = 2 and	19-60 year old female shorter than 1.410
	19 <= DHHD_AGE <= 60 and	metres (4'7")
	[HWTD_2 < 4 or	
	(HWTD_2 = 4 and HWTD_2D < 7)]	
1.346	DHHD_SEX = 2 and	female aged 61 or older shorter than
	DHHD_AGE >= 61 and	1.359 metres (4'5")
	[HWTD_2 < 4 or	, ,
	(HWTD_2 = 4 and HWTD_2D < 5)]	
1.092	DHHD_SEX = 1 and	2-3 year old male taller than 1.104
	2 <= DHHD_AGE <= 3 and	metres (3'8")
	[HWTD_2 > 3 or	
	$[HWTD_2 = 3 \text{ and } HWTD_2C > 8]$	
1.499	DHHD_SEX = 1 and	4-8 year old male taller than 1.485
1.100	4 <= DHHD_AGE <= 8 and	metres (4'11")
	HWTD_2 > 4	11101100 (4 11 )
1.854	DHHD_SEX = 1 and	9-13 year old male taller than 1.841
1.034	9 <= DHHD_AGE <= 13 and	metres (6'1")
		metres (o i )
	[HWTD_2 > 6 or	
1.056	(HWTD_2 = 6 and HWTD_2F > 1)]	14 19 year old male taller than 4 040
1.956	DHHD_SEX = 1 and	14-18 year old male taller than 1.942
	14 <= DHHD_AGE <= 18 and	metres (6'5")
	[HWTD_2 > 6 or	
1.050	$(HWTD_2 = 6 \text{ and } HWTD_2F > 5)]$	10.00
1.956	DHHD_SEX = 1 and	19-60 year old male taller than 1.942
	19 <= DHHD_AGE <= 60 and	metres (6'5")
	[HWTD_2 > 6 or	
	(HWTD_2 = 6 and HWTD_2F > 5)]	
1.905	DHHD_SEX = 1 and	male aged 61 or older taller than 1.891
	DHHD_AGE >= 61 and	metres (6'3")
	[HWTD_2 > 6 or	
	$(HWTD_2 = 6 \text{ and } HWTD_2F > 3)]$	
1.118	DHHD_SEX = 2 and	2-3 year old female taller than 1.104
	2 <= DHHD_AGE <= 3 and	metres (3'8")
	[HWTD_2 > 3 or	
	(HWTD_2 = 3 and HWTD_2C > 8)]	
1.473	DHHD_SEX = 2 and	4-8 year old female taller than 1.460
	4 <= DHHD_AGE <= 8 and	metres (4'10")
	[HWTD_2 > 4 or	
	(HWTD_2 = 4 and HWTD_2D >	
	10)]	
1.753	DHHD_SEX = 2 and	9-13 year old female taller than 1.739
	9 <= DHHD_AGE <= 13 and	metres (5'9")
	[HWTD_2 > 5 or	
	$[HWTD_2 = 5 \text{ and } HWTD_2E > 9]]$	
1.854	DHHD_SEX = 2 and	14-18 year old female taller than 1.841
	14 <= DHHD_AGE <= 18 and	metres (6'1")
	[HWTD_2 > 6 or	` '
	$[HWTD_2 = 6 \text{ and } HWTD_2F > 1]$	
1.829	DHHD SEX = 2 and	19-60 year old female taller than 1.815
	19 <= DHHD_AGE <= 60 and	metres (6'0")
	[HWTD_2 > 6 or	
	$[HWTD_2 = 6 \text{ and } HWTD_2F > 0]$	
1.778	DHHD_SEX = 2 and	female aged 61 or older taller than 1.764
1.770	DHHD_AGE >= 61 and	metres (5'10")
	[HWTD_2 > 5 or	11101103 (0 10 )
	$[HWTD_2 > 5 \text{ or}]$ $[HWTD_2 = 5 \text{ and } HWTD_2 = 5 \text{ or}]$	
1	$[(I IVV I D_2 = 3 a IIU \Pi VV I D_2 = 5 a IIU \Pi VV I D_3 = 5 a IIU \Pi VV I D_3 = 5 a IIU I D_3$	

#### 2) Weight (kilograms) - self-reported, grouped

Variable name: HWTDGWTK Based on: HWTD\_3, HWTD\_N4

Description: This variable indicates the respondent's self-reported weight in kilograms.

Note (1): This variable applies to respondents aged 2 and over.

**Note (2):** During sample selection of CCHS Cycle 2.2, 10% of the sample <u>aged 18 and over</u> were assigned the code HWTDFDO = 2 (DOMEAS = 2). Respondents with HWTDFDO=2 were first asked to self-report their height and weight and then have their height and weight measured by the interviewer. That is, for this group of respondents it was expected to collect both <u>measured</u> and <u>self-reported</u> body measurements. The remaining sample was assigned the code HWTDFDO = 1 (DOMEAS = 1). For this group of respondents it was expected to collect only measured height and weight.

However, in cases where a respondent with HWTDFDO = 1 did not grant the interviewer the permission to take the measurements (i.e.  $MHWD\_5C = 2$ ) or that the interviewer could not measure the respondent's height and weight because he/she was in a wheelchair or unable to stand unassisted, then the respondent was asked to self-report his/her body measurements.

**Note (3):** The variable HWTDDWTK indicates the weight of the respondent in kilograms, without groupings or collapsing. The variable is not included in the Public Use Microdata File.

**Technical Specs:** In order to ensure certain individuals were not identifiable, some records have been collapsed as indicated in the table entitled "Collapsed extreme values of HWTDGWTK" below.

Value of HWTDGWTK	Condition(s)	Description
999.96 (NA)	DHHD_AGE < 2 or [HWTDFDO = 1 and (MHWD_5C = 1 or (MHWD_5A = 1, 2) or MHWD_9 = 2)]	Population exclusion
999.99 (NS)	(HWTD_3 = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
HWTD_3	HWTD_N4 = 2	Weight in kg
HWTD_3 × 0.45	HWTD_N4 = 1	Weight in kg, converted from lb

Collapsed extreme values of HWTDGWTK

Collapsed value	Condition(s)	Description
11.25	DHHD_SEX = 1 and 2 <= DHHD AGE <= 3 and	2-3 year old male weighing less than 11.25 kilograms
	HWTDDWTK < 11.25	<u>_</u> oog.ao
13.63	DHHD_SEX = 1 and	4-8 year old male weighing less than
	4 <= DHHD_AGE <= 8 and HWTDDWTK < 13.63	13.63 kilograms
24.40	DHHD_SEX = 1 and	9-13 year old male weighing less than
	9 <= DHHD_AGE <= 13 and	24.40 kilograms
	HWTDDWTK < 24.40	
38.50	DHHD_SEX = 1 and	14-18 year old male weighing less than
	14 <= DHHD_AGE <= 18 and	38.50 kilograms
	HWTDDWTK < 38.50	
54.85	DHHD_SEX = 1 and	19-60 year old male weighing less than
	19 <= DHHD_AGE <= 60 and	54.85 kilograms
	HWTDDWTK < 54.85	
51.20	DHHD_SEX = 1 and	male aged 61 or older weighing less than
	DHHD_AGE >= 61 and	51.20 kilograms
	HWTDDWTK < 51.20	
9.54	DHHD_SEX = 2 and	2-3 year old female weighing less than
	2 <= DHHD_AGE <= 3 and	9.54 kilograms
	HWTDDWTK < 9.54	
14.00	DHHD_SEX = 2 and	4-8 year old female weighing less than
	4 <= DHHD_AGE <= 8 and	14.00 kilograms
	HWTDDWTK < 14.00	
22.65	DHHD_SEX = 2 and	9-13 year old female weighing less than

Collapsed value	Condition(s)	Description
	9 <= DHHD_AGE <= 13 and HWTDDWTK < 22.65	22.65 kilograms
38.20	DHHD_SEX = 2 and 14 <= DHHD_AGE <= 18 and HWTDDWTK < 38.20	14-18 year old female weighing less than 38.20 kilograms
44.95	DHHD_SEX = 2 and 19 <= DHHD_AGE <= 60 and HWTDDWTK < 44.95	19-60 year old female weighing less than 44.95 kilograms
42.05	DHHD_SEX = 2 and DHHD_AGE >= 61 and HWTDDWTK < 42.05	female aged 61 or older weighing less than 42.05 kilograms
26.40	DHHD_SEX = 1 and 2 <= DHHD_AGE <= 3 and HWTDDWTK > 26.40	2-3 year old male weighing more than 26.40 kilograms
52.35	DHHD_SEX = 1 and 4 <= DHHD_AGE <= 8 and HWTDDWTK > 52.35	4-8 year old male weighing more than 52.35 kilograms
96.25	DHHD_SEX = 1 and 9 <= DHHD_AGE <= 13 and HWTDDWTK > 96.25	9-13 year old male weighing more than 96.25 kilograms
142.40	DHHD_SEX = 1 and 14 <= DHHD_AGE <= 18 and HWTDDWTK > 142.40	14-18 year old male weighing more than 142.40 kilograms
136.65	DHHD_SEX = 1 and 19 <= DHHD_AGE <= 60 and HWTDDWTK > 136.65	19-60 year old male weighing more than 136.65 kilograms
126.90	DHHD_SEX = 1 and DHHD_AGE >= 61 and HWTDDWTK > 126.90	male aged 61 or older weighing more than 126.90 kilograms
22.00	DHHD_SEX = 2 and 2 <= DHHD_AGE <= 3 and HWTDDWTK > 22.00	2-3 year old female weighing more than 22.00 kilograms
47.45	DHHD_SEX = 2 and 4 <= DHHD_AGE <= 8 and HWTDDWTK > 47.45	4-8 year old female weighing more than 47.45 kilograms
88.60	DHHD_SEX = 2 and 9 <= DHHD_AGE <= 13 and HWTDDWTK > 88.60	9-13 year old female weighing more than 88.60 kilograms
122.50	DHHD_SEX = 2 and 14 <= DHHD_AGE <= 18 and HWTDDWTK > 122.50	14-18 year old female weighing more than 122.50 kilograms
132.00	DHHD_SEX = 2 and 19 <= DHHD_AGE <= 60 and HWTDDWTK > 132.00	19-60 year old female weighing more than 132.00 kilograms
120.00	DHHD_SEX = 2 and DHHD_AGE >= 61 and HWTDDWTK > 120.00	female aged 61 or older weighing more than 120.00 kilograms

# 3) Body Mass Index (BMI) - self-reported, grouped

Variable name: HWTDGBMI

Based on: HWTDFHW, HWTDGWTK, HWTDGHTM

**Description:** Body Mass Index (BMI) is a comparison of "self-reported weight" relative to the "self-reported

height" of respondents. BMI is calculated by dividing weight in kilograms by height in metres squared.

#### (BMI = WEIGHT (KG) / HEIGHT (METRES) SQUARED)

**Note (1):** BMI is not calculated for pregnant women. Although calculation of BMI is not recommended for lactating women, the index provided here is calculated for women who report that they are breastfeeding (WHCD\_05 = 1) to permit comparability with previous CCHS cycles.

**Note (2):** For Cycles 1.1 and 1.2 of CCHS, BMI was calculated only for respondents aged 20-64. For Cycle 2.1, BMI was calculated for respondents aged 18 and over. But for Cycle 2.2, BMI is calculated for persons aged 2 and over.

**Note (3):** In previous CCHS cycles, BMI was not calculated for those less than 3 feet or for those 7 feet or over. For Cycle 2.2, since children are included, BMI is calculated for those 1 foot or more.

Note (4): This BMI classification is created using "self-reported height" and "self-reported weight" variables.

**Note (5):** The variable HWTDDBMI indicates the Body Mass Index calculated from the self-reported height and weight of the respondent, without groupings or collapsing. The variable is not included in the Public Use Microdata File.

**Technical Specs:** In order to ensure certain individuals were not identifiable, some records have been collapsed as indicated in the table entitled "Collapsed extreme values of HWTDGBMI" below.

Value of HWTDGBMI	Condition(s)	Description
999.96 (NA)	DHHD_AGE < 2 or (HWTDFDO = 1 and MHWDFHW = 1)	Population exclusion
999.99 (NS)	HWTDFHW = 2	Respondents for whom a valid self- reported height and weight was not obtained
999.99 (NS)	DHHD_SEX = 2 and (WHCD_03 = DK, R, NS)	Females who did not answer the pregnancy question (don't know, refusal, not stated)
HWTDGWTK / (HWTDGHTM × WTDGHTM)	HWTDFHW = 1	BMI calculated from self-reported height and self-reported weight values
(rounded to two decimal places)		

Collapsed extreme values of HWTDGBMI

Collapsed value	Condition(s)	Description
13.15	DHHD_SEX = 1 and	2-3 year old male having BMI less than
	2 <= DHHD_AGE <= 3 and	13.15
	HWTDDBMI < 13.15	
11.63	DHHD_SEX = 1 and	4-8 year old male having BMI less than
	4 <= DHHD_AGE <= 8 and	11.63
	HWTDDBMI < 11.63	0.40
13.59	DHHD_SEX = 1 and	9-13 year old male having BMI less
	9 <= DHHD_AGE <= 13 and	than 13.59
45.47	HWTDDBMI < 13.59	44.40 years ald made having DMI lage
15.17	DHHD_SEX = 1 and	14-18 year old male having BMI less than 15.17
	14 <= DHHD_AGE <= 18 and HWTDDBMI < 15.17	man 15.17
18.41	DHHD_SEX = 1 and	19-60 year old male having BMI less
10.41	19 <= DHHD_AGE <= 60 and	than 18.41
	HWTDDBMI < 18.41	
17.32	DHHD_SEX = 1 and	male aged 61 or older having BMI less
	DHHD_AGE >= 61 and	than 17.32
	HWTDDBMI < 17.32	
12.95	DHHD_SEX = 2 and	2-3 year old female having BMI less
	2 <= DHHD_AGE <= 3 and	than 12.95
	HWTDDBMI < 12.95	
12.14	DHHD_SEX = 2 and	4-8 year old female having BMI less
	4 <= DHHD_AGE <= 8 and	than 12.14
	HWTDDBMI < 12.14	
13.12	DHHD_SEX = 2 and	9-13 year old female having BMI less
	9 <= DHHD_AGE <= 13 and	than 13.12
	HWTDDBMI < 13.12	
14.71	DHHD_SEX = 2 and	14-18 year old female having BMI less
	14 <= DHHD_AGE <= 18 and	than 14.71
17.01	HWTDDBMI < 14.71	10.00
17.34	DHHD_SEX = 2 and	19-60 year old female having BMI less
	19 <= DHHD_AGE <= 60 and	than 17.34
17.59	HWTDDBMI < 17.34  DHHD SEX = 2 and	female aged 61 or older having BMI
17.59	DHHD_AGE >= 61 and	less than 17.59
	HWTDDBMI < 17.59	1033 (1011 17:03
26.66	DHHD_SEX = 1 and	2-3 year old male having BMI more
20.00	2 <= DHHD_AGE <= 3 and	than 26.66
	HWTDDBMI > 26.66	1.16.1. 20.00
28.27	DHHD_SEX = 1 and	4-8 year old male having BMI more
	4 <= DHHD_AGE <= 8 and	than 28.27
	HWTDDBMI > 28.27	
38.95	DHHD_SEX = 1 and	9-13 year old male having BMI more
	9 <= DHHD_AGE <= 13 and	than 38.95
	HWTDDBMI > 38.95	
41.91	DHHD_SEX = 1 and	14-18 year old male having BMI more
	14 <= DHHD_AGE <= 18 and	than 41.91
	HWTDDBMI > 41.91	
44.19	DHHD_SEX = 1 and	19-60 year old male having BMI more
	19 <= DHHD_AGE <= 60 and	than 44.19
40.50	HWTDDBMI > 44.19	made and C4 or older besides DM
43.59	DHHD_SEX = 1 and	male aged 61 or older having BMI
	DHHD_AGE >= 61 and	more than 43.59
24.80	HWTDDBMI > 43.59 DHHD_SEX = 2 and	2.2 year old famala having DMI mare
24.80	2 <= DHHD_AGE <= 3 and	2-3 year old female having BMI more than 24.80
	2 <= DHHD_AGE <= 3 and     HWTDDBMI > 24.80	ulali 24.00
28.96	DHHD_SEX = 2 and	4-8 year old female having BMI more
20.30	4 <= DHHD_AGE <= 8 and	than 28.96

Collapsed value	Condition(s)	Description
	HWTDDBMI > 28.96	
37.93	DHHD_SEX = 2 and 9 <= DHHD_AGE <= 13 and HWTDDBMI > 37.93	9-13 year old female having BMI more than 37.93
45.74	DHHD_SEX = 2 and 14 <= DHHD_AGE <= 18 and HWTDDBMI > 45.74	14-18 year old female having BMI more than 45.74
50.32	DHHD_SEX = 2 and 19 <= DHHD_AGE <= 60 and HWTDDBMI > 50.32	19-60 year old female having BMI more than 50.32
47.38	DHHD_SEX = 2 and DHHD_AGE >= 61 and HWTDDBMI > 47.38	female aged 61 or older having BMI more than 47.38

# 4) BMI classification for adults aged 18 and over (self-reported) – international standard, grouped

Variable name: HWTDGISW Based on: HWTDGBMI

**Description:** This variable assigns adult respondents aged 18 and over (except pregnant women) to one of the following categories, according to their BMI: underweight, acceptable weight, overweight or obese. Here, the BMI categories are adopted from a body weight classification system recommended by Health Canada and the World Health Organization (WHO) which has been widely used internationally.

According to Health Canada, this BMI classification system can be used as a screening tool to identify weight-related health risks at the population and individual levels. The following health risks are associated with each of the BMI categories for adults aged 18 and over:

- normal weight = least health risk;
- underweight and overweight = increased health risk;
- obese class I = high health risk;
- obese class II = very high health risk;
- obese class III = extremely high health risk

At the population level, the BMI classification system can be used to compare body weight patterns and related health risks within and between populations and to establish population trends in body weight patterns. The classification should be used with caution at the individual level because the health risk associated with each BMI category varies considerably between individuals. Particular caution should be used when classifying: adults who are naturally very lean, very muscular adults, some ethnic and racial groups, and seniors. For more detailed information see *Canadian Guidelines for Body Weight Classification in Adults*, Health Canada, 2003 (available online at: <a href="http://www.hc-sc.gc.ca/fn-an/nutrition/weights-poids/cg\_bwc\_int\_ld\_cpa\_int\_e.html">http://www.hc-sc.gc.ca/fn-an/nutrition/weights-poids/cg\_bwc\_int\_ld\_cpa\_int\_e.html</a>)

**Note:** This variable excludes female respondents aged 18 to 55 who were pregnant or did not answer the pregnancy question (i.e. WHCD\_03 = Don't Know, Refusal, Not stated).

Value of HWTDGISW	Condition(s)	Description
6 (NA)	DHHD_AGE < 18 or	Population exclusion
	(HWTDFDO = 1 and	
	MHWDFHW = 1)	
9 (NS)	HWTDGBMI = NS	At least one required question was not answered (don't know, refusal, not stated)
1	HWTDGBMI < 18.50	Underweight
2	18.50 <= HWTDGBMI <= 24.99	Normal weight
3	25.00 <= HWTDGBMI <= 29.99	Overweight
4	30.0 <= HWTDGBMI < NA	Obese - Class I, II, III

# 5) BMI classification for children aged 2 to 17 (self-reported) – Cole classification system

Variable name: HWTDGCOL

Based on: HWTDGBMI, DHHD\_AGM, DHHD\_SEX

**Description:** This variable classifies the BMI of children aged 2 to 17 as "obese" or "overweight" according to the age-and-sex-specific BMI cut-off points as defined by Cole et al. The Cole cut-off points are based on pooled international data (Brazil, Great Britain, Hong Kong, Netherlands, Singapore, and United States) for BMI and linked to the widely internationally accepted adult BMI cut-off points of 25 (overweight) and 30 kg/m² (obese). For more information about the Cole BMI classification system, see Establishing a Standard Definition for Child Overweight and Obesity Worldwide - International survey, by Tim J Cole, Mary C Bellizzi, Katherine M. Flegal, William H Dietz, published in the British Medical Journal, Volume: 320, May 2000.

**Note (1):** Respondents who do not fall within the categories of "Obese" or "Overweight" (as defined by Cole et al.) have been classified by CCHS as "neither obese nor overweight".

**Note (2):** This variable excludes female respondents aged 15 to 17 who were pregnant or did not answer the pregnancy question (i.e. WHCD\_03 = Don't Know, Refusal, Not stated).

Note (3): This variable excludes respondents who are 216 months in age, i.e. 18 years old or older.

#### **Temporary reformats**

Reformat	Description
If DHHD_AGM < 9996, then AGEDT1 = DHHD_AGM / 12	Convert respondent's "age in months"
(rounded to nearest 0.5)	to "age in years"

Value of HWTDGCOL	Condition(s)	Description
6 (NA)	DHHD_AGE < 2 or DHHD_AGM >= 216 or (HWTDFDO = 1 and MHWDFHW = 1)	Population exclusion
9 (NS)	HWTDGBMI = NS	At least one required question was not answered (don't know, refusal, not stated)
3	(AGEDT1 = 2 and DHHD_SEX = 1 and HWTDGBMI >= 20.09) or (AGEDT1 = 2 and DHHD_SEX = 2 and HWTDGBMI >= 19.81) or (AGEDT1 = 2.5 and DHHD_SEX = 1 and HWTDGBMI >= 19.80) or (AGEDT1 = 2.5 and DHHD_SEX = 2 and HWTDGBMI >= 19.55) or (AGEDT1 = 3 and DHHD_SEX = 1 and HWTDGBMI >= 19.57) or (AGEDT1 = 3 and DHHD_SEX = 2 and HWTDGBMI >= 19.36) or (AGEDT1 = 3.5 and DHHD_SEX = 1 and HWTDGBMI >= 19.39) or (AGEDT1 = 3.5 and DHHD_SEX = 2 and HWTDGBMI >= 19.23) or (AGEDT1 = 4 and DHHD_SEX = 1 and HWTDGBMI >= 19.23) or (AGEDT1 = 4 and DHHD_SEX = 2 and HWTDGBMI >= 19.29) or (AGEDT1 = 4 and DHHD_SEX = 2 and HWTDGBMI >= 19.15) or (AGEDT1 = 4.5 and DHHD_SEX = 1 and HWTDGBMI >= 19.26) or (AGEDT1 = 4.5 and DHHD_SEX = 1 and HWTDGBMI >= 19.12) or (AGEDT1 = 5 and DHHD_SEX = 1 and HWTDGBMI >= 19.12) or (AGEDT1 = 5 and DHHD_SEX = 2 and HWTDGBMI >= 19.30) or (AGEDT1 = 5 and DHHD_SEX = 2 and HWTDGBMI >= 19.30) or (AGEDT1 = 5 and DHHD_SEX = 2 and HWTDGBMI >= 19.17) or (AGEDT1 = 5.5 and DHHD_SEX = 1 and HWTDGBMI >= 19.17) or (AGEDT1 = 5.5 and DHHD_SEX = 1 and	Obese

Value of HWTDGCOL	Condition(s)	Description
	HWTDGBMI >= 19.47) or	
	(AGEDT1 = 5.5 and DHHD_SEX = 2 and	
	HWTDGBMI >= 19.34) or	
	(AGEDT1 = 6 and DHHD_SEX = 1 and	
	HWTDGBMI >= 19.78) or	
	(AGEDT1 = 6 and DHHD_SEX = 2 and	
	HWTDGBMI >= 19.65) or	
	( <b>AGEDT1 = 6.5</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 20.23) or	
	(AGEDT1 = 6.5 and DHHD_SEX = 2 and	
	HWTDGBMI >= 20.08) or	
	(AGEDT1 = 7 and DHHD_SEX = 1 and	
	HWTDGBMI >= 20.63) or	
	(AGEDT1 = 7 and DHHD_SEX = 2 and	
	HWTDGBMI >= 20.51) or	
	( <b>AGEDT1 = 7.5</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 21.09) or	
	(AGEDT1 = 7.5 and DHHD_SEX = 2 and	
	HWTDGBMI >= 21.01) or	
	(AGEDT1 = 8 and DHHD_SEX = 1 and	
	HWTDGBMI >= 21.60) or	
	(AGEDT1 = 8 and DHHD_SEX = 2 and	
	HWTDGBMI >= 21.57) or	
	( <b>AGEDT1 = 8.5</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 22.17) or	
	(AGEDT1 = 8.5 and DHHD_SEX = 2 and	
	HWTDGBMI >= 22.18) or   ( <b>AGEDT1 = 9</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 22.77) or	
	(AGEDT1 = 9 and DHHD_SEX = 2 and	
	HWTDGBMI >= 22.81) or	
	( <b>AGEDT1 = 9.5</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 23.39) or	
	(AGEDT1 = 9.5 and DHHD_SEX = 2 and	
	HWTDGBMI >= 23.46) or	
	( <b>AGEDT1 = 10</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 24.00) or	
	(AGEDT1 = 10 and DHHD_SEX = 2 and	
	HWTDGBMI >= 24.11) or	
	( <b>AGEDT1 = 10.5</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 24.57) or	
	(AGEDT1 = 10.5 and DHHD_SEX = 2 and	
	HWTDGBMI >= 24.77) or	
	(AGEDT1 = 11 and DHHD_SEX = 1 and	
	HWTDGBMI >= 25.10) or	
	(AGEDT1 = 11 and DHHD_SEX = 2 and	
	HWTDGBMI >= 25.42) or	
	( <b>AGEDT1 = 11.5</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 25.58) or	
	(AGEDT1 = 11.5 and DHHD_SEX = 2 and	
	HWTDGBMI >= 26.05) or	
	( <b>AGEDT1 = 12</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 26.02) or	
	(AGEDT1 = 12 and DHHD_SEX = 2 and	
	HWTDGBMI >= 26.67) or	
	( <b>AGEDT1 = 12.5</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 26.43) or	
	(AGEDT1 = 12.5 and DHHD_SEX = 2 and	
	HWTDGBMI >= 27.24) or (AGEDT1 = 13 and DHHD SEX = 1 and	
	(AGEDT1 = 13 and DHHD_SEX = 1 and	

Value of HWTDGCOL	Condition(s)	Description
	HWTDGBMI >= 26.84) or	
	(AGEDT1 = 13 and DHHD_SEX = 2 and	
	HWTDGBMI >= 27.76) or	
	(AGEDT1 = 13.5 and DHHD_SEX = 1 and	
	HWTDGBMI >= 27.25) or	
	(AGEDT1 = 13.5 and DHHD_SEX = 2 and	
	HWTDGBMI >= 28.20) or   ( <b>AGEDT1 = 14</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 27.63) or	
	(AGEDT1 = 14 and DHHD_SEX = 2 and	
	HWTDGBMI >= 28.57) or	
	( <b>AGEDT1 = 14.5</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 27.98) or	
	(AGEDT1 = 14.5 and DHHD_SEX = 2 and	
	HWTDGBMI >= 28.87) or	
	(AGEDT1 = 15 and DHHD_SEX = 1 and	
	HWTDGBMI >= 28.30) or	
	(AGEDT1 = 15 and DHHD_SEX = 2 and	
	HWTDGBMI >= 29.11) or	
	( <b>AGEDT1 = 15.5</b> and DHHD_SEX = 1 and HWTDGBMI >= 28.60) or	
	(AGEDT1 = 15.5 and DHHD_SEX = 2 and	
	HWTDGBMI >= 29.29) or	
	( <b>AGEDT1 = 16</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 28.88) or	
	(AGEDT1 = 16 and DHHD_SEX = 2 and	
	HWTDGBMI >= 29.43) or	
	( <b>AGEDT1 = 16.5</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 29.14) or	
	(AGEDT1 = 16.5 and DHHD_SEX = 2 and	
	HWTDGBMI >= 29.56) or	
	(AGEDT1 = 17 and DHHD_SEX = 1 and	
	HWTDGBMI >= 29.41) or   (AGEDT1 = 17 and DHHD_SEX = 2 and	
	HWTDGBMI >= 29.69) or	
	( <b>AGEDT1 = 17.5</b> and DHHD_SEX = 1 and	
	HWTDGBMI >= 29.70) or	
	(AGEDT1 = 17.5 and DHHD_SEX = 2 and	
	HWTDGBMI >= 29.84) or	
	(AGEDT1 = 18 and DHHD_SEX = 1 and	
	HWTDGBMI >= 30.00) or	
	(AGEDT1 = 18 and DHHD_SEX = 2 and	
2	HWTDGBMI >= 30.00)   (AGEDT1 = 2 and DHHD_SEX = 1 and	Overweight
	(18.41 <= HWTDGBMI < 20.09)) or	Overweight
	(AGEDT1 = 2 and DHHD_SEX = 2 and	
	(18.02 <= HWTDGBMI < 19.81)) or	
	( <b>AGEDT1 = 2.5</b> and DHHD_SEX = 1 and	
	(18.13 <= HWTDGBMI < 19.80)) or	
	(AGEDT1 = 2.5 and DHHD_SEX = 2 and	
	(17.76 <= HWTDGBMI < 19.55)) or	
	(AGEDT1 = 3 and DHHD_SEX = 1 and	
	(17.89 <= HWTDGBMI < 19.57)) or	
	(AGEDT1 = 3 and DHHD_SEX = 2 and	
	(17.56 <= HWTDGBMI < 19.36)) or	
	(AGEDT1 = 3.5 and DHHD_SEX = 1 and (17.69 <= HWTDGBMI < 19.39)) or	
	(AGEDT1 = 3.5 and DHHD_SEX = 2 and	
	$(17.40 \le HWTDGBMI < 19.23))$ or	
	(AGEDT1 = 4 and DHHD_SEX = 1 and	
	LATOLD I - T GIG DITTD_OLA - I GIG	<u> </u>

Value of HWTDGCOL	Condition(s)	Description
	(17.55 <= HWTDGBMI < 19.29)) or	•
	(AGEDT1 = 4 and DHHD_SEX = 2 and	
	(17.28 <= HWTDGBMI < 19.15)) or	
	(AGEDT1 = 4.5 and DHHD_SEX = 1 and	
	(17.47 <= HWTDGBMI < 19.26)) or	
	(AGEDT1 = 4.5 and DHHD_SEX = 2 and	
	(17.19 <= HWTDGBMI < 19.12)) or	
	(AGEDT1 = 5 and DHHD_SEX = 1 and	
	(17.42 <= HWTDGBMI < 19.30)) or	
	(AGEDT1 = 5 and DHHD_SEX = 2 and	
	(17.15 <= HWTDGBMI < 19.17)) or	
	(AGEDT1 = 5.5 and DHHD_SEX = 1 and	
	(17.45 <= HWTDGBMI < 19.47)) or	
	(AGEDT1 = 5.5 and DHHD_SEX = 2 and	
	(17.20 <= HWTDGBMI < 19.34)) or	
	(AGEDT1 = 6 and DHHD_SEX = 1 and	
	(17.55 <= HWTDGBMI < 19.78)) or	
	(AGEDT1 = 6 and DHHD_SEX = 2 and (17.34 <= HWTDGBMI < 19.65)) or	
	(17.34 <= HWTDGBMI < 19.05)) 01 (AGEDT1 = 6.5 and DHHD_SEX = 1 and	
	(17.71 <= HWTDGBMI < 20.23)) or	
	(AGEDT1 = 6.5 and DHHD_SEX = 2 and	
	(17.53 <= HWTDGBMI < 20.08)) or	
	(AGEDT1 = 7 and DHHD_SEX = 1 and	
	(17.92 <= HWTDGBMI < 20.63)) or	
	(AGEDT1 = 7 and DHHD_SEX = 2 and	
	(17.75 <= HWTDGBMI < 20.51)) or	
	(AGEDT1 = 7.5 and DHHD_SEX = 1 and	
	(18.16 <= HWTDGBMI < 21.09)) or	
	$(AGEDT1 = 7.5 \text{ and } DHHD\_SEX = 2 \text{ and}$	
	(18.03 <= HWTDGBMI < 21.01)) or	
	(AGEDT1 = 8 and DHHD_SEX = 1 and	
	(18.44 <= HWTDGBMI < 21.60)) or	
	(AGEDT1 = 8 and DHHD_SEX = 2 and (18.35 <= HWTDGBMI < 21.57)) or	
	(AGEDT1 = 8.5 and DHHD_SEX = 1 and	
	(18.76 <= HWTDGBMI < 22.17)) or	
	(AGEDT1 = 8.5 and DHHD_SEX = 2 and	
	(18.69 <= HWTDGBMI < 22.18)) or	
	(AGEDT1 = 9 and DHHD_SEX = 1 and	
	(19.10 <= HWTDGBMI < 22.77)) or	
	(AGEDT1 = 9 and DHHD_SEX = 2 and	
	(19.07 <= HWTDGBMI < 22.81)) or	
	(AGEDT1 = 9.5 and DHHD_SEX = 1 and	
	(19.46 <= HWTDGBMI < 23.39)) or	
	(AGEDT1 = 9.5 and DHHD_SEX = 2 and	
	(19.45 <= HWTDGBMI < 23.46)) or	
	(AGEDT1 = 10 and DHHD_SEX = 1 and	
	(19.84 <= HWTDGBMI < 24.00)) or (AGEDT1 = 10 and DHHD_SEX = 2 and	
	(19.86 <= HWTDGBMI < 24.11)) or	
	(AGEDT1 = 10.5 and DHHD_SEX = 1 and	
	(20.20 <= HWTDGBMI < 24.57)) or	
	(AGEDT1 = 10.5 and DHHD_SEX = 2 and	
	(20.29 <= HWTDGBMI < 24.77)) or	
	(AGEDT1 = 11 and DHHD_SEX = 1 and	
	(20.55 <= HWTDGBMI < 25.10)) or	
	(AGEDT1 = 11 and DHHD_SEX = 2 and	
	(20.74 <= HWTDGBMI < 25.42)) or	
	(AGEDT1 = 11.5 and DHHD_SEX = 1 and	

Value of HWTDGCOL	Condition(s)	Description
	(20.89 <= HWTDGBMI < 25.58)) or	
	(AGEDT1 = 11.5 and DHHD_SEX = 2 and	
	(21.20 <= HWTDGBMI < 26.05)) or	
	(AGEDT1 = 12 and DHHD_SEX = 1 and	
	(21.22 <= HWTDGBMI < 26.02)) or	
	$(AGEDT1 = 12 \text{ and } DHHD\_SEX = 2 \text{ and}$	
	(21.68 <= HWTDGBMI < 26.67)) or	
	(AGEDT1 = 12.5 and DHHD_SEX = 1 and	
	(21.56 <= HWTDGBMI < 26.43)) or	
	(AGEDT1 = 12.5 and DHHD_SEX = 2 and	
	(22.14 <= HWTDGBMI < 27.24)) or	
	(AGEDT1 = 13 and DHHD_SEX = 1 and	
	(21.91 <= HWTDGBMI < 26.84)) or	
	(AGEDT1 = 13 and DHHD_SEX = 2 and	
	(22.58 <= HWTDGBMI < 27.76)) or	
	(AGEDT1 = 13.5 and DHHD_SEX = 1 and	
	(22.27 <= HWTDGBMI < 27.25)) or	
	(AGEDT1 = 13.5 and DHHD_SEX = 2 and	
	(22.98 <= HWTDGBMI < 28.20)) or	
	(AGEDT1 = 14 and DHHD_SEX = 1 and	
	(22.62 <= HWTDGBMI < 27.63)) or	
	(AGEDT1 = 14 and DHHD_SEX = 2 and	
	(23.34 <= HWTDGBMI < 28.57)) or	
	(AGEDT1 = 14.5 and DHHD_SEX = 1 and	
	(22.96 <= HWTDGBMI < 27.98)) or	
	(AGEDT1 = 14.5 and DHHD_SEX = 2 and	
	(23.66 <= HWTDGBMI < 28.87)) or	
	(AGEDT1 = 15 and DHHD_SEX = 1 and	
	(23.29 <= HWTDGBMI < 28.30)) or	
	(AGEDT1 = 15 and DHHD_SEX = 2 and	
	(23.94 <= HWTDGBMI < 29.11)) or	
	(AGEDT1 = 15.5 and DHHD_SEX = 1 and	
	(23.60 <= HWTDGBMI < 28.60)) or	
	(AGEDT1 = 15.5 and DHHD_SEX = 2 and	
	(24.17 <= HWTDGBMI < 29.29)) or	
	(AGEDT1 = 16 and DHHD_SEX = 1 and	
	(23.90 <= HWTDGBMI < 28.88)) or (AGEDT1 = 16 and DHHD_SEX = 2 and	
	(24.37 <= HWTDGBMI < 29.43)) or	
	(AGEDT1 = 16.5 and DHHD_SEX = 1 and	
	(24.19 <= HWTDGBMI < 29.14)) or	
	(AGEDT1 = 16.5 and DHHD_SEX = 2 and	
	(24.54 <= HWTDGBMI < 29.56)) or	
	(AGEDT1 = 17 and DHHD_SEX = 1 and	
	(24.46 <= HWTDGBMI < 29.41)) or	
	(AGEDT1 = 17 and DHHD_SEX = 2 and	
	(24.70 <= HWTDGBMI < 29.69)) or	
	(AGEDT1 = 17.5 and DHHD_SEX = 1 and	
	(24.73 <= HWTDGBMI < 29.70)) or	
	(AGEDT1 = 17.5 and DHHD_SEX = 2 and	
	(24.85 <= HWTDGBMI < 29.84)) or	
	(AGEDT1 = 18 and DHHD_SEX = 1 and	
	(25.00 <= HWTDGBMI < 30.00)) or	
	(25.00 <= HW LDGBMI < 30.00)) or (AGEDT1 = 18 and DHHD_SEX = 2 and	
	(25.00 <= HWTDGBMI < 30.00))	Noth or overweet the same to a -
1	Else	Neither overweight nor obese

# Height, Weight, and Body Mass Index - Measured (6 DVs)

#### 1) Height (metres) – measured, grouped

Variable name: MHWDGHTM

Based on: MHWD\_N8

Description: This variable indicates the respondent's height in metres as measured by an interviewer.

**Note (1):** This variable applies to respondents aged 2 and over.

**Note (2):** During sample selection of CCHS Cycle 2.2, 10% of the sample <u>aged 18 and over</u> were assigned the code HWTDFDO = 2 (DOMEAS = 2). Respondents with HWTDFDO = 2 were first asked to self-report their height and weight and then have their height and weight measured by the interviewer. However, respondents' height and weight were not measured if they had refused to self-report their body measures.

**Note (3):** The variable MHWDDHTM indicates the measured height of the respondent in metres, without groupings or collapsing. The variable is not included in the Public Use Microdata File.

**Technical Specs:** In order to ensure certain individuals were not identifiable, some records have been collapsed as indicated in the table entitled "Collapsed extreme values of MHWDGHTM" below.

Value of MHWDGHTM	Condition(s)	Description
9.996 (NA)	DHHD_AGE < 2	Population exclusion
9.999 (NS)	MHWD_N1C = 2 or MHWD_N1 = 1 or MHWD_N3 = 1 or MHWD_5C = 2	Respondents who could not be measured due to their condition, unavailability or refusal
9.999 (NS)	HWTDFDO = 2 and (HWTD_2 = R or HWTD_3 = R)	Respondent with HWTDFDO=2 who refused to self-report his/her height or weight in "Self-reported Height and Weight Module"
9.999 (NS)	(MHWD_N8 = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
MHWD_N8 / 100	0 < MHWD_N8 < NA	Height in metres

Collapsed extreme values of MHWDGHTM

Collapsed value	Condition	Description
0.780	DHHD_SEX = 1 and	2-3 year old male shorter than 0.780
	2 <= DHHD_AGE <= 3 and	metres
	MHWDDHTM < 0.780	
0.970	DHHD_SEX = 1 and	4-8 year old male shorter than 0.970
	4 <= DHHD_AGE <= 8 and	metres
	MHWDDHTM < 0.970	
1.220	DHHD_SEX = 1 and	9-13 year old male shorter than
	9 <= DHHD_AGE <= 13 and	1.220 metres
	MHWDDHTM < 1.220	
1.460	DHHD_SEX = 1 and	14-18 year old male shorter than
	14 <= DHHD_AGE <= 18 and	1.460 metres
	MHWDDHTM < 1.460	
1.530	DHHD_SEX = 1 and	19-60 year old male shorter than
	19 <= DHHD_AGE <= 60 and	1.530 metres
	MHWDDHTM < 1.530	
1.520	DHHD_SEX = 1 and	male aged 61 or older shorter than
	DHHD_AGE >= 61 and	1.520 metres
	MHWDDHTM < 1.520	
0.780	DHHD_SEX = 2 and	2-3 year old female shorter than
	2 <= DHHD_AGE <= 3 and	0.780 metres
	MHWDDHTM < 0.780	
0.920	DHHD_SEX = 2 and	4-8 year old female shorter than
	4 <= DHHD_AGE <= 8 and	0.920 metres
	MHWDDHTM < 0.920	
1.220	DHHD_SEX = 2 and	9-13 year old female shorter than

Collapsed value	Condition	Description
	9 <= DHHD_AGE <= 13 and	1.220 metres
	MHWDDHTM < 1.220	
1.370	DHHD_SEX = 2 and	14-18 year old female shorter than
	14 <= DHHD_AGE <= 18 and	1.370 metres
	MHWDDHTM < 1.370	
1.420	DHHD_SEX = 2 and	19-60 year old female shorter than
	19 <= DHHD_AGE <= 60 and	1.420 metres
	MHWDDHTM < 1.420	
1.365	DHHD_SEX = 2 and	female aged 61 or older shorter than
	DHHD_AGE >= 61 and	1.365 metres
	MHWDDHTM < 1.365	
1.095	DHHD_SEX = 1 and	2-3 year old male taller than 1.095
	2 <= DHHD_AGE <= 3 and	metres
1.105	MHWDDHTM > 1.095	10 11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
1.485	DHHD_SEX = 1 and	4-8 year old male taller than 1.485
	4 <= DHHD_AGE <= 8 and	metres
4.005	MHWDDHTM > 1.485	0.40
1.835	DHHD_SEX = 1 and	9-13 year old male taller than 1.835
	9 <= DHHD_AGE <= 13 and	metres
4.055	MHWDDHTM > 1.835	11 10 year old male taller than 1 OFF
1.955	DHHD_SEX = 1 and 14 <= DHHD_AGE <= 18 and	14-18 year old male taller than 1.955
	MHWDDHTM > 1.955	metres
1.935	DHHD SEX = 1 and	19-60 year old male taller than 1.935
1.933	19 <= DHHD_AGE <= 60 and	metres
	MHWDDHTM > 1.935	metres
1.900	DHHD_SEX = 1 and	male aged 61 or older taller than
1.500	DHHD_AGE >= 61 and	1.900 metres
	MHWDDHTM > 1.900	1.000 11104100
1.090	DHHD_SEX = 2 and	2-3 year old female taller than 1.090
	2 <= DHHD_AGE <= 3 and	metres
	MHWDDHTM > 1.090	
1.450	DHHD_SEX = 2 and	4-8 year old female taller than 1.450
	4 <= DHHD_AGE <= 8 and	metres
	MHWDDHTM > 1.450	
1.740	DHHD_SEX = 2 and	9-13 year old female taller than
	9 <= DHHD_AGE <= 13 and	1.740 metres
	MHWDDHTM > 1.740	
1.830	DHHD_SEX = 2 and	14-18 year old female taller than
	14 <= DHHD_AGE <= 18 and	1.830 metres
	MHWDDHTM > 1.830	
1.805	DHHD_SEX = 2 and	19-60 year old female taller than
	19 <= DHHD_AGE <= 60 and	1.805 metres
	MHWDDHTM > 1.805	
1.755	DHHD_SEX = 2 and	female aged 61 or older taller than
	DHHD_AGE >= 61 and	1.755 metres
	MHWDDHTM > 1.755	

## 2) Weight (kilograms) - measured, grouped

Variable name: MHWDGWTK Based on: MHWD\_N6

Description: This variable indicates the respondent's weight in kilograms as measured by an interviewer.

**Note (1):** This variable applies to respondents aged 2 and over.

**Note (2):** During sample selection of CCHS Cycle 2.2, 10% of the sample <u>aged 18 and over</u> were assigned the code HWTDFDO = 2 (DOMEAS = 2). Respondents with HWTDFDO=2 were first asked to self-report their height and weight and then have their height and weight measured by the interviewer. However, respondents' height and weight were not measured if they had refused to self-report their body measures.

**Note (3):** The variable MHWDDWTK indicates the weight of the respondent in kilograms, without groupings or collapsing. The variable is not included in the Public Use Microdata File.

**Technical Specs:** In order to ensure certain individuals were not identifiable, some records have been collapsed as indicated in the table entitled "Collapsed extreme values of MHWDGWTK" below.

Value of MHWDGWTK	Condition(s)	Description
999.96 (NA)	DHHD_AGE < 2	Population exclusion
999.99 (NS)	MHWD_N1C = 2 or MHWD_N1 = 1 or MHWD_5A = 2 or MHWD_5B = 2 or MHWD_5C = 2	Respondents who could not be measured due to their condition, unavailability, or refusal
999.99 (NS)	HWTDFDO = 2 and (HWTD_2 = R or HWTD_3 = R)	Respondent with HWTDFDO=2 who refused to self-report his/her height or weight in "Self-reported Height and Weight Module"
999.99 (NS)	(MHWD_N6 = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
MHWD_N6	0 < MHWD_N6 < NA	Weight in kilograms

Collapsed extreme values of MHWDGWTK

Collapsed value	Condition	Description
11.25	DHHD_SEX = 1 and	2-3 year old male weighing less than
	2 <= DHHD_AGE <= 3 and	11.25 kilograms
	MHWDDWTK < 11.25	
13.63	DHHD_SEX = 1 and	4-8 year old male weighing less than
	4 <= DHHD_AGE <= 8 and	13.63 kilograms
	MHWDDWTK < 13.63	
24.40	DHHD_SEX = 1 and	9-13 year old male weighing less
	9 <= DHHD_AGE <= 13 and	than 24.40 kilograms
00.50	MHWDDWTK < 24.40	11110
38.50	DHHD_SEX = 1 and	14-18 year old male weighing less
	14 <= DHHD_AGE <= 18 and	than 38.50 kilograms
E4.05	MHWDDWTK < 38.50	40.00 year old male
54.85	DHHD_SEX = 1 and	19-60 year old male weighing less
	19 <= DHHD_AGE <= 60 and MHWDDWTK < 54.85	than 54.85 kilograms
51.20	DHHD SEX = 1 and	male aged 61 or older weighing less
51.20	DHHD AGE >= 61 and	than 51.20 kilograms
	MHWDDWTK < 51.20	than 31.20 kilograms
9.54	DHHD SEX = 2 and	2-3 year old female weighing less
0.01	2 <= DHHD_AGE <= 3 and	than 9.54 kilograms
	MHWDDWTK < 9.54	inan ord i imogramo
14.00	DHHD_SEX = 2 and	4-8 year old female weighing less
	4 <= DHHD_AGE <= 8 and	than 14.00 kilograms
	MHWDDWTK < 14.00	, and the second
22.65	DHHD_SEX = 2 and	9-13 year old female weighing less
	9 <= DHHD_AGE <= 13 and	than 22.65 kilograms
	MHWDDWTK < 22.65	
38.20	DHHD_SEX = 2 and	14-18 year old female weighing less
	14 <= DHHD_AGE <= 18 and	than 38.20 kilograms
	MHWDDWTK < 38.20	
44.95	DHHD_SEX = 2 and	19-60 year old female weighing less
	19 <= DHHD_AGE <= 60 and	than 44.95 kilograms
10.00	MHWDDWTK < 44.95	
42.05	DHHD_SEX = 2 and	female aged 61 or older weighing
	DHHD_AGE >= 61 and	less than 42.05 kilograms
00.40	MHWDDWTK < 42.05	0.0000000000000000000000000000000000000
26.40	DHHD_SEX = 1 and	2-3 year old male weighing more
	2 <= DHHD_AGE <= 3 and	than 26.40 kilograms

Collapsed value	Condition	Description
	MHWDDWTK > 26.40	
52.35	DHHD_SEX = 1 and 4 <= DHHD_AGE <= 8 and MHWDDWTK > 52.35	4-8 year old male weighing more than 52.35 kilograms
96.25	DHHD_SEX = 1 and 9 <= DHHD_AGE <= 13 and MHWDDWTK > 96.25	9-13 year old male weighing more than 96.25 kilograms
142.40	DHHD_SEX = 1 and 14 <= DHHD_AGE <= 18 and MHWDDWTK > 142.40	14-18 year old male weighing more than 142.40 kilograms
136.65	DHHD_SEX = 1 and 19 <= DHHD_AGE <= 60 and MHWDDWTK > 136.65	19-60 year old male weighing more than 136.65 kilograms
126.90	DHHD_SEX = 1 and DHHD_AGE >= 61 and MHWDDWTK > 126.90	male aged 61 or older weighing more than 126.90 kilograms
22.00	DHHD_SEX = 2 and 2 <= DHHD_AGE <= 3 and MHWDDWTK > 22.00	2-3 year old female weighing more than 22.00 kilograms
47.45	DHHD_SEX = 2 and 4 <= DHHD_AGE <= 8 and MHWDDWTK > 47.45	4-8 year old female weighing more than 47.45 kilograms
88.60	DHHD_SEX = 2 and 9 <= DHHD_AGE <= 13 and MHWDDWTK > 88.60	9-13 year old female weighing more than 88.60 kilograms
122.50	DHHD_SEX = 2 and 14 <= DHHD_AGE <= 18 and MHWDDWTK > 122.50	14-18 year old female weighing more than 122.50 kilograms
132.00	DHHD_SEX = 2 and 19 <= DHHD_AGE <= 60 and MHWDDWTK > 132.00	19-60 year old female weighing more than 132.00 kilograms
120.00	DHHD_SEX = 2 and DHHD_AGE >= 61 and MHWDDWTK > 120.00	female aged 61 or older weighing more than 120.00 kilograms

## 3) Reasons for not calculating BMI

Variable name: MHWDDRSN

**Based on:** MHWD\_N1C, MHWD\_N1, MHWD\_N2A, MHWD\_N2B, MHWD\_N2C, MHWD\_N2D, MHWD\_N2E, MHWD\_N2F, MHWD\_N2G, MHWD\_N2H, MHWD\_N2I, MHWD\_N2J, MHWD\_N2K, MHWD\_N2L, MHWD\_N3, MHWD\_5A, MHWD\_5B, MHWD\_5C, MHWD\_N8, MHWD\_N6, HWTD\_2, HWTD\_3, HWTDFDO, WHCD\_03 **Description:** This variable indicates reasons why the Body Mass Index (BMI) was not calculated.

Value of MHWDDRSN	Condition(s)	Description
96 (NA)	DHHD_AGE < 2	Population exclusion
1	MHWD_N1C = 2 or (MHWD_N1 = 1 and MHWD_N2G = 2 and MHWD_N2I = 1)	Respondent not available to be measured
2	MHWD_N3 = 1 or (MHWD_N1 = 1 and MHWD_N2G = 2 and MHWD_N2L = 1)	Respondent too tall for interviewer to measure his/her height
3	MHWD_N1 = 1 and MHWD_N2G = 2 and (MHWD_N2A = 1 or MHWD_N2B = 1 or MHWD_N2C = 1 or	Not able to measure due to respondent's physical condition

Value of MHWDDRSN	Condition(s)	Description
	$MHWD_N2D = 1)$	
4	MHWD_N1 = 1 and MHWD_N2G = 2 and (MHWD_N2E = 1 or MHWD_N2F = 1)	Interview setting is a problem
5	MHWD_N1 = 1 and MHWD_N2G = 2 and MHWD_N2J = 1	Measuring equipment (e.g. unavailable, scale malfunction, respondent's weight exceeds scale capacity, interviewer not able to carry equipment due to health problems)
6	MHWD_N1 = 1 and MHWD_N2G = 2 and MHWD_N2K = 1	Telephone interview
7	MHWD_5A = 2 or MHWD_5C = 2 or (MHWD_N1 = 1 and MHWD_N2G = 1)	Respondent refused permission to be measured by the interviewer
8	HWTDFDO = 2 and (HWTD_2 = R or HWTD_3 = R)	Respondent refused to self-report either height or weight
9	(MHWD_N8 = DK, R, NS) or (MHWD_N6 = DK, R, NS)	Measured height or weight value not recorded
10	(MHWD_N1 = 1 and MHWD_N2G = 2 and MHWD_N2H = 1) or (WHCD_03 = 1, DK, R, NS)	Other reason, includes unknown pregnancy status
11	Else	Respondent's measured height or weight value available

## 4) Body Mass Index (BMI) – measured, grouped

Variable name: MHWDGBMI

Based on: MHWDFHW, MHWDGHTM, MHWDGWTK

Description: Body Mass Index (BMI) is calculated by dividing weight in kilograms by height in metres squared.

#### (BMI = WEIGHT (KG) / HEIGHT (METRES) SQUARED)

Here, BMI is a comparison of "measured weight" relative to the "measured height" of respondents.

**Note (1):** BMI is not calculated for pregnant women. Although calculation of BMI is not recommended for lactating women, the index provided here is calculated for women who report that they are breastfeeding (WHCD\_05 = 1) to permit comparability with previous CCHS cycles.

**Note (2):** For Cycles 1.1 and 1.2 of CCHS, BMI was calculated only for respondents aged 20-64. For Cycle 2.1, BMI was calculated for respondents aged 18 and over. For Cycle 2.2, BMI is calculated for persons aged 2 and over.

Note (3): This BMI classification is created using "measured height" and "measured weight" variables.

**Note (4):** For information about respondents for whom a valid measured height and weight was not obtained, see derived variable MHWDDRSN.

**Note (5):** The variable MHWDDBMI indicates the Body Mass Index without groupings or collapsing. The variable is not included in the Public Use Microdata File.

**Technical Specs:** In order to ensure certain individuals were not identifiable, some records have been collapsed as indicated in the table entitled "Collapsed extreme values of MHWDGBMI" below.

Value of MHWDGBMI	Condition(s)	Description
999.96 (NA)	DHHD_AGE < 2	Population exclusion

Females who did not answer the pregnancy question (don't know, refusal, not stated)
BMI calculated from both measured height and measured weight values
_

Collapsed extreme values of MHWDGBMI

Collapsed value  Collapsed value	Condition	Description
13.15	DHHD_SEX = 1 and	2-3 year old male having BMI less
	2 <= DHHD_AGE <= 3 and	than 13.15
	MHWDDBMI < 13.15	
11.63	DHHD SEX = 1 and	4-8 year old male having BMI less
	4 <= DHHD_AGE <= 8 and	than 11.63
	MHWDDBMI < 11.63	
13.59	DHHD_SEX = 1 and	9-13 year old male having BMI less
	9 <= DHHD_AGE <= 13 and	than 13.59
	MHWDDBMI < 13.59	
15.17	DHHD SEX = 1 and	14-18 year old male having BMI less
	14 <= DHHD_AGE <= 18 and	than 15.17
	MHWDDBMI < 15.17	
18.41	DHHD_SEX = 1 and	19-60 year old male having BMI less
	19 <= DHHD_AGE <= 60 and	than 18.41
	MHWDDBMI < 18.41	
17.32	DHHD_SEX = 1 and	male aged 61 or older having BMI
	DHHD AGE >= 61 and	less than 17.32
	MHWDDBMI < 17.32	
12.95	DHHD_SEX = 2 and	2-3 year old female having BMI less
	2 <= DHHD_AGE <= 3 and	than 12.95
	MHWDDBMI < 12.95	
12.14	DHHD_SEX = 2 and	4-8 year old female having BMI less
	4 <= DHHD_AGE <= 8 and	than 12.14
	MHWDDBMI < 12.14	
13.12	DHHD_SEX = 2 and	9-13 year old female having BMI less
	9 <= DHHD_AGE <= 13 and	than 13.12
	MHWDDBMI < 13.12	
14.71	DHHD_SEX = 2 and	14-18 year old female having BMI
	14 <= DHHD_AGE <= 18 and	less than 14.71
	MHWDDBMI < 14.71	
17.34	DHHD_SEX = 2 and	19-60 year old female having BMI
	19 <= DHHD_AGE <= 60 and	less than 17.34
	MHWDDBMI < 17.34	
17.59	DHHD_SEX = 2 and	female aged 61 or older having BMI
	DHHD_AGE >= 61 and	less than 17.59
	MHWDDBMI < 17.59	
26.66	DHHD_SEX = 1 and	2-3 year old male having BMI more
	2 <= DHHD_AGE <= 3 and	than 26.66
	MHWDDBMI > 26.66	
28.27	DHHD_SEX = 1 and	4-8 year old male having BMI more
	4 <= DHHD_AGE <= 8 and	than 28.27
	MHWDDBMI > 28.27	
38.95	DHHD_SEX = 1 and	9-13 year old male having BMI more
	9 <= DHHD_AGE <= 13 and	than 38.95
	MHWDDBMI > 38.95	
41.91	DHHD_SEX = 1 and	14-18 year old male having BMI more
	14 <= DHHD_AGE <= 18 and	than 41.91
	MHWDDBMI > 41.91	

Collapsed value	Condition	Description
44.19	DHHD_SEX = 1 and 19 <= DHHD_AGE <= 60 and MHWDDBMI > 44.19	19-60 year old male having BMI more than 44.19
43.59	DHHD_SEX = 1 and DHHD_AGE >= 61 and MHWDDBMI > 43.59	male aged 61 or older having BMI more than 43.59
24.80	DHHD_SEX = 2 and 2 <= DHHD_AGE <= 3 and MHWDDBMI > 24.80	2-3 year old female having BMI more than 24.80
28.96	DHHD_SEX = 2 and 4 <= DHHD_AGE <= 8 and MHWDDBMI > 28.96	4-8 year old female having BMI more than 28.96
37.93	DHHD_SEX = 2 and 9 <= DHHD_AGE <= 13 and MHWDDBMI > 37.93	9-13 year old female having BMI more than 37.93
45.74	DHHD_SEX = 2 and 14 <= DHHD_AGE <= 18 and MHWDDBMI > 45.74	14-18 year old female having BMI more than 45.74
50.32	DHHD_SEX = 2 and 19 <= DHHD_AGE <= 60 and MHWDDBMI > 50.32	19-60 year old female having BMI more than 50.32
47.38	DHHD_SEX = 2 and DHHD_AGE >= 61 and MHWDDBMI > 47.38	female aged 61 or older having BMI more than 47.38

# 5) BMI classification for adults aged 18 and over (measured, grouped) - international standard

Variable name: MHWDGISW Based on: MHWDGBMI

**Description:** This variable assigns adult respondents aged 18 and over (except pregnant women) to one of the following categories, according to their BMI: underweight, acceptable weight, overweight, or obese. Here, the BMI categories are adopted from a body weight classification system recommended by Health Canada and the World Health Organization (WHO) which has been widely used internationally.

According to Health Canada, this BMI classification system can be used as a screening tool to identify weight-related health risks at the population and individual levels. The following health risks are associated with each of the BMI categories for adults aged 18 and over:

- normal weight = least health risk;
- underweight and overweight = increased health risk;
- obese class I = high health risk;
- obese class II = very high health risk;
- obese class III = extremely high health risk

At the population level, the BMI classification system can be used to compare body weight patterns and related health risks within and between populations and to establish population trends in body weight patterns. The classification should be used with caution at the individual level because the health risk associated with each BMI category varies considerably between individuals. In addition, particular caution should be used when classifying: adults who are naturally very lean, very muscular adults, some ethnic and racial groups, and seniors. For more detailed information see *Canadian Guidelines for Body Weight Classification in Adults*, Health Canada, 2003 (available online at: <a href="http://www.hc-sc.gc.ca/fn-an/nutrition/weights-poids/cg\_bwc\_int-ld\_cpa\_int\_e.html">http://www.hc-sc.gc.ca/fn-an/nutrition/weights-poids/cg\_bwc\_int-ld\_cpa\_int\_e.html</a>).

Note: This variable excludes female respondents aged 18 to 55 who were pregnant or did not answer the

**Note:** This variable excludes female respondents aged 18 to 55 who were pregnant or did not answer the pregnancy question (i.e. WHCD\_03 = Don't Know, Refusal, Not stated).

Value of MHWDGISW	Condition(s)	Description
6 (NA)	MHWDGBMI = NA or	Population exclusion
	DHHD_AGE < 18	

9 (NS)	MHWDGBMI = NS	At least one required question was not answered (don't know, refusal, not stated)
1	MHWDGBMI < 18.50	Underweight
2	(18.50 <= MHWDGBMI <= 24.99)	Normal weight
3	(25.00 <= MHWDGBMI <= 29.99)	Overweight
4	(30.00 <= MHWDGBMI <= NA)	Obese - Class I,II,III

# 6) BMI classification for children aged 2 to 17 (measured) - Cole classification system

Variable name: MHWDGCOL

Based on: MHWDGBMI, DHHD\_SEX, DHHD\_AGM

**Description:** This variable classifies the measured BMI of children aged 2 to 17 as "obese" or "overweight" according to the age-and-sex-specific BMI cut-off points as defined by Cole et al. The Cole cut-off points are based on pooled international data (Brazil, Great Britain, Hong Kong, Netherlands, Singapore, and United States) for BMI and linked to the internationally accepted adult BMI cut-off points of 25 (overweight) and 30 kg/m² (obese). For more information about the Cole BMI classification system, see Establishing a Standard Definition for Child Overweight and Obesity Worldwide - International survey, by Tim J Cole, Mary C Bellizzi, Katherine M. Flegal, William H Dietz, published in British Medical Journal, Volume: 320, May 2000.

**Note (1):** Respondents who do not fall within the categories of "Obese" or "Overweight" (as defined by Cole et al.) have been classified by CCHS as "neither obese nor overweight".

**Note (2):** This variable excludes female respondents aged 15 to 17 who were pregnant or did not answer the pregnancy question (i.e. WHCD\_03 = Don't Know, Refusal, Not stated).

Note (3): This variable excludes respondents who are 216 months in age, i.e. 18 years old or older.

**Temporary reformats** 

Condition(s)	Description
If DHHD_AGM < 9996, then AGEDT1 = DHHD_AGM / 12	Convert respondent's "age in months" to "age
(rounded to nearest 0.5)	in years"

Value of MHWDGCOL	Condition(s)	Description
6 (NA)	DHHD_AGE < 2 or DHHD_AGM >= 216	Population exclusion
9 (NS)	MHWDGBMI = NS	At least one required question was not answered (don't know, refusal, not stated)
3	(AGEDT1 = 2 and DHHD_SEX = 1 and MHWDGBMI >= 20.09) or (AGEDT1 = 2 and DHHD_SEX = 2 and MHWDGBMI >= 19.81) or (AGEDT1 = 2.5 and DHHD_SEX = 1 and MHWDGBMI >= 19.80) or (AGEDT1 = 2.5 and DHHD_SEX = 2 and MHWDGBMI >= 19.55) or (AGEDT1 = 3 and DHHD_SEX = 1 and MHWDGBMI >= 19.57) or (AGEDT1 = 3 and DHHD_SEX = 2 and MHWDGBMI >= 19.36) or (AGEDT1 = 3.5 and DHHD_SEX = 1 and MHWDGBMI >= 19.36) or (AGEDT1 = 3.5 and DHHD_SEX = 1 and MHWDGBMI >= 19.39) or (AGEDT1 = 3.5 and DHHD_SEX = 2 and MHWDGBMI >= 19.23) or (AGEDT1 = 4 and DHHD_SEX = 1 and MHWDGBMI >= 19.29) or (AGEDT1 = 4 and DHHD_SEX = 2 and MHWDGBMI >= 19.15) or (AGEDT1 = 4.5 and DHHD_SEX = 1 and MHWDGBMI >= 19.15) or (AGEDT1 = 4.5 and DHHD_SEX = 1 and	Obese

Value of MHWDGCOL	Condition(s)	Description
_	MHWDGBMI >= 19.26) or	
	(AGEDT1 = 4.5 and DHHD_SEX = 2 and	
	MHWDGBMI >= 19.12) or	
	(AGEDT1 = 5 and DHHD_SEX = 1 and	
	MHWDGBMI >= 19.30) or	
	(AGEDT1 = 5 and DHHD_SEX = 2 and	
	MHWDGBMI >= 19.17) or	
	( <b>AGEDT1 = 5.5</b> and DHHD_SEX = 1 and MHWDGBMI >= 19.47) or	
	$(AGEDT1 = 5.5 \text{ and } DHHD\_SEX = 2 \text{ and}$	
	MHWDGBMI >= 19.34) or	
	( <b>AGEDT1 = 6</b> and DHHD_SEX = 1 and	
	MHWDGBMI >= 19.78) or	
	(AGEDT1 = 6 and DHHD_SEX = 2 and	
	MHWDGBMI >= 19.65) or	
	(AGEDT1 = 6.5 and DHHD_SEX = 1 and	
	MHWDGBMI >= 20.23) or	
	(AGEDT1 = 6.5 and DHHD_SEX = 2 and	
	MHWDGBMI >= 20.08) or	
	(AGEDT1 = 7 and DHHD_SEX = 1 and	
	MHWDGBMI >= 20.63) or	
	(AGEDT1 = 7 and DHHD_SEX = 2 and	
	MHWDGBMI >= 20.51) or	
	(AGEDT1 = 7.5 and DHHD_SEX = 1 and	
	MHWDGBMI >= 21.09) or   (AGEDT1 = 7.5 and DHHD_SEX = 2 and	
	MHWDGBMI >= 21.01) or	
	(AGEDT1 = 8 and DHHD_SEX = 1 and	
	MHWDGBMI >= 21.60) or	
	(AGEDT1 = 8 and DHHD_SEX = 2 and	
	MHWDGBMI >= 21.57) or	
	(AGEDT1 = 8.5 and DHHD_SEX = 1 and	
	MHWDGBMI >= 22.17) or	
	(AGEDT1 = 8.5 and DHHD_SEX = 2 and	
	MHWDGBMI >= 22.18) or	
	(AGEDT1 = 9 and DHHD_SEX = 1 and	
	MHWDGBMI >= 22.77) or	
	(AGEDT1 = 9 and DHHD_SEX = 2 and	
	MHWDGBMI >= 22.81) or	
	( <b>AGEDT1 = 9.5</b> and DHHD_SEX = 1 and MHWDGBMI >= 23.39) or	
	$(AGEDT1 = 9.5 \text{ and } DHHD\_SEX = 2 \text{ and}$	
	MHWDGBMI >= 23.46) or	
	( <b>AGEDT1 = 10</b> and DHHD_SEX = 1 and	
	MHWDGBMI >= 24.00) or	
	(AGEDT1 = 10 and DHHD_SEX = 2 and	
	MHWDGBMI >= 24.11) or	
	( <b>AGEDT1 = 10.5</b> and DHHD_SEX = 1 and	
	MHWDGBMI >= 24.57) or	
	(AGEDT1 = 10.5 and DHHD_SEX = 2 and	
	MHWDGBMI >= 24.77) or	
	(AGEDT1 = 11 and DHHD_SEX = 1 and	
	MHWDGBMI >= 25.10) or	
	(AGEDT1 = 11 and DHHD_SEX = 2 and	
	MHWDGBMI >= 25.42) or (AGEDT1 = 11.5 and DHHD_SEX = 1 and	
	(AGEDIT = 11.5 and DRHD_SEX = 1 and	
	$AGEDT1 = 11.5$ and DHHD_SEX = 2 and	
	MHWDGBMI >= 26.05) or	
	( <b>AGEDT1 = 12</b> and DHHD_SEX = 1 and	
	(	

Value of MHWDGCOL	Condition(s)	Description
	MHWDGBMI >= 26.02) or	
	(AGEDT1 = 12 and DHHD_SEX = 2 and	
	MHWDGBMI >= 26.67) or	
	( <b>AGEDT1 = 12.5</b> and DHHD_SEX = 1 and	
	MHWDGBMI >= 26.43) or	
	(AGEDT1 = 12.5 and DHHD_SEX = 2 and	
	MHWDGBMI >= 27.24) or	
	( <b>AGEDT1 = 13</b> and DHHD_SEX = 1 and	
	MHWDGBMI >= 26.84) or	
	(AGEDT1 = 13 and DHHD_SEX = 2 and	
	MHWDGBMI >= 27.76) or	
	( <b>AGEDT1 = 13.5</b> and DHHD_SEX = 1 and	
	MHWDGBMI >= 27.25) or	
	(AGEDT1 = 13.5 and DHHD_SEX = 2 and	
	MHWDGBMI >= 28.20) or	
	(AGEDT1 = 14 and DHHD_SEX = 1 and	
	MHWDGBMI >= 27.63) or	
	(AGEDT1 = 14 and DHHD_SEX = 2 and	
	MHWDGBMI >= 28.57) or	
	(AGEDT1 = 14.5 and DHHD_SEX = 1 and	
	MHWDGBMI >= 27.98) or	
	(AGEDT1 = 14.5 and DHHD_SEX = 2 and	
	MHWDGBMI >= 28.87) or	
	(AGEDT1 = 15 and DHHD_SEX = 1 and	
	MHWDGBMI >= 28.30) or   (AGEDT1 = 15 and DHHD_SEX = 2 and	
	(AGEDTT = 15 and DHHD_SEX = 2 and	
	( <b>AGEDT1 = 15.5</b> and DHHD_SEX = 1 and	
	MHWDGBMI >= 28.60) or	
	(AGEDT1 = 15.5 and DHHD_SEX = 2 and	
	MHWDGBMI >= 29.29) or	
	( <b>AGEDT1 = 16</b> and DHHD_SEX = 1 and	
	MHWDGBMI >= 28.88) or	
	(AGEDT1 = 16 and DHHD_SEX = 2 and	
	MHWDGBMI >= 29.43) or	
	( <b>AGEDT1 = 16.5</b> and DHHD_SEX = 1 and	
	MHWDGBMI >= 29.14) or	
	(AGEDT1 = 16.5 and DHHD_SEX = 2 and	
	MHWDGBMI >= 29.56) or	
	(AGEDT1 = 17 and DHHD_SEX = 1 and	
	MHWDGBMI >= 29.41) or	
	(AGEDT1 = 17 and DHHD_SEX = 2 and	
	MHWDGBMI >= 29.69) or	
	( <b>AGEDT1 = 17.5</b> and DHHD_SEX = 1 and	
	MHWDGBMI >= 29.70) or	
	(AGEDT1 = 17.5 and DHHD_SEX = 2 and	
	MHWDGBMI >= 29.84) or	
	(AGEDT1 = 18 and DHHD_SEX = 1 and	
	MHWDGBMI >= 30.00) or	
	(AGEDT1 = 18 and DHHD_SEX = 2 and	
2	MHWDGBMI >= 30.00)   (AGEDT1 = 2 and DHHD_SEX = 1 and	Overweight
_	(18.41 <= MHWDGBMI < 20.09)) or	Overweight
	(AGEDT1 = 2 and DHHD_SEX = 2 and	
	(18.02 <= MHWDGBMI < 19.81)) or	
	(AGEDT1 = 2.5 and DHHD_SEX = 1 and	
	(18.13 <= MHWDGBMI < 19.80)) or	
	(AGEDT1 = 2.5 and DHHD_SEX = 2 and	
	(17.76 <= MHWDGBMI < 19.55)) or	
	(AGEDT1 = 3 and DHHD_SEX = 1 and	

Value of MHWDGCOL	Condition(s)	Description
	(17.89 <= MHWDGBMI < 19.57)) or	•
	(AGEDT1 = 3 and DHHD_SEX = 2 and	
	(17.56 <= MHWDGBMI < 19.36)) or	
	(AGEDT1 = 3.5 and DHHD_SEX = 1 and	
	(17.69 <= MHWDGBMI < 19.39)) or	
	(AGEDT1 = 3.5 and DHHD_SEX = 2 and	
	(17.40 <= MHWDGBMI < 19.23)) or	
	(AGEDT1 = 4 and DHHD_SEX = 1 and	
	(17.55 <= MHWDGBMI < 19.29)) or	
	(AGEDT1 = 4 and DHHD_SEX = 2 and	
	(17.28 <= MHWDGBMI < 19.15)) or	
	(AGEDT1 = 4.5 and DHHD_SEX = 1 and	
	(17.47 <= MHWDGBMI < 19.26)) or	
	(AGEDT1 = 4.5 and DHHD_SEX = 2 and	
	(17.19 <= MHWDGBMI < 19.12)) or	
	(AGEDT1 = 5 and DHHD_SEX = 1 and	
	(17.42 <= MHWDGBMI < 19.30)) or	
	(AGEDT1 = 5 and DHHD_SEX = 2 and	
	(17.15 <= MHWDGBMI < 19.17)) or	
	(AGEDT1 = 5.5 and DHHD_SEX = 1 and	
	(17.45 <= MHWDGBMI < 19.47)) or	
	(AGEDT1 = 5.5 and DHHD_SEX = 2 and	
	(17.20 <= MHWDGBMI < 19.34)) or (AGEDT1 = 6 and DHHD_SEX = 1 and	
	(17.55 <= MHWDGBMI < 19.78)) or	
	(AGEDT1 = 6 and DHHD_SEX = 2 and	
	(17.34 <= MHWDGBMI < 19.65)) or	
	(AGEDT1 = 6.5 and DHHD_SEX = 1 and	
	(17.71 <= MHWDGBMI < 20.23)) or	
	(AGEDT1 = 6.5 and DHHD_SEX = 2 and	
	(17.53 <= MHWDGBMI < 20.08)) or	
	(AGEDT1 = 7 and DHHD_SEX = 1 and	
	(17.92 <= MHWDGBMI < 20.63)) or	
	(AGEDT1 = 7 and DHHD_SEX = 2 and	
	(17.75 <= MHWDGBMI < 20.51)) or	
	(AGEDT1 = 7.5 and DHHD_SEX = 1 and	
	(18.16 <= MHWDGBMI < 21.09)) or	
	(AGEDT1 = 7.5 and DHHD_SEX = 2 and	
	(18.03 <= MHWDGBMI < 21.01)) or	
	(AGEDT1 = 8 and DHHD_SEX = 1 and	
	(18.44 <= MHWDGBMI < 21.60)) or	
	(AGEDT1 = 8 and DHHD_SEX = 2 and (18.35 <= MHWDGBMI < 21.57)) or	
	(18.35 <= MHWDGBMI < 21.57)) of (AGEDT1 = 8.5 and DHHD_SEX = 1 and	
	(18.76 <= MHWDGBMI < 22.17)) or	
	(AGEDT1 = 8.5 and DHHD_SEX = 2 and	
	(18.69 <= MHWDGBMI < 22.18)) or	
	(AGEDT1 = 9 and DHHD_SEX = 1 and	
	(19.10 <= MHWDGBMI < 22.77)) or	
	(AGEDT1 = 9 and DHHD_SEX = 2 and	
	(19.07 <= MHWDGBMI < 22.81)) or	
	(AGEDT1 = 9.5 and DHHD_SEX = 1 and	
	(19.46 <= MHWDGBMI < 23.39)) or	
	(AGEDT1 = 9.5 and DHHD_SEX = 2 and	
	(19.45 <= MHWDGBMI < 23.46)) or	
	(AGEDT1 = 10 and DHHD_SEX = 1 and	
	(19.84 <= MHWDGBMI < 24.00)) or	
	(AGEDT1 = 10 and DHHD_SEX = 2 and (19.86 <= MHWDGBMI < 24.11)) or	
	(19.66 <= MHWDGBMI < 24.11)) 01 (AGEDT1 = 10.5 and DHHD_SEX = 1 and	
	(MOLDITI - IVIN AND DIND OEA = 1 AND	

Value of MHWDGCOL	Condition(s)	Description
	(20.20 <= MHWDGBMI < 24.57)) or	
	(AGEDT1 = 10.5 and DHHD_SEX = 2 and	
	(20.29 <= MHWDGBMI < 24.77)) or	
	(AGEDT1 = 11 and DHHD_SEX = 1 and	
	(20.55 <= MHWDGBMI < 25.10)) or	
	(AGEDT1 = 11 and DHHD_SEX = 2 and	
	(20.74 <= MHWDGBMI < 25.42)) or	
	(AGEDT1 = 11.5 and DHHD_SEX = 1 and	
	(20.89 <= MHWDGBMI < 25.58)) or	
	(AGEDT1 = 11.5 and DHHD_SEX = 2 and	
	(21.20 <= MHWDGBMI < 26.05)) or	
	(AGEDT1 = 12 and DHHD_SEX = 1 and	
	(21.22 <= MHWDGBMI < 26.02)) or	
	(AGEDT1 = 12 and DHHD_SEX = 2 and	
	(21.68 <= MHWDGBMI < 26.67)) or	
	(AGEDT1 = 12.5 and DHHD_SEX = 1 and	
	(21.56 <= MHWDGBMI < 26.43)) or	
	(AGEDT1 = 12.5 and DHHD_SEX = 2 and	
	(22.14 <= MHWDGBMI < 27.24)) or	
	(AGEDT1 = 13 and DHHD_SEX = 1 and	
	(21.91 <= MHWDGBMI < 26.84)) or	
	(AGEDT1 = 13 and DHHD_SEX = 2 and	
	(22.58 <= MHWDGBMI < 27.76)) or	
	(AGEDT1 = 13.5 and DHHD_SEX = 1 and	
	(22.27 <= MHWDGBMI < 27.25)) or	
	(AGEDT1 = 13.5 and DHHD_SEX = 2 and	
	(22.98 <= MHWDGBMI < 28.20)) or	
	(AGEDT1 = 14 and DHHD_SEX = 1 and	
	(22.62 <= MHWDGBMI < 27.63)) or	
	(AGEDT1 = 14 and DHHD_SEX = 2 and	
	(23.34 <= MHWDGBMI < 28.57)) or	
	(AGEDT1 = 14.5 and DHHD_SEX = 1 and	
	(22.96 <= MHWDGBMI < 27.98)) or (AGEDT1 = 14.5 and DHHD_SEX = 2 and	
	(23.66 <= MHWDGBMI < 28.87)) or	
	(AGEDT1 = 15 and DHHD_SEX = 1 and	
	(23.29 <= MHWDGBMI < 28.30)) or	
	(AGEDT1 = 15 and DHHD_SEX = 2 and	
	(23.94 <= MHWDGBMI < 29.11)) or	
	(AGEDT1 = 15.5 and DHHD_SEX = 1 and	
	(23.60 <= MHWDGBMI < 28.60)) or	
	(AGEDT1 = 15.5 and DHHD_SEX = 2 and	
	(24.17 <= MHWDGBMI < 29.29)) or	
	(AGEDT1 = 16 and DHHD_SEX = 1 and	
	(23.90 <= MHWDGBMI < 28.88)) or	
	(AGEDT1 = 16 and DHHD_SEX = 2 and	
	(24.37 <= MHWDGBMI < 29.43)) or	
	(AGEDT1 = 16.5 and DHHD_SEX = 1 and	
	(24.19 <= MHWDGBMI < 29.14)) or	
	(AGEDT1 = 16.5 and DHHD_SEX = 2 and	
	(24.54 <= MHWDGBMI < 29.56)) or	
	(AGEDT1 = 17 and DHHD_SEX = 1 and	
	(24.46 <= MHWDGBMI < 29.41)) or	
	(AGEDT1 = 17 and DHHD_SEX = 2 and	
	(24.70 <= MHWDGBMI < 29.69)) or	
	(AGEDT1 = 17.5 and DHHD_SEX = 1 and	
	(24.73 <= MHWDGBMI < 29.70)) or	
	(AGEDT1 = 17.5 and DHHD_SEX = 2 and	
	(24.85 <= MHWDGBMI < 29.84)) or	
	(AGEDT1 = 18 and DHHD_SEX = 1 and	

Value of MHWDGCOL	Condition(s)	Description
	(25.00 <= MHWDGBMI < 30.00)) or	
	(AGEDT1 = 18 and DHHD_SEX = 2 and	
	(25.00 <= MHWDGBMI < 30.00))	
1	Else	Neither overweight nor obese

# Fruit and Vegetable Consumption (8 DVs)

#### 1) Daily consumption – fruit juice

Variable name: FVCDDJUI Based on: FVCD\_1, FVCD\_1A

Description: This variable indicates the usual number of times per day the respondent drinks fruit juice.

Note (1): The CCHS measures the <u>number of times</u> (frequency), <u>not</u> the amount consumed.

**Note (2):** In the Nutrition Survey (CCHS Cycle 2.2) the wording of questions is identical to that of previous CCHS cycles of 1.1 and 2.1. However, the sequencing of data entry by the <u>interviewer</u> has been modified in this survey. In previous CCHS cycles the interviewer first recorded the "time frame" (e.g. per day, per week, per month, or per year) and then recorded the "number of times" the respondent consumed fruits or vegetables in the chosen time frame. In the Nutrition Survey, the sequence has been reversed so that the interviewer first records the "number of times" followed by the "time frame". For example, the information is recorded as "2 fruit juices (*number of times*) per week (*time frame*)". Due to the change in the sequencing of data entry in this survey, derived variable specifications of fruit and vegetable consumption are slightly different from those of previous CCHS cycles.

**Note (3):** This variable applies to respondents aged 6 months or older.

Value of FVCDDJUI	Condition(s)	Description
999.6 (NA)	FVCD_1 = NA	Population exclusion
999.9 (NS)	(FVCD_1 = DK, R, NS)	Required question was not answered(don't know, refusal, not stated)
FVCD_1	FVCD_1A = 1	Number of times/day
FVCD_1 / 7 (rounded to one decimal place)	FVCD_1A = 2	Number of times/day (reported "times per week")
FVCD_1 / 30 (rounded to one decimal place)	FVCD_1A = 3	Number of times/day (reported "times per month")
FVCD_1 / 365 (rounded to one decimal place)	FVCD_1A = 4	Number of times/day (reported "times per year")
0	FVCD_1A = 5	Never drinks fruit juice

#### 2) Daily consumption – fruit

Variable name: FVCDDFRU Based on: FVCD\_2, FVCD\_2A

**Description:** This variable indicates the usual number of times per day the respondent consumes fruit, excluding

fruit juices.

**Note (1)**: The CCHS measures the <u>number of times</u> (frequency), <u>not</u> the amount consumed.

**Note (2):** In the Nutrition Survey (CCHS Cycle 2.2) the wording of questions is identical to that of previous CCHS cycles of 1.1 and 2.1. However, the sequencing of data entry by the <u>interviewer</u> has been modified in this survey. In previous CCHS cycles the interviewer first recorded the "time frame" (e.g. per day, per week, per month, or per year) and then recorded the "number of times" the respondent consumed fruits or vegetables in the chosen time frame. In the Nutrition Survey, the sequence has been reversed so that the interviewer first records the "number of times" followed by the "time frame". For example, the information is recorded as "2 fruit juices (number of times) per week (time frame)". Due to the change in the sequencing of data entry in this survey, derived variable specifications of fruit and vegetable consumption are slightly different from those of previous CCHS cycles.

**Note (3):** This variable applies to respondents aged 6 months or older.

Value of FVCDDFRU	Condition(s)	Description
999.6 (NA)	FVCD_1 = NA	Population exclusion
999.9 (NS)	(FVCD_2 = DK, R, NS)	Required question was not answered (don't know, refusal, not
		stated)
FVCD_2	FVCD_2A = 1	Number of times/day
FVCD_2 / 7	FVCD_2A = 2	Number of times/day
(rounded to one decimal place)		(reported "times per week")
FVCD_2/30	FVCD_2A = 3	Number of times/day
(rounded to one decimal place)		(reported "times per month")
FVCD_2 / 365	FVCD_2A = 4	Number of times/day
(rounded to one decimal place)		(reported "times per year")
0	FVCD_2A = 5	Never eats fruit

#### 3) Daily consumption - green salad

Variable name: FVCDDSAL Based on: FVCD\_3, FVCD\_3A

Description: This variable indicates the usual number of times per day the respondent eats green salad.

Note (1): The CCHS measures the number of times (frequency), not the amount consumed.

**Note (2):** In the Nutrition Survey (CCHS Cycle 2.2) the wording of questions is identical to that of previous CCHS cycles of 1.1 and 2.1. However, the sequencing of data entry by the <u>interviewer</u> has been modified in this survey. In previous CCHS cycles the interviewer first recorded the "time frame" (e.g. per day, per week, per month, or per year) and then recorded the "number of times" the respondent consumed fruits or vegetables in the chosen time frame. In the Nutrition Survey, the sequence has been reversed so that the interviewer first records the "number of times" followed by the "time frame". For example, the information is recorded as "2 fruit juices (number of times) per week (time frame)". Due to the change in the sequencing of data entry in this survey, derived variable specifications of fruit and vegetable consumption are slightly different from those of previous CCHS cycles.

Note (3): This variable applies to respondents aged 6 months or older.

Value of FVCDDSAL	Condition(s)	Description
999.6 (NA)	FVCD_1 = NA	Population exclusion
999.9 (NS)	(FVCD_3 = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
FVCD_3	FVCD_3A = 1	Number of times/day
FVCD_3 / 7	FVCD_3A = 2	Number of times/day
(rounded to one decimal place)		(reported "times per week")
FVCD_3 / 30	FVCD_3A = 3	Number of times/day
(rounded to one decimal place)		(reported "times per month")
FVCD_3 / 365	FVCD_3A = 4	Number of times/day
(rounded to one decimal place)		(reported "times per year")
0	FVCD_3A = 5	Never eats green salad

#### 4) Daily consumption – potatoes

Variable name: FVCDDPOT Based on: FVCD\_4, FVCD\_4A

**Description:** This variable indicates the usual number of times per day the respondent eats potatoes, excluding french fries, fried potatoes, or potato chips.

Note (1): The CCHS measures the <u>number of times</u> (frequency), <u>not</u> the amount consumed.

**Note (2):** In the Nutrition Survey (CCHS Cycle 2.2) the wording of questions is identical to that of previous CCHS cycles of 1.1 and 2.1. However, the sequencing of data entry by the <u>interviewer</u> has been modified in this survey. In previous CCHS cycles the interviewer first recorded the "time frame" (e.g. per day, per week, per month, or per year) and then recorded the "number of times" the respondent consumed fruits or vegetables in the chosen time frame. In the Nutrition Survey, the sequence has been reversed so that the interviewer first records the "number of times" followed by the "time frame". For example, the information is recorded as "2 fruit juices (number of

times) per week (time frame)". Due to the change in the sequencing of data entry in this survey, derived variable specifications of fruit and vegetable consumption are slightly different from those of previous CCHS cycles. **Note (3):** This variable applies to respondents aged 6 months or older.

Value of FVCDDPOT	Condition(s)	Description
999.6 (NA)	FVCD_1 = NA	Population exclusion
999.9 (NS)	$(FVCD_4 = DK, R, NS)$	Required question was not answered (don't know, refusal, not stated)
FVCD_4	FVCD_4A = 1	Number of times/day
FVCD_4 / 7	FVCD_4A = 2	Number of times/day
(rounded to one decimal place)		(reported "times per week")
FVCD_4 / 30	FVCD_4A = 3	Number of times/day
(rounded to one decimal place)		(reported "times per month")
FVCD_4 / 365	FVCD_4A = 4	Number of times/day
(rounded to one decimal place)		(reported "times per year")
0	FVCD_4A = 5	Never eats potatoes

#### 5) Daily consumption – carrots

Variable name: FVCDDCAR
Based on: FVCD\_5, FVCD\_5A

Description: This variable indicates the usual number of times per day the respondent eats carrots.

Note (1): The CCHS measures the <u>number of times</u> (frequency), <u>not</u> the amount consumed.

**Note (2):** In the Nutrition Survey (CCHS Cycle 2.2) the wording of questions is identical to that of previous CCHS cycles of 1.1 and 2.1. However, the sequencing of data entry by the <u>interviewer</u> has been modified in this survey. In previous CCHS cycles the interviewer first recorded the "time frame" (e.g. per day, per week, per month, or per year) and then recorded the "number of times" the respondent consumed fruits or vegetables in the chosen time frame. In the Nutrition Survey, the sequence has been reversed so that the interviewer first records the "number of times" followed by the "time frame". For example, the information is recorded as "2 fruit juices (number of times) per week (time frame)". Due to the change in the sequencing of data entry in this survey, derived variable specifications of fruit and vegetable consumption are slightly different from those of previous CCHS cycles.

**Note (3):** This variable applies to respondents aged 6 months or older.

Value of FVCDDCAR	Condition(s)	Description
999.6 (NA)	FVCD_1 = NA	Population exclusion
999.9 (NS)	(FVCD_5 = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
FVCD_5	FVCD_5A = 1	Number of times/day
FVCD_5 / 7	FVCD_5A = 2	Number of times/day
(rounded to one decimal place)		(reported "times per week")
FVCD_5 / 30	FVCD_5A = 3	Number of times/day
(rounded to one decimal place)		(reported "times per month")
FVCD_5 / 365	FVCD_5A = 4	Number of times/day
(rounded to one decimal place)		(reported "times per year")
0	FVCD_5A = 5	Never eats carrots

## 6) Daily consumption – other vegetables

Variable name: FVCDDVEG Based on: FVCD 6, FVCD 6A

**Description:** This variable indicates the respondent's usual daily consumption of vegetables excluding carrots, potatoes, or salad. Respondents are asked to report in "servings" rather than "times" so that all different fruits and vegetables eaten at the same meal are counted. Servings should not be interpreted as referring to a specific quantity.

**Note (1):** In the Nutrition Survey (CCHS Cycle 2.2) the wording of questions is identical to that of previous CCHS cycles of 1.1 and 2.1. However, the sequencing of data entry by the <u>interviewer</u> has been modified in this survey.

In previous CCHS cycles the interviewer first recorded the "time frame" (e.g. per day, per week, per month, or per year) and then recorded the "number of times/servings" the respondent consumed fruits or vegetables in the chosen time frame. In Nutrition Survey, the sequence has been reversed so that the interviewer first records the "number of times/servings" followed by the "time frame". For example, the information is recorded as "2 fruit juices (number of times) per week (time frame)". Due to the change in the sequencing of data entry in this survey, derived variable specifications of fruit and vegetable consumption are slightly different from those of previous CCHS cycles.

Note (2): This variable applies to respondents aged 6 months or older.

Value of FVCDDVEG	Condition(s)	Description
999.6 (NA)	FVCD_1 = NA	Population exclusion
999.9 (NS)	(FVCD_6 = DK, R, NS)	Required question was not answered
		(don't know, refusal, not stated)
FVCD_6	FVCD_6A = 1	Number of servings/day
FVCD_6/7	FVCD_6A = 2	Number of servings /day
(rounded to one decimal place)		(reported "servings per week")
FVCD_6 / 30	FVCD_6A = 3	Number of servings /day
(rounded to one decimal place)		(reported "servings per month")
FVCD_6 / 365	FVCD_6A = 4	Number of servings /day
(rounded to one decimal place)		(reported "servings per year")
0	FVCD_6A = 5	Never eats other vegetables

#### 7) Daily consumption – total fruits and vegetables

Variable name: FVCDDTOT

Based on: FVCDDJUI, FVCDDFRU, FVCDDSAL, FVCDDPOT, FVCDDCAR, FVCDDVEG

**Description:** This variable indicates the total number of times per day the respondent eats fruits and vegetables.

Note (1): The CCHS measures the number of times (frequency), not the amount consumed.

Note (2): This variable applies to respondents aged 6 months or older.

Value of FVCDDTOT	Condition(s)	Description
999.6 (NA)	FVCD_1 = NA	Population exclusion
999.9 (NS)	FVCDDJUI = NS or FVCDDFRU = NS or FVCDDSAL = NS or FVCDDPOT = NS or FVCDDCAR = NS or FVCDDVEG = NS	At least one required question was not answered (don't know, refusal, not stated)
FVCDDJUI + FVCDDFRU + FVCDDSAL + FVCDDPOT + FVCDDCAR + FVCDDVEG  (min: 0.0; max: 120.0)	(0 <= FVCDDJUI <= 20) and (0 <= FVCDDFRU <= 20) and (0 <= FVCDDSAL <= 20) and (0 <= FVCDDPOT <= 20) and (0 <= FVCDDCAR <= 20) and (0 <= FVCDDVEG <= 20)	Total number of times the respondent eats fruits and vegetables

#### 8) Grouping of daily consumption – total fruit and vegetable

Variable name: FVCDGTOT Based on: FVCDDTOT

Description: This variable classifies the respondent based on the total number of times per day he/she eats

fruits and vegetables.

Note (1): The CCHS measures the number of times (frequency), not the amount consumed.

Note (2): This variable applies to respondents aged 6 months or older.

Value of FVCDGTOT	Condition(s)	Description
6 (NA)	FVCDDTOT = NA	Population exclusion
9 (NS)	FVCDDTOT = NS	At least one required question was not answered (don't know, refusal, not stated)
1	FVCDDTOT < 5	Eats fruits and vegetables less than 5 times per day
2	(5 <= FVCDDTOT <= 10)	Eats fruits and vegetables between 5 and 10 times per day
3	FVCDDTOT > 10	Eats fruits and vegetables more than 10 times per day

# **Chronic Conditions (2 DVs)**

## 1) Diabetes – age first diagnosed, grouped

Variable name: CCCDG102 Based on: CCCD\_102

Description: This variable indicates the age at which the respondent was first diagnosed by a health

professional as having diabetes, grouped.

**Note (1):** In some other cycles of the CCHS, this variable was published in the Public Use Microdata File with different age groupings. Users are cautioned to avoid direct comparisons of this variable to previous CCHS and NPHS cycles.

Note (2): The variable CCCD\_102 indicates the age of the respondent when first diagnosed with diabetes,

without groupings or collapsing. The variable is not included in the Public Use Microdata File.

Value of CCCDG102	Condition(s)	Description
96 (NA)	CCCD_101 = 2	Population exclusion
99 (NS)	(CCCD_101 = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
1	0 <= CCCD_102 <= 13	Diagnosed before the age of 14 years.
2	14 <= CCCD_102 <= 18	Diagnosed between the ages of 14 and 18 years.
3	19 <= CCCD_102 <= 24	Diagnosed between the ages of 19 and 24 years.
4	25 <= CCCD_102 <= 30	Diagnosed between the ages of 25 and 30 years.
5	31 <= CCCD_102 <= 35	Diagnosed between the ages of 31 and 35 years.
6	36 <= CCCD_102 <= 40	Diagnosed between the ages of 36 and 40 years.
7	41 <= CCCD_102 <= 45	Diagnosed between the ages of 41 and 45 years.
8	46 <= CCCD_102 <= 50	Diagnosed between the ages of 46 and 50 years.
9	51 <= CCCD_102 <= 55	Diagnosed between the ages of 51 and 55 years.
10	56 <= CCCD_102 <= 60	Diagnosed between the ages of 56 and 60 years.
11	61 <= CCCD_102 <= 65	Diagnosed between the ages of 61 and 65 years.
12	66 <= CCCD_102 <= 70	Diagnosed between the ages of 66 and 70 years.
13	CCCD_102 >= 71	Diagnosed after the age of 70 years.

## 2) Has a chronic condition

Variable name: CCCDF1

**Based on:** CCCD\_071, CCCD\_101, CCCD\_121, CCCD\_131, CCCD\_141, CCCD\_171, CCCD\_401, CCCD\_901 **Description**: This variable indicates whether the respondent has one or more chronic health conditions which are expected to last or have already lasted six months or more and that have been diagnosed by a health professional.

**Note:** In previous CCHS cycles, the chronic condition variable was based on at least one positive response to more than 20 health conditions, compared to seven for this CCHS cycle. Users are cautioned to avoid direct comparisons of this variable to previous CCHS and NPHS cycles.

Value of CCCDF1	Condition(s)	Description
2	CCCD_071 = 2 and	Has no chronic conditions
	CCCD_101 = 2 and	
	CCCD_121 = 2 and	
	CCCD_131 = 2 and	
	CCCD_141 = 2 and	
	CCCD_171 = 2 and	
	$(CCCD_401 = 2, NA)$ and	
	$CCCD_{901} = 2$	
1	CCCD_071 = 1 or	Has at least one chronic condition
	CCCD_101 = 1 or	
	CCCD_121 = 1 or	
	CCCD_131 = 1 or	
	CCCD_141 = 1 or	
	CCCD_171 = 1 or	
	CCCD_401 = 1 or	
	CCCD_901 = 1	
9 (NS)	$(CCCD_071 = DK, R, NS)$ or	At least one required question was not
	(CCCD_101 = DK, R, NS) or	answered (don't know, refusal, not
	(CCCD_121 = DK, R, NS) or	stated)
	$(CCCD_131 = DK, R, NS)$ or	
	$(CCCD_141 = DK, R, NS)$ or	
	$(CCCD_171 = DK, R, NS)$ or	
	$(CCCD_401 = DK, R, NS)$ or	
	(CCCD_901 = DK, R, NS)	

# **Smoking (2 DVs)**

## 1) Type of smoker

Variable name: SMKDDSTY

Based on: SMKD\_01A, SMKD\_202, SMKD\_05D

**Description:** This variable indicates the type of smoker the respondent is based on his/her smoking habits.

**Note (1):** In the Nutrition Survey (Cycle 2.2), unlike previous cycles, respondents were not asked whether they had "ever smoked a whole cigarette". This factor was therefore not included in the calculation of this derived variable.

Note (2): This variable applies to respondents aged 12 and over.

Value of SMKDDSTY	Condition(s)	Description
96 (NA)	SMKD_01A = NA	Population exclusion
1	SMKD_202 = 1	Daily smoker
2	SMKD_202 = 2 and	Occasional smoker
	SMKD_05D = 1	(former daily smoker)
3	SMKD_202 = 2 and	Occasional smoker
	$(SMKD_05D = 2, NA)$	(never a daily smoker or has smoked less
		than 100 cigarettes lifetime)
4	SMKD_202 = 3 and	Former daily smoker
	SMKD_05D = 1	(non-smoker now)
5	SMKD_01A = 1 and	Former occasional smoker
	SMKD_202 = 3 and	(non-smoker now)
	SMKD_05D = 2	
6	SMKD_01A = 2 and	Never smoked
	SMKD_202 = 3	
99 (NS)	$(SMKD_01A = DK, R, NS)$ or	At least one required question was not
	$(SMKD_202 = DK, R, NS)$ or	answered (don't know, refusal, not stated)
	$(SMKD_05D = DK, R, NS)$	

## 2) Number of years since stopping smoking completely

Variable name: SMKDDSTP

Based on: SMKD\_06A, SMKD\_09A, SMKD\_10, SMKD\_10A, SMKDDSTY

**Description:** This variable indicates the approximate number of years since former smokers completely quit smoking.

**Note (1):** Current smokers and respondents who did not smoke a total of 100 cigarettes or more in their lifetime were excluded from the population.

**Note (2):** This derived variable is very similar to the Cycle 2.1 derived variable except for the fact that in the Nutrition Survey (Cycle 2.2), the category of "number of years" since respondents quit smoking stops at three years. In Cycle 2.1, this derived variable includes information about the number of years up to 125 years.

Note (3): This variable applies to respondents aged 12 and over.

Value of SMKDDSTP	Condition(s)	Description
6 (NA)	(SMKDDSTY = 1, 2, 3, 6, NA)	Population exclusion
9 (NS)	SMKDDSTY = NS or (SMKD_10 = DK, R, NS) or (SMKD_06A = DK, R, NS) or (SMKD_09A = DK, R, NS) or (SMKD_10A = DK, R, NS)	At least one required question was not answered (don't know, refusal, not stated)
0 (less than 1 year)	SMKD_06A = 1 or (SMKD_10 = 1 and SMKD_09A = 1) or SMKD_10A = 1	Number of years since completely quit smoking
1 (1 year to < 2 years)	SMKD_06A = 2 or (SMKD_10 = 1 and SMKD_09A = 2) or SMKD_10A = 2	

2 (2 years to < 3 years)	SMKD_06A = 3 or (SMKD_10 = 1 and SMKD_09A = 3) or SMKD_10A = 3
3 (3 years or more)	SMKD_06A = 4 or (SMKD_10 = 1 and SMKD_09A = 4) or SMKD_10A = 4

# Food Security (1 DV)

#### 1) Household food security status

Variable name: FSCDDHFS

**Based on:** FSCD\_020, FSCD\_030, FSCD\_040, FSCD\_050, FSCD\_060, FSCD\_070, FSCD\_080, FSCD\_081, FSCD\_090, FSCD\_100, FSCD\_110, FSCD\_120, FSCD\_121, FSCD\_130, FSCD\_140, FSCD\_141, FSCD\_150,

FSCD 160

**Description:** This variable is based on a set of 18 questions and indicates whether households both with and without children were able to afford the food they needed in the previous 12 months. It captures four kinds of situations:

- 1 Food secure: Household members show no or minimal evidence of food insecurity.
- **2 Food insecure without hunger:** Household members feel anxious about running out of food or compromise on the quality of foods they eat by choosing less expensive options. Little or no reduction in the household members' food intake is reported.
- **3 Food insecure with MODERATE hunger:** Food intake for adults in the household has been reduced to an extent that implies that adults have repeatedly experienced the physical sensation of hunger. In most (but not all) food insecure households with children, such reductions are not observed at this stage for children.
- **4 Food insecure with SEVERE hunger:** At this level, all households with children have reduced the children's food intake to an extent indicating that the children have experienced hunger. Adults in households with and without children have repeatedly experienced more extensive reductions in food intake.

**Note (1):** The model for "household food security status levels" is adopted from the U.S. model of food security status levels published by U.S. Department of Agriculture in 2000. For more information about this model, please see Bickel, Gary, Mark Nord, Cristofer Price, William Hamilton, and John Cook, *Guide to Measuring Household Food Security, Revised 2000* (available online at: <a href="https://www.ers.usda.gov/briefing/foodsecurity">www.ers.usda.gov/briefing/foodsecurity</a>).

**Note (2):** Households with children are defined as households with individuals aged 15 and less and/ or with individuals aged 16 or 17 who are the child or grandchild of another household member.

**Temporary variables** 

Condition(s)	Description
If FSCD_050 = NA, then FSCDT50K = 0	Set value to 0 to indicate households WITHOUT children
Else, FSCDT50K = 1	Set value to 1 to indicate households WITH children

**Temporary variables** 

Condition(s)	Description
If (FSCD_020 = 3), then FSCDT020 = 0  If (FSCD_020 = 1 or 2), then FSCDT020 = 1  If (FSCD_030 = 3), then FSCDT030 = 0  If (FSCD_030 = 1 or 2), then FS030 = 1  If (FSCD_040 = 3), then FSCDT040 = 0  If (FSCD_040 = 1 or 2), then FSCD040 = 1  If (FSCD_050 = 3 or NA), then FSCDT050 = 0  If (FSCD_050 = 1 or 2), then FSCDT050 = 1  If (FSCD_060 = 3 or NA), then FSCDT060 = 0  If (FSCD_060 = 1 or 2), then FSCDT060 = 1  If (FSCD_070 = 3 or NA), then FSCDT1070 = 0	Description  Set the value to 0 if respondent did not provide an "affirmative"* response to food security questions  Set the value to 1, if respondent did provide an "affirmative" response  *Note: In order to determine household food security status, responses to each question is first coded as either "affirmative" or "negative". Some of this coding is obvious because the only response options are "yes" or "no". For questions with less obvious response categories, the procedure for coding is as follows: response categories such as "Often true",
If (FSCD_070 = 1 or 2), then FSCDT070 = 1  If (FSCD_080 = 2 or NA), then FSCDT080 = 0  If (FSCD_080 = 1), then FSCDT080 = 1  If (FSCD_081 = 3 or NA), then FSCDT081 = 0  If (FSCD_081 = 1 or 2), then FSCDT081 = 1  If (FSCD_090 = 2 or NA), then FSCDT090 = 0  If (FSCD_090 = 1), then FSCDT090 = 1  If (FSCD_100 = 2 or NA), then FSCDT100 = 0  If (FSCD_100 = 1), then FSCDT100 = 1	"Sometimes true", "Almost every month", "Some months but not every month" are coded as "affirmative" (i.e. coded equal to 1). Response categories such as "Never true", "Only 1 or 2 months" are coded as "negative" (i.e. coded equal to 0)

If (FSCD_110 = 2 or NA), then FSCDT110 = 0	
If (FSCD_110 = 1), then FSCDT110 = 1	
If (FSCD_120 = 2 or NA), then FSCDT120 = 0	
If (FSCD_120 = 1), then FSCDT120 = 1	
If (FSCD_121 = 3 or NA), then FSCDT121 = 0	
If (FSCD_121 = 1 or 2), then FSCDT121 = 1	
If (FSCD_130 = 2 or NA), then FSCDT130 = 0	
If (FSCD_130 = 1), then FSCDT130 = 1	
If (FSCD_140 = 2 or NA), then FSCDT140 = 0	
If (FSCD_140 = 1), then FSCDT1140 = 1	
If (FSCD_141 = 3 or NA), then FSCDT141 = 0	
If (FSCD_141 = 1 or 2), then FSCDT141 = 1	
If (FSCD_150 = 2 or NA), then FSCDT150 = 0	
If (FSCD_150 = 1), then FSCDT150 = 1	
If (FSCD_160 = 2 or NA), then FSCDT160 = 0	
If (FSCD_160 = 1), then FSCDT160 = 1	
FSCDTSUM = FSCDT020 + FSCDT030 +	Sum of all temporary variables to be used in
FSCDT040 + FSCDT050 +	determining the level of household food insecurity
FSCDT060 + FSCDT070 +	
FSCDT080 + FSCDT081 +	Total will range from 0 to 18
FSCDT090 + FSCDT100 +	-
FSCDT110 + FSCDT120 +	
FSCDT121 + FSCDT130 +	
FSCDT140 + FSCDT141 +	
FSCDT150 + FSCDT160	
(Min: 0; Max: 18)	

Food security status categories

FSCDDHFS	Condition(s)	Description
9 (NS)	(FSCD_020 = DK, R, NS) or	At least one required question was not
	$(FSCD_030 = DK, R, NS)$ or	answered (don't know, refusal, not
	$(FSCD_040 = DK, R, NS)$ or	stated)
	$(FSCD_050 = DK, R, NS)$ or	
	$(FSCD_060 = DK, R, NS)$ or	
	$(FSCD_070 = DK, R, NS)$ or	
	$(FSCD_080 = DK, R, NS)$ or	
	$(FSCD_081 = DK, R, NS)$ or	
	$(FSCD_090 = DK, R, NS)$ or	
	$(FSCD_100 = DK, R, NS)$ or	
	(FSCD_110 = DK, R, NS) or	
	(FSCD_120 = DK, R, NS) or	
	(FSCD_121 = DK, R, NS) or	
	$(FSCD_130 = DK, R, NS)$ or	
	(FSCD_140 = DK, R, NS) or	
	$(FSCD_141 = DK, R, NS)$ or	
	$(FSCD_150 = DK, R, NS)$ or	
	(FSCD_160 = DK, R, NS)	
0	0 <= FSCDTSUM <= 2	Food secure
1	(FSCDT50K = 1 and	Food insecure without hunger
	(3 <= FSCDTSUM <= 7) or	
	(FSCDT50K = 0 and	
	3 <= FSCDTSUM <= 5)	
2	(FSCDT50K = 1 and	Food insecure with moderate hunger
	8 <= FSCDTSUM <= 12) or	
	(FSCDT50K = 0 and	
	6 <= FSCDTSUM <= 8)	
3	(FSCDT50K = 1 and	Food insecure with severe hunger
	13 <= FSCDTSUM <= 18) or	
	(FSCDT50K = 0 and	
	9 <= FSCDTSUM <= 10)	

# Socio-Demographic Characteristics (5 DVs)

#### 1) Country of birth – grouped

Variable name: SDCDGCBG Based on: SDCDCCB

Description: This variable classifies the respondent based on his/her country of birth.

**Note:** The variable SDCDCCB is the detailed country of birth coded automatically from SDCD\_1 and SDCD\_1S ("other specify" write-in answer) using a Reference file from the census. The variable is not included in the Public

Use Microdata File.

Value of SDCDGCBG	Condition(s)	Description
9 (NS)	(SDCDCCB = 000, 995, DK, R, NS,	Required question was not answered
	Missing)	(don't know, refusal, not stated)
1	0 < SDCDCCB < 14	Canada
2	100 <= SDCDCCB < 900	Other

#### 2) Immigration flag

Variable name: SDCDFIMM Based on: SDCD\_3

**Description:** This variable indicates whether the respondent is an immigrant.

Note: SDCD 3 = year of immigration to Canada. The variable is not included in the Public Use Microdata File

Value of SDCDFIMM	Condition(s)	Description
9 (NS)	(SDCD_3 = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
2	SDCD_3 = NA	Not an immigrant
1	SDCD_3 < NA	Immigrant

## 3) Length of time in Canada since immigration - grouped

Variable name: SDCDGRES
Based on: SDCD\_3, ADMD\_Y1

Description: This variable indicates the length of time the respondent has been in Canada since his/her

immigration.

Note(1): Non-immigrants were excluded from the population.

**Note(2):** ADMD\_Y1 = year of interview. The variable is not included in the Public Use Microdata File.

Value of SDCDGRES	Condition(s)	Description
6 (NA)	SDCD_3 = NA	Population exclusions
9 (NS)	$(SDCD_3 = DK, R, NS)$	Required question was not answered (don't know, refusal, not stated)
(min: 0; max: 9 or current age)	(ADMD_Y1 - SDCD_3) <= 9 and SDCD_3 < NA	Length of time in Canada since immigration: 0 – 9 years are grouped together
(min: 10; max: 130 or current age)	(ADMD_Y1 - SDCD_3) >= 10 and SDCD_3 < NA	Length of time in Canada since immigration: 10 – 130 years are grouped together

#### 4) Language(s) in which respondent can converse - grouped

Variable name: SDCDGLNG

**Based on:** SDCD\_5A, SDCD\_5B, SDCD\_5C, SDCD\_5D, SDCD\_5E, SDCD\_5F, SDCD\_5G, SDCD\_5H, SDCD\_5I, SDCD\_5J, SDCD\_5K, SDCD\_5L, SDCD\_5M, SDCD\_5N, SDCD\_5O, SDCD\_5P, SDCD\_5Q,

SDCD\_5R, SDCD\_5S, SDCD\_5T, SDCD\_5U, SDCD\_5V, SDCD\_5W

Description: This variable indicates the language(s) in which the respondent can converse.

Value of SDCDGLNG	Condition(s)	Description
9 (NS)	(SDCD_5A =DK, R, NS)	Required question was not answered
		(don't know, refusal, not stated)
1	SDCD_5A = 1 and	English (with or without another
	SDCD_5B > 1	language other than French)
2	SDCD_5A > 1 and	French (with or without another
	SDCD_5B = 1	language other than English)
3	SDCD_5A = 1 and	English and French (with or without
	SDCD_5B = 1	other language)
4	(SDCD_5A > 1 and	Other (neither English nor French)
	SDCD_5B > 1) and	
	(SDCD_5C = 1 or	
	SDCD_5D = 1 or	
	SDCD_5E = 1 or	
	SDCD_5F = 1 or	
	SDCD_5G = 1 or	
	$SDCD_5H = 1 \text{ or}$	
	SDCD_5I = 1 or	
	SDCD_5J = 1 or	
	SDCD_5K = 1 or	
	SDCD_5L = 1 or	
	SDCD_5M = 1 or	
	SDCD_5N = 1 or	
	SDCD_5O = 1 or	
	SDCD_5P = 1 or	
	SDCD_5Q = 1 or	
	SDCD_5R = 1 or	
	SDCD_5S = 1 or	
	SDCD_5T = 1 or	
	SDCD_5U = 1 or	
	SDCD_5V = 1 or	
	SDCD_5W = 1)	

## 5) Cultural or racial origin – grouped

Variable name: SDCDGRAC

Based on: SDCD\_7A, SDCD\_7B, SDCD\_7C, SDCD\_7D, SDCD\_7E, SDCD\_7F, SDCD\_7G, SDCD\_7H,

SDCD\_7I, SDCD\_7J, SDCD\_7K, SDCD\_7L, SDCD\_7M

**Description:** This variable indicates the ethnic, cultural or racial origin of the respondent.

Value of SDCDGRAC	Condition(s)	Description
9 (NS)	(SDCD_7A= DK, R, NS)	Required question was not answered
		(don't know, refusal, not stated)
1	SDCD_7A = 1 and	White only
	SDCD_7B > 1 and	
	SDCD_7C > 1 and	
	SDCD_7D > 1 and	
	SDCD_7E > 1 and	
	SDCD_7F > 1 and	
	SDCD_7G > 1 and	

Value of SDCDGRAC	Condition(s)	Description
	SDCD_7H > 1 and	-
	SDCD_7I > 1 and	
	SDCD_7J > 1 and	
	SDCD_7K > 1 and	
	SDCD_7L > 1 and	
	SDCD_7M > 1	
2	(SDCD_7A > 1) and	Other
	(SDCD_7B = 1 or	
	SDCD_7C = 1 or	
	SDCD_7D = 1 or	
	SDCD_7E = 1 or	
	SDCD_7F = 1 or	
	SDCD_7G = 1 or	
	SDCD_7H = 1 or	
	SDCD_7I = 1 or	
	SDCD_7J = 1 or	
	SDCD_7K = 1 or	
	SDCD_7L = 1 or	
	SDCD_7M = 1 or	
	More than one category answered)	

# **Education Variables (2 DVs)**

## 1) Highest level of education - respondent, 4 levels

Variable name: EDUDDR04

Based on: EDUD\_1, EDUD\_2, EDUD\_3, EDUD\_4

Description: This variable indicates the highest level of education acquired by the respondent.

Value of EDUDDR04	Condition(s)	Explanation
1	[(EDUD_1 = 1, 2) or	Less than secondary school graduation
	EDUD_2 = 2] and	
	EDUD_3 = 2	
2	EDUD_2 = 1 and	Secondary school graduation, no post-
	EDUD_3 = 2	secondary education
3	EDUD_4 = 1	Some post-secondary education
4	2 <= EDUD_4 <= 6	Post-secondary degree/diploma
9 (NS)	$(EDUD_2 = DK, R, NS)$ or	At least one required question was not
	$(EDUD_3 = DK, R, NS)$ or	answered (don't know, refusal, not stated)
	$(EDUD_4 = DK, R, NS)$	,

#### 2) Highest level of education - household, 4 Levels

Variable name: EDUDDH04

Based on: EDUDDR04 for each member of the household

**Description:** This variable indicates the highest level of education acquired by any member of the household. **Note:** This variable is derived by temporarily creating EDUDDR04 for each member of the household (all PERSONID within SAMPLEID), then by comparing these values of EDUDDR04 within the household and by returning the highest value. If any PERSONID has EDUDDR04 of NS (not specified) then NS is returned. If all of EDUDDR04 are NA (not applicable) then NA is returned.

# **Labour force (8 DVs)**

#### 1) Working status last week (short form)

Variable name: LBFDDWSS
Based on: LBFD\_01, LBFD\_02

Description: This variable classifies the respondent based on his/her working status in the week prior to the

interview.

Note: Respondents aged less than 15 or more than 75 years old have been excluded from the population.

Value of LBFDDWSS	Condition(s)	Description
6 (NA)	LBFD_01 = NA	Population exclusion
1	LBFD_01 = 1	Worked at a job or business
2	LBFD_02 = 1	Had a job but did not work (absent)
3	LBFD_02 = 2	Did not have a job
4	LBFD_01 = 3	Permanently unable to work
9 (NS)	(LBFD_02 = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)

#### 2) Working status last week (long form)

Variable name: LBFDDWSL

Based on: LBFD\_01, LBFD\_11, LBFD\_41

Description: This variable classifies the respondent based on his/her working status in the week prior to the

interview and also includes grouping for reasons of not working.

Note: Respondents aged less than 15 or more than 75 years old have been excluded from the population.

Value of LBFDDWSL	Condition(s)	Description
96 (NA)	LBFD_01 = NA	Population exclusion
1	LBFD_01 = 1	Worked at a job or business
2	(LBFD_41 = 8, 9, 10, 12, 13)	Had a job – on temporary or seasonal layoff
3	(0 < LBFD_41 < 8) or LBFD_41 = 11 or (13 < LBFD_41 < NA)	Had a job – absent for some other reason
4	LBFD_11 = 1	Did not have a job – looked for work over past 4 weeks
5	LBFD_11 = 2	Did not have a job – did not look for work over past 4 weeks
6	LBFD_01 = 3	Permanently unable to work
99 (NS)	(LBFD_11 = DK, R, NS) or (LBFD_41 = DK, R, NS)	At least one required question was not answered (don't know, refusal, not stated)

## 3) Main reason for not working last week – grouped

Variable name: LBFDGRNW

Based on: LBFD\_01, LBFD\_11, LBFD\_13, LBFD\_41

Description: This variable indicates the main reason why the respondent did not work in the week prior to the

nterview.

Note: Respondents aged less than 15 or more than 75 years old or who did not work the week preceding the

interview have been excluded from the population.

Value of LBFDGRNW	Condition(s)	Description
96 (NA)	(LBFD_01 = 1, NA)	Population exclusion
99 (NS)	(LBFD_11 = DK, R, NS) or (LBFD_13 = DK, R, NS) or (LBFD_41 = DK, R, NS)	At least one required question was not answered (don't know, refusal, not stated)
1	LBFD_01 = 3 or LBFD_13 = 1 or LBFD_41 = 1	Permanently unable to work / own illness or disability
2	(LBFD_13 = 2, 3, 4) or (LBFD_41 = 2, 3, 4)	Family responsibilities (includes caring for own children, caring for elderly relative, pregnancy /maternity leave)
3	LBFD_13 = 7 or LBFD_41 = 14	School or educational leave
4	(LBFD_41 = 7, 8, 9, 10, 12, 13)	Labour dispute/layoff (includes labour dispute, temporary layoff due to business conditions, seasonal layoff, casual job – no work available, self-employed – no work available, seasonal business)
5	LBFD_13 = 8	Retired
6	LBFD_11 = 1	Looking for work
7	(LBFD_13 = 5, 6, 9, 10) or (LBFD_41 = 5, 6, 11, 15)	Other reasons (includes other personal or family responsibilities, vacation, believes no work is available in area or suited to skills, work schedule, other)

# 4) Multiple job status

Variable name: LBFDDMJS

Based on: LBFD\_03, LBFD\_21, LBFD\_23, LBFD\_51

Description: This variable classifies respondents based on whether or not they had multiple jobs in the past year

and if they still do

**Note:** Respondents aged less than 15 or more than 75 years old have been excluded from the population.

Value of LBFDDMJS	Condition(s)	Description
6 (NA)	LBFD_01 = NA	Population exclusion
1	LBFD_51 = 52	Currently has multiple jobs – had them all past year
2	LBFD_03 = 1 and LBFD_51 < 52	Currently has multiple jobs – did not have them all past year
3	LBFD_03 = 2	Currently has only one job
4	LBFD_23 = 1	Currently does not have a job – held multiple jobs over past year
5	LBFD_23 = 2 or LBFD_21 = 2	Currently does not have a job – did not hold multiple jobs over the year
9 (NS)	(LBFD_03 = DK, R, NS) or (LBFD_21 = DK, R, NS) or (LBFD_23 = DK, R, NS) or (LBFD_51 = DK, R, NS)	At least one required question was not answered (don't know, refusal, not stated)

## 5) Total usual hours worked per week

Variable name: LBFDDHPW Based on: LBFD\_42, LBFD\_53

**Description:** This variable indicates the total number of hours the respondent worked per week.

Note: Respondents aged less than 15 or more than 75 years old or who did not work in the year preceding the

interview have been excluded from the population.

Value of LBFDDHPW	Condition(s)	Description
996 (NA)	LBFD_01 = NA or LBFD_42 = NA	Population exclusion
999 (NS)	(LBFD_42 = DK, R, NS) or (LBFD_53 = DK, R, NS)	At least one required question was not answered (don't know, refusal, not stated)
LBFD_42	LBFD_42 < NA and LBFD_53 = NA	Number of hours usually worked for respondents with one job
LBFD_42 + LBFD_53	LBFD_42 < NA and LBFD_53 < NA	Number of total hours usually worked for respondents with more than one job

## 6) Full-time/ part-time working status (for total usual hours)

Variable name: LBFDDPFT Based on: LBFDDHPW

**Description:** This variable indicates if the respondent works full-time or part-time.

Note: Respondents aged less than 15 or more than 75 years old or who did not work in the year preceding the

interview have been excluded from the population.

Value of LBFDDPFT	Condition(s)	Description
6 (NA)	LBFDDHPW = NA	Population exclusion
9 (NS)	LBFDDHPW = NS	At least one required question was not answered (don't know, refusal, not stated)
1	LBFDDHPW >= 30	Full-time
2	LBFDDHPW < 30	Part-time

# 7) Job status over past year – grouped

Variable name: LBFDGJST

Based on: LBFD\_11, LBFD\_22, LBFD\_61, LBFD\_71

**Description:** This variable indicates the respondent's job status over the past year.

Note: Respondents aged less than 15 or more than 75 years old have been excluded from the population.

Value of LBFDGJST	Condition(s)	Description
6 (NA)	LBFD_01 = NA	Population exclusion
1	LBFD_61 = 52	Has had a job throughout the past year
2	LBFD_71 = 52 or LBFD_22 = 2 or [LBFD_71 < 52 and LBFD_21 = 2 and (LBFD_11 = 1 or LBFD_22 = 1)]	Was without a job and looking or not for work throughout the past year
3	[(LBFD_61 + LBFD_71) = 52 and (0 < LBFD_71 < 52) and LBFD_61 < 52]	Has had a job part of the year – was without a job and looking or not for other part of the year

	or (LBFD_61 < 52 and LBFD_71 = 0) or [(LBFD_61 + LBFD_71) < 52 and (0 < LBFD_71 < 52) and LBFD_61 < 52]	
9 (NS)	(LBFD_22 = DK, R, NS) or (LBFD_61 = DK, R, NS) or (LBFD_71 = DK, R, NS)	At least one required question was not answered (don't know, refusal, not stated)

## 8) Student working status

Variable Name: LBFDDSTU

Modules used: Socio-demographic characteristics (SDC), Labour force (LBF)

Based on: SDCD\_8, SDCD\_9, LBFD\_01, LBFD\_02, LBFD\_21

Description: This variable indicates the respondent's working status if he/she was a student.

Note: Respondents aged less than 15 years or more than 75 years old or who were not studying at the time of

the interview have been excluded from the population.

Value of LBFDDSTU	Condition(s)	Description
6 (NA)	LBFD_01 = NA or SDCD_8 = 2	Population exclusion
9 (NS)	(LBFD_21 = DK, R, NS) or (SDCD_9 = DK, R, NS)	At least one required question was not answered (don't know, refusal, not stated)
1	(LBFD_01 = 1 or LBFD_02 = 1 or LBFD_21 = 1) and SDCD_9 = 1	Worked during last 12 months and currently attending school full-time
2	(LBFD_01 = 1 or LBFD_02 = 1 or LBFD_21 = 1) and SDCD_9 = 2	Worked during last 12 months and currently attending school part-time
3	LBFD_21 = 2 and SDCD_9 = 1	Did not work during last 12 months and currently attending school full-time
4	LBFD_21 = 2 and SDCD_9 = 2	Did not work during last 12 months and currently attending school part-time

# Income (6 DVs)

# 1) Total household income - main source - grouped

Variable name: INCDG2 Based on: INCD\_2

**Description:** This variable groups the main source of total household income into four categories.

Value of INCDDIA2	Condition(s)	Description
9 (NS)	$(INCD_2 = DK, R, NS)$	Required question was not answered (don't know, refusal, not stated)
1	$(INCD_2 = 1, 2)$	Wages/salaries or self-employment
2	(INCD_2 = 4, 5, 10)	Employment insurance or worker's compensation or social assistance/welfare
3	(INCD_2 = 6, 7, 8)	Canada or Quebec pension or retirement pensions or old age security/GIS
4	(INCD_2 = 3, 9, 11, 12, 13, 14)	Dividends/interest or child tax benefit or child support or alimony or other or no income

# 2) Total household income – 2 categories

Variable name: INCDDIA2

Based on: DHHDDHSZ, INCD\_3A, INCD\_3B, INCD\_3C, INCD\_3D, INCD\_3E, INCD\_3F

**Description:** This variable classifies the total household income into two categories based on total household income and the number of people living in the household.

Value of INCDDIA2	Condition(s)	Description
9 (NS)	(INCD_3A = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
1	[(DHHDDHSZ = 1, 2) and (INCD_3A = 3 or INCD_3B = 1 or INCD_3D = 1)] or [(DHHDDHSZ = 3, 4) and (INCD_3A = 1, 3)] or [DHHDDHSZ >= 5 and ({INCD_3A = 1, 3} or INCD_3F = 1)]	Low income < \$15,000 if 1 or 2 people; < \$20,000 if 3 or 4 people; < \$30,000 if 5+ people
2	[(DHHDDHSZ = 1, 2) and (INCD_3A = 2 or INCD_3D = 2)] or [(DHHDDHSZ = 3, 4) and INCD_3A = 2] or [DHHDDHSZ >= 5 and (INCD_3E = 2 or INCD_3F = 2)]	Middle or high income >= \$15,000 if 1 or 2 people; >= \$20,000 if 3 or 4 people; >= \$30,000 if 5+ people
9 (NS)	Else	Not enough information for the classification

#### 3) Total household income – 4 categories

Variable name: INCDDIA4

Based on: DHHDDHSZ, INCD\_3A, INCD\_3B, INCD\_3C, INCD\_3D, INCD\_3E, INCD\_3F, INCD\_3G

Description: This variable classifies the total household income into four categories based on total household

income and the number of people living in the household.

Value of INCDDIA4	Condition(s)	Description
9 (NS)	(INCD_3A = DK, R, NS)	Required question was not answered
1	[(DHHnDHSZ= 1, 2) and (INCn_3A = 3 or INCn_3B = 1 or INCn_3D = 1)] or	(don't know, refusal, not stated)  Lowest income grouping  < \$15,000 if 1 or 2 people;  < \$20,000 if 3 or 4 people;  < \$30,000 if 5+ people
	[(DHHnDHSZ= 3, 4) and (INCn_3A = 1, 3)] or [DHHnDHSZ >= 5 and ({INCn_3A = 1, 3} or INCn_3F = 1)]	
2	[(DHHnDHSZ = 1, 2) and (INCn_3D = 2 or INCn_3F = 1)] or [(DHHnDHSZ = 3, 4) and INCn_3E = 1] or [DHHnDHSZ >= 5 and (INCn_3F = 2 or {INCn_3G = 1, 2})]	Lower middle income grouping \$15,000 to \$29,999 if 1 or 2; \$20,000 to \$39,999 if 3 or 4; \$30,000 to \$59,999 if 5+
3	[(DHHnDHSZ = 1, 2) and (INCn_3F = 2 or {INCn_3G = 1, 2})] or [(DHHnDHSZ = 3, 4) and (INCn_3G = 1, 2, 3)] or [DHHnDHSZ >= 5 and INCn_3G = 3]	Upper middle income grouping \$30,000 to \$59,999 if 1 or 2; \$40,000 to \$79,999 if 3 or 4; \$60,000 to \$79,999 if 5+
4	[(DHHnDHSZ = 1, 2) and (INCn_3G = 3, 4)] or [DHHnDHSZ >= 3 and INCn_3G = 4]	Highest income grouping >= \$60,000 if 1 or 2; >= \$80,000 if 3+
9 (NS)	Else	Not enough information for the classification

## 4) Total household income – 5 categories

Variable name: INCDDIA5

Based on: DHHDDHSZ, INCD\_3A, INCD\_3B, INCD\_3C, INCD\_3D, INCD\_3E, INCD\_3F, INCD\_3G

**Description:** This variable classifies the total household income into five categories based on total household

income and the number of people living in the household.

Value of INCDDIA5	Condition(s)	Description
9 (NS)	$(INCD_3A = DK, R, NS)$	Required question was not answered
		(don't know, refusal, not stated)

Value of INCDDIA5	Condition(s)	Description
1	[DHHDDHSZ < 5 and (INCD_3A = 3 or INCD_3B = 1)] or [DHHDDHSZ >= 5 and (INCD_3A = 3 or INCD_3B = 1 or INCD_3D = 1)]	Lowest income grouping < \$10,000 if 1 to 4 people; < \$15,000 if 5+ people
2	[(DHHDDHSZ = 1, 2) and INCD_3D = 1] or [(DHHDDHSZ = 3, 4) and INCD_3B = 2] or [DHHDDHSZ >= 5 and (INCD_3D = 2 or INCD_3F = 1)]	Lower middle income grouping \$10,000 to \$14,999 if 1 or 2; \$10,000 to \$19,999 if 3 or 4; \$15,000 to \$29,999 if 5+
3	[(DHHDDHSZ = 1, 2) and (INCD_3D = 2 or INCD_3F = 1)] or [(DHHDDHSZ = 3, 4) and INCD_3E = 1] or [DHHDDHSZ >= 5 and (INCD_3F = 2 or {INCD_3G = 1, 2})]	Middle income grouping \$15,000 to \$29,999 if 1 or 2; \$20,000 to \$39,999 if 3 or 4; \$30,000 to \$59,999 if 5+
4	[(DHHDDHSZ = 1, 2) and (INCD_3F = 2 or {INCD_3G = 1, 2})] or [(DHHDDHSZ = 3, 4) and (INCD_3G = 1, 2, 3)] or [DHHDDHSZ >= 5 and INCD_3G = 3]	Upper middle income grouping \$30,000 to \$59,999 if 1 or 2; \$40,000 to \$79,999 if 3 or 4; \$60,000 to \$79,999 if 5+
5	[(DHHDDHSZ = 1, 2) and (INCD_3G = 3, 4)] or [DHHDDHSZ >= 3 and INCD_3G = 4]	Highest income grouping >= \$60,000 if 1 or 2; >= \$80,000 if 3+
9 (NS)	Else	Not enough information for the classification

# 5) Total household income – all sources, grouped

Variable name: INCDGHH

 $\textbf{Based on:} \ \mathsf{INCD\_3A}, \ \mathsf{INCD\_3B}, \ \mathsf{INCD\_3C}, \ \mathsf{INCD\_3D}, \ \mathsf{INCD\_3E}, \ \mathsf{INCD\_3F}, \ \mathsf{INCD\_3G}$ 

**Description:** This variable groups the total household income from all sources.

**Technical Specs:** Some values have been grouped as specified below.

Value of INCDGHH	Condition(s)	Description
9 (NS)	$(INCD_3A = DK, R, NS)$	Required question was not answered (don't know, refusal, not stated)
1	INCD_3A = 3 or	No income or less than \$15,000

	INCD_3C = 1 or	
	INCD_3C = 2 or	
	INCD_3D = 1	
2	$INCD_3D = 2 \text{ or}$	\$15,000 to \$29,999
	INCD_3F = 1	
3	INCD_3F = 2 or	\$30,000 to \$49,999
	INCD_3G = 1	
4	INCD_3G = 2 or	\$50,000 to \$79,999
	INCD_3G = 3	
5	INCD_3G = 4	\$80,000 +
9 (NS)	Else	Not enough information for the
, ,		classification

## 6) Personal income - all sources - grouped

Variable name: INCDGPER

**Based on:** INCD\_4A, INCD\_4B, INCD\_4C, INCD\_4D, INCD\_4E, INCD\_4F, INCD\_4G **Description:** This variable indicates the respondent's personal income from all sources.

**Note**: Respondents less than 15 years old were excluded from the population.

Technical Specs: Some values have been grouped as specified below.

Value of INCDDPER	Condition(s)	Description
96 (NA)	DHHD_AGE < 15	Population exclusion
99 (NS)	(INCD_4A = DK, R, NS)	Required question was not answered (don't know, refusal, not stated)
1	$(INCD_4A = 3, NA)$	No income
2	INCD_4C = 1 or INCD_4C = 2 or INCD_4D = 1	Less than \$15,000
3	INCD_4D = 2 or INCD_4F = 1	\$15,000 to \$29,999
4	INCD_4F = 2 or INCD_4G = 1	\$30,000 to \$49,999
5	INCD_4G = 2 or INCD_4G = 3	\$50,000 to \$79,999
6	INCD_4G = 4	\$80,000 +
99 (NS)	Else	Not enough information for the classification