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**2004 - 2005
Youth Smoking Survey
Module B**

Tear-off Sheet

Please tear off this first sheet only
before you begin the survey.

2004 - 2005 Youth Smoking Survey Module B (7,8,9)

This questionnaire contains questions about smoking, alcohol and drug use.

To all students:

Thousands of students across Canada, just like you, have been asked to take part in this survey. Most of the questions are about smoking. There are a few questions about alcohol and drugs as well. This important survey will help Health Canada to better understand smoking, alcohol and other drug use among young people in Canada. Your help today is very important.

There are NO RIGHT or WRONG ANSWERS. This is NOT a test. All of your answers will be kept confidential. No one, not even your parents or teachers, will ever know what you answered. So, please be honest when you answer the questions.

When filling out your responses please use a regular HB pencil and mark only one option per question unless the instructions tell you to do something else.

If you do not smoke, you will need to answer "I do not smoke" to many of the questions. We ask you to do this so that both smokers and non-smokers will take about the same amount of time to complete the questionnaire and teachers will not know which students smoke.

Thank You!


Improper Marks

Please


Proper Mark



The name of my school is: _____

About You

1. What grade are you in?

- | | | |
|----|--------------------------------|-------------------------------------|
| 58 | <input type="radio"/> grade 4 | Quebec Students only |
| 57 | <input type="radio"/> grade 5 | <input type="radio"/> grade 4 |
| 56 | <input type="radio"/> grade 6 | <input type="radio"/> grade 5 |
| 55 | <input type="radio"/> grade 7 | <input type="radio"/> grade 6 |
| 54 | <input type="radio"/> grade 8 | <input type="radio"/> secondary I |
| 53 | <input type="radio"/> grade 9 | <input type="radio"/> secondary II |
| 52 | <input type="radio"/> grade 10 | <input type="radio"/> secondary III |
| 51 | <input type="radio"/> grade 11 | <input type="radio"/> secondary IV |
| 50 | <input type="radio"/> grade 12 | <input type="radio"/> secondary V |

4. What language do you speak most often at home?

- English
- French
- English and French
- Other (specify) _____

2. How old are you?

- | |
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| 35 |
| 34 |
- 8 years or younger
 - 9 years
 - 10 years
 - 11 years
 - 12 years
 - 13 years
 - 14 years
 - 15 years
 - 16 years
 - 17 years
 - 18 years or older

5. Are you an aboriginal person, that is, North American Indian, Métis or Inuit (Eskimo)?
(Mark all that apply)

- No
- Yes, Métis
- Yes, Inuit (*Eskimo*)
- Yes, North American Indian (e.g. *First Nations, Cree, Micmac, Innu, Algonquin...*)

6. On average, about how many hours a day do you watch TV or videos?

- I do not watch TV or videos
- Less than one hour a day
- 1 to 2 hours a day
- 3 to 4 hours a day
- 5 to 6 hours a day
- 7 or more hours a day

3. Are you a ...

- | |
|----|
| 30 |
| 29 |
| 28 |
| 27 |
| 26 |
| 25 |
| 24 |
- Girl ?
 - Boy?

Do not forget this column

7. How often do you read for fun (not for school)?

- Every day
- A few times per week
- Once per week
- A few times a month
- Less than once a month
- Almost never

8. Choose the answer that best describes how you feel.

False Mostly False Sometimes False Mostly True True

- | | | | | | |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 18 a. In general, I like the way I am | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 15 b. Overall, I have a lot to be proud of | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 12 c. A lot of things about me are good | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9 d. When I do something, I do it well | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 6 e. I like the way I look | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
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Your Experience with Smoking

9. Are you a smoker ?

- Yes
- No

10. Have you ever been curious about smoking a cigarette?

- Yes
- No

11. Have you ever tried cigarette smoking, even just a few puffs?

- Yes
- No

12. How old were you when you first tried smoking cigarettes, even just a few puffs?

- I have never done this
- I do not know
- 8 years or younger
- 9 years
- 10 years
- 11 years
- 12 years
- 13 years
- 14 years
- 15 years
- 16 years
- 17 years
- 18 years or older

13. Have you ever seriously thought about trying cigarette smoking?

- I have already tried smoking
- Yes
- No
- I already smoke

14. Do you think in the future you might try smoking cigarettes?

- I have already tried smoking
- Definitely yes
- Probably yes
- Probably not
- Definitely not

15. If one of your best friends was to offer you a cigarette would you smoke it?

- Definitely yes
- Probably yes
- Probably not
- Definitely not

16. At anytime during the next year do you think you will smoke a cigarette?

- Definitely yes
- Probably yes
- Probably not
- Definitely not

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17. Do you think it would be difficult or easy for you to get cigarettes if you wanted to smoke?

- Difficult
- Easy
- I do not know

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45
44

18. Have you ever smoked a whole cigarette?

- Yes
- No

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19. How old were you when you smoked your first whole cigarette?

- I have never smoked a whole cigarette
- I do not know
- 8 years or younger
- 9 years
- 10 years
- 11 years
- 12 years
- 13 years
- 14 years
- 15 years
- 16 years
- 17 years
- 18 years or older

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20. Have you ever smoked 100 or more whole cigarettes in your life?

- Yes
- No

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21. Have you ever smoked every day for at least 7 days in a row?

- Yes
- No

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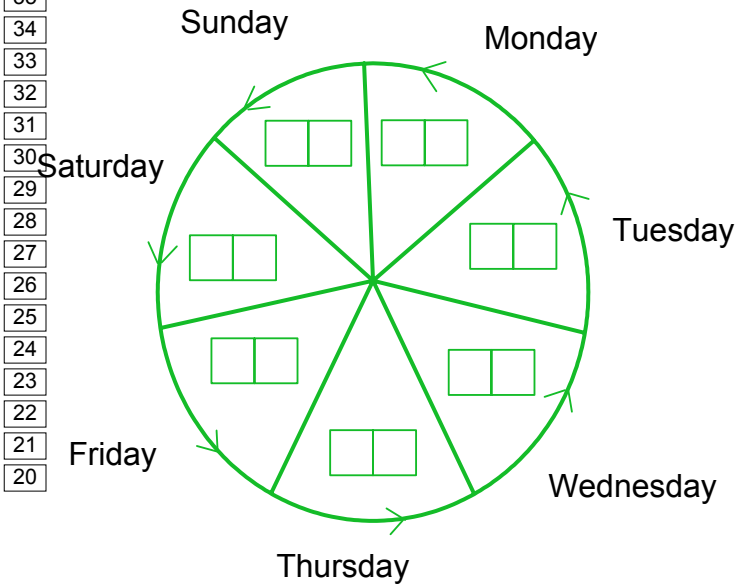
22. How old were you when you first smoked every day for at least 7 days in a row?

- I have never done this
- I do not know
- 8 years or younger
- 9 years
- 10 years
- 11 years
- 12 years
- 13 years
- 14 years
- 15 years
- 16 years
- 17 years
- 18 years or older

23. Think back over the last 7 days.

Find yesterday on the wheel and fill in the number of cigarettes that you smoked. Then follow the wheel backwards and fill in the number of cigarettes you smoked on each of the last 7 days. If you have not smoked mark one of the circles below.

- I have never smoked
- I did not smoke over the last 7 days



For office use only							
Sun	Mon	Tue	Wed	Thur	Fri	Sat	
0	0	0	0	0	0	0	0
1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2
3	3	3	3	3	3	3	3
4	4	4	4	4	4	4	4
5	5	5	5	5	5	5	5
6	6	6	6	6	6	6	6
7	7	7	7	7	7	7	7
8	8	8	8	8	8	8	8
9	9	9	9	9	9	9	9

24. On how many of the last 30 days did you smoke one or more cigarettes?

- None
- 1 to 5 days
- 6 to 10 days
- 11 to 20 days
- 21 to 29 days
- 30 days (every day)

25. Thinking back over the last 30 days, on the days that you smoked, how many cigarettes did you usually smoke each day?

- I did not smoke in the last 30 days
- 5 or less cigarettes
- 6 to 10 cigarettes
- 11 to 15 cigarettes
- 16 to 20 cigarettes
- 21 to 25 cigarettes
- More than 25 cigarettes

26. What brand of cigarettes do you usually smoke?

- I do not smoke
- I do not have a usual brand
- Craven "A" King Size
- DuMaurier King Size
- DuMaurier Light King Size
- DuMaurier Light Regular Size
- DuMaurier Regular Size
- Export "A" Medium Regular Size
- Export "A" Light Regular Size
- Export "A" Regular Size
- Number 7
- Player's Extra Light King Size
- Player's Extra Light Regular Size
- Player's Light King Size
- Player's Light Regular Size
- Player's Light Smooth
- Player's Regular Size
- Other (specify) _____

27. Why do you smoke the brand of cigarettes that you do? (Mark all that apply)

- I do not smoke
- I do not have a usual brand
- My friends smoke the same brand
- My parents smoke the same brand
- I like the packaging
- This brand costs less than other brands
- I like the image of this brand
- I like the taste
- They are the only ones that I can get
- They have less tar
- For the nicotine buzz
- Other (specify) _____

28. During the past 12 months, have you switched cigarette brands?

- I do not smoke
- I do not have a usual brand
- Yes
- No

29. Where do you usually get your cigarettes?

- I do not smoke
- I buy them from a vending machine
- I buy them myself at a store
- I buy them from someone
- I ask someone to buy them for me
- I get them from friends
- I get them from my parent(s)
- I get them from my brother/sister
- Other (specify) _____

30. How do you go about buying cigarettes from a store? (Mark all that apply)

- I do not smoke
- I do not buy cigarettes from stores
- I try to look older
- I carry fake ID
- I make sure that I know the clerk
- I do not do anything special
- When I buy cigarettes, I do something else (specify) _____

31. Have you ever been asked your age when buying cigarettes in a store?

- I do not smoke
- I have never bought cigarettes in a store
- Yes
- No

32. Have you ever been asked for ID when buying cigarettes in a store?

- I do not smoke
- I have never bought cigarettes in a store
- Yes
- No

33. Has anyone in a store refused to sell you cigarettes?

- I do not smoke
- I have never bought cigarettes in a store
- Yes
- No

34. Have you ever asked a stranger to buy you cigarettes?

- I do not smoke
- Yes
- No

35. Do you sometimes buy single cigarettes? If you do, where do you buy them? (Mark all that apply)

- I do not smoke
- I do not buy single cigarettes
- I buy single cigarettes at a store
- I buy them from my brother or sister
- I buy them from a friend / someone else
- I ask someone else to buy them for me

36. Have you ever tried to quit smoking?

- I have never smoked
- I have only smoked a few times
- I have never tried to quit
- I have tried to quit once
- I have tried to quit 2 or 3 times
- I have tried to quit 4 or 5 times
- I have tried to quit 6 or more times

37. How old were you when you first tried to quit smoking?

- I have never smoked
 - I have only smoked a few times
 - I have never tried to quit
 - I do not know
- 8 years or younger
 - 9 years
 - 10 years
 - 11 years
 - 12 years
 - 13 years
 - 14 years
 - 15 years
 - 16 years
 - 17 years
 - 18 years or older

38. Have you tried to quit smoking in the last 6 months?

- I have never smoked
- Yes
- No
- I have not smoked in the last 6 months
- I have only smoked a few times in the last 6 months

39. If you have never tried to quit, have you ever seriously thought about quitting smoking?

- I have never smoked
- Yes, I have seriously thought about quitting
- No, I have not seriously thought about quitting
- I have only smoked a few times
- I have already tried to quit

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40. Since starting smoking, what is the longest time you have ever stayed off cigarettes?

- 60
- 59
- 58
- 57
- 56
- 55
- 54
- 53
- 52
- 51
- 50

- I have never smoked
- I have only smoked a few times
- I have never tried to quit
- 1 day or less
- 2 to 7 days
- 8 to 29 days
- 1 to 3 months
- 4 to 6 months
- 7 to 12 months
- Over a year
- I do not know

- 48
- 47

41. Do you think you would be able to quit smoking cigarettes if you wanted to?

- 43
- 42
- 41
- 40
- 39

- I do not smoke
- Definitely yes
- Probably yes
- Probably not
- Definitely not

- 35

42. How soon after you wake up do you usually smoke your first cigarette on a weekday (Monday through Friday)?

- 34
- 33
- 32
- 31
- 30
- 29
- 28
- 27
- 26
- 25
- 24
- 23
- 22
- 21

- I do not smoke
- Less than 15 minutes
- 15 to 30 minutes
- More than 30 but less than 60 minutes
- 1 to 2 hours
- More than 2 hours but less than ½ a day
- More than ½ day
- I do not smoke during the weekdays

- 19

43. How soon after you wake up do you usually smoke your first cigarette during the weekend (Saturday and Sunday)?

- 16
- 15
- 14
- 13
- 12
- 11
- 10
- 9
- 8
- 7

- I do not smoke
- Less than 15 minutes
- 15 to 30 minutes
- More than 30 but less than 60 minutes
- 1 to 2 hours
- More than 2 hours but less than ½ a day
- More than ½ a day
- I do not smoke during the weekends

44. If you are sick with a bad cold or sore throat, do you smoke cigarettes?

- I do not smoke
- No, I stop smoking when I am sick
- Yes, but I cut down on the amount I smoke
- Yes, I smoke the same amount as when I am not sick

45. How true is this statement for you? When I go without a smoke for a few hours, I experience cravings.

- I do not smoke
- Not at all true
- Not very true
- Fairly true
- Very true

46. How true is this statement for you? I sometimes have strong cravings for cigarettes where it feels like I am in the grip of a force that I cannot control.

- I do not smoke
- Not at all true
- Not very true
- Fairly true
- Very true

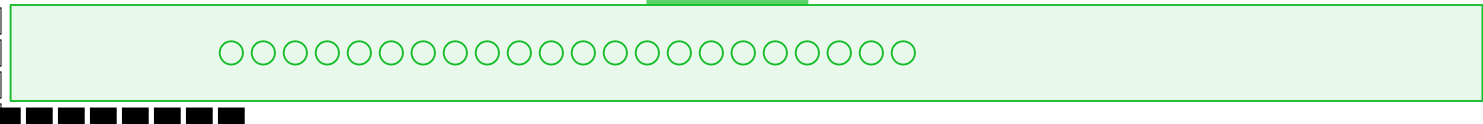
47. Have you ever tried any of the following? (Mark all that apply)

- Smoking cigars or pipe tobacco
- Smoking bidis (tobacco product from India)
- Using chewing tobacco
- Using snuff (tobacco powder that people sniff)
- I have not tried these things

48. Have you ever seriously thought about trying smokeless tobacco (e.g. chewing tobacco, snuff...)?

- Yes
- No
- I already use smokeless tobacco
- I have already tried smokeless tobacco

- 4
- 3
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65. Please answer the following questions based on your opinion.	Yes	No	I do not know	
a. Do people have to smoke for many years before it will hurt their health?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	60
b. Is there any danger to your health from an occasional cigarette?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	58
c. Can smoking help people when they are bored?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	56
d. Does smoking help people relax?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	54
e. Does quitting smoking reduce health damage even after many years of smoking?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	52
f. Does smoking help people stay slim?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	50
g. Can people become addicted to tobacco?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	48
h. Can tobacco smoke be harmful to the health of non-smokers?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	46
i. Is it nicer to date people who do not smoke?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	44
j. Can smokers quit anytime they want?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	42
k. Do you think smoking is cool?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	40
l. Should smoking be allowed around kids at home?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	38
m. Should smoking be allowed around kids in cars?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	36

Your School and You

66. How strongly do you agree or disagree with each of the following statements?	Strongly Agree	Agree	Disagree	Strongly Disagree	
a. I feel close to people at my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	24
b. I feel I am part of my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	21
c. I am happy to be at my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	18
d. I feel the teachers at my school treat me fairly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	15
e. I feel safe in my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	12



Alcohol Use

The following questions ask about alcohol use. Please remember that we will keep your answers completely confidential. Your teachers and parents will not know how you answer these questions. Please take your time and be honest as you answer.

73. Have you ever had a drink of alcohol, that is more than just a sip? (a beer, wine cooler, glass of wine or shot of liquor)

- Yes
- No

74. How old were you when you first had a drink of alcohol that is more than a sip?

- I have never drank alcohol
- I have only had a sip of alcohol
- I do not know

- 8 years or younger
- 9 years
- 10 years
- 11 years
- 12 years
- 13 years
- 14 years
- 15 years
- 16 years
- 17 years
- 18 years or older

75. In the last year, how often did you drink alcohol?

- I have never drank alcohol
- I have not drank alcohol in the last year
- I have only had a sip of alcohol
- Once a month or less often
- 2 or 3 times a month
- Once a week
- 2 or 3 times a week
- 4 or 5 times a week
- Almost every day - 6 or 7 times a week
- I do not know

76. Have you ever had 5 drinks or more of alcohol on one occasion?

- Yes
- No

77. How old were you when you first had 5 drinks or more of alcohol on one occasion?

- I have never done this
- I do not know

- 8 years or younger
- 9 years
- 10 years
- 11 years
- 12 years
- 13 years
- 14 years
- 15 years
- 16 years
- 17 years
- 18 years or older

78. In the last year, how often did you have 5 drinks of alcohol or more on one occasion?

- I have never done this
- 1 or 2 times
- 3 to 5 times
- 6 to 9 times
- 10 to 19 times
- 20 to 39 times
- 40 or more times
- I do not know

79. Why do you think people your age start to drink alcohol? (Mark all that apply)

- Their friends drink (peer pressure)
- Their mother or father drinks
- The popular kids drink
- They think it is relaxing
- Curiosity - just to try it
- Because it is not allowed
- For something to do
- They think it is cool
- To get drunk
- To get high
- I do not know
- Other (*specify*) _____

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Marijuana Use

The following questions ask about marijuana use. Please remember that we will keep your answers completely confidential. Your teachers and parents will not know how you answer these questions. Please take your time and be honest as you answer.

80. Have you ever used or tried marijuana or cannabis ? (a joint, pot, weed, hash...)

53 Yes No

52
81. How old were you when you first used marijuana or cannabis?

50

48 I have never used marijuana

46 I do not know

44 8 or younger 14

42 9 15

41 10 16

40 11 17

39 12 18 or older

38 13

37

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33

82. In the last year, how often did you use marijuana or cannabis?

31

29 I have never used marijuana

27 1 or 2 times

25 3 to 5 times

23 6 to 9 times

21 10 to 19 times

19 20 to 39 times

17 40 or more times

15 I do not know

13
83. Do you think in the future you might try marijuana or cannabis?

11

10 I have already tried marijuana

9

8 Definitely yes

7

6 Probably yes

4 Probably not

2 Definitely not

1

84. Do you think it would be difficult or easy for you to get marijuana or cannabis if you wanted to use it?

Difficult

Easy

I do not know

85. Why do you think people your age start to use marijuana or cannabis? (Mark all that apply)

Their friends use it (peer pressure)

Their mother or father uses it

The popular kids use it

They think it is relaxing

Curiosity - just to try it

Because it is not allowed

For something to do

They think it is cool

To get high

I do not know

Other (specify) _____

86. Which do you think is more harmful to your health, smoking cigarettes or marijuana (cannabis)?

Smoking cigarettes is more harmful

Smoking marijuana is more harmful

Both are the same

I do not know

Other Drug Use

The following questions ask about other drug use. Please remember that we will keep your answers completely confidential. Your teachers and parents will not know how you answer these questions. Please take your time and be honest as you answer.

87. This chart asks about your drug use. First, mark the circle if you have ever used or tried the drug. Then, mark your age when you first tried

	Have you ever used or tried this ?		If Yes →	How old were you when you first used or tried this?							
	Yes	No		12 or younger	13	14	15	16	17	18 or older	
a. Amphetamines (speed, ice, meth...)	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	45
b. MDMA (ecstasy, E, X...)	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	42
c. Hallucinogens (LSD, PCP, acid, magic mushrooms, mesc...)	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	39
d. DACS (links...)	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	36
e. Heroin (smack, junk, crank...)	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	33
f. Cocaine (coke, crack, blow, snow...)	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	30
g. Steroids (testosterone, growth hormones, Dianabol, juice, roids...)	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	27

88. Mark the circle if you have ever used or tried any of the following. Then, mark your age when you first used or tried it.

	Have you ever used or tried this ?		If Yes →	How old were you when you first used or tried this?							
	Yes	No		12 or younger	13	14	15	16	17	18 or older	
a. Sniffed glue, gasoline or other products (solvents) to get high?	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	15
b. Used or tried medication like Ritalin NOT for medical purposes?	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	12
c. Used or tried painkillers (Talwin, Oxycontin...) to get high and NOT for medical purposes?	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	9
d. Used or tried any other medications or natural health products to get high and NOT for medical purposes?	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	5

