

2006 - 2007

Youth Smoking Survey

00-YS-[SERIAL]-A1-006

2006 - 2007 Youth Smoking Survey Module A

To all students:

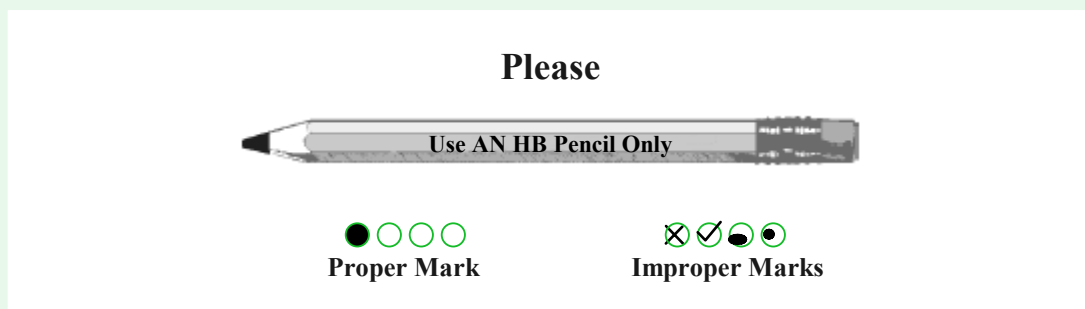
Thousands of students across Canada, just like you, have been asked to take part in this survey. Most of the questions are about smoking. This important survey will help Health Canada to better understand smoking among young people in Canada. Your help today is very important.

This is NOT a test. All of your answers will be kept confidential. No one, not even your parents or teachers, will ever know what you answered. So, please be honest when you answer the questions.

When filling out your responses please use a regular HB pencil and mark only one option per question unless the instructions tell you to do something else.

If you do not smoke, you will need to answer "I do not smoke" to many of the questions. We ask you to do this so that both smokers and non-smokers will take about the same amount of time to complete the questionnaire and teachers will not know which students smoke.

Thank You!



About You

- 1. What grade are you in?
2. How old are you?
3. Are you a ...
4. Are you an aboriginal person?
5. What language do you speak most often at home?
6. How many years have you lived in Canada?

- 7. On average, how many hours a day do you watch TV or videos?
8. How often do you read for fun (not for school)?
9. About how much money do you usually get each week to spend on yourself or to save?
10. Please indicate the first 3 digits of the postal code of where you live.

61, 60, 59, 58, 57, 56, 55, 54, 53, 52, 51, 50, 49, 48, 47, 46, 45, 44, 43, 42, 41, 40, 39, 38, 37, 36, 35, 34, 33, 32, 31, 30, 29, 28, 27, 26, 25, 24, 23, 22, 21, 20, 19, 18, 17, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1

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0 1 2 3 4 5 6 7 8 9
A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

[SERIAL]

63 For the next 3 questions, choose the answer that
62 describes how you feel about the statement.

- 61 11. In general, I like the way I am.
60
59 True
58 Mostly true
57 Sometimes true / sometimes false
56 Mostly false
55 False

- 54 12. When I do something, I do it well.
53
52 True
51 Mostly true
50 Sometimes true / sometimes false
49 Mostly false
48 False

- 47 13. I like the way I look.
46
45 True
44 Mostly true
43 Sometimes true / sometimes false
42 Mostly false
41 False

39 Your Experience with Smoking

- 38
37 14. Are you a smoker?
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35 Yes
34 No
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32 15. Have you ever tried cigarette smoking,
31 even just a few puffs?
30
29 Yes
28 No
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26 16. How old were you when you first tried
25 smoking cigarettes, even just a few puffs?
24 I have never done this
23 I do not know
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21 8 years or younger 12 years
20 9 years 13 years
19 10 years 14 years
18 11 years

- 17 17. Do you think in the future you might try
16 smoking cigarettes?
15
14 Definitely yes
13 Probably yes
12 Probably not
11 Definitely not

- 10 18. If one of your best friends was to offer
9 you a cigarette would you smoke it?
8
7 Definitely yes
6 Probably yes
5 Probably not
4 Definitely not
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19. At any time during the next year do you
think you will smoke a cigarette?
 Definitely yes
 Probably yes
 Probably not
 Definitely not

20. Do you think it would be difficult or easy
for you to get cigarettes if you wanted to
smoke?
 Difficult
 Easy
 I do not know

21. Have you ever smoked a whole cigarette?
 Yes
 No

22. How old were you when you smoked your
first whole cigarette?
 I have never smoked a whole cigarette
 I do not know
 8 years or younger 12 years
 9 years 13 years
 10 years 14 years
 11 years

23. Have you ever smoked 100 or more whole
cigarettes in your life?
 Yes
 No
24. Have you ever smoked every day for at
least 7 days in a row?
 Yes
 No

25. How old were you when you first smoked
every day for at least 7 days in a row?
 I have never done this
 I do not know
 8 years or younger 12 years
 9 years 13 years
 10 years 14 years
 11 years

26. In the last 12 months, how often did you
smoke?
 I have never smoked
 I have smoked, but not in the last 12 months
 I have tried one cigarette in the last 12 months
 I have had more than one cigarette in the last
12 months

27. On how many of the last 30 days did you smoke one or more cigarettes?

- None
- 1 day
- 2 to 3 days
- 4 to 5 days
- 6 to 10 days
- 11 to 20 days
- 21 to 29 days
- 30 days (every day)

28. Thinking back over the last 30 days, on the days that you smoked, how many cigarettes did you usually smoke each day?

- None
- A few puffs to one whole cigarette
- 2 to 3 cigarettes
- 4 to 5 cigarettes
- 6 to 10 cigarettes
- 11 to 20 cigarettes
- 21 to 29 cigarettes
- 30 or more cigarettes

29. When you smoke, how often do you share a cigarette with others?

- I do not smoke
- Never
- Sometimes
- Usually
- Always

30. What brand of cigarettes do you usually smoke?

- I do not smoke
- I do not have a regular brand
- DuMaurier King Size
- DuMaurier Regular Size
- DuMaurier Light King Size
- DuMaurier Light Regular Size
- DuMaurier Extra Light King Size
- DuMaurier Ultra Light King Size
- Export "A" Regular Size
- Export "A" Medium Regular Size
- Export "A" Light Regular Size
- No. 7 King Size
- No. 7 Light King Size
- No. 7 Light Regular Size
- No. 7 Regular Size
- Peter Jackson King Size
- Peter Jackson Regular Size
- Players Light Regular Size
- Players Light King Size
- Players Regular Size
- Cigarettes from First Nations/Native Brands
- Other

31. Why do you smoke the brand of cigarettes that you do? (Mark all that apply)

- I do not smoke
- I do not have a usual brand
- My friends smoke the same brand
- My parents smoke the same brand
- I like the packaging
- This brand costs less than other brands
- I like the image of this brand
- I like the taste
- They are the only ones that I can get
- They have less tar
- For the nicotine buzz
- Other

32. Where do you usually get your cigarettes?

- I do not smoke
- I buy them myself at a store
- I buy them from a friend or someone else
- I ask someone to buy them for me
- My brother or sister gives them to me
- My mother or father gives them to me
- A friend or someone else gives them to me
- I take them from my mother, father or siblings
- Other

33. In the last 30 days, have you ever been asked your age when buying cigarettes in a store?

- Yes
- No
- I have never bought or tried to buy cigarettes in a store in the last 30 days

34. In the last 30 days, have you ever been asked for ID when buying cigarettes in a store?

- Yes
- No
- I have never bought or tried to buy cigarettes in a store in the last 30 days

35. In the last 30 days, has anyone in a store refused to sell you cigarettes?

- Yes
- No
- I have never bought or tried to buy cigarettes in a store in the last 30 days

36. In the last 30 days, have you ever asked a stranger to buy you cigarettes?

- Yes
- No

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[SERIAL]

63 37. In a typical week, how often do you visit retail stores (e.g. convenience stores, supermarkets, grocery stores, gas stations) near your school?

- 62
61
60
59 Every day
58 4 to 5 times a week
57 2 to 3 times a week
56 Once a week
55 Less than once a week
54 Never

53 38. How many of the stores that you visit near your school sell cigarettes?

- 52
51
50 All I never visit stores near my school
49 Most
48 Few
47 None

46 39. In a typical week, how often do you see cigarettes advertised or promoted in stores near your school?

- 45
44
43
42 Often I never visit stores near my school
41 Sometimes
40 Rarely
39 None

38 40. In what types of stores have you ever seen cigarettes? (Mark all that apply)

- 37
36
35 Convenience, Corner or Variety Store
34 Supermarket, Food or Grocery Store
33 Gas Station
32 Other
31 None
30 I do not know

41. Have you ever tried to quit smoking cigarettes?

- I have never smoked
 I have only smoked a few times
 I have never tried to quit
 I have tried to quit once
 I have tried to quit 2 or 3 times
 I have tried to quit 4 or 5 times
 I have tried to quit 6 or more times

42. Do you think you would be able to quit smoking cigarettes if you wanted to?

- Definitely yes I do not smoke
 Probably yes
 Probably not
 Definitely not

43. Have you ever tried any of the following? (Mark all that apply)

- Smoking pipe tobacco
 Smoking cigars, cigarillos, or little cigars (*plain or flavoured*)
 Smoking bidis (*tobacco product from India*)
 Using chewing tobacco
 Using nasal snuff (*tobacco powder people sniff*)
 Using oral snuff (*tobacco powder people hold between their lip and gum or cheek*)
 Using nicotine patches, nicotine gum, or nicotine lozenges
 Using a water-pipe, also known as hookah, sheesha, narg-eelay, hubble-bubble, or gouza, to smoke tobacco
 I have not tried these things

28 44. How often do you smoke tobacco in each of the following places?

- 27
26
25 a. At home
24 b. Walking to and/or from school
23 c. At school but off school property
22 d. At school on school property
21 e. At concerts/dances/clubs
20 f. In restaurants/coffee shops
19 g. At parties
18 h. At my friend's house
17 i. In a vehicle

Always	Often	Sometimes	Never	I do not smoke
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

16 45. How often do you smoke tobacco at the following times?

- 15
14
13 a. Before school
12 b. During the school day
11 c. After school
10 d. In the evening
9 e. On weekends

Always	Often	Sometimes	Never	I do not smoke
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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8 46. How often do you smoke tobacco with the following people?

- 7
6
5 a. By myself
4 b. With my parents
3 c. With other family members
2 d. With friends

Always	Often	Sometimes	Never	I do not smoke
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

You, Your Family and Your Friends

47. Do any of your parents, step-parents, or guardians smoke cigarettes?

- Yes I do not know
 No

48. Do any of your brothers or sisters smoke cigarettes?

- Yes I do not know
 No I have no brothers or sisters

49. Have your parents, step-parents, or guardians ever talked to you about not smoking?

- Yes
 No

50. What are the rules about smoking in your home?

- No one is allowed to smoke in my home
 Only special guests are allowed to smoke in my home
 People are allowed to smoke only in certain areas in my home
 People are allowed to smoke anywhere in my home

51. Excluding yourself, how many people smoke inside your home every day or almost every day? Do not count those who smoke outside.

- None 3 people
 1 person 4 people
 2 people 5 or more people

52. Do you ever smoke inside your home?

- Yes I do not smoke
 No

57. Please answer the following questions based on your opinion.

- | | Yes | No | I do not know |
|---|-----------------------|-----------------------|-----------------------|
| a. Do people have to smoke for many years before it will hurt their health? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Is there any danger to your health from an occasional cigarette? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Can smoking help people when they are bored? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Does smoking help people relax? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Does quitting smoking reduce health damage even after many years of smoking? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Does smoking help people stay slim? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. Can people become addicted to tobacco? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| h. Can tobacco smoke be harmful to the health of non-smokers? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| i. Do people who smoke become more popular? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| j. Can smokers quit anytime they want? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| k. Do you think smoking is cool? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| l. Should smoking be allowed around kids at home? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| m. Should smoking be allowed around kids in cars? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| n. Is it nicer to date people who do not smoke? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



[SERIAL]

53. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?

- 0 days 5 or 6 days
 1 or 2 days All 7 days
 3 or 4 days

54. Your closest friends are the friends you like to spend the most time with. How many of your closest friends smoke cigarettes?

- None 3 friends
 1 friend 4 friends
 2 friends 5 or more friends

Your Beliefs and Opinions

55. Why do you think people your age start to smoke? (Mark all that apply)

- Their friends smoke (peer pressure)
 Their mother or father smokes
 Their brother or sister smokes
 The popular kids smoke
 They think it is relaxing
 Curiosity - just to try it
 Because it is not allowed
 To lose weight or stay slim
 For something to do
 They think it is cool
 To escape from or deal with stress
 I do not know
 Other

56. What health problems can people get if they smoke for many years? (Mark all that apply)

- Asthma
 Premature or Early Death
 Lung Cancer
 Heart Disease
 Gum or Mouth Disease

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Your School and You

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58. How strongly do you agree or disagree with each of the following?

	Strongly Agree	Agree	Disagree	Strongly Disagree
a. I feel close to people at my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. I feel I am part of my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. I am happy to be at my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. I feel the teachers at my school treat me fairly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. I feel safe in my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

59. How important are each of the following to you?

	Very Important	Important	Not Very Important	Not At All Important
a. Getting good grades	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Making friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Participating in school activities outside of class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Getting to class on time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Learning new things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Expressing my opinion in class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Getting involved in the student council or other similar groups	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

60. How are you doing in school compared to other students in your class?

- Better than average
- Average
- Below average

61. How many people in your grade, from your school, do you think smoke cigarettes?

- | | |
|----------------------------------|---------------------------------|
| <input type="radio"/> 91 to 100% | <input type="radio"/> 41 to 50% |
| <input type="radio"/> 81 to 90% | <input type="radio"/> 31 to 40% |
| <input type="radio"/> 71 to 80% | <input type="radio"/> 21 to 30% |
| <input type="radio"/> 61 to 70% | <input type="radio"/> 11 to 20% |
| <input type="radio"/> 51 to 60% | <input type="radio"/> 0 to 10% |

62. At your school, what are the rules about smoking tobacco?

- I do not think there are any rules
- Smoking is allowed only in some areas on school property
- Smoking is not allowed anywhere on school property
- I do not know

63. Do most students who smoke cigarettes obey the rules about smoking at your school?

- Yes
- No
- I do not know
- I do not think there are any rules

64. How do the rules about smoking tobacco at your school affect you?

- I do not smoke
- I do not think there are any rules
- I do not smoke at school
- I smoke less at school
- It does not make any difference; I smoke at school as much as I want
- It does not make any difference; I would not smoke at school anyway
- Other

65. In the last 12 months, how many classes did you have that talked about the effects of smoking?

- | | |
|--------------------------------------|---|
| <input type="radio"/> No classes | <input type="radio"/> 5 or 6 classes |
| <input type="radio"/> 1 or 2 classes | <input type="radio"/> 7 or more classes |
| <input type="radio"/> 3 or 4 classes | <input type="radio"/> I do not know |

66. In the last 12 months, have you taken part in any other anti-smoking activities or events, either at school or in the community? (Mark all that apply)

- School assembly or class with guest speaker
- School health fair
- Media production (poster, commercial, etc.)
- Community event outside of school
- Quit smoking contest
- Smoking cessation counselling or program
- I have not taken part in any of these activities or events in the last 12 months

0 1 2 3 4 5 6 7 8 9
0 1 2 3 4 5 6 7 8 9

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