

HEALTH BEHAVIOUR IN SCHOOL-AGED CHILDREN (HBSC)
A WORLD HEALTH ORGANIZATION CROSS-NATIONAL STUDY

Data Dictionary for the 1997/98 data set

Conducted in Canada by
Social Program Evaluation Group
Queen's University at Kingston

List of variables on the working file

Items 73 and 74 were addressed only to Grades 8, 9 and 10 students.

Name (Position) Label

id (1) Identification number

Format: F5

Missing Values: -9

datem (2) month questionnaire administered

Format: F2

Missing Values: -9

dated (3) day questionnaire administered

Format: F2

Missing Values: -9

sex (4)

Format: F1

Missing Values: -9

Value	Label
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1	male
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2	female
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bornm (5) month of birth

Format: F2

Missing Values: -9

borny (6) year of birth

Format: F2

Missing Values: -9

grade (7)

Format: F2

Missing Values: -9

q4 (8) fathers occupation

Format: F1

Missing Values: -9

Value	Label
-------	-------

1	Don't know or uncodable
---	-------------------------

2	Not in work force
---	-------------------

- 3 Homemaker
- 4 Unskilled worker
- 5 Farmer or fisherman
- 6 sales-clerical
- 7 Skilled worker
- 8 lower level professional
- 9 top level professional

q5 (9) mothers occupation

Format: F1

Missing Values: -9

Value Label

- 1 Don't know or uncodable
- 2 Not in work force
- 3 Homemaker
- 4 Unskilled worker
- 5 Farmer or fisherman
- 6 sales-clerical
- 7 Skilled worker
- 8 lower level professional
- 9 top level professional

q6 (10) expectations after high school

Format: F2

Missing Values: -9

Value Label

- 1 university
- 2 community college
- 3 CEGEP-pre-university
- 4 CEGEP-professional
- 5 tech or business college
- 6 Apprenticeship
- 7 job
- 8 Armed Forces
- 9 unemployed
- 10 uncertain
- 11 other

q7 (11) your work in school compared to others

Format: F1

Missing Values: -9

Value Label

- 1 Very good
- 2 Good
- 3 Average
- 4 Below average

q8 (12) How do you feel about school at present

Format: F1

Missing Values: -9

Value Label

- 1 Like a lot
- 2 Like a bit
- 3 Not very much
- 4 Not at all

q9 (13) How much money do you usually get each week (IN DOLLARS)

Format: F3

Missing Values: -9

q10 (14) Have you ever smoked tobacco?

Format: F1

Missing Values: -9

Value Label

- 1 yes
- 2 No

q11 (15) how often smoke at present

Format: F1

Missing Values: -9

Value Label

- 0 Do not smoke
- 1 Less than weekly
- 2 Every week
- 3 Every day

q12 (16) number of cigarettes a week

Format: F3

Missing Values: -9

q13 (17) age when started smoking daily

Format: F2

Missing Values: -9

q14 (18) ever tasted an alcoholic drink

Format: F1

Missing Values: -9

Value Label

- 1 yes
- 2 No

q15a (19) how often drink beer

Format: F1

Missing Values: -9

Value Label

- 0 never
- 1 less than monthly
- 2 every month
- 3 every week
- 4 every day

q15b (20) how often drink wine

Format: F1

Missing Values: -9

Value Label

- 0 never
- 1 less than monthly
- 2 every month
- 3 every week
- 4 every day

q15c (21) how often drink liquor

Format: F1

Missing Values: -9

Value Label

- 0 never
- 1 less than monthly
- 2 every month

- 3 every week
- 4 every day

q16 (22) how often been really drunk

Format: F1

Missing Values: -9

Value Label

- 0 Never
- 1 Once
- 2 2-3 times
- 3 4-10 times
- 4 More

q17 (23) times a week exercise

Format: F1

Missing Values: -9

Value Label

- 0 Never
- 1 less
- 2 Once a month
- 3 Once a week
- 4 2-3 times a week
- 5 4-6 times a week
- 6 Every day

q18 (24) hours a week exercise

Format: F1

Missing Values: -9

Value Label

- 0 None
- 1 1/2 hour
- 2 1 hour
- 3 2-3 hours
- 4 4-6 hours
- 5 7 hours or more

q19 (25) How often do you brush your teeth?

Format: F1

Missing Values: -9

Value Label

- 0 never
- 1 less than weekly
- 2 weekly
- 3 daily
- 4 more than daily

q20 (26) How often do you floss?

Format: F1

Missing Values: -9

Value Label

- 0 seldom or never
- 1 at least weekly
- 2 most days

q21 (27) Are you on a diet to lose weight

Format: F1

Missing Values: -9

Value Label

- 1 No, weight is fine
- 2 No, need to lose
- 3 Yes

q22a (28) How often drink coffee

q22b (29) how often eat fruit

q22c (30) how often drink soft drinks

q22d (31) how often eat candy

q22e (32) how often eat cakes

q22f (33) how often eat raw veggies

q22g (34) how often eat cooked veggies

q22h (35) how often eat potato chips

q22i (36) how often eat french fries

q22j (37) how often eat hamburgs or hot dogs

q22k (38) how often eat whole wheat or rye bread

q22l (39) how often drink low fat milk

q22m (40) how often drink whole milk

q23 (41) how often do you eat breakfast

Format: F1

Missing Values: -9

Value Label

- 0 hardly ever-never
- 1 once a week
- 2 2-3 days a week
- 3 4-6 days a week
- 4 every day

q24 (42) how often use seatbelt in car

Format: F1

Missing Values: -9

Value Label

- 0 rarely or never
- 1 sometimes
- 2 often
- 3 always
- 4 no seat belt
- 5 never in car

q25 (43) how often wear helmet when cycling

Format: F1

Missing Values: -9

Value Label

- 0 rarely or never
- 1 sometimes
- 2 often
- 3 always
- 4 don't ride bike

q26 (44) how healthy do you think you are

Format: F1

Missing Values: -9

Value Label

- 1 Very healthy
- 2 Quite healthy
- 3 Not very healthy

q27 (45) In general how do you feel about your life?

Format: F1

Missing Values: -9

Value Label

- 1 Very happy
- 2 Quite happy
- 3 Not very happy
- 4 Not happy at all

q28 (46) Do you ever feel lonely?

Format: F1

Missing Values: -9

Value Label

- 0 no
- 1 sometimes
- 2 quite often
- 3 very often

q29a (47) had headache last six months

q29b (48) had stomach-ache last six months

q29c (49) had backache last six months

q29d (50) felt depressed in last six months

q29e (51) been in bad mood in last six months

q29f (52) felt nervous in last six months

q29g (53) difficulties getting to sleep last 6 months

q29h (54) felt dizzy in last six months

Format: F1

Missing Values: -9

Value Label

- 0 Seldom or never
- 1 once a month
- 2 every week
- 3 2+ times a week
- 4 most days

q30a (55) took medicine for cough

q30b (56) took medicine for cold

q30c (57) took medicine for headache

q30d (58) took medicine for stomach-ache

q30e (59) took medicine for difficulty sleeping

q30f (60) took medicine for nervousness

Format: F1

Missing Values: -9

Value Label

- 1 no
- 2 once
- 3 more than once

q31 (61) How often tired when go to school

Format: F1

Missing Values: -9

Value Label

- 0 Seldom or never
- 1 Occasionally
- 2 1-3 times a week
- 3 4 or more times a week

q32 (62) have long-term illness or condition

Format: F1

Missing Values: -9

Value Label

- 1 yes
- 2 no

q32.1 (63) 1st specific illness or condition

q32.2 (64) 2nd specific illness or condition

Format: F2

Missing Values: -9

Value Label

- 2 Asthma
- 6 Allergies
- 7 Asthma & allergies
- 8 Psychiatric
- 9 Arthritis-Joints
- 10 ADD
- 11 Endocrine
- 12 Back Problems
- 13 Blind-vision
- 14 lung problems
- 15 Cerebral palsy
- 16 Collateral Circulation
- 17 musculoskeletal
- 18 Down Syndrome
- 20 hearing problem

- 21 Ear Infections
- 22 Eating disorder
- 23 Epilepsy
- 24 skin condition
- 25 Headaches
- 26 Cardiac-Heart
- 28 Kidney disease
- 29 Lactose intolerant
- 30 Leukemia
- 31 knee problems
- 32 Scoliosis
- 33 Digestive system
- 34 Flu-like affliction
- 35 colitis-crohns-ileitis
- 36 Sore stomach-ulcer
- 37 PMS
- 38 Bladder infections
- 39 Liver damage
- 40 Chemical Imbalance
- 41 Uterus missing
- 42 Cancer
- 43 Spina bifida
- 44 Bone fragility
- 45 Sinus
- 46 blood disorder
- 47 Hernia
- 48 Cystic Fibrosis
- 49 Malignant hyperthermia
- 52 Chronic fatigue
- 55 Herpes
- 56 Obesity
- 57 Neurofibromatosis
- 62 Paralysed vocal cords
- 63 Feet problems
- 64 Chronic cough
- 69 Pregnant
- 70 dizziness
- 71 hip disorder
- 72 Tourettes
- 73 Paralysis
- 74 Internal infections
- 84 Other

q33 (65) hours a day watch television

Format: F1

Missing Values: -9

Value Label

- 0 Not at all
- 1 Less than 1/2 hour
- 2 1/2-1 hour
- 3 2-3 hours
- 4 4 hours
- 5 More than 4 hours

q34a (66) hours a week watch VCR

Format: F1

Missing Values: -9

Value Label

- 0 Not at all
- 1 Less than 1 hour
- 2 1-3 hours
- 3 4-6 hours
- 4 7-9 hours
- 5 10 hours or more

q34b (67) hours a week play computer games

Format: F1

Missing Values: -9

Value Label

- 0 Not at all
- 1 Less than 1 hour
- 2 1-3 hours
- 3 4-6 hours
- 4 7-9 hours
- 5 10 hours or more

q35a (68) live with mother

q35b (69) live with father

q35c (70) live with stepmother

q35d (71) live with stepfather

Format: F1

Missing Values: -9

Value Label

- 1 yes
- 2 No

q37 (72) how many vehicles does family have

Format: F1

Missing Values: -9

Value Label

- 1 no
- 2 one
- 3 two or more

q38 (73) have bedroom all to self

Format: F1

Missing Values: -9

Value Label

- 1 yes
- 2 No

q39 (74) how well off think family is

Format: F1

Missing Values: -9

Value Label

- 1 Very well off
- 2 Well off
- 3 Average
- 4 Not very well off
- 5 Not at all well off

q40 (75) how often vacation in last year

Format: F1

Missing Values: -9

Value Label

- 0 not at all
- 1 once
- 2 twice
- 3 three or more

q41a (76) I like myself**q41b (77) my parents understand me****q41c (78) I have trouble making decisions**

- q41d (79) I have a happy home life
 q41e (80) I am often sorry for the things I do
 q41f (81) I have confidence in myself
 q41g (82) I often wish I were someone else
 q41h (83) my parents expect too much of me
 q41i (84) my parents trust me
 q41j (85) I would change how I look if I could
 q41k (86) I have a lot of arguments with my parents
 q41l (87) there are times I would like to leave home
 q41m (88) I often have a hard time saying no
 q41n (89) what my parents think of me is important

Format: F1

Missing Values: -9

Value Label

- 1 yes
- 2 no
- 3 dont know

- q42 (90) how many times injured in last year and treated by a doctor or nurse**

Format: F1

Missing Values: -9

Value Label

- 0 none
- 1 one
- 2 two
- 3 three
- 4 4 or more

- q43 (91) Where were you when this injury happened?**

Format: F1

Missing Values: -9

Value Label

- 1 at home
- 2 at school
- 3 sports facility
- 4 street-road
- 5 other location

- q44.1 (92) What general activity were you doing at time of injury?**

Format: F1

Missing Values: -9

Value	Label
-------	-------

- | | |
|---|-------------------------|
| 1 | biking |
| 2 | skating |
| 3 | sport |
| 4 | vehicular |
| 5 | walking-running-jumping |
| 6 | fighting-play fighting |
| 7 | other |

q44a (93) What were you doing at time of injury?

Format: F3

Missing Values: -9

Value	Label
-------	-------

- | | |
|----|----------------------|
| 1 | Aerobics |
| 2 | Archery |
| 3 | Ballet |
| 4 | Baseball |
| 5 | Softball |
| 6 | Basketball |
| 7 | Bowling |
| 8 | Boxing |
| 9 | Climbing |
| 10 | Curling |
| 11 | Cricket |
| 12 | Cycling |
| 13 | Dance |
| 14 | diving from board |
| 15 | diving other |
| 16 | Exercising |
| 17 | Fencing |
| 18 | tacklefootball |
| 19 | flag-touch football |
| 20 | Games (unspecified) |
| 21 | Darts-pool-billiards |
| 22 | Frisbee |
| 23 | hackesack |
| 24 | Tag |
| 25 | Playing catch |
| 26 | Keep away |
| 27 | Dodgeball |
| 28 | Doing crafts |
| 29 | Hide & seek |

- 30 Golf
- 31 Gymnastics-Trampoline
- 32 Gym class
- 33 Handball
- 34 European Handball
- 35 Hurling
- 36 Ice Hockey
- 37 Field Hockey
- 38 Road or floor Hockey
- 39 Inline hockey
- 40 Ringette
- 41 Broomball
- 42 Horseback riding
- 43 Jet skiing
- 44 Lacrosse
- 45 box lacrosse
- 46 field lacrosse
- 47 Martial Arts
- 48 Rugby/rugger
- 49 Skating
- 50 Figure skaing
- 51 Precision Skating
- 52 Recreational skating
- 53 Speed skating
- 54 In-line skating
- 55 downhill snow sports
- 56 nordic skiing
- 57 downhill skiing
- 58 ski jumping
- 59 snowboarding
- 60 tobogganing-GTing
- 61 Skateboarding
- 62 Soccer
- 63 Snowmobiling
- 64 water activities
- 65 Badminton
- 66 Raquetball
- 67 Squash
- 68 Table tennis
- 69 Tennis
- 70 T&F throwing events
- 71 T&Fjumping events
- 72 Track events-running
- 73 Jogging
- 74 Volleyball
- 75 Water skiing etc.
- 76 Weightlifting

- 77 Wrestling
- 78 vehicle passenger
- 79 bus passenger
- 80 train passenger
- 81 airplane passenger
- 82 subway passenger
- 83 boat drive
- 84 boat passenger
- 85 ATV-go-cart driver
- 86 ATV-go-cart passenger
- 87 driver of motorbike
- 88 motorbike passenger
- 89 driver farm vehicle
- 90 farm vehicle passenger
- 91 Laundry
- 92 Food preparation
- 93 Cooking
- 94 Cleaning-dishes
- 95 Moving household objs.
- 96 Eating or drinking
- 97 Walking
- 98 self transport
- 99 Wash-shower-bathe
- 100 Sleep-rest-sit-stand
- 101 Dress-brushing hair
- 102 Sexual activity
- 103 Garden-yard work
- 104 carpentry etc.
- 105 vehicle maintenance
- 106 Assaulted-bullied
- 107 Fight-non sport
- 108 intended self harm
- 109 sexual assault-rape
- 110 Horsing around
- 111 encounter with animal
- 112 encounter with insect
- 113 at work-working
- 114 body pierce-tattoo
- 115 other
- 116 unspecified-spoiled
- 117 driver of car etc.
- 118 fishing-hunting
- 119 hiking

q45 (94) Did most serious injury happen in organized activity or league?

Format: F1

Missing Values: -9

Value Label

- 1 yes
- 2 No

q46.1 (95) Did you miss a full day of school or usual activities with your most serious injury?

Format: F1

Missing Values: -9

Value Label

- 1 yes
- 2 No

q46.2 (96) How many days did you miss?

Format: F2

Missing Values: -9

q47a (97) had cast put on

q47b (98) got stitches

q47c (99) needed crutches or wheel chair

q47d (100) had an operation

q47e (101) stayed in a hospital overnight

Format: F1

Missing Values: -9

Value Label

- 1 yes
- 2 No

q48a (102) bone broken, dislocated, out of joint

q48b (103) sprain, strain or pulled muscle

q48c (104) cuts, puncture or stab wounds

q48d (105) concussion or other head or neck injury

q48e (106) bruises, internal bleeding

q48f (107) burns

q48g (108) other

Format: F1

Missing Values: -9

Value Label

- 1 yes
- 2 No

q49 (109) month of most serious injury

Format: F2

Missing Values: -9

Value Label

1	january
2	feb
3	march
4	April
5	May
6	June
7	July
8	August
9	Sept.
10	October
11	November
12	December

q50 (110) Number of injuries in the past year not treated

Format: F1

Missing Values: -9

Value Label

0	none
1	one
2	two
3	three
4	4 or more

q51a (111) In our school students take part in making rules**q51b (112) the students are treated too severely****q51c (113) The rules in this school are fair****q51d (114) Our school is a nice place to be****q51e (115) I feel I belong at this school**

Format: F1

Missing Values: -9

Value Label

1	Strongly agree
2	Agree
3	Neither nor
4	Disagree
5	Strongly disagree

8 Not asked

q52a (116) Am encouraged to express my views

q52b (117) Our teachers treat us fairly

q52c (118) When I need extra help, I can get it

q52d (119) My teachers are interested in me as a person

q52e (120) My teachers expect too much of me at school

Format: F1

Missing Values: -9

Value Label

- 1 Strongly agree
- 2 Agree
- 3 Neither nor
- 4 Disagree
- 5 Strongly disagree
- 8 Not asked

q53 (121) how often think school is boring

Format: F1

Missing Values: -9

Value Label

- 0 never
- 1 rarely
- 2 sometimes
- 3 often
- 4 very often

q54a (122) students enjoy being together

q54b (123) students are kind and helpful

q54c (124) Other students accept me as I am

Format: F1

Missing Values: -9

Value Label

- 0 never
- 1 rarely
- 2 sometimes
- 3 often
- 4 always

q55 (125) How many days skipped classes this term

Format: F1

Missing Values: -9

Value Label

- 0 none
- 1 one
- 2 two
- 3 three
- 4 4 or more

q56 (126) Do you feel safe at school?

Format: F1

Missing Values: -9

Value Label

- 0 never
- 1 rarely
- 2 sometimes
- 3 often
- 4 always

q57 (127) Have you been bullied at school this term?

Format: F1

Missing Values: -9

Value Label

- 0 Haven't
- 1 Once or twice
- 2 Sometimes
- 3 Once a week
- 4 Several times a week

q58a (128) made fun of you because of religion or race**q58b (129) made fun of you for way you look or talk****q58c (130) hit, slapped or pushed you****q58d (131) threatened you****q58e (132) spread rumours or mean lies about you****q58f (133) made sexual jokes, comments or gestures**

Format: F1

Missing Values: -9

Value Label

- 0 Haven't
- 1 Once or twice
- 2 Once a week
- 3 more than once a week

q59 (134) who ususally bullies you

Format: F1

Missing Values: -9

Value Label

- 0 not bullied
- 1 one boy
- 2 one girl
- 3 group of boys
- 4 group of girls
- 5 boys and girls

q60 (135) have you bullied others this term

Format: F1

Missing Values: -9

Value Label

- 0 Haven't
- 1 Once or twice
- 2 Sometimes
- 3 Once a week
- 4 Several times a week

q61 (136) how often others not want to spend time with you

Format: F1

Missing Values: -9

Value Label

- 0 hasnt happened
- 1 Once or twice
- 2 Sometimes
- 3 Once a week
- 4 Several times a week

q62a (137) if have problems at school, parents ready to help me
q62b (138) parents willing to come to school to talk to teachers

q62c (139) parents encourage me to do well at school

Format: F1

Missing Values: -9

Value Label

- 0 never
- 1 rarely
- 2 sometimes
- 3 often
- 4 always

q63 (140) parents expect too much of you at school

Format: F1

Missing Values: -9

Value Label

- 1 Strongly agree
- 2 Agree
- 3 Neither nor
- 4 Disagree
- 5 Strongly disagree
- 8 Not asked

q64 (141) how much pressure because of school work

Format: F1

Missing Values: -9

Value Label

- 0 none
- 1 a little
- 2 some
- 3 a lot

q65a (142) how easy to talk to father re things that bother you**q65b (143) how easy to talk to mother re things that bother you****q65c (144) how easy to talk to older brother re things that bother you****q65d (145) how easy to talk to older sister re things that bother you****q65e (146) how easy to talk to same sex friends re things that bother you****q65f (147) how easy to talk to opposite sex friends re things that bother you**

Format: F1

Missing Values: -9

Value Label

- 1 Very easy
- 2 Easy
- 3 Difficult
- 4 Very difficult
- 5 Don't have or see this person

q66 (148) how many close friends do you have

Format: F1

Missing Values: -9

Value Label

- 0 none
- 1 one
- 2 two
- 3 more than two

q67 (149) Is it easy for you to make new friends

Format: F1

Missing Values: -9

Value Label

- 1 Very easy
- 2 Easy
- 3 Difficult
- 4 Very difficult

q68 (150) days a week spent with friends right after school

Format: F1

Missing Values: -9

Value Label

- 0 have no friends
- 1 once a week or less
- 2 2-3 days a week
- 3 4-5 days a week

q69 (151) evenings per week spent out with friends

Format: F1

Missing Values: -9

q70 (152) anything about your body you would like to change

Format: F1

Missing Values: -9

Value Label

- 1 Yes
- 2 No

q71 (153) Do you think your body is too thin or fat

Format: F1

Missing Values: -9

Value Label

- 1 Much too thin
- 2 A bit too thin
- 3 About right
- 4 A bit too fat
- 5 Much too fat
- 6 Don't think about

q72 (154) how good looking are you

Format: F1

Missing Values: -9

Value Label

- 1 Very good looking
- 2 Quite good looking
- 3 Average
- 4 Not very good looking
- 5 Not at all good looking
- 6 Don't think about

q73a (155) how often feel left out of things

q73b (156) how often feel helpless

q73c (157) how often feel confident in yourself

Format: F1

Missing Values: -9

Value Label

- 0 never
- 1 rarely
- 2 sometimes
- 3 often
- 4 always

q74a (158) use marijuana-hashish
q74b (159) use solvents
q74c (160) use cocaine
q74d (161) use heroin-opium-morphine
q74e (162) use amphetamines (uppers, speed)
q74f (163) use LSD-acid
q74g (164) use E or ecstasy
q74h (165) use medical drugs to get stoned
q74i (166) use anabolic steroids

Format: F1

Missing Values: -9

Value	Label
-------	-------

0	never
1	once or twice
2	three or more

q75a (167) friends smoke cigarettes
q75b (168) friends like school
q75c (169) friends think marks are important
q75d (170) friends get along with parents
q75e (171) friends carry weapons
q75f (172) friends use drugs to get stoned
q75g (173) friends have been drunk
q75h (174) friends play for sports teams

Format: F1

Missing Values: -9

Value	Label
-------	-------

0	none
1	a few
2	some
3	most
4	all

language (175) language of instruction

Format: F1

Missing Values: -9

Value	Label
-------	-------

1	English
2	French

class (176) class unit

Format: F3

Missing Values: -9

school (177) school unit

Format: F3

Missing Values: -9

agey (178) age in years

Format: F6.2

Missing Values: -9.00

group (179) age group for international comparisons

Format: F1

Missing Values: -9

Value Label

- | | |
|---|--------------|
| 1 | 11 year olds |
| 2 | 13 year olds |
| 3 | 15 year olds |