Please place label here.

2004 - 2005 Youth Smoking Survey Module B

Tear-off Sheet

Please tear off this first sheet only before you begin the survey.

2004 - 2005 Youth Smoking Survey Module B (7,8,9)

This questionnaire contains questions about smoking, alcohol and drug use.

To all students:

Thousands of students across Canada, just like you, have been asked to take part in this survey. Most of the questions are about smoking. There are a few questions about alcohol and drugs as well. This important survey will help Health Canada to better understand smoking, alcohol and other drug use among young people in Canada. Your help today is very important.

There are NO RIGHT or WRONG ANSWERS. This is NOT a test. All of your answers will be kept confidential. No one, not even your parents or teachers, will ever know what you answered. So, please be honest when you answer the questions.

When filling out your responses please use a regular HB pencil and mark only one option per question unless the instructions tell you to do something else.

If you do not smoke, you will need to answer "I do not smoke" to many of the questions. We ask you to do this so that both smokers and non-smokers will take about the same amount of time to complete the questionnaire and teachers will not know which students smoke.

Thank You!

⊗ ♥ • • Improper Marks	Please USE AN HB PENCIL ONLY	●○○○ Proper Mark
The name of my scho	<u>ol</u> is:	

About You

1. 58 57 56 55 54	What grade are you in? O grade 4 O grade 5 O grade 6 O grade 7 O grade 8 O grade 8	nly	4.	o Engo Frer	lish nch lish and French	peak <u>mo</u>	st often at
53 52 51 50	 grade 8 grade 9 grade 10 grade 11 grade 11 grade 12 secondary III secondary IV secondary V 	secondary IIIsecondary IV		 Other (specify) Are you an aboriginal person, that is, No American Indian, Métis or Inuit (Eskimo) (Mark all that apply) 			
48 472. 46 45 44 43 42 41 40 39 38 37 36 35 34 3. 30 29 28 27 26 25 24	How old are you? 8 years or younger 9 years 10 years 10 years 11 years 12 years 13 years 14 years 15 years 16 years 17 years 18 years or older Are you a Girl ? Boy? Do not forget this column			On ave do you O I do O Less O 1 to O 5 to O 7 or How of school O Eve O A fe O Onc O A fe O Less	, Inuit (Eskimo) , North American Ir ions, Cree, Micmac rage, about how r watch TV or vide not watch TV or vide s than one hour a c 2 hours a day 4 hours a day 6 hours a day more hours a day ften do you read fo)?	nany horos? deos day	lgonquin) urs a day
8.	Choose the answer that best describes how you feel.	False	7	Mostly False	Sometimes False Sometimes True	Mostly True	True
18	a. In general, I like the way I am	0		0	0	0	0
15	b. Overall, I have a lot to be proud of	0		0	0	0	0
12	c. A lot of things about me are good	0		0	0	0	0
9	d. When I do something, I do it well	0		0	0	0	0
6	e. I like the way I look	0		0	0	0	0
4 3 2	000000000000	000	00	000			

Your Experience with Smoking

9.	Are you a smoker?	16. At anytime during the <u>next year</u> do you think you will smoke a cigarette?	
	○ Yes ○ No	Definitely yesProbably yes	58 57 56
10.	Have you <u>ever</u> been curious about smoking a cigarette?	Probably notDefinitely not	55 54
	○ Yes ○ No	17. Do you think it would be difficult or easy for you to get cigarettes if you wanted to	51
11.	Have you <u>ever</u> tried cigarette smoking, even just a few puffs?	smoke?	46
	○ Yes ○ No	○ Easy ○ I do not know	45
12.	How old were you when you first tried smoking cigarettes, even just a few puffs?	19 Hove you over smaked a whole signification	
	I have never done thisI do not know	18. Have you ever smoked a <u>whole</u> cigarette? O Yes O No	39 38 37
	 8 years or younger 9 years 10 years 11 years 12 years 13 years 14 years 15 years 16 years 17 years 18 years or older 	19. How old were you when you smoked your first whole cigarette?	36 35 34 33 32 31
13.	Have you ever <u>seriously thought</u> about trying cigarette smoking?	○ I have never smoked a whole cigarette○ I do not know	30 29
	 I have already tried smoking Yes No I already smoke 	 8 years or younger 9 years 15 years 16 years 17 years 12 years 13 years 	27 26 25 24 23 22
14.	Do you think in the future you <u>might try</u> smoking cigarettes?	o ro years	
	 I have already tried smoking Definitely yes Probably yes Probably not Definitely not 	20. Have you ever smoked 100 or more whole cigarettes in your life? O Yes No	18 17 16 15 14
15.	If one of your best friends was to offer you a cigarette would you smoke it?	21. Have you ever smoked <u>every day</u> for at least 7 days in a row?	
	 Definitely yes Probably yes Probably not Definitely not 	○ Yes ○ No	9 8 7 6
	0000000000000000		4

22. How old were you when you first smoked 24. On how many of the last 30 days did you every day for at least 7 days in a row? smoke one or more cigarettes? 60 I have never done this None 0 59 1 to 5 days I do not know 0 58 6 to 10 days 57 \bigcirc 11 to 20 days 8 years or younger 14 years 56 9 years 15 years 21 to 29 days O 16 years ○ 10 years 55 30 days (every day) 11 years 17 years 54 ○ 12 years 53 18 years or older 25. Thinking back over the last 30 days, on 52 13 years the days that you smoked, how many cigarettes did you usually smoke each 23. Think back over the last 7 days. 48 I did not smoke in the last 30 days Find yesterday on the wheel and fill in the 47 5 or less cigarettes number of cigarettes that you smoked. 46 6 to 10 cigarettes 45 Then follow the wheel backwards and fill in 11 to 15 cigarettes 16 to 20 cigarettes 44 the number of cigarettes you smoked on 21 to 25 cigarettes 43 each of the last 7 days. More than 25 cigarettes 42 If you have not smoked mark one of the 26. circles below. What brand of cigarettes do you usually smoke? 38 I have never smoked 37 I do not smoke I did not smoke over the last 7 days 36 I do not have a usual brand 35 Craven "A" King Size Sunday 34 DuMaurier King Size Monday DuMaurier Light King Size 33 32 DuMaurier Light Regular Size 31 DuMaurier Regular Size 30\$aturday Export "A" Medium Regular Size O Export "A" Light Regular Size 29 28 Export "A" Regular Size Tuesday 27 Number 7 26 Player's Extra Light King Size 25 Player's Extra Light Regular Size Player's Light King Size 24 23 Player's Light Regular Size Player's Light Smooth 22 Player's Regular Size 21 Friday 20 Other (specify) Wednesday 27. Why do you smoke the brand of Thursday cigarettes that you do? (Mark all that apply) 14 I do not smoke For office use only 13 I do not have a usual brand Sun Mon Tue Wed Thur Fri Sat 12 My friends smoke the same brand My parents smoke the same brand 11 <u>0 0|0 0|0 0|0 0|0 0|0 0|0 0|0 0</u> 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 010 I like the packaging 9 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 This brand costs less than other brands 3 3 3 3 3 3 3 3 3 3 3 3 3 3 8 I like the image of this brand 7 I like the taste 6 They are the only ones that I can get 6 6 6 6 6 6 6 6 6 6 6

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

8 8 8 8 8 8 8 8 8 8 8 8

9 9 9 9 9 9 9 9 9 9 9 9 9 9

They have less tar

Other (specify)_

For the nicotine buzz

5

3

2

28.	During the past 12 months, have you switched cigarette brands?	35. Do you sometimes <u>buy</u> single cigarettes? If you do, where do you buy them? (Mark all that apply)	
29.	 ○ I do not smoke ○ I do not have a usual brand ○ Yes ○ No Where do you <u>usually</u> get your cigarettes?	 I do not smoke I do not buy single cigarettes I buy single cigarettes at a store I buy them from my brother or sister I buy them from a friend / someone else 	59 58 57 56 55 54
30.	☐ I do not smoke ☐ I buy them from a vending machine ☐ I buy them myself at a store ☐ I buy them from someone ☐ I ask someone to buy them for me ☐ I get them from friends ☐ I get them from my parent(s) ☐ I get them from my brother/sister ☐ Other (specify) ☐ How do you go about buying cigarettes from a store? (Mark all that apply)	36. Have you ever tried to quit smoking? I have never smoked I have only smoked a few times I have never tried to quit I have tried to quit once I have tried to quit 2 or 3 times	53 52 51 50 49 48 47 46 45 44 43
	 I do not smoke I do not buy cigarettes from stores I try to look older I carry fake ID I make sure that I know the clerk I do not do anything special When I buy cigarettes, I do something else (specify) 	tried to quit smoking? I have never smoked I have only smoked a few times I have never tried to quit I do not know	40 39 38 37 36 35 34 33
31.	Have you ever been asked your age when buying cigarettes in a store? O I do not smoke O I have never bought cigarettes in a store O Yes O No	 9 years 10 years 11 years 12 years 13 years 15 years 16 years 17 years 18 years or older 	32 31 30 29 28 27 26
32.	Have you ever been asked for ID when buying cigarettes in a store?	38. Have you tried to quit smoking in the last 6 months?	
	 I do not smoke I have never bought cigarettes in a store Yes No 	O Yes	21 20 19 18 17
33.	Has anyone in a store refused to <u>sell</u> you cigarettes?		
	 ○ I do not smoke ○ I have never bought cigarettes in a store ○ Yes ○ No 	quitting smoking? I have never smoked	12 11 10 9
34.	Have you ever asked a stranger to buy you cigarettes?	 No, I have <u>not</u> seriously thought about quitting I have only smoked a few times 	7
	○ I do not smoke ○ Yes ○ No	○ I have already tried to quit	4 3 2 1

40.	Since starting smoking, what is the longest time you have <u>ever</u> stayed off cigarettes?	44. If you are sick with a bad cold or sore throat, do you smoke cigarettes?
59 58 57 56 55 54 53	 I have never smoked I have only smoked a few times I have never tried to quit 1 day or less 2 to 7 days 8 to 29 days 1 to 3 months 4 to 6 months 	 I do not smoke No, I stop smoking when I am sick Yes, but I cut down on the amount I smoke Yes, I smoke the same amount as when I am not sick
52 51 50	7 to 12 monthsOver a yearI do not know	45. How true is this statement for you? When I go without a smoke for a few hours, I experience cravings.
48 47 46 41 43 42 41 40 39	Do you think you would be able to quit smoking cigarettes if you wanted to? I do not smoke Definitely yes Probably yes Probably not Definitely not	 I do not smoke Not at all true Not very true Fairly true Very true 46. How true is this statement for you? I sometimes have strong cravings for cigarettes where it feels like I am in the grip of a force that I cannot control.
35 42 . 34 33 32 31 30 29 28 27 26 25 24 23 22 21 43.	usually smoke your first cigarette on a weekday (Monday through Friday)? I do not smoke Less than 15 minutes 15 to 30 minutes More than 30 but less than 60 minutes 1 to 2 hours More than 2 hours but less than ½ a day More than ½ day I do not smoke during the weekdays	 I do not smoke Not at all true Not very true Fairly true Very true 47. Have you ever tried any of the following? (Mark all that apply) Smoking cigars or pipe tobacco Smoking bidis (tobacco product from India) Using chewing tobacco Using snuff (tobacco powder that people sniff) I have not tried these things
16 15 14 13 12 11 10 9 8	 I do not smoke Less than 15 minutes 15 to 30 minutes More than 30 but less than 60 minutes 1 to 2 hours More than 2 hours but less than ½ a day More than ½ a day I do not smoke during the weekends 	48. Have you ever seriously thought about trying smokeless tobacco (e.g. chewing tobacco, snuff)? Yes No I already use smokeless tobacco I have already tried smokeless tobacco
3	000000000000000000000000000000000000000	

You, Your Family and Your Friends

49.	Does your father, or the person who is like your father, smoke cigarettes?	53. Do any of your sisters smoke cigarettes?	
	 I do not live with a father or anyone who is like a father He has never smoked He used to smoke He smokes now I do not know 	 I do not have any sisters None of my sisters smoke At least 1 of my sisters used to smoke At least 1 of my sisters smokes now I do not know 	58 57 56 55 54 53
		54. Do any of your brothers smoke cigarettes?	
50.	How does your father, or the person who is like your father, feel about your smoking? O I do not smoke O I do not live with a father or anyone who is	 I do not have any brothers None of my brothers smoke At least 1 of my brothers used to smoke At least 1 of my brothers smokes now I do not know 	49 48 47 46 45 44 43
	like a father He approves He does not care	55. Have your parents <u>ever</u> talked to you about not smoking?	41
	He does not like itHe does not know that I smokeI do not know	○ Yes ○ No	39 38 37
54	Dana and a same and base and b	56. What are the rules about smoking in your home?	
51.	Does your mother, or the person who is like your mother, smoke cigarettes? I do not live with a mother or anyone who is like a mother She has never smoked She used to smoke She smokes now I do not know	 No one is allowed to smoke in my home Only special guests are allowed to smoke in my home People are allowed to smoke only in certain areas in my home People are allowed to smoke anywhere in my home 	32 31 30 29 28 27 26 25
52.	How does your mother, or the person who is like your mother, feel about <u>your</u> smoking?	57. Excluding yourself, how many people smoke <u>inside</u> your home every day or almost every day? Do not count those who smoke outside.	
	I do not smoke I do not live with a mother or anyone who is like a mother She approves She does not care She does not like it She does not know that I smoke I do not know	 None 1 person 2 people 3 people 4 people 5 or more people 	18 17 16 15 14 13 12 11

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3

	Do <u>you</u> ever smoke <u>i</u>	nside your home?	62. Why do you think smoke? (Mark all	people your age <u>start to</u> that apply)
61 60	O Yes		○ Their friends sm	noke (peer pressure)
59 58	○ No		Their mother or	,
⁵⁶ 59.	During the past 7 da	ays, on how many days	Their brother or	sister smokes
54		with someone who	The popular kid.	
52	0 days	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	They think it is r	
50	○ 1 or 2 days		Curiosity - just to	
48	○ 3 or 4 days		Because it is not a control of the control of	•
	·		-	
46	○ 5 or 6 days		O To lose weight o	•
44	○ All 7 days		○ For something t	
42 _60.	Your closest friends	are the friends you like	○ They think it is o	0001
40	to spend the most t your closest friends	ime with. How many of	○ I do not know	
38 37	O None		Other (specify)_	
35	○ 1 friend		63. According to the I	aw in your province, how
33	○ 2 friends		old does a person buy cigarettes?	aw in <u>your province,</u> how have to be in order to
31	○ 3 friends		○ 13 years old	○ 18 years old
29	○ 4 friends		○ 14 years old	○ 19 years old
27	○ 5 or more friends		○ 15 years old	•
25				20 years old
_~			j	,
	Your Beliefs	and Opinions	○ 16 years old	○ 21 years old
	Your Beliefs	and Opinions	j	○ 21 years old
23	Your Beliefs How many people in your school, do you cigarettes?	n your grade, from	○ 16 years old○ 17 years old	○ 21 years old
61.	How many people in your school, do you	n your grade, from	 16 years old 17 years old 64. What health problemose for many series 	21 years oldI do not know
23	How many people in your school, do you cigarettes?	n your grade, from I think smoke	 16 years old 17 years old 64. What health problem they smoke for manapply) 	21 years old 21 years old I do not know ems can people get if any years? (Mark all that
61.	How many people in your school, do you cigarettes?	n your grade, from think smoke 41 to 50%	 16 years old 17 years old 64. What health problem they smoke for manapply) Asthma 	21 years old 21 years old I do not know ems can people get if any years? (Mark all that
61. 16	How many people in your school, do you cigarettes? 91 to 100% 81 to 90%	your grade, from think smoke 41 to 50% 31 to 40%	 16 years old 17 years old 64. What health problem they smoke for manapply) Asthma Premature Deate 	21 years old 21 years old I do not know ems can people get if any years? (Mark all that

	ease answer the following questions based on your inion.	Yes	No	l do not know	
a.	Do people have to smoke for many years before it will hurt their health?	0	0	0	58
b.	Is there any danger to your health from an occasional cigarette?	0	0	0	56
C.	Can smoking help people when they are bored?	0	0	0	54
d.	Does smoking help people relax?	\circ	\circ	0	52
e.	Does quitting smoking reduce health damage even after many years of smoking?	0	0	0	50
f.	Does smoking help people stay slim?	0	0	0	48
g.	Can people become addicted to tobacco?	0	0	0	46
h.	Can tobacco smoke be harmful to the health of non-smokers?	0	0	0	44
i.	Is it nicer to date people who do not smoke?	0	0	0	42
j.	Can smokers quit anytime they want?	\circ	\circ	0	40
k.	Do you think smoking is cool?	0	0	0	38
I.	Should smoking be allowed around kids at home?	0	0	0	36
m.	Should smoking be allowed around kids in cars?	0	0	0	30
	Your School and You				

66.	How strongly do you agree or disagree with each of the following statements?	Strongly Agree	Agree	Disagree	Strongly Disagree
	a. I feel close to people at my school.	0	0	0	<u>24</u>
	b. I feel I am part of my school.	0	0	0	<u>21</u>
	c. I am happy to be at my school.	0	0	0	<u> 18</u>
	d. I feel the teachers at my school treat me fair	ly. O	0	0	<u> 15</u>
	e. I feel safe in my school.	0	0	0	<u> 12</u>

67.	How are you doing in school compared to other students in your class?	71 How do the rules about smoking tobacco at your school affect <u>you</u> ?
6059		○ I do not smoke
58	O Better than average	○ I do not think there are any rules
57 56	O Average	○ I do not smoke at school
55 54	Below average	○ I smoke less at school
52		 It does not make any difference; I smoke at school as much as I want
49	Have you <u>ever</u> been taught in school about health problems due to smoking tobacco?	 It does not make any difference; I would not smoke at school anyway
47 46 45	○ Yes ○ No	Other (specify)
43	○ I do not know	
69.	At your school, what are the rules about smoking tobacco?	72. About how much money do you usually get each week to spend on yourself or to save? (Remember to include all money from allowances and jobs like babysitting, delivering papers)
35	O I do not think there are any rules	○ Zero
33	 Smoking is allowed only in some areas on school property 	○ \$1 to \$5
31		○ \$6 to \$10
29	 Smoking is not allowed anywhere on school property 	○ \$11 to \$20
27	○ I do not know	○ \$21 to \$40
25		○ \$41 to \$100
23		○ More than \$100
70.	Do most students who smoke cigarettes obey the rules about smoking at <u>your</u> school?	I do not know how much money I get each week
18	O I do not think there are any rules	
16	○ Yes	
14	○ No	
12	○ I do not know	

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Alcohol Use

The following questions ask about alcohol use. Please remember that we will keep your answers completely confidential. Your teachers and parents will not know how you answer these questions. Please take your time and be honest as you answer.

73. Have you <u>ever</u> had a drink of alcohol, that is more than just a sip? (a beer, wine cooler, glass of wine or shot of liquor)	77. How old were you when you first had 5 drinks or more of alcohol on one occasion?	
○ Yes ○ No	I have never done thisI do not know	51
 74. How old were you when you first had a drink of alcohol that is more than a sip? I have never drank alcohol 	 8 years or younger 9 years 10 years 11 years 12 years 	48 47 46 45 44
I have only had a sip of alcohol I do not know	 12 years 13 years 14 years 15 years 	43 42 41
8 years or younger9 years10 years	16 years17 years18 years or older	39 38
 9 years 10 years 11 years 12 years 13 years 14 years 15 years 16 years 17 years 	78. In the last year, how often did you have 5 drinks of alcohol or more on one occasion?	37 36 35 34 33
16 years17 years18 years or older	 I have never done this 1 or 2 times 3 to 5 times 6 to 9 times 	32 31 30 29 28
75. In the last year, how often did you drink alcohol?	 10 to 19 times 20 to 39 times 40 or more times I do not know 	27 26 25
 I have never drank alcohol I have not drank alcohol in the last year I have only had a sip of alcohol Once a month or less often 2 or 3 times a month 	79. Why do you think people your age start to drink alcohol? (Mark all that apply)	24 23 22 21 20 19
 Once a week 2 or 3 times a week 4 or 5 times a week Almost every day - 6 or 7 times a week I do not know 	 Their friends drink (peer pressure) Their mother or father drinks The popular kids drink They think it is relaxing Curiosity - just to try it Because it is not allowed 	18 17 16 15 14
6. Have you ever had 5 drinks or more of alcohol on one occasion?	For something to doThey think it is coolTo get drunkTo get high	13 12 11 10
○ Yes ○ No	Oldo not know Other (specify)	9

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Marijuana Use

Definitely not

The following questions ask about marijuana use. Please remember that we will keep your answers completely confidential. Your teachers and parents will not know how you answer these questions. Please take your time and be honest as you answer.

80		ed or tried marijuana or t, pot, weed, hash)	84. Do you think it would be difficult or easy for you to get marijuana or cannabis if you wanted to use it?
53 52	○Yes	○No	O Difficult
81	How old were you marijuana or cann	when you first used	○ Easy
48	•		○ I do not know
	O I have never use	eu manjuana	O TOO HOU KNOW
46	O I do not know		85. Why do you think people your age start to
44	○ 8 or younger	○ 14	use marijuana or cannabis? (Mark all that apply)
42	○ 9	○ 15	Their friends use it (peer pressure)
39	O 10	○ 16	Their mother or father uses it
39 38 37 36	O 11	O 17	The popular kids use it
36	○ 12	○ 18 or older	They think it is relaxing
35 34 33	○ 13		
82		w often did you use	Curiosity - just to try it
31	marijuana or cann		Because it is not allowed
29	O I have never use	ed marijuana	For something to do
27	○ 1 or 2 times		They think it is cool
25	O 3 to 5 times		○ To get high
23	O 6 to 9 times		O I do not know
21	○ 10 to 19 times		Other (specify)
19	O 20 to 39 times		
17	O 40 or more time	s	86. Which do you think is more harmful to your
15	O I do not know		health, smoking cigarettes or marijuana (cannabis)?
1383	.	e future you <u>might try</u>	Smoking cigarettes is more harmful
11	marijuana or cann		Smoking marijuana is more harmful
11 10 9 8 7 6	I have already tr	ieu manjuana	O Both are the same
7	O Definitely yes		○ I do not know
	O Probably yes		
4	Probably not		

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Other Drug Use

The following questions ask about other drug use. Please remember that we will keep your answers completely confidential. Your teachers and parents will not know how you answer these questions. Please take your time and be honest as you answer.

8	87. This chart asks about your drug use. First, mark the circle if you have <u>ever</u> used or tried the drug. Then, mark		Have you ever used or tried this?		How old were you when you first used or							
					tried this?							
	your age when you first tried	Yes	No	Yes	12 or younger	13	14	15	16	17	18 or older	
a.	Amphetamines (speed, ice, meth)	0	0		0	0	0	0	0	0	0	45
b.	MDMA (ecstasy, E, X)	0	0		0	0	0	0	0	0	0 [42
C.	Hallucinogens (LSD, PCP, acid, magic mushrooms, mesc)	0	0		0	0	0	0	0	0	0	39
d.	DACS (links)	0	0		0	0	0	0	0	0	0 [36
e.	Heroin (smack, junk, crank)	0	0		0	0	0	0	0	0	0	33
f.	Cocaine (coke, crack, blow, snow)	0	0		0	0	0	0	0	0	0 [30
g.	Steroids (testosterone, growth hormones, Dianobol, juice, roids)	0	0		0	0	0	0	0	0	0 :	27
88	Mark the circle if you have <u>ever</u>											
	used or tried any of the		Have you ever used or		How old were you when you first used or tried this?							
			this?	If Yes	12 or younger	13	14	15	16	17	18 or older	
a.	Sniffed glue, gasoline or other products (solvents) to get high?	Yes	No		0	0	0	0	0	0	0	15
b.	Used or tried medication like Ritalin NOT for medical purposes?	0	0		0	0	0	0	0	0	0 [12
C.	Used or tried painkillers (Talwin, Oxycontin) to get high and NOT for medical purposes?	0	0		0	0	0	0	0	0	0	9
d.	Used or tried any other medications or natural health products to get high and NOT for medical purposes?	0	0		0	0	0	0	0	0	0 [5

Your answers to these questions are very important. Thank you for taking the time to complete this questionnaire.