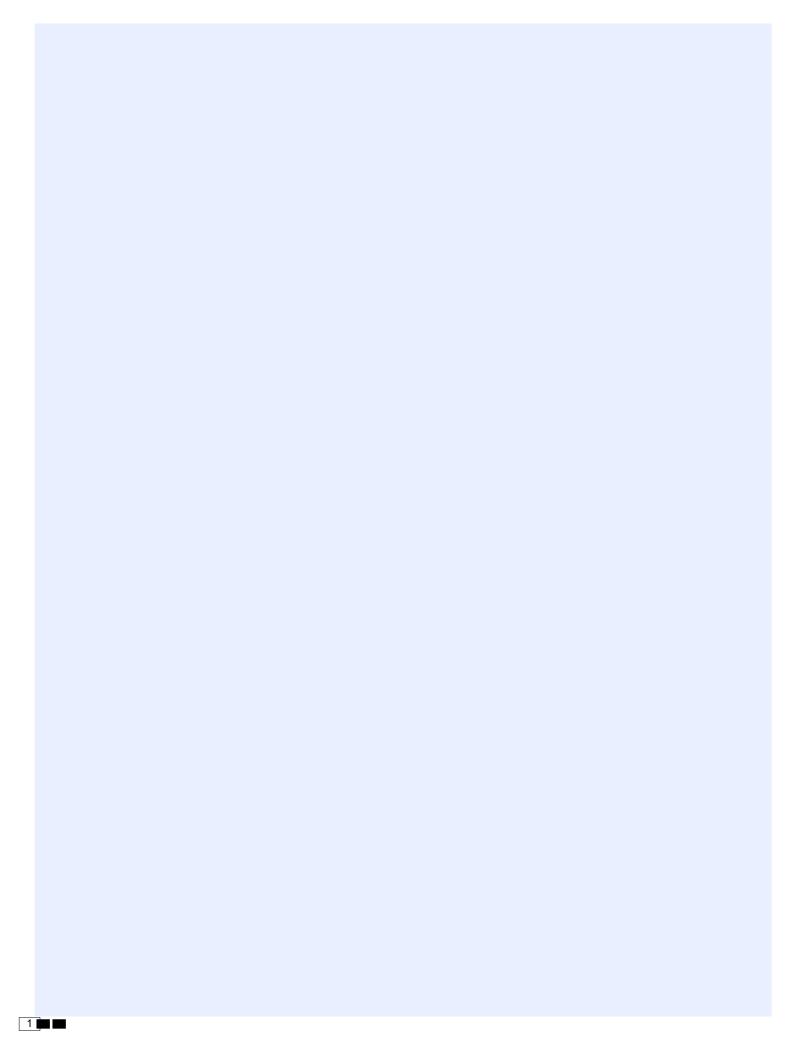
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2004 - 2005 Youth Smoking Survey Module A (5,6)

Tear-off Sheet

Please tear off this first sheet only before you begin the survey.



2004 - 2005 Youth Smoking Survey Module A (5,6)

To all students:

Thousands of students across Canada, just like you, have been asked to take part in this survey. Most of the questions are about smoking. This important survey will help Health Canada to better understand smoking among young people in Canada. Your help today is very important.

There are NO RIGHT or WRONG ANSWERS. This is NOT a test. All of your answers will be kept confidential. No one, not even your parents or teachers, will ever know what you answered. So, please be honest when you answer the questions.

When filling out your responses please use a regular HB pencil and mark only one option per question unless the instructions tell you to do something else.

If you do not smoke, you will need to answer "I do not smoke" to many of the questions. We ask you to do this so that both smokers and non-smokers will take about the same amount of time to complete the questionnaire and teachers will not know which students smoke.

Thank You!

⊗ Ø • • • • • • • • • • • • • • • • • •	Please USE AN HB PENCIL ONLY	●○○○ Proper Mark
The name of my school	is:	

	What grade are you in?	What language do you speak <u>most often</u> at home?			
58 57 56 55 54 53	 grade 4 grade 5 grade 6 grade 7 grade 8 grade 9 grade 10 grade 11 grade 12 	EnglishFrenchEnglish and FrenchOther (specify)			
52 51 50	grade 10grade 11grade 12	Are you an aboriginal person, that is, North American Indian, Métis or Inuit (Eskimo)? (Mark all that apply)			
How old are you? How old are you? Solution Solution How old are you? Solution Solution How old are you? Solution How old are you? Solution Solution How old are you? How		 No Yes, Métis Yes, Inuit (Eskimo) Yes, North American Indian (e.g. First Nations, Cree, Micmac, Innu, Algonquin) On average, about how many hours a day do you watch TV or videos? 			
39 38 37 36 35 34	 13 years 14 years 15 years 16 years 17 years 18 years or older 	 I do not watch TV or videos Less than one hour a day 1 to 2 hours a day 3 to 4 hours a day 5 to 6 hours a day 7 or more hours a day 			
	Are you a	How often do you read for fun (not for			
30 29 28 27 26 25 24	○ Girl ? ○ Boy? Do not forget this colun	school)? Every day A few times per week Once per week A few times a month Less than once a month Almost never			
	Choose the answer that best describes how you feel.	F e Some (rue)			
18	a. In general, I like the way I am	0 0 0 0			
15	b. Overall, I have a lot to be proud of	0 0 0 0			
12	c. A lot of things about me are good				
9	d. When I do something, I do it well	0 0 0 0			
6	e. I like the way I look				
3	000000000000000000000000000000000000000	000000			

Your Experience with Smoking

9.	Are you a smoker?	16. At anytime during the <u>next year</u> do you think you will smoke a cigarette?	
	○ Yes ○ No	Definitely yesProbably yes	58 57 56
10.	Have you <u>ever</u> been curious about smoking a cigarette?	Probably notDefinitely not	55 54
	○ Yes ○ No	17. Do you think it would be difficult or easy	51
11.	Have you <u>ever</u> tried cigarette smoking, even just a few puffs?	for you to get cigarettes if you wanted to smoke?	46
	○ Yes ○ No	DifficultEasyI do not know	46 45 44
12.	How old were you when you first tried smoking cigarettes, even just a few puffs?		
	I have never done thisI do not know	18. Have you ever smoked a <u>whole</u> cigarette? O Yes O No	39 38 37
	 8 years or younger 9 years 10 years 11 years 12 years 13 years 14 years 15 years 16 years 17 years 18 years or older 	19. How old were you when you smoked your first whole cigarette?	36 35 34 33 32 31
13.	Have you ever <u>seriously thought</u> about trying cigarette smoking?	I have never smoked a whole cigaretteI do not know	30 29
	 I have already tried smoking Yes No I already smoke 	 8 years or younger 9 years 15 years 16 years 17 years 12 years 13 years 	27 26 25 24 23 22
14.	Do you think in the future you might try smoking cigarettes?	o re years	
	 I have already tried smoking Definitely yes Probably yes Probably not Definitely not 	20. Have you ever smoked 100 or more whole cigarettes in your life? O Yes No	18 17 16 15 14
15.	If one of your best friends was to offer you a cigarette would you smoke it?	21. Have you ever smoked <u>every day</u> for at least 7 days in a row?	
	 Definitely yes Probably yes Probably not Definitely not 	Yes No	9 8 7 6
	000000000000000000000000000000000000000		4

24. On how many of the last 30 days did you every day for at least 7 days in a row? smoke one or more cigarettes? 60 I have never done this None \bigcirc 59 1 to 5 days I do not know \bigcirc 58 6 to 10 days 57 \bigcirc 11 to 20 days 8 years or younger 14 years 56 9 years 15 years 21 to 29 days 10 years 55 16 years 30 days (every day) 11 years 17 years 54 12 years 53 18 years or older 25. Thinking back over the last 30 days, on 52 13 years the days that you smoked, how many cigarettes did you usually smoke each 23. Think back over the last 7 days. 48 I did not smoke in the last 30 days Find yesterday on the wheel and fill in the 47 number of cigarettes that you smoked. 5 or less cigarettes 46 6 to 10 cigarettes 45 Then follow the wheel backwards and fill in 11 to 15 cigarettes 16 to 20 cigarettes 44 the number of cigarettes you smoked on 21 to 25 cigarettes 43 each of the last 7 days. More than 25 cigarettes 42 If you have not smoked mark one of the 26. What brand of cigarettes do you usually circles below. smoke? 38 I have never smoked 37 I did not smoke over the last 7 days I do not smoke 36 I do not have a usual brand 35 Craven "A" King Size Sunday 34 DuMaurier King Size Monday DuMaurier Light King Size 33 32 DuMaurier Light Regular Size 31 DuMaurier Regular Size 30\$aturday Export "A" Medium Regular Size Export "A" Light Regular Size 29 28 Export "A" Regular Size Tuesday 27 Number 7 Player's Extra Light King Size 26 25 Player's Extra Light Regular Size Player's Light King Size 24 23 Player's Light Regular Size Player's Light Smooth 22 Player's Regular Size 21 Friday 20 Other (specify) Wednesday 27. Why do you smoke the brand of Thursday cigarettes that you do? (Mark all that apply) 14 For office use only I do not smoke 13 I do not have a usual brand Sun Mon Tue Wed Thur Fri Sat 12 My friends smoke the same brand My parents smoke the same brand 11 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 10 I like the packaging 9 This brand costs less than other brands 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 8 I like the image of this brand 4 7 I like the taste 6 They are the only ones that I can get 6 6 6 6 6 6 6 6 6 6 6 5 They have less tar 7777777777777 888888888888888888888 4 For the nicotine buzz 3 Other (specify)

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9 9 9 9 9 9 9 9 9 9 9 9 9

2

22. How old were you when you first smoked

28.	During the past 12 months, have you switched cigarette brands?	35. Do you sometimes <u>buy</u> single cigarettes? If you do, where do you buy them? (Mark all that apply)
29.	 ○ I do not smoke ○ I do not have a usual brand ○ Yes ○ No Where do you <u>usually</u> get your cigarettes?	I do not smoke I do not buy single cigarettes I buy single cigarettes at a store I buy them from my brother or sister I buy them from a friend / someone else I ask someone else to buy them for me
30.	 I do not smoke I buy them from a vending machine I buy them myself at a store I buy them from someone I ask someone to buy them for me I get them from friends I get them from my parent(s) I get them from my brother/sister Other (specify) How do you go about buying cigarettes from a store? (Mark all that apply) 	36. Have you ever tried to quit smoking? I have never smoked I have only smoked a few times I have never tried to quit I have tried to quit I have tried to quit once I have tried to quit 2 or 3 times I have tried to quit 4 or 5 times I have tried to quit 6 or more times
	 I do not smoke I do not buy cigarettes from stores I try to look older I carry fake ID I make sure that I know the clerk I do not do anything special When I buy cigarettes, I do something else (specify) 	37. How old were you when you first tried to quit smoking? I have never smoked I have only smoked a few times I have never tried to quit I do not know
31.	Have you ever been asked your age when buying cigarettes in a store? I do not smoke I have never bought cigarettes in a store Yes No	 8 years or younger 9 years 15 years 10 years 16 years 17 years 12 years 18 years or older 13 years
32.	Have you ever been asked for ID when buying cigarettes in a store?	38. Have you tried to quit smoking in the last 6 months?
	I do not smoke I have never bought cigarettes in a store Yes No	 I have never smoked Yes No I have not smoked in the last 6 months I have only smoked a few times in the last 6 months
33.	Has anyone in a store refused to <u>sell</u> you cigarettes?	
	 I do not smoke I have never bought cigarettes in a store Yes No 	39. If you have never tried to quit, have you ever seriously thought about quitting smoking? I have never smoked
34.	Have you ever asked a stranger to buy you cigarettes?	 Yes, I have seriously thought about quitting No, I have not seriously thought about quitting
	○ I do not smoke ○ Yes ○ No	I have only smoked a few times I have already tried to quit

40.	Since starting smoking, what is the longest time you have <u>ever</u> stayed off cigarettes?	44. If you are sick with a bad cold or sore throat, do you smoke cigarettes?			
59 58 57 56 55 54 53 52 51	 I have never smoked I have only smoked a few times I have never tried to quit 1 day or less 2 to 7 days 8 to 29 days 1 to 3 months 4 to 6 months 	 I do not smoke No, I stop smoking when I am sick Yes, but I cut down on the amount I smoke Yes, I smoke the same amount as when I am not sick 			
52 51 50	7 to 12 months Over a year I do not know	45. How true is this statement for you? When I go without a smoke for a few hours, I experience cravings.			
48 47 46 41 . 43 42 41 40 39	Do you think you would be able to quit smoking cigarettes if you wanted to? I do not smoke Definitely yes Probably yes Probably not Definitely not	 I do not smoke Not at all true Not very true Fairly true Very true 46. How true is this statement for you? I sometimes have strong cravings for cigarettes where it feels like I am in the grip of a force that I cannot control. 			
34 33 32 31 30 29 28 27 26 25 24 23 22 21	How soon after you wake up do you usually smoke your first cigarette on a weekday (Monday through Friday)? I do not smoke Less than 15 minutes 15 to 30 minutes More than 30 but less than 60 minutes 1 to 2 hours More than 2 hours but less than ½ a day More than ½ day I do not smoke during the weekdays How soon after you wake up do you usually smoke your first cigarette during the weekend (Saturday and Sunday)?	 I do not smoke Not at all true Not very true Fairly true Very true 47. Have you ever tried any of the following? (Mark all that apply) Smoking cigars or pipe tobacco Smoking bidis (tobacco product from India) Using chewing tobacco Using snuff (tobacco powder that people sniff) I have not tried these things 			
16 15 14 13 12 11 10 9	 I do not smoke Less than 15 minutes 15 to 30 minutes More than 30 but less than 60 minutes 1 to 2 hours More than 2 hours but less than ½ a day More than ½ a day I do not smoke during the weekends 	48. Have you ever seriously thought about trying smokeless tobacco (e.g. chewing tobacco, snuff)? Yes No I already use smokeless tobacco I have already tried smokeless tobacco			
3	000000000000000000000000000000000000000				

You, Your Family and Your Friends

49.	Does your father, or the person who is like your father, smoke cigarettes?	53. Do any of your sisters smoke cigarettes?	
	 I do not live with a father or anyone who is like a father He has never smoked He used to smoke He smokes now I do not know 	I do not have any sisters None of my sisters smoke At least 1 of my sisters used to smoke At least 1 of my sisters smokes now I do not know	58 57 56 55 54 53 52
		54. Do any of your brothers smoke cigarettes?	
50.	How does your father, or the person who is like your father, feel about your smoking? I do not smoke	 I do not have any brothers None of my brothers smoke At least 1 of my brothers used to smoke At least 1 of my brothers smokes now I do not know 	49 48 47 46 45 44 43
	 I do not live with a father or anyone who is like a father He approves He does not care He does not like it He does not know that I smoke I do not know 	55: Have your parents <u>ever</u> talked to you about not smoking? O Yes No	41 40 39 38 37
		56. What are the rules about smoking in your	
51	 Does your mother, or the person who is like your mother, smoke cigarettes? I do not live with a mother or anyone who is like a mother She has never smoked She used to smoke She smokes now I do not know 	home? No one is allowed to smoke in my home Only special guests are allowed to smoke in my home People are allowed to smoke only in certain areas in my home People are allowed to smoke anywhere in my home	32 31 30 29 28 27 26 25
52	How does your mother, or the person who is like your mother, feel about your smoking?	57. Excluding yourself, how many people smoke <u>inside</u> your home every day or almost every day? Do not count those who smoke outside.	
	I do not smoke I do not live with a mother or anyone who is like a mother She approves She does not care She does not like it She does not know that I smoke I do not know	 None 1 person 2 people 3 people 4 people 5 or more people 	18 17 16 15 14 13 12 11
	PAC	SE 7	

58.	Do <u>you</u> ever smoke <u>inside</u> your home?	? 62. Why do you think people your age <u>start to</u> <u>smoke</u> ? (Mark all that apply)
61	O Yes	 Their friends smoke (peer pressure)
60 59 58	O No	 Their mother or father smokes
56	During the past 7 days, on how many	
54	did you ride in a car with someone wh was smoking cigarettes?	ho The popular kids smoke
52	O days	 They think it is relaxing
50	O 1 or 2 days	Curiosity - just to try it
48	○ 3 or 4 days	Because it is not allowed
46	○ 5 or 6 days	 To lose weight or stay slim
44	○ All 7 days	 For something to do
42		○ They think it is cool
40	Your closest friends are the friends your closest friends are the friends your closest friends are the gird are the	any of Oldo not know
38 37	your closest friends smoke cigarettes	Other (specify)
37	O None	
35	O 1 friend	63. According to the law in your province, how old does a person have to be in order to
33	1 friend2 friends	63. According to the law in your province, how old does a person have to be in order to buy cigarettes?
		old does a person have to be in order to
33	O 2 friends	old does a person have to be in order to buy cigarettes?
33	2 friends3 friends	old does a person have to be in order to buy cigarettes? 13 years old 18 years old
33 31 29	2 friends3 friends4 friends	old does a person have to be in order to buy cigarettes? 13 years old 14 years old 19 years old
33 31 29 27	2 friends3 friends4 friends	old does a person have to be in order to buy cigarettes? 13 years old 14 years old 19 years old 15 years old 20 years old
33 31 29 27 25	2 friends3 friends4 friends	old does a person have to be in order to buy cigarettes? 13 years old 14 years old 19 years old 15 years old 20 years old 16 years old 21 years old 17 years old I do not know
33 31 29 27 25	 2 friends 3 friends 4 friends 5 or more friends How many people in your grade, from your school, do you think smoke	old does a person have to be in order to buy cigarettes? 13 years old 14 years old 15 years old 20 years old 16 years old 17 years old 16 years old 17 years old 18 years old 20 years old 19 years old 10 years old 10 years old 11 do not know 12 years old 13 years old 14 years old 15 years old 16 years old 17 years old 18 years old 19 years old 10 years old 10 years old 11 do not know
33 31 29 27 25 23	 2 friends 3 friends 4 friends 5 or more friends How many people in your grade, from your school, do you think smoke cigarettes?	old does a person have to be in order to buy cigarettes? 13 years old 18 years old 19 years old 15 years old 20 years old 16 years old 17 years old 17 years old 16 ldo not know 64. What health problems can people get if they smoke for many years? (Mark all that apply)
33 31 29 27 25 23	 2 friends 3 friends 4 friends 5 or more friends How many people in your grade, from your school, do you think smoke cigarettes? 91 to 100% 41 to 50% 	old does a person have to be in order to buy cigarettes? 13 years old 19 years old 15 years old 20 years old 16 years old 17 years old 17 years old 16 years old 17 years old Asthma
33 31 29 27 25 23	 2 friends 3 friends 4 friends 5 or more friends How many people in your grade, from your school, do you think smoke cigarettes? 91 to 100% 41 to 50% 81 to 90% 31 to 40% 	old does a person have to be in order to buy cigarettes? 13 years old 14 years old 15 years old 20 years old 16 years old 17 years old 17 years old 16 years old 17 years old 18 years old 20 years old 16 years old 17 years old 16 years old 17 years old 18 years old 19 years old 10 years old 10 not know 10 Asthma 10 Premature Death

	ease answer the fo pinion.	llowing questions base	ed on your	Yes	No	l do not know	
				0	0	0	5
b.	Is there any danger cigarette?	to your health from an	occasional	0	0	0	5
C.	Can smoking help	people when they are bo	ored?				Į.
d.	Does smoking help	people relax?		0	0	0	
e.	Does quitting smok years of smoking?	ing reduce health dama	ge even after m	any			
f.	Does smoking help	people stay slim?		0	\circ	\circ	
g.	Can people become	e addicted to tobacco?					
h.	Can tobacco smoke	e be harmful to the healt	h of non-smoke	ers?	0	0	
i.	Is it nicer to date pe	eople who do not smoke	?				
j.	Can smokers quit a	nytime they want?		0	0	0	
k.	Do you think smoki	ng is cool?					
l.	Should smoking be	allowed around kids at	home?	0	0	0	
m.	. Should smoking be	allowed around kids in	cars?				
		Your Scho	ool and You				
Ho Wi	ow strongly do you ith each of the follo	agree or disagree wing statements?	Strongly Agree	Agree	Disagree	Strongly Disagre	
a.	I feel close to peop	le at my school.	0	0	0		
b.	I feel I am part of m	ny school.	0	0	0	0	
C.	I am happy to be a	t my school.					
d.	I feel the teachers	at my school treat me fa	irly. O	0	0	0	[

e. I feel safe in my school.

67.	How are you doing in school compared to other students in your class?	71. How do the rules about smoking tobacco at your school affect you?
60		○ I do not smoke
58	O Better than average	 I do not think there are any rules
59 58 57 56 55	O Average	○ I do not smoke at school
55	Below average	○ I smoke less at school
52		 It does not make any difference; I smoke at school as much as I want
49	Have you <u>ever</u> been taught in school about health problems due to smoking tobacco?	 It does not make any difference; I would not smoke at school anyway
47	O Yes	Other (specify)
45	O No	(-)/
43	O I do not know	
69.	At your school, what are the rules about smoking tobacco?	72. About how much money do you usually get each week to spend on yourself or to save? (Remember to include all money from allowances and jobs like babysitting, delivering papers)
35	O I do not think there are any rules	O Zero
33	Smoking is allowed only in some areas on ashael property.	○ \$1 to \$5
31 30 29	school property Smaking is not allowed anywhere on	○ \$6 to \$10
29	 Smoking is not allowed anywhere on school property 	○ \$11 to \$20
27	○ I do not know	○ \$21 to \$40
25		○ \$41 to \$100
23		O More than \$100
70.	Do most students who smoke cigarettes obey the rules about smoking at <u>your</u> school?	 I do not know how much money I get each week
18	O I do not think there are any rules	
16	O Yes	
14	○ No	
12	O I do not know	

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