

CCHS Cycle 2.2: Record Layout

Public Use Microdata File

October 2005

Variable	Length	Position	Concept
ADMD_RNO	6	0001 - 0006	Sequential record number
GEOD_PRV	2	0007 - 0008	Province of residence of respondent
GEODDPMF	5	0009 - 0013	Health Region (5) - (D)
SAMDDQTR	1	0014 - 0014	Season - (D)
ADMD_PRX	1	0015 - 0015	Health Component completed by proxy
ADMDDD1	2	0016 - 0017	Reference day - First 24-Hour Recall - (D)
ADMDFW1	1	0018 - 0018	Weekend reference day - First 24-Hour Recall - (F)
ADMD_N09	1	0019 - 0019	Interview by telephone or in person
ADMD_N10	1	0020 - 0020	Respondent alone during interview
ADMD_N11	1	0021 - 0021	Answers affected by presence of another person
ADMD_N13	1	0022 - 0022	Child present and able to participate during the interview
DHHDGAGE	2	0023 - 0024	Age - (G)
DHHDDRI	2	0025 - 0026	Age/sex groupings - Dietary Reference Intakes (DRIs) - (D)
DHHD_SEX	1	0027 - 0027	Sex
DHHDGMS	1	0028 - 0028	Marital Status - (G)
GEND_01	1	0029 - 0029	Self-perceived health
GEND_02A	1	0030 - 0030	Satisfaction with life in general
GEND_02B	1	0031 - 0031	Self-perceived mental health
GEND_07	1	0032 - 0032	Self-perceived stress
GEND_10	1	0033 - 0033	Sense of belonging to local community
GENDDHDI	1	0034 - 0034	Self-rated health - (D)
GENDDMHI	1	0035 - 0035	Self-rated mental health - (D)
PACD_1A	1	0036 - 0036	Activity / last 3 months - walking for exercise
PACD_1B	1	0037 - 0037	Activity / last 3 months - gardening or yard work
PACD_1C	1	0038 - 0038	Activity / last 3 months - swimming
PACD_1D	1	0039 - 0039	Activity / last 3 months - bicycling
PACD_1E	1	0040 - 0040	Activity / last 3 months - popular or social dance
PACD_1F	1	0041 - 0041	Activity / last 3 months - home exercises
PACD_1G	1	0042 - 0042	Activity / last 3 months - ice hockey
PACD_1H	1	0043 - 0043	Activity / last 3 months - ice skating
PACD_1I	1	0044 - 0044	Activity / last 3 months - in-line skating or rollerblading
PACD_1J	1	0045 - 0045	Activity / last 3 months - jogging or running
PACD_1K	1	0046 - 0046	Activity / last 3 months - golfing
PACD_1L	1	0047 - 0047	Activity / last 3 months - exercise class or aerobics
PACD_1M	1	0048 - 0048	Activity / last 3 months - downhill skiing or snowboarding
PACD_1N	1	0049 - 0049	Activity / last 3 months - bowling

CCHS Cycle 2.2: Record Layout

Public Use Microdata File

October 2005

Variable	Length	Position	Concept
PACD_1O	1	0050 - 0050	Activity / last 3 months - baseball or softball
PACD_1P	1	0051 - 0051	Activity / last 3 months - tennis
PACD_1Q	1	0052 - 0052	Activity / last 3 months - weight-training
PACD_1R	1	0053 - 0053	Activity / last 3 months - fishing
PACD_1S	1	0054 - 0054	Activity / last 3 months - volleyball
PACD_1T	1	0055 - 0055	Activity / last 3 months - basketball
PACD_1Z	1	0056 - 0056	Activity / last 3 months - soccer
PACD_1U	1	0057 - 0057	Activity / last 3 months - other (#1)
PACD_1V	1	0058 - 0058	Activity / last 3 months - no physical activity
PACD_1W	1	0059 - 0059	Activity / last 3 months - other (#2)
PACD_1X	1	0060 - 0060	Activity / last 3 months - other (#3)
PACD_2A	3	0061 - 0063	Number of times / 3 months - walking for exercise
PACD_3A	1	0064 - 0064	Time spent - walking for exercise
PACD_2B	3	0065 - 0067	Number of times / 3 months - gardening or yard work
PACD_3B	1	0068 - 0068	Time spent - gardening or yard work
PACD_2C	3	0069 - 0071	Number of times / 3 months - swimming
PACD_3C	1	0072 - 0072	Time spent - swimming
PACD_2D	3	0073 - 0075	Number of times / 3 months - bicycling
PACD_3D	1	0076 - 0076	Time spent - bicycling
PACD_2E	3	0077 - 0079	Number of times / 3 months - popular or social dance
PACD_3E	1	0080 - 0080	Time spent - popular or social dance
PACD_2F	3	0081 - 0083	Number of times / 3 months - home exercises
PACD_3F	1	0084 - 0084	Time spent - home exercises
PACD_2G	3	0085 - 0087	Number of times / 3 months - ice hockey
PACD_3G	1	0088 - 0088	Time spent - ice hockey
PACD_2H	3	0089 - 0091	Number of times / 3 months - ice skating
PACD_3H	1	0092 - 0092	Time spent - ice skating
PACD_2I	3	0093 - 0095	Number of times / 3 months- in-line skating or rollerblading
PACD_3I	1	0096 - 0096	Time spent - in-line skating or rollerblading
PACD_2J	3	0097 - 0099	Number of times / 3 months - jogging or running
PACD_3J	1	0100 - 0100	Time spent - jogging or running
PACD_2K	3	0101 - 0103	Number of times / 3 months - golfing
PACD_3K	1	0104 - 0104	Time spent - golfing
PACD_2L	3	0105 - 0107	Number of times / 3 months - exercise class or aerobics
PACD_3L	1	0108 - 0108	Time spent - exercise class or aerobics
PACD_2M	3	0109 - 0111	Number of times / 3 months - downhill skiing or snowboarding

CCHS Cycle 2.2: Record Layout

Public Use Microdata File

October 2005

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PACD_3M	1	0112 - 0112	Time spent - downhill skiing or snowboarding
PACD_2N	3	0113 - 0115	Number of times / 3 months - bowling
PACD_3N	1	0116 - 0116	Time spent - bowling
PACD_2O	3	0117 - 0119	Number of times / 3 months - baseball or softball
PACD_3O	1	0120 - 0120	Time spent - baseball or softball
PACD_2P	3	0121 - 0123	Number of times / 3 months - tennis
PACD_3P	1	0124 - 0124	Time spent - tennis
PACD_2Q	3	0125 - 0127	Number of times / 3 months - weight-training
PACD_3Q	1	0128 - 0128	Time spent - weight-training
PACD_2R	3	0129 - 0131	Number of times / 3 months - fishing
PACD_3R	1	0132 - 0132	Time spent - fishing
PACD_2S	3	0133 - 0135	Number of times / 3 months - volleyball
PACD_3S	1	0136 - 0136	Time spent - volleyball
PACD_2T	3	0137 - 0139	Number of times / 3 months - basketball
PACD_3T	1	0140 - 0140	Time spent - basketball
PACD_2Z	3	0141 - 0143	Number of times / 3 months - soccer
PACD_3Z	1	0144 - 0144	Time spent - soccer
PACD_2U	3	0145 - 0147	Number of times / 3 months - other activity (#1)
PACD_3U	1	0148 - 0148	Time spent - other activity (#1)
PACD_2W	3	0149 - 0151	Number of times / 3 months - other activity (#2)
PACD_3W	1	0152 - 0152	Time spent - other activity (#2)
PACD_2X	3	0153 - 0155	Number of times / 3 months - other activity (#3)
PACD_3X	1	0156 - 0156	Time spent - other activity (#3)
PACDDEE	4.1	0157 - 0160	Daily energy expenditure - (D)
PACDFLEI	1	0161 - 0161	Participant in leisure physical activity - (F)
PACDDFM	3	0162 - 0164	Monthly frequency - physical activity lasting > 15 min.- (D)
PACDDFR	1	0165 - 0165	Frequency of all physical activity >15 min. - (D)
PACDFD	1	0166 - 0166	Participant in daily physical activity > 15 min. - (F)
PACDDPAI	1	0167 - 0167	Physical activity index - (D)
SACD_1	2	0168 - 0169	Number of hours - on a computer
SACD_2	2	0170 - 0171	Number of hours - playing video games
SACD_3	2	0172 - 0173	Number of hours - watching television or videos
SACD_4	2	0174 - 0175	Number of hours - reading
SACDDTOT	2	0176 - 0177	Total number of hours / week - sedentary activities - (D)
SACDDTER	2	0178 - 0179	Total no. hrs / week (excl. reading) - sedentary act. - (D)
CPAD_1	1	0180 - 0180	Number of days physically active - past 7 days

CCHS Cycle 2.2: Record Layout

Public Use Microdata File

October 2005

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CPAD_2	1	0181 - 0181	Number of days physically active - usual week
CPAD_3	1	0182 - 0182	Number of hours / usual week - active - school free time
CPAD_4	1	0183 - 0183	Number of hours / usual week - active - school class time
CPAD_5	1	0184 - 0184	No. of hours / usual week - active - org. act. outs. school
CPAD_6	1	0185 - 0185	No. hours / usual week - active - unorg. act. outs. school
CPAD_7	2	0186 - 0187	Number of hours / day - watch TV or videos
CPAD_8	2	0188 - 0189	Number of hours / day - time spent on a computer
CPADDTOT	2	0190 - 0191	Total number of hours / week - physical activities - (D)
CPADDSAC	4.1	0192 - 0195	Total number of hours / day - sedentary activities - (D)
HWTDFDO	1	0196 - 0196	Body measures - measured or measured & self-reported - (F)
HWTDGHTM	5.3	0197 - 0201	Height (metres) / self-reported - (D, G)
HWTDGWTK	6.2	0202 - 0207	Weight (kilograms) / self-reported - (D, G)
HWTDGBMI	6.2	0208 - 0213	Body Mass Index (BMI) / self-report - (D, G)
HWTDGISW	1	0214 - 0214	BMI class. (18 +) / self-report - Intern. standard - (D, G)
HWTDGCOL	1	0215 - 0215	BMI class. (2 to 17) / self-report - Cole system - (D, G)
MHWDGHTM	5.3	0216 - 0220	Height (metres) / measured - (D, G)
MHWDGWTK	6.2	0221 - 0226	Weight (kilograms) / measured - (D, G)
MHWDDRSN	2	0227 - 0228	Reasons for not calculating BMI - (D)
MHWDGBMI	6.2	0229 - 0234	Body Mass Index (BMI) / measure - (D, G)
MHWDGISW	1	0235 - 0235	BMI class. (18 +) / measure - Intern. standard - (D, G)
MHWDGCOL	1	0236 - 0236	BMI classification (2 to 17) / measure - Cole system - (D,G)
WHCD_01	1	0237 - 0237	Has begun menstrual cycles
WHCD_02	3	0238 - 0240	Age of first period
WHCD_04	1	0241 - 0241	Has given birth - past five years
WHCD_05	1	0242 - 0242	Currently breastfeeding
WHCD_06	1	0243 - 0243	Periods stopped
WHCD_08	1	0244 - 0244	Has taken birth control pills - past month
FVCDDJUI	5.1	0245 - 0249	Daily consumption - fruit juice - (D)
FVCDDFRU	5.1	0250 - 0254	Daily consumption - fruit - (D)
FVCDDSAL	5.1	0255 - 0259	Daily consumption - green salad - (D)
FVCDDPOT	5.1	0260 - 0264	Daily consumption - potatoes - (D)
FVCDDCAR	5.1	0265 - 0269	Daily consumption - carrots - (D)
FVCDDVEG	5.1	0270 - 0274	Daily consumption - other vegetables - (D)
FVCDDTOT	5.1	0275 - 0279	Daily consumption - total fruits and vegetables - (D)
FVCDGTOT	1	0280 - 0280	Daily consumption - total fruits and vegetables - (G)
CCCD_071	1	0281 - 0281	Has high blood pressure

CCHS Cycle 2.2: Record Layout

Public Use Microdata File

October 2005

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CCCD_101	1	0282 - 0282	Has diabetes
CCCDG102	2	0283 - 0284	Diabetes - age first diagnosed - (G)
CCCD_121	1	0285 - 0285	Has heart disease
CCCD_131	1	0286 - 0286	Has cancer
CCCD_141	1	0287 - 0287	Has intestinal or stomach ulcers
CCCD_171	1	0288 - 0288	Has a bowel disorder / Crohn's Disease or colitis
CCCD_401	1	0289 - 0289	Has osteoporosis
CCCD_901	1	0290 - 0290	Other long-term physical or mental health condition
CCCDF1	1	0291 - 0291	Has a chronic condition - (F)
SMKD_01A	1	0292 - 0292	Smoked 100 or more cigarettes - life
SMKD_202	1	0293 - 0293	Type of smoker
SMKD_204	3	0294 - 0296	Number of cigarettes smoked per day (daily smoker)
SMKD_05B	3	0297 - 0299	Number of cigarettes smoked per day (occasional smoker)
SMKD_05C	2	0300 - 0301	Number of days - smoked 1 cigarette or more (occ. smoker)
SMKD_05D	1	0302 - 0302	Ever smoked cigarettes daily
SMKD_06A	1	0303 - 0303	Stopped smoking - when (was never a daily smoker)
SMKD_09A	1	0304 - 0304	Stopped smoking daily - when (former daily smoker)
SMKD_10	1	0305 - 0305	Quit smoking completely (former daily smoker)
SMKD_10A	1	0306 - 0306	Stopped smoking completely - when (former daily smoker)
SMKDDSTY	2	0307 - 0308	Type of smoker - (D)
SMKDDSTP	1	0309 - 0309	Number of years since stopping smoking completely - (D)
ALCD_1	1	0310 - 0310	Drank alcohol in past 12 months
ALCD_2	2	0311 - 0312	Frequency of drinking alcohol
ALCD_3	2	0313 - 0314	Frequency of having 5 or more drinks
FSCD_010	1	0315 - 0315	Food situation in household - 12 mo.
FSCD_020	1	0316 - 0316	Worried food would run out - 12 mo.
FSCD_030	1	0317 - 0317	Food bought just didn't last - 12 mo.
FSCD_040	1	0318 - 0318	Could not afford to eat balanced meals - 12 mo.
FSCD_050	1	0319 - 0319	Relied on few kinds of low-cost food for children - 12 mo.
FSCD_060	1	0320 - 0320	Could not feed children a balanced meal - 12 mo.
FSCD_070	1	0321 - 0321	Children were not eating enough - 12 mo.
FSCD_080	1	0322 - 0322	Adults skipped or cut size of meals - 12 mo.
FSCD_081	1	0323 - 0323	Adults skipped or cut size of meals - frequency - 12 mo.
FSCD_090	1	0324 - 0324	Ate less than felt should - 12 mo.
FSCD_100	1	0325 - 0325	Was hungry but did not eat - 12 mo.
FSCD_110	1	0326 - 0326	Lost weight - 12 mo.

CCHS Cycle 2.2: Record Layout

Public Use Microdata File

October 2005

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FSCD_120	1	0327 - 0327	Adults did not eat for whole day - 12 mo.
FSCD_121	1	0328 - 0328	Adults did not eat whole day - frequency - 12 mo.
FSCD_130	1	0329 - 0329	Adults cut size of children's meals - 12 mo.
FSCD_140	1	0330 - 0330	Children skipped meals - 12 mo.
FSCD_141	1	0331 - 0331	Children skipped meals - frequency - 12 mo.
FSCD_150	1	0332 - 0332	Children were hungry - 12 mo.
FSCD_160	1	0333 - 0333	Children did not eat for whole day - 12 mo.
FSCDDHFS	1	0334 - 0334	Household food security status - (D)
SDCD_8	1	0335 - 0335	Currently attending a school, college or university
SDCD_9	1	0336 - 0336	Full-time student or part-time student
SDCDGCBG	1	0337 - 0337	Country of birth - (G)
SDCDFIMM	1	0338 - 0338	Immigrant status - (F)
SDCDGRES	1	0339 - 0339	Length of time in Canada since immigration - (D, G)
SDCDGLNG	1	0340 - 0340	Languages in which the respondent can converse - (D, G)
SDCDGRAC	1	0341 - 0341	Cultural or racial origin - (D, G)
EDUDDR04	1	0342 - 0342	Highest level of education - respondent, 4 levels - (D)
EDUDDH04	1	0343 - 0343	Highest level of education - household, 4 levels - (D)
DHHDGHSZ	1	0344 - 0344	Household size - (D, G)
DHHDGL12	1	0345 - 0345	Number of persons less than 12 yrs old in household - (D, G)
DHHDGLE5	1	0346 - 0346	Number of persons 5 years old or less in household - (D, G)
DHHDG611	1	0347 - 0347	Number of persons 6 to 11 years old in household - (D, G)
DHHDGLVG	2	0348 - 0349	Living arrangement of selected respondent - (D, G)
DHHD_OWN	1	0350 - 0350	Dwelling - owned by a member of household
DHHDGBED	1	0351 - 0351	Dwelling - number of bedrooms - (G)
LBFDWSS	1	0352 - 0352	Working status last week - 4 groups - (D)
LBFDWSSL	2	0353 - 0354	Working status last week - 6 groups - (D)
LBFDGRNW	2	0355 - 0356	Main reason for not working last week - (D, G)
LBFDJMJS	1	0357 - 0357	Multiple job status - (D)
LBFDHPW	3	0358 - 0360	Total usual hours worked per week - (D)
LBFDPFPT	1	0361 - 0361	Usual hours worked - full-time / part-time status - (D)
LBFDGJST	1	0362 - 0362	Job status over past year - (D, G)
LBFDSTU	1	0363 - 0363	Student working status - (D)
INCDG2	1	0364 - 0364	Total household income - main source - (G)
INCDDIA2	1	0365 - 0365	Income adequacy - 2 groups - (D)
INCDDIA4	1	0366 - 0366	Income adequacy - 4 groups - (D)
INCDDIA5	1	0367 - 0367	Income adequacy - 5 groups - (D)

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Public Use Microdata File

October 2005

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INCDGHH	1	0368 - 0368	Total household income from all sources - (D, G)
INCDGPER	2	0369 - 0370	Total personal income from all sources - (D, G)
WTSD_MHW	8.2	0371 - 0378	Height and Weight / Weights - Master
WTSD_M	8.2	0379 - 0386	Weights - Master