# **Activity Coding List and Instructions**

Note: The activities in **italic** are those who were asked questions on helping somebody or an organisation. See Questionnaire in Appendix B.

#### EMPLOYED WORK

- 011 WORK FOR PAY AT MAIN JOB
- 012 WORK FOR PAY AT OTHER JOB(S)
- 021 OVERTIME WORK
- 022 LOOKING FOR WORK
- 023 UNPAID WORK IN A FAMILY BUSINESS OR FARM
- 030 TRAVEL DURING WORK
- 040 WAITING/DELAYS AT WORK
- 050 MEALS/SNACKS AT WORK
- 060 IDLE TIME BEFORE/AFTER WORK
- 070 COFFEE/OTHER BREAKS
- 080 OTHER WORK ACTIVITY
- 090 Travel: To/From Work ONLY when WHERE = <5> DRIVER OF THE CAR

### DOMESTIC WORK

- 101 Meal Preparation
- 102 Baking, Preserving Food, Home Brewing, etc.
- 110 Food (or Meal) Cleanup
- 120 Indoor Cleaning
- 130 Outdoor Cleaning
- 140 Laundry, Ironing, Folding, Drying
- 151 Mending/Shoe Care
- 152 Dressmaking and Sewing
- 161 Interior Maintenance and Repair
- 162 Exterior Maintenance and Repair
- 163 Vehicle Maintenance
- 164 Other Home Improvements
- 171 Gardening/Grounds Maintenance
- 172 Pet Care
- 173 Care of House Plants
- 181 Household Management, e.g. Organizing and Planning Activities, Paying Bills, etc.
- 182 Stacking and Cutting Firewood
- 183 Other Domestic Work (not specified above)
- 184 Unpacking groceries
- 185 Packing and unpacking luggage and/or car
- 186 Packing and unpacking for a move of the household
- 190 Travel: Domestic **ONLY when** WHERE = <5> DRIVER OF THE CAR

### **CARE OF CHILDREN**

- 200 CHILD CARE (INFANT TO 4 YEARS OLD HOUSEHOLD CHILD)
- 211 PUTTING THE CHILDREN TO BED
- 212 GETTING THE CHILDREN READY FOR SCHOOL
- 213 PERSONAL CARE FOR CHILDREN OF THE HOUSEHOLD
- 220 HELPING/TEACHING/REPRIMANDING
- 230 READING/TALKING/CONVERSATION WITH CHILD
- 240 PLAY WITH CHILDREN
- 250 MEDICAL CARE HOUSEHOLD CHILD
- 260 UNPAID BABYSITTING
- 271 PERSONAL CARE HOUSEHOLD ADULTS
- 272 MEDICAL CARE HOUSEHOLD ADULTS
- 281 OTHER CHILD CARE
- 282 OTHER CARE TO HOUSEHOLD ADULTS
- 291 Travel: Household Child ONLY when WHERE = <5> DRIVER OF THE CAR
- 292 Travel: Household Adult ONLY when WHERE = <5> DRIVER OF THE CAR

#### SHOPPING AND SERVICES

- 301 Groceries
- 302 Clothing, Gas, etc.
- 303 Take-out Food
- 304 Video rental
- 310 Shopping for Durable
- 320 PERSONAL CARE SERVICES (E.G HAIRCUT)
- 331 Financial Services (e.g. banking)
- 332 Government Services (e.g. UIC)
- 340 Adult Medical and Dental Care
- 350 Other Professional Services
- 361 Automobile Maintenance and Repair
- 362 Other Repair Services (e.g. T.V., Appliance)
- 380 Other Shopping and Services
- 390 Travel: Goods/Services ONLY when WHERE = <5> DRIVER OF THE CAR

#### PERSONAL CARE

- 400 WASHING, DRESSING
- 410 PERSONAL MEDICAL CARE (HOME)
- 411 PRIVATE PRAYER, MEDITATION AND OTHER INFORMAL SPIRITUAL ACTIVITIES
- 430 MEALS AT HOME/SNACKS/COFFEE
- 431 OTHER MEALS (NON-RESTAURANT/NON-SOCIALIZING)
- 440 RESTAURANT MEALS
- 450 NIGHT SLEEP/ESSENTIAL SLEEP
- 460 INCIDENTAL SLEEP, NAPS
- 470 RELAXING, THINKING, RESTING
- 480 OTHER PERSONAL CARE OR PRIVATE ACTIVITIES
- 491 Travel: Restaurant Meals ONLY when WHERE = <5> DRIVER OF THE CAR

## 492 Travel: Other Personal Activities **ONLY when** WHERE = <5> DRIVER OF THE CAR

#### SCHOOL AND EDUCATION

- 500 FULL-TIME CLASSES
- 511 OTHER CLASSES (PART-TIME)
- 512 CREDIT COURSES ON TELEVISION
- 520 SPECIAL LECTURES: OCCASIONAL
- 530 Homework: Course, Career/Self-Development
- 540 MEALS/SNACKS/COFFEE AT SCHOOL
- 550 BREAKS/WAITING FOR CLASS
- 560 LEISURE AND SPECIAL INTEREST CLASSES
- 580 OTHER STUDY
- 590 Travel: Education **ONLY when** WHERE = <5> DRIVER OF THE CAR

### ORGANIZATIONAL, VOLUNTARY AND RELIGIOUS ACTIVITY

- 600 Professional, Union, General
- 610 Political, Civic Activity
- 620 Child, Youth, Family Organization
- 630 Religious Meetings, Organizations
- 640 RELIGIOUS SERVICES/PRAYER/BIBLE READINGS
- 642 MEALS, COFFEE, SNACK AT RELIGIOUS SERVICES
- 651 Fraternal and Social Organizations (e.g. Lions' Club)
- 652 Support Groups (e.g. Al-Alon, AA)
- 660 Volunteer Work, (Organizations)
- MEALS, COFFEE, SNACK AT PLACE OF VOLUNTEER WORK
- 671 Housework and Cooking Assistance
- 672 House Maintenance and Repair Assistance
- 673 Unpaid Babysitting
- 674 Transportation Assistance
- 675 Care for Disabled or Ill
- 676 Correspondence Assistance
- 677 Unpaid Help for a Business or Farm
- 678 Other Unpaid Work
- 680 OTHER ORGANIZATIONAL, VOLUNTARY AND RELIGIOUS ACTIVITY
- 691 Travel: Civic & Voluntary Activity **ONLY when** WHERE = <5> DRIVER OF THE CAR
- 692 Travel: Religious Services ONLY when WHERE = <5> DRIVER OF THE CAR

### **ENTERTAINMENT (Attending)**

- 701 PROFESSIONAL SPORTS EVENTS
- 702 AMATEUR SPORTS EVENTS
- 711 POP MUSIC, CONCERTS
- 712 FAIRS
- 713 ZOOS
- 720 MOVIES, FILMS
- 730 OPERA, BALLET, THEATRE

- 741 MUSEUMS
- 742 ART GALLERIES
- 743 HERITAGE SITES
- 751 SOCIALIZING (NO MEAL)
- 752 SOCIALIZING (W/MEAL, EXCL. RESTAURANTS)
- 753 SOCIALIZING (AT NON-PRIVATE RESIDENCE)
- 754 SOCIALIZING WITH FRIENDS/RELATIVES (INSTITUTIONAL RESIDENCE)
- 760 SOCIALIZING AT BARS, CLUBS (NO MEAL) WATCHING HOME MOVIES
- 770 CASINO, BINGO, ARCADE
- 780 OTHER SOCIAL GATHERINGS (WEDDINGS, WAKES)
- 791 Travel: Sports, Movies & Other Entertainment Events **ONLY when** WHERE = <5> DRIVER OF THE CAR
- 792 Travel: Socializing (In Homes) ONLY when WHERE = <5> DRIVER OF THE CAR
- 793 Travel: Other Socializing **ONLY when** WHERE = <5> DRIVER OF THE CAR

### **SPORTS AND HOBBIES (PARTICIPATION)**

- 800 Coaching
- 801 FOOTBALL, BASEBALL, HOCKEY, ETC.
- 802 TENNIS, SQUASH, RACQUETBALL, ETC.
- 803 GOLF, MINIATURE GOLF
- 804 SWIMMING, WATERSKIING
- 805 SKIING, ICE SKATING, ETC.
- 806 BOWLING, POOL, ETC.
- 807 EXERCISES, YOGA, WEIGHT LIFTING
- 808 JUDO, BOXING, WRESTLING, FENCING
- 809 ROWING, CANOEING, KAYAKING AND SAILING
- 810 OTHER SPORTS, E.G. FRISBEE, CATCH, SKATEBOARDING
- 811 HUNTING
- 812 FISHING
- 813 BOATING
- 814 CAMPING
- 815 HORSEBACK RIDING, RODEO, JUMPING, DRESSAGE
- 816 OTHER OUTDOOR ACTIVITIES EXCURSIONS
- 821 WALKING, HIKING
- 822 BIKING
- 831 HOBBIES DONE MAINLY FOR PLEASURE
- 832 Hobbies Done For Sale or Exchange of Items
- 841 DOMESTIC HOME CRAFTS DONE MAINLY FOR PLEASURE
- 842 Domestic Home Crafts Done For Sale or Exchange of Items
- 850 MUSIC, THEATRE, DANCE
- 861 GAMES, CARDS
- 862 VIDEO GAMES/COMPUTER GAMES
- *General Computer Use (Excluding Surfing the Net or Playing Games)*
- 864 SURFING THE NET (AS A LEISURE ACTIVITY)
- 871 Pleasure Drives as a Driver
- PLEASURE DRIVES AS A PASSENGER IN A CAR
- 873 OTHER PLEASURE DRIVES (E.G. BUS TOUR)

- 880 OTHER SPORT OR ACTIVE LEISURE
- 891 Travel: Active Sports **ONLY when** WHERE = <5> DRIVER OF THE CAR
- 892 Travel: Coaching **ONLY when** WHERE = <5> DRIVER OF THE CAR
- 893 Travel: Hobbies & Crafts For Sale or Exchange **ONLY when** WHERE = <5> DRIVER OF THE CAR
- 894 Travel: Other Active Leisure **ONLY when** WHERE = <5> DRIVER OF THE CAR

#### MEDIA AND COMMUNICATION

- 900 LISTENING TO THE RADIO
- 911 WATCHING TELEVISION (REGULAR SCHEDULED TELEVISION)
- 912 WATCHING TELEVISION (TIME-SHIFTED TELEVISION)
- 913 WATCHING RENTED OR PURCHASED MOVIES
- 914 OTHER TELEVISION VIEWING (HOME RECORDED MOVIES)
- 920 CD'S, TAPES, RECORDS, LISTENING
- 931 READING BOOKS
- 932 READING MAGAZINES
- 940 READING NEWSPAPERS
- 950 TALKING, CONVERSATION, PHONE
- 961 READING MAIL
- 962 OTHER (WRITING LETTERS)
- 980 OTHER MEDIA OR COMMUNICATION
- 990 Travel: Media or Communication **ONLY when** WHERE = <5> DRIVER OF THE CAR

#### **RESIDUAL CODES**

- 001 MISSING GAP IN TIME
- 002 REFUSED INFORMATION

## **ACTIVITY CODING INSTRUCTIONS**

In Cycle 12, the CATI system was used to capture the daily activities of the respondents. The interviewers were viewing screens to choose the proper category applying to the respondent's declared activity on screen-line. These screens are reproduced in Appendix B, Section Q (Questionnaire). Once the diary was completed, a key was available, who would permit them to review all the activities declared with the start and end time for each.

#### 1. General information

(excerpt from Interviewer's Manual - GSS 12 - Chapter 4)

The following are general points concerning the collection of diary information:

• The designated day begins in the morning at 04:00 and continues until 04:00 the next day. This time is chosen because we want to start the diary before the respondent's day begins. Beginning at 04:00 ensures this in most cases.

**Note**: The designated day ends at 04:00. Enter 04:00 as the end time for the last activity of the respondent's day. For example, if the respondent went to bed at midnight, ask "When did this end". If the respondent says 6:45, enter 0400 as the end time for the day.

- It is important that the respondent describe what he/she actually did on the designated day, not what is usually done on that particular day of the week.
- Make sure the respondent understands for which day you are collecting information.
- Each diary has space to list 60 activities.
- If more than 60 activities are reported, a final activity screen will be provided to summarize the additional activities and their durations.

## 2. Activity detail

Follow these guidelines when listing activities:

• Record all activities that lasted more than 5 minutes. Try to discourage respondents from reporting very short activities which lasted only a few minutes.

**Reminder**: Always use the 24-hour clock when entering times.

- Details regarding the respondent's precise activities at work are not required. Only coffee breaks, lunch breaks or out of the ordinary activities such as medical appointments need to be recorded.
- If the respondent reports more than one activity happening at the same time, such as "talking with my son and watching T.V.", ask the respondent to determine the main activity.

- If the respondent reports more than one main activity for the same time period, and the activities took place in obvious chronological order, then make separate entries for each activity.
- If a few activities are broken up and intermingled and exact start times cannot be remembered but durations can be estimated, make only one entry for each and enter the total time for each one. For example, the respondent tells you that:
  - 1) She put a load of laundry in the washer (5 minutes)
  - 2) Made a cake and put it in oven (10 minutes)
  - 3) Did some vacuuming (18 minutes)
  - 4) Transferred the wash to the dryer (5 minutes)
  - 5) Took cake out of oven (a couple of minutes)
  - 6) Iced the cake (15 minutes)

(Total of 55 minutes)

These activities could be recorded as follows:

- laundry 0900 to 0910 - baking 0910 to 0937 - indoor cleaning 0937 to 0955

(Total of 55 minutes)

- A new episode should be used each time the activity, the location or the social contact changes. For example, two episodes must be completed if the respondent reports that she took her child to the park from 10:00 to 11:00 and that her husband joined them there at 10:30. One episode should cover the period 10:00 to 10:30 and the next episode should cover the period 10:30 to 11:00.
- A screen will appear prompting you to probe if the respondent reports a length of time that does not seem reasonable for a given activity. For example: if the respondent reports gardening from 9:00 to 15:00, probe for lunch or rest breaks. Any interruption lasting more than 5 minutes should be recorded as a separate entry.
- The end time of one activity should be the start time of the next.
- Activities should be reported in chronological order. However, if an activity was forgotten, it can be recorded at the end of the diary or at any point that it is remembered.

**Note**: Remember to go back to adjust the start and end times of the previously recorded activities so that there is no overlap of time between activities.

## 3. Location of activity

## **Respondent's home**

In some cases it may be difficult to distinguish between the respondent's workplace and his/her home. For example, a mother babysits children in her home, an insurance agent does most of his work from an office in the basement. In cases where the respondent works from home, mark "respondent's home" and not "workplace" unless the respondent's home and workplace are in the same building but have a different address (e.g., a hairstylist has a shop at 201 Main Street and lives in the apartment above the shop at 201B Main Street).

## Work place

Select this category for traveling sales persons traveling between appointments, taxi drivers, bus drivers and couriers when they are on the job, not one of the "in transit" categories (described on the next page). Volunteers are not to be considered in their place of work even if the work is regularly performed in an institution. In these cases "other" is to be marked.

#### Someone else's home

Select this category if the respondent is in a private home other than his/her own.

## Other place

Include all other places not listed above, for example, shopping center, school, park, cottage.

#### In transit

An in transit category must be selected for any activity described as being "travel".

### 4. Interaction

It may be difficult to make a distinction between a respondent doing something alone or doing something with someone else. For these difficult cases accept the respondent's perception of whether he/she was alone or with someone else.

Multiple responses are permitted for the question "Who was with you?", except for cases where the respondent is "alone".

Below are some examples to help you determine those cases which are difficult and to help the respondent give you a more precise response:

- Consider the respondent "alone" if he/she is watching television in one room while other household members are in another room. If other household members were watching television with the respondent, select the appropriate category.
- Consider the respondent "alone" if he/she is making dinner on his/her own while someone else is in the kitchen doing an unrelated activity, for example reading the newspaper. If the other household member is helping the respondent make dinner or interacting with the respondent in some other way, select the appropriate category.

### **Exception**:

If the children of the household under 15 years of age are present in the same room, select "children of the household" even if they are not actually participating in the activity or interacting with the respondent.

- Consider the respondent "alone" where there are no co-workers in the workplace. If the respondent works for a firm with other co-workers, mark "other persons".
- If the respondent is in the company of strangers while shopping, riding a bus or obtaining other services, consider that person "alone", even if he/she speaks to the store clerk, hairdresser or doctor. Otherwise, if a friend is with the respondent, consider that person with someone else and mark "friends" or "other persons".

## 5. Helping others

Many of our daily activities help persons living outside our own households. For example:

- You made extra quantities of a meal so that you would have leftovers to take over to an ill neighbour.
- While doing your own laundry, you are also doing laundry for your child who has his or her own apartment.
- Your child had a sport event to attend and as a favour to your neighbour, you offered to drive his or her child as well.

In order to determine the level of informal social support in society, respondents will be asked to indicate whether each activity helped someone outside the household or helped an organization.

The exceptions are:

- activities which are personal in nature;
- activities described as helping household members only;
- activities related to paid work or education; and
- certain leisure activities such as listening to the radio or watching t.v.

### 6. Edition of the diary at the Main Office

#### Time - 24 hours

Total time for activities done on the reference day must cover 24 hours or more. That is, from 4:00 a.m. to 4:00 a.m., plus the time the respondent went to bed on the day preceding the designated day and the time he awoke on the day following the designated day. Verifications were made to insure that the "time ended" for each activity is the same as the "time began" for another activity, i.e.:

DROVE TO THE STORE 11:30 - 11:45 SHOPPED FOR A HAMMER 11:45 - 12:05

If there are gaps in time or overlapping times, edit was made using the instructions below.

### Gaps

When a gap of 10 minutes or less exists between the time one activity ended and the next activity

began, allocate 1/2 of the time to the activity preceding the gap and 1/2 of the time to the activity following the gap, i.e.:

	WAS	EDITED TO
SHOWERED	7:10 - 7:25	7:10 - 7:30
ATE BREAKFAST	7:35 - 7:55	7:30 - 7:55

If the gap is longer than 10 minutes, edit in a "time began" and "time ended" for this time period at the end of the activity entries. Label the edited time as "MISSING" and code it 001. Leave items (d) and (e) blank.

## **Overlaps**

Overlaps were corrected the following way:

	WAS	EDITED TO
WATCHED TV	11:00 - 12:00	11:00 - 11:50
EATING	11:40 - 12:15	11:50 - 12:15

In the above example, there is a 20 minute overlap.

### **Refusal**

If the respondent has given no activities for some period of the day which sum up to more than 4 hours in total, the record has been considered as a REFUSAL and has not been kept in the sample.

#### **ACTIVITY CODES DESCRIPTION**

### EMPLOYED WORK - CODES 011-090

### 011 Work for pay at main job

## **Description**

Normal work; activities at the main job including work brought home, travel which is part of the job; "working", "at work".

Work activities for pay done in the home when home is the main workplace.

Part-time job for students.

## **Location of activity**

This activity should be coded to a non-transit location. For respondents whose main job is within the area of transportation (e.g., bus driver, airline pilot, truck driver), the activity should be coded to 'work place'.

## **Examples**

Working at home in the kitchen.

Attending a lunch meeting until two.

Negotiating a contract in office.

Bought groceries for client.

Warmed up truck, checked tires and brakes - (truck driver).

Repaired plumbing of tenant (superintendent).

Made rounds, visited patients.

Delivering mail on postal route.

Did flight plan - called weather service (pilot).

Research for computer hardware for work - part of his work.

I made some phone calls after arriving home to join clients.

I corrected student=s homework all night.

Coffee in a restaurant for work.

Supervising school children.

Making up his work schedule.

Prepare for school day (teacher).

Banking for work.

Making telephone calls related to work.

Loading up work truck to return home.

Teacher -correcting homework.

Packed vehicle with food to take to her cooking class she teaches.

She is a house keeper/done some ironing.

To purchase a cattle dog for the farm.

Met with client away from main office.

#### **Unusual cases**

Work activities related to attending conference or convention away from regular place of work.

On-the-job travelling for bus, taxi and truck drivers.

Babysitting or house cleaning for pay (as respondent's main job). Paid babysitting performed by a teenager.

## Cases coded elsewhere

- Overtime, specified as such by the respondent.
- 450 Sleep at motel while on work trip.

## 012 Work for pay at other jobs

## **Description**

Normal work; activities at other job(s) including work brought home, travel which is part of the job; "working", "at work".

## **Location of activity**

This activity should be coded to a non-transit location. For respondents whose other job is within the area of transportation (e.g., taxi driver, pizza delivery driver), the activity should be coded to 'work place'.

### **Example**

Working for pay on neighbor's farm.

## 021 Overtime Work

#### **Description**

Overtime specifically differentiated from normal work by respondent.

## 022 Looking for work

## **Description**

Job search; looking for work, including visits to employment agencies, phone calls to prospective employers, answering want ads.

### **Examples**

Picked up job applications.

Distributing resumes.

Working on resume.

Interview with prospective employer.

Attended job fair at school.

### Case coded elsewhere

332 Applying for or collecting employment insurance benefits or welfare.

## 023 Unpaid work in a family business or farm

## **Description**

Work done for a family business or farm for which a salary or wage was not paid.

## **Example**

Did brother's paper route.

## 030 Travel during work

## **Description**

Travel during work that is specifically differentiated from normal work yet part of the work.

## **Examples**

Delivered forms to hospital offices.

Contractor was travelling between job sites

## **Unusual cases**

Travelling to conference.

Walked to park with children who respondent was babysitting.

Drove around looking for parts to repair farm equipment.

## Cases coded elsewhere

- 011 Travel within workplace.
- Travel as part of the job, e.g., bus driver, delivery person, travelling salesperson.
- 090 Trip to or from work.

## 040 Waiting/delays at work

### **Description**

Waiting time or interruption **during** work that is specifically differentiated from normal work; e.g. machine breakdown, supply shortage.

### **Examples**

Reading while waiting for a plane on a business trip.

Waiting at print shop for xerox copying to be done.

## Case coded elsewhere

070 Coffee breaks.

### 050 Meals/snacks at work

### **Description**

Meals or snacks at the place of work (in the company cafeteria or outside on the grounds).

## Cases coded elsewhere

- 431 Ate lunch in the park across the street from the office.
- 440 Ate lunch at a restaurant.

### 060 Idle time before/after work

## **Description**

Non-working time spent at respondent's workplace before starting or after finishing normal work, e.g., changing clothes, talk with fellow employees (usually activities occurring in the time period between trip to or from work.)

## **Examples**

Went to desk, had coffee, read paper.

Unlocked office, made coffee.

Have coffee, wait to start work.

## **Cases coded elsewhere**

Had breakfast at restaurant before going to work.

Had a drink with co-workers at bar after work.

### 070 Coffee/other breaks

### **Description**

Prescribed non-working breaks or periods, e.g., coffee break, smoke break.

## 080 Other work activity

## **Description**

Other activities related to work not described in above categories.

## **Examples**

Research for computer hardware for work - outside his regular work (unpaid work). Picking up pay check.

### 090 Travel to/from work

## **Description**

Travel to and from the workplace including time spent waiting for transportation. Also include travel (including waiting time related to travel) for job search.

## **Examples**

I took the bus to go for a job interview.

Starting the car - to go to work.

#### DOMESTIC/HOUSEHOLD WORK CODES 101 - 190

## 101 Meal preparation

## **Description**

Include time spent preparing meals or snacks, and packing lunches for the next day.

## **Examples**

Got apple from kitchen.

Went to the kitchen, fixed a cup of coffee.

Reheated dinner in microwave.

Started dinner and set table.

Prepared lunches for kids and myself.

Prepared food for a party.

I prepared lunches for the children

#### Cases coded elsewhere

- Baked a cake for a birthday party.
- Planned meal menu for the week (household management).
- 184 Unpacking groceries

## 102 Baking, preserving food, home brewing, etc.

## **Description**

Include all activities associated with non-meal preparation such as baking, preserving (canning or freezing) and the home brewing of beer or wine.

### **Examples**

Bottle the wine - home wining.

Cutting fish & freezing.

Sterilize equipment for the wine.

## 110 Food (or meal) cleanup

## **Description**

Cleaning up after meals, baking or preserving.

## **Examples**

Doing dishes.

Putting away food (leftovers).

Straightening up the kitchen.

Unloaded dishwasher.

Clean barbecue.

## Cases coded elsewhere

120 Cleaned kitchen (unrelated to specific meals).

## 120 Indoor cleaning

## **Description**

Indoor (routine) cleaning; dusting, making beds, picking up, washing windows, vacuuming, fall/spring cleaning, work around the house, etc.

## **Examples**

Cleaning out refrigerator.

Reorganized the kitchen cupboards.

Tidied up the living room.

Sorted through magazines for garbage.

## 130 Outdoor cleaning

## **Description**

Outdoor cleaning; sidewalks, garbage, garbage removal, snow shovelling, storm windows, cleaning garage, etc.

### **Examples**

Cleaned and stored camping equipment.

Swept/washed out garage.

I shovelled snow.

Garbage taken out.

## Cases codes elsewhere

171 Mowed the lawn.

190 Took garbage to dump.

## 140 Laundry, ironing, folding, drying

## **Description**

Laundry and ironing, includes hand washing delicate items, putting items in the dryer and hanging clothes on the line.

### **Example**

Washing clothes, hanging clothes out.

## 151 Mending/shoe care

## **Description**

Mending and upkeep of clothes, especially maintenance activities such as replacing a lost button, shining shoes.

## **Examples**

Wax his shoes - shoe care.

I patched my son's pants

## 152 Dressmaking and sewing (for self or household members)

## **Examples**

Hemmed a dress.

Cut out the pattern for an outfit.

I sewed a dress for my daughter for Christmas

## Case coded elsewhere

Sewing a dress when done as a hobby (not for sale or exchange).

Sewing a dress when done as a hobby (for sale or exchange).

## 161 Interior maintenance and repair

## **Description**

Include all home repairs and home operations done inside the residence.

## **Examples**

Painting a bedroom.

Plastering the basement wall.

Tinkering around the house.

Installed fire alarm in kitchen.

Setting up new CD player.

We put on wall-paper in the living-room.

Fixed leak in waterbed.

Trying to start the oil furnace.

Refinishing some old furniture for personal use.

Getting cottage winterized.

## 162 Exterior maintenance and repair

## **Description**

Include all outside maintenance and repairs.

## **Examples**

Painting the house.

Painting the trim on the house.

Fixing the roof.

Repairing the driveway (patching).

Putting the sealer on the drive-way.

Set up a patio table.

### 163 Vehicle maintenance

## **Description**

Car, truck, motorcycle and bicycle maintenance; necessary repairs and routine care to cars. Performed on personally owned/leased vehicles only.

## **Examples**

Washed car in driveway.

Helped husband change oil.

Put a new chain on bicycle.

Tuned up motorcycle.

Worked on motorcycle.

Cleaning out car.

Doing the car brakes.

## Case coded elsewhere

Auto repair when done strictly as a hobby (not for sale or exchange).

## **164 Other home improvements**

### **Description**

Home improvements: additions to and remodelling done to the house, garage.

### **Examples**

Put a new roof on the house.

I constructed a shed in my back yard.

#### Unusual case

A respondent has purchased a building lot and is building his own home.

### Case coded elsewhere

171 Landscaping of backyard.

## 171 Gardening/grounds maintenance

## **Description**

Gardening; flower or vegetable gardening; spading, weeding, composting, picking. Also include activities related to the care of the grounds: raking and bagging leaves, cutting and watering the grass. Pool maintenance should be also coded here.

## **Examples**

Cleaned pool.

Went outside and turned on sprinklers.

Cleaned pool filter.

I cleaned the swimming pool and stop the filter for the winter

I raked the leaves with the kids.

I planted tulip bulbs.

Putter around yard.

Preparing lawnmower oil; gas etc.

Covered plants to prevent from getting frost.

Worked on grass in yard at cottage.

### Case coded elsewhere

164 Installed a pool and deck.

### 172 Pet care

## **Description**

Include all activities associated with pet care: feeding pets, cleaning cages, walking the dog.

### **Examples**

Drained the aquarium.

Played frisbee with the dog.

Walked the dog.

Cleaned the cat litter.

#### Case coded elsewhere

380 Visit to veterinarian.

## 173 Care of house plants

## **Description**

Include watering and replanting of plants that are usually found indoors.

## 181 Household management

## **Description**

Include activities such as household paperwork.

## **Examples**

Went through recipe book.

Wrote out checks to pay bills.

Prepared shopping list.

Planned my supper.

Preparing income tax.

Getting things together for income tax purposes.

Man came to see mirror for sale.

Leaving the kids notes on chores to do.

Planning and coordinating family activities.

## **Unusual case**

Showing house to prospective buyer or tenant.

## 182 Stacking and cutting firewood

### **Description**

Include cutting, splitting and stacking of firewood for use in fireplace or wood stove of residence (for personal consumption only). Also include starting fires and cleaning and maintaining of fireplace or wood stove.

## **Examples**

Brought in wood to put in fire.

Cut wood with chain saw.

Stacked firewood.

Lit fire in wood-burning stove.

Put sawdust in burner.

I started the fire to warm up the basement.

### 183 Other domestic/household work

## **Examples**

Supervised unpacking of a delivery.

Rearranging the living room.

Getting front bedroom ready for visitors.

Turned off lights and fan, got ready to leave the house.

Making cigarettes.

Wrapping gifts.

Giving out Halloween candy.

Holding a garage sale.

I closed the cottage for the winter (shut the water off, etc.)

Fed birds outside filled feeders - at home

Looking around at the new house/grounds.

Filling up propane tanks.

Taking clothes to Salvation Army

## 184 Unpacking groceries

### **Description**

Include unpacking and putting away of groceries.

## 185 Packing and unpacking luggage and/or car

## **Description**

Include packing and unpacking of luggage for trips and packing and unpacking of household vehicles, including recreational vehicles (e.g., RV's and trailers)

### **Examples**

Unloading the gifts from the car.

Packed up the car for travelling.

Unpacking.

Packed bags for vacation.

## 186 Packing and unpacking for a move of the household

## **Description**

Include packing and unpacking of boxes and furniture for a move from respondent's old household to their new household.

#### **Examples**

Packing boxes to move.

Moving boxes & furniture from one apt to another across the hall. Unpacking after move.

### 190 Travel for domestic work

## **Description**

Travel (including waiting time related to travel) for domestic/household work.

## **Examples**

Drove to the laundromat.

Walked to supermail box to pick up mail.

Went to the dump.

Took goods to recycling depot.

### CARE GIVING FOR HOUSEHOLD MEMBERS - CODES 200 - 292

## 200 Child care (infant to 4 years old)

## **Description**

All childcare (including housework, feeding, nursing and cooking) for children less than 5 years old not described in Codes 220 to 250.

## **Examples**

Microwaved baby's bottle.

Nursed the baby.

Stayed up with crying baby.

Took baby for a stroll in the stroller.

At day care with child.

Watching a Barney tape with son.

Night feeding.

Extract breast milk.

#### Cases coded elsewhere

Housework devoted to children, especially fixing meals or snacks.

220 to 250 Specific childcare activities.

## 211 Putting children to bed

### **Description**

Preparing and putting children 5 years of age to less than 15 years old to bed.

## 212 Getting children ready for school

## **Description**

Dressing, personal care and other activities related to preparing children 5 years of age to less than 15 years old for school.

### 213 Personal care for children of the household

## **Description**

Dressing, personal care and other activities related to children 5 years of age to less than 15 years old for non-school activities. Including waking children up and bathing children.

## **Examples**

Get his daughter dress.

Wake up younger child.

Bathing children.

Put them down for a nap.

Helping kids getting clothes ready for swimming.

Helping child shower & dress after swimming lesson.

## 220 Helping/teaching/reprimanding

## **Description**

Helping/teaching children learn, fix, make things. Help with art projects, homework, supervising homework.

#### **Examples**

Teaching son how to swing the baseball bat.

Coaching the kids in the park for soccer.

Checked school work for son.

I revised my daughter's homework with her.

Preparing a lesson for child whom has problems with his speech.

## Case coded elsewhere

800 Coaching little league baseball team

## 230 Reading/talking/conversation with child

## **Examples**

Read to my son.

Talking to my daughter.

Watched daughter painting for leisure.

## 240 Play with children

## **Description**

Indoor and outdoor play with children.

## **Examples**

Played Nintendo with children.

Played Scrabble with children.

Went biking with children.

## 250 Medical care - household child

## **Description**

Providing medical care to children of the household.

## **Examples**

Gave son medication.

Admitted daughter to hospital and waited.

Was at son's psychiatrist's office.

I bought antibiotics for my son.

Child development person came.

Calming autistic son talking.

Pick up daughter's eyeglass prescription.

## 260 Unpaid babysitting

## **Description**

Unpaid babysitting or child care provided to children of the respondent's household.

Include all child care provided by household members other than the parent or guardian that has not been coded elsewhere.

#### Case coded elsewhere

Unpaid babysitting for neighbour's child(ren).

Paid babysitting (as a job or performed by a teenager)

### 271 Personal care - household adults

### **Description**

Care given to adults aged 15 years and older living in the household, if not included as household

work.

Routine non-medical care to adults in household.

### **Examples**

Got my wife up.

Ran a bath for my husband.

Washed disabled husband's hair.

### 272 Medical care - household adult

## **Description**

Medical care given to adults aged 15 years and older living in the household. Include assisting in emergencies.

## **Example**

Took care of my sister who was ill (sister lives in the respondent's household).

## 281 Help and other care - household children

## **Description**

Other child care not described in Codes 200 to 250.

### **Examples**

Visiting household child in the hospital.

At boys' football practice.

Meeting with teacher at my son's high school.

Worked on kids' Halloween costumes.

Talking with child care worker before or after picking up child.

I signed the school agenda and I wrote a special note to my daughter's teacher.

I attended my son's parent teacher interview.

I reviewed the children school report card.

Went on school field trip with my child.

### Cases coded elsewhere

Unpaid babysitting or child care to children not residing in household.

230 Reading to or talking with children.

## 282 Help and other care - household adults

### **Description**

Other care given to household adults not described in Codes 271 and 272.

### **Examples**

Visiting household adult in the hospital.

Helped husband grade his student's exam papers.

Waited at doctor's office for spouse to receive medical care.

Caring for wife in hospital.

Took dinner out to husband in the field working.

Talked with the educator of her handicapped son who is 17 years.

## 291 Travel: Household child

## **Description**

Travel (including waiting time related to travel) for child care.

## **Examples**

Dropped daughter at babysitter's.

Dropped off brother at school.

Picked daughter up at school.

Took son to get his haircut.

Walked kids to school bus stop.

I went to the drugstore to get some antibiotics for my son.

I drove my husband and the kids to the Ice Capades Show.

Go back to pickup the kids.

I waited for the schoolbus with my 6 year-old child.

## 292 Travel: Household adult

## **Description**

Travel (including waiting time related to travel) for help and personal care for adult members of the household.

## **Examples**

Drove husband to airport.

Drove wife to doctor's office.

Took kids to mother's place of employment to pick her up.

### SHOPPING AND SERVICES - CODES 301 - 390

### **301 Groceries**

## **Description**

Shopping for food or alcohol at markets, grocery stores, convenience stores, liquor stores, etc.

### **Examples**

Shopping for food.

Went into corner/convenience store to pick up milk and bread.

Bought a six-pack of beer.

Spring (roadside) free spring water.

Picking strawberries.

### Case coded elsewhere

303 Shopping for take-out food.

302 Everyday goods and products (Clothing, gas, etc.)

## **Description**

Shopping for everyday goods and products except food; personal care products, gasoline, clothing, small appliances, sporting equipment; shopping at drug stores, hardware stores, department stores, "downtown" or "uptown", "window shopping". Include shopping done for specific times or occasions of the year; Christmas shopping, Hanukkah, birthdays, Easter, Mother's Day, etc.

Also include time spent making everyday goods and product purchases through the home shopping channel or on the Internet.

## **Examples**

Picked up a newspaper.

Shopping at mall.

Shopping at music store.

Put gas in car.

Shopping for Christmas gifts.

Bought lottery tickets.

Buying books.

I bought school supplies for my children

I was shopping for shoes with my children

We bought our Christmas tree.

Picking up clothes from friend's house - for him/herself.

Barbecue tank filled

Had a cord of firewood delivered.

### Cases coded elsewhere

320 Got a haircut.

340 Got a prescription filled.

340 Bought cold tablets.

#### 303 Take-out food

## **Description**

Include time spent ordering and waiting for food from take-out food restaurants.

## Example

Went through A & W drive-thru.

### **304 Rental of videos**

## **Description**

Include time spent shopping for, renting and returning videos.

## 310 Shopping for durable goods

## **Description**

Shopping for house, apartment, car, large appliance, motorcycles, bicycles, home improvement items; activities connected with buying, selling, renting, including phone calls, looking for house, including travelling around looking at real estate property (for own perspective purchase).

Also include time spent making durable good purchases on the Internet.

## **Examples**

Visiting apartments for rent.

Spent the afternoon looking at a cottage for sale.

Met with contractor.

### **320 Personal care services**

### **Description**

Personal care outside the home; barbers, beauticians.

### **Examples**

Got a haircut.

Sat in beauty parlour/had hair fixed.

In tanning booth getting a tan.

Made reservations in restaurant.

Got a massage.

#### Case coded elsewhere

340 Medical care not at home.

#### 331 Financial services

## **Description**

Financial services; activities related to taking care of financial business; going to the bank, using ATM, paying utility bills (not by mail), going to accountant, tax office, loan agency, insurance office, broker, financial consultant.

Include non-financial institutions where monetary/financial services are being accessed. Also include telephone or computer banking, tax filing, etc.

## **Examples**

Got money out of instant teller.

Waited in line and did banking.

Paid telephone bill at Bell Canada.

I phoned the insurance company for the house

Waiting in line for a student loan.

### 332 Government services

## **Description**

Government services - municipal, local, provincial or federal; post office, driver's license, sporting licenses, marriage licenses, police station, public library (not a school library). Applying for or collecting employment insurance or welfare.

## **Examples:**

Took photos for tax complaint - not for leisure; related to government.

I borrowed books from the library in order to study.

Picked up pension check.

At customs and immigration.

#### Case coded elsewhere

350 Going to a lawers's office.

### 340 Adult medical and dental care (outside home)

## **Description**

Medical and dental care outside the home, including making appointments and going to the Chiropractor and Podiatrist.

## **Examples**

Physio appointment

Doctor came and released her from hospital.

Had blood work done.

#### Unusual case

Shopping for medicines or filling prescriptions.

### Cases coded elsewhere

- 302 Shop for shampoo, deodorant at drugstore.
- 410 Personal medical care at home (i.e. for respondent only).
- 272 Medical care at home for other household members.

## 350 Other professional services (Lawyer, Veterinarian)

## **Description**

Lawyer, veterinarian, home designer or decorator, landscape architect, alarm system specialists, travel agency, counselling, photographer and other professional services.

## **Example**

Meeting with minister to discuss wedding or baptism.

Had family pictures done.

Dog groomer.

## 361 Automobile maintenance and repair services

### **Description**

Auto services; automatic car wash, repair and other auto services.

### **Examples**

Had an oil change and lube on car.

Having tires rotated on car.

I was at the garage for having winter tires installed.

Had the car towed out of the ditch.

## 362 Other repair and cleaning services

### **Description**

Repair and cleaning services.

Clothes repair and cleaning: dry cleaning services, laundromat, tailor.

Appliance repair and cleaning: furnace, water heater, electric or battery operated appliances; TV or VCR repair or cleaning; watch repair.

Household repair and cleaning services: furniture repair, carpet cleaner.

### **Example**

Discussed the work to be done with the carpenter.

## 380 Other shopping and services

## **Description**

Other services not described above; door-to-door salesperson or solicitor; attending a garage sale. Running errand or borrowing goods.

## **Examples**

Walked around a yard sale.

I registered and paid for a course in Spanish.

Checking out halls for their wedding.

## 390 Travel for goods and services

## **Description**

Travel (including waiting time related to travel) for shopping and services.

## **Examples**

Went to doctor's office.

Waited at bus stop to come home from mall.

Went to hospital for x-ray.

Went to post office.

Went to grocery store.

Went to employment insurance office to apply for benefits.

I went to Tim Horton's to get a sandwich to eat at home (take-out).

Drove to the beauty salon with my daughter for all of us to have our hair done.

### PERSONAL CARE - CODES 400 - 492

## 400 Washing, dressing

### **Description**

Personal washing and dressing including getting up or getting ready for bed, changing clothes, shaving, setting hair.

## **Examples**

Washed hair, applied colour.

Drew water for my bath.

Blow drying hair.

Got ready to eat, washed hands.

Curled my hair, pulled it back.

Put on makeup.

Took a shower then put on makeup.

Got dressed.

Got ready for work.

Got ready for bed.

Changed into swimsuit in locker room.

I prepared myself for the Christmas party.

Took a shower in the school gym.

## Case coded elsewhere

060 Changing clothes or cleaning up at work.

## 410 Personal medical care (at home)

## **Description**

Personal medical care at home or private residence for self only; home medical treatment by doctor or taking medicine.

## **Examples**

Tested blood and gave myself an insulin shot.

Got up to take medicine.

Sick in bathroom most of the time.

Resting on couch/was sick.

Walking the floors sore neck.

## 411 Private prayer, meditation and other informal spiritual activities

### **Description**

Religious practice carried out as an individual. Includes prayers done at home, meditation and other spiritual activities done alone.

### 430 Meals at home/snacks/coffee

### **Description**

Meals, snakes and/or coffee which are eaten at home or on the household grounds. The respondent can be either alone or with other household members only. If this activity takes place while in the company of non-household family members or friends (i.e., a main activity of socializing), then the activity should be coded to 752.

### **Examples**

Had a few beers.

Sat around and had a couple of cups of coffee.

Had a coffee and a cigarette.

#### Unusual case

Ate restaurant food at home.

#### Cases coded elsewhere

- 050 Ate meal at work.
- 540 Ate meal at school.
- At meal with family from outside the household at Uncle Ralph's home.

## 431 Other meals/snacks/coffee at another place

## **Description**

Meals and snacks that were eaten at another private residence, other than one which is owned by the respondent (i.e. cottage or vacation home), or in a public place (i.e. park).

The respondent can be with other members of their household only. If the respondent is at another person's home and in the company of that person, then the activity code should be 752 (i.e. socializing with a meal at a private residence).

## **Examples**

Eating a lunch while walking in the park.

Having coffee at a friend's place while no one else is there.

Lunch on the trail, with member of your household.

### Cases coded elsewhere

- At meal with family from outside the household at Uncle's home.
- 753 Ate meal with friends at the mall.

### **440 Restaurant Meals**

## **Examples**

Eating at McDonald's.

Out for coffee at Tim Horton's.

#### Cases coded elsewhere

- Meals as part of a visit at a private residence.
- 760 Drink at bar or club.

## 450 Night sleep/essential sleep

### **Description**

Essential sleep (usually at night); including "in bed" but not asleep, trying to go to sleep.

## **Examples**

Sleeping at night.

Went to bed.

Attempting to sleep, in bed.

## **Unusual case**

Sleep during day for person on the night shift; longest sleep for day.

### Cases coded elsewhere

460 Naps in bed.

470 Relaxing, thinking

## 460 Incidental sleeps, naps

## **Description**

Incidental sleep, e.g., naps (usually during the day), "dozing", "laying down".

## **Examples**

Fell asleep while watching T.V.

Took nap.

### Case coded elsewhere

450 Essential sleep.

## 470 Relaxing, thinking, resting, smoking

## **Description**

Include relaxing, thinking, planning, doing nothing, "just sitting around".

## **Examples**

Laid on the couch downstairs to rest.

Arrived at motel and rested.

Sat around for half an hour.

Sat around and thought for a long time.

Went to bed but not to sleep.

Waiting for husband to come home.

Sat and waited for guest.

Had a cigarette and relaxed.

Took a break from driving.

#### Case coded elsewhere

411 Meditating

## 480 Other personal care or private activities

### **Description**

All personal or private activities; "none of your business".

Sex.

Washroom activities.

# **491 Travel to restaurant meals**

# **Description**

Travel (including waiting time related to travel) for restaurant meals.

# **Example**

Walked to restaurant.

I went to Tim Horton=s to have a coffee (restaurant).

# 492 Travel for other personal activities

# **Description**

Travel (including waiting time related to travel) for personal needs. Other personal travel; e.g., "went to Kingston" (if no further explanation given).

# **SCHOOL AND EDUCATION - CODES 500 - 590**

## **500 Full-time classes**

## **Description**

Attending class as a full-time student (or as the principal occupation).

#### **Unusual cases**

Talking with instructor.

Student teaching (unpaid).

### **Examples**

Audit a university course (respondent is a full-time student).

Worked as a student nurse in a hospital as part of the course work.

Unpaid training for career development.

Writing exam.

## Cases coded elsewhere

511 Night school course.

520 Attending special lectures

# 511 Other classes (part-time)

## **Description**

Attending classes or training courses as less than a full-time student. Other classes, courses, lectures, academic or professional; respondent not a full-time student.

### **Unusual cases**

Talking with instructor.

Student teaching.

# Example

Audit a university course (respondent is a part-time student).

## Case coded elsewhere

011 Employer sponsored language training

### 512 Credit courses on television

# **Description**

Viewed an educational program of TV for a credit course (e.g. ITV, university television).

# 520 Special lectures: occasional

### **Description**

Attending special lectures outside regular work or school, e.g., guest speakers.

### **Example**

Listened to a discussion on AIDS.

## 530 Homework: course, career/self-development

## **Description**

Homework, studying, research, reading, related to self-development, except for current job; "went to the school library".

Sponsored or unsponsored (full or partial) homework for career-development.

### **Examples**

Practised trumpet for school.

Started my homework.

Went to bed and studied.

I studied all morning at the library for this morning exam.

Being tutored by someone in math.

Non- paid research at the library.

## Cases coded elsewhere

- 010 Research or paperwork for one's job.
- 600 Union-management meetings.
- Read the bible or religious books for personal interest.

### 540 Meals/snacks/coffee at school

# **Description**

Meals or snacks eaten at the place of education (e.g., meals at the school cafeteria).

# 550 Breaks/waiting for class

## **Description**

Usually a short period of idle time spent before class.

# **Examples**

Talked to friends before school started.

## 560 Leisure and special interest classes

### **Description**

Courses and classes usually not associated with academia, e.g., photography, dance, bridge, knitting classes.

### **Examples**

I attended my painting class.

## 580 Other study

## **Description**

Other education not covered above, e.g., discussions, or time at school not spent in any of the activities coded above. Work-related classes not taken during working hours.

## **Examples**

Checking out books at a school library.

Completing registration forms and finalizing school schedule.

### 590 Travel for education

## **Description**

Travel time (including waiting time related to travel) for education.

# **Examples**

Went to library.

Waiting at bus stop to transfer.

Walked to other school building.

Drove to music studio for music lessons.

#### Case coded elsewhere

291 Drove son to school.

# ORGANIZATIONAL, VOLUNTARY AND GENERAL MEETINGS - CODES 600 - 692

# 600 Professional, union, general meetings

# **Description**

Participating as a member of a social-political organization or labour union, e.g., union meeting, educational association.

Meetings and other activities as a member of a professional or union group including social activities and meals.

### **Example**

At a hospital meeting.

Making up picket signs.

On strike doing picket duty.

### **Unusual cases**

Prepared financial report.

Called members to announce meeting.

# 610 Political, civic activity

## **Description**

Participating in meetings or organizations other than those covered above, especially "meetings" not further described.

Meetings, political/citizen organizations; attending meetings of a political party or citizen group, including city council.

Voting, jury duty or attending court.

Hearings or meetings at City Hall.

Witnessing an accident.

Naval reserve.

Waited in the jurors' room.

Went into the courtroom.

Watching a fire.

Being stopped by the police.

Giving blood at Red Cross.

Volunteer fireman.

### Cases coded elsewhere

Take part in bowling league. 841-842 Take part in sewing circle.

620 Child, youth, family organizations

# **Description**

Participating in other organizations including boy and girl scouts, little league, YM/YWCA; School volunteer.

# **Examples**

Worked at preschool.

Helped in kindergarten at school.

Chaperoned a school dance at my son's school.

630 Religious meetings, organizations

## **Description**

Meetings and other activities of religious helping groups, i.e. helping church oriented groups - Ladies aid, circle, missionary society, Knights of Columbus.

Meeting and other activities of other religious groups, including social activities and meals, choir practice, bible class, church play.

## **Examples**

Singing at (religious) choir practice.

At home, I practiced the songs from the Church choir Church Sunday school.

640 Religious services/prayer/bible readings

## **Description**

Attending service of a church or synagogue, including participating in the service; ushering,

singing in choir at church, leading youth group, going to church, funerals.

Religious practice carried out in a small group; praying, meditating, bible study group (not at church), visiting graves.

# **Examples**

Went to Sunday school.

Prayed.

At mass.

Participated in funeral service.

### **Unusual cases**

Saying morning or evening prayers.

Read the Bible or religious books for personal interest.

Join in religious service on mass media.

## Case coded elsewhere

630 Singing at (religious) choir practice.

# 642 Meals/snacks/coffee at religious services

### **Description**

Includes meals/snacks/coffee taken during or after religious services.

#### **Example**

Went to church basement after service for coffee and cake.

### 651 Fraternal and social organizations

### **Description**

Participating in factory or worker councils or committees, including social; fraternal associations

- Kiwanis; Lions Club, Chamber of Commerce, Legion, senior's club (including social activities).

## **Examples**

Attended Optimist Club meeting.

Helped to prepare a meal for the senior's club.

# **652 Support Groups**

#### **Description**

Participating in support groups for personal or family reasons; e.g. Alcoholics Anonymous, Al-Alon, family-related violence.

Went to Weight Watchers.

# 660 Volunteer work (Organizations)

# **Description**

Volunteer work for a civic purpose, attending meetings, helping organizations; fund raising, collecting money, planning a collection drive, e.g., Green peace, (phone) volunteer at Crisis line. Other activities as a member of volunteer helping organizations, including social events and meals.

### **Examples**

Volunteer work with handicapped children.

Collected money for jog-a-thon.

Interacting with seniors.

Research into acquiring a new choirmaster and organist.

Preparing for garage sale at church.

Decorating for upcoming skate carnival.

E-mail related to volunteer activity.

Paying bills for organization.

Picking up t-shirts for team.

Making the ice rink at the community centre.

Turned on the water for the community gardens.

Doing accounting for a non-profit organization

#### Cases coded elsewhere

671 - 677 Help other adults.

## 661 Meals/snacks/coffee at place of volunteer work

#### **Description**

Include meals/snacks/coffee at place of volunteer work.

### **Examples**

Ate lunch at the hospital cafeteria after driving a patient to the hospital.

Ate my lunch at the soup kitchen where I volunteer.

## 671 Housework and cooking assistance

### **Description**

Unpaid help with housework, including cooking, cleaning, grocery shopping and laundry given to friends, neighbours or relatives who do not live in the respondent's household.

Helped her parents pack the car.

Packing and removing stuff from friend's trailer due to damage caused by ice storm.

Feeding the neighbour's cat while the neighbours are out of town.

### 672 House maintenance and repair assistance

# **Description**

Unpaid help with repairs or maintenance on a house, yard or automobile given to friends, neighbours or relatives who do not live in the respondent's household.

# **Examples**

Over to ex-wife's place to help with a project for her house.

Pump water into barrels haul to mothers.

Helped a friend get his computer going.

# 673 Unpaid babysitting

# **Description**

Unpaid babysitting or child care provided to friends, neighbours or relatives who do not live in the respondent's household.

## **674 Transportation assistance**

# **Description**

Unpaid help with transportation for shopping purposes or getting around outdoors given to friends, neighbours or relatives who do not live in the respondent's household.

### **Example**

I drove my mother to the doctor for her appointment (mother don=t live with her).

# 675 Care for disabled or ill

## **Description**

Unpaid help given to care for a disabled or ill friend, neighbour or relative who does not live in the respondent's household.

## **Example**

Helped dress mother in law in personal care home.

### 676 Correspondence assistance

# **Description**

Unpaid help to write letters, solve problems, find information or fill out forms given to friends, neighbours or relatives who do not live in the respondent's household.

## 677 Unpaid help for a business or farm

## **Description**

Unpaid help running a business or farm given to friends, neighbours or relatives who do not live in the respondent's household.

# 678 Other unpaid help

## **Description**

Other unpaid help given to friends, neighbours or relatives who do not live in the respondent's household, not covered in categories 671 to 677.

### **Examples**

Getting clothes from friend's house - for somebody from another household.

Getting car out of the ditch; someone else's car.

Help her friend with homework.

Waited mother to hair dresser's.

Unpacked mom's groceries.

# 680 Other organizational, voluntary and religious activity

### **Description**

Organizational activity not covered above.

# **Examples**

At the funeral parlour.

Wrote cheque for the Kidney Foundation.

Getting clothes from friend's house - for an organization:.

#### **Unusual cases**

Time spent between attending church and leaving for home.

At funeral parlour but not for a funeral service.

# 691 Travel for a civic and voluntary activity

# **Description**

Travel (including waiting time related to travel) for organizations, e.g. driving related to volunteer work.

### Example

Drove friend to airport.

I drove back from my religious meeting and I gave Bob a ride.

From ex-wife's place after finishing project.

Went back home from babysitting grandchildren.

### 692 Travel for religious services

### **Description**

Travel (including waiting time related to travel) for religious services/prayer/ bible readings, e.g., go to church.

### **ENTERTAINMENT (ATTENDING) - CODES 701 - 793**

### 701 Professional sports events

## **Description**

Attending a professional sporting event, e.g. Blue Jays' game, Blue Bombers' football game, Oilers' hockey game, women's professional tennis match.

Include attendance at all minor league games (where players are paid to perform; e.g. AAA baseball games) and those games that were attended outside of Canada.

## **702** Amateur sports events

### **Description**

Attending an amateur sporting event; e.g. university football, little league baseball.

### **Examples**

Attended a college basketball game.

Went to see grandson play little league baseball.

Watched husband bowl.

Watched son's hockey game.

## Case coded elsewhere

911 Watching sports on television (regular scheduled)

# 711 Pop music, concerts

# **Description**

Going to popular concerts, popular music (rock, country).

# **Examples**

At concert listening to music.

At a Celine Dion concert.

## 712 Fairs, festivals, circuses, parades

# **Examples**

Attended amusement park.

At Canada's Wonderland.

Was at CNE, SuperEx.

At bridal fashion show.

At the pumpkin festival.

Home & garden show.

Air show.

### **Unusual cases**

Watching ice follies.

Visiting Santa Claus.

**713 Zoos** 

## **Description**

Going to zoos, botanical gardens, planetarium or observatory.

### **Example**

Walked around zoo - look at animals.

720 Movies, films

### **Description**

Attending movies, art films and drive-in movies away from home.

## **Examples**

At show/watching movie.

Waiting for people in lobby of theatre.

## Cases coded elsewhere

780 Watching home movies.

913 Watching rented or purchased movies on T.V.

# 730 Opera, ballet, theatre

### **Description**

Attending theatre (plays, dances), symphonies, operas.

### 741 Museums

### **Description**

Visiting any type of museums (excluding art galleries).

## 742 Art galleries

# **Description**

Visiting an art museum, art exhibition centre or artist run centre.

# 743 Heritage sites

## **Description**

Visiting an historic site, an archaeological site, a conservation area or nature park if the primary activity is visiting the interpretation centre.

# 751 Socializing with friends/relatives (no meal)

# **Description**

Entertaining or visiting friends, socializing with people other than the respondent's own household members either at the respondent's home or another home. Talking/chatting in the context of receiving a visit or paying a visit. May include munchies but does not include a proper dinner or meal.

### **Examples**

Talking to boyfriend.

Went to a party.

Had a few beers with a friend.

Outside at friend's house (patio area).

Watched friends play video game.

Picked up date.

Neighbour came over to visit.

The niece arrived; Socializing without a meal.

#### Case coded elsewhere

Went to restaurant for meal.

# 752 Socializing with friends/relatives (with meal)

### **Description**

Entertaining or visiting friends, socializing with people other than the respondent's own household members either at the respondent's home or another home talking/chatting in the context of receiving a visit or paying a visit. Includes dinner or some other meal.

# **Examples**

Friends came over to visit and stayed for dinner.

I stayed at my uncle's home and had lunch with him.

The niece arrived; Socializing with a meal.

### Case coded elsewhere

440 Go to restaurant for meal.

780 Cocktail party/wine and cheese party.

## 753 Socializing with friends/relatives (non-private and non-institutional residence)

# **Description**

Visiting friends, socializing with people other than the respondent's own household members at a non-private residence. This category may include meals that were eaten at a non-private residence (excluding restaurants).

#### **Examples**

Meeting with friends at the mall.

Talking with friends at the bowling alley before bowling.

I introduced my baby to my co-workers.

Had little rear ender/ spoke with person who hit his truck.

I talked with my neighbor in the parking lot of the grocery store.

Coffee at bowling alley

Lunch on the trail, with other non-household people.

Waiting with friend for friend's bus.

Stopped to talk while in the car.

Visited in the apartment building's game room.

Talked to friend at the doctor's office.

# 754 Socializing with friends/relatives (institutional residence)

## **Description**

Visiting friends, socializing with people other than the respondent's own household members at a institutional residence (e.g. hospital, long-term care facility). This category may include meals that were eaten at a institutional residence (excluding restaurants).

### **Examples**

Visiting with a non-household relative at the hospital.

Caring for wife in hospital - if hospital is wife's residence.

Visit mom at hospital.

Visited uncle in jail.

760 Socializing at bars, clubs (no meal)

# **Description**

Socializing and/or dancing at bar where no meal was eaten; cocktail lounge, nightclub.

# **Examples**

At comedy club with friends.

Talking to bartender.

At tavern alone watching big-screen television.

We relaxed at the ski center bar after skiing.

Had a beer after 9 holes in the clubhouse on the golf course.

770 Casino, bingo, arcade

# **Examples**

Spent 3 hours at the casino.

Spent the evening at the bingo hall.

Playing card game at the Casino - at the Casino is the key work.

### Case coded elsewhere

Played bingo at home with the children.

780 Other social gatherings

780 Other social gatherings

### **Description**

Other social life and social gatherings not classifiable above.

Attended a birthday party.

Attended a wedding ceremony (not specified at church).

Built fire at beach with friends.

Standing in line to see wedding party.

Cocktail party/wine and cheese party.

Exchange of Christmas presents.

Attended a wake.

I opened my birthday gifts.

We viewed slides of our trip with friends.

Private banquet in hotel.

#### Unusual case

Watching home movies or slides of vacations with friends.

# 791 Travel to sports and entertainment events

## **Description**

Travel (including waiting time related to travel) for sports and entertainment activities.

# **Examples**

Drove to baseball game.

Walked to the movie theatre.

I went to the Civic Centre with my kids for the Ice Capades Show.

### Case coded elsewhere

Pleasure driving as a passenger.

# 792 Travel for socializing (between residences)

## **Description**

Travel (including waiting time related to travel) for social entertainment activities.

# **Examples**

Drove over to boss's house.

Walked over to friend's house.

## 793 Travel for other socializing

### **Description**

Travel (including waiting time related to travel) for other non-resident social entertainment.

Drove to banquet hall for wedding reception.

Went to the hospital to visit a friend.

Went to the bar of the ski center.

## SPORTS AND HOBBIES (PARTICIPATING) - CODES 800 - 894

800 Coaching

# **Description**

Coaching sports competitively or leisurely. Includes football, tennis, golf, swimming, skating, bowling, frisbee, yoga, horseback riding.

801 Football, basketball, baseball, volleyball, hockey, soccer, field hockey

# **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these types of activities.

# **Examples**

Put on my hockey equipment.

Warmed up and stretched my muscles before playing baseball.

802 Tennis, squash, racquetball, paddle ball

# **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these types of activities.

803 Golf, miniature golf

# **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these types of activities.

#### **Example**

Used the putting green before playing our golf game.

804 Swimming, water skiing

# **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these types of activities.

805 Skiing, ice skating, sledding, curling, snowboarding

### **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these types of activities.

### **Example**

Wax cross-country skis.

806 Bowling, pool, ping-pong, pinball

### **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these types of activities.

807 Exercises, yoga, weightlifting

### **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these types of activities.

# **Examples**

Did exercises.

Rode exercise bike.

Workout at gym.

808 Judo, boxing, wrestling, fencing

### **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these types of activities.

809 Rowing, canoeing, kayaking, wind surfing and sailing (competitive)

## **Description**

Include all activities (other than transportation to and from the activity) associated with actively

participating in these types of activities.

# 810 Other sports

# **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these other types of sporting activities.

# **Examples**

Went roller skating.

Track and field.

Frisbee.

Catch.

Skateboarding.

I went snow shoeing for two hours.

# 811 Hunting

## **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these types of activities.

### **Examples**

At trap line for pleasure not business.

Cleaned my guns after hunting for the day.

### 812 Fishing

### **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these types of activities.

# **Examples**

Got on the boat and went fishing.

Sorting out fishing tackle.

# 813 Boating (motorboats and rowboats)

## **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these types of activities.

Loading boat into lake.

Cleaned up the boat.

# 814 Camping

## **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these types of activities.

# 815 Horseback riding, rodeo, jumping, dressage

# **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these types of activities.

# **Example**

Brushed my horse before riding.

### 816 Other outdoor activities/excursions

### **Description**

Include all activities (other than transportation to and from the activity) associated with actively participating in these other outdoor activities.

## **Examples**

Bird watching.

Going to the beach.

On a picnic.

Snowmobiling for pleasure (not as a form of transit).

Participating in a car rally.

Camp fire with household members only.

Going to the sugar bush.

# 821 Walking, hiking, jogging, running

## **Description**

Exclude any walking for any purpose other than leisure.

### **Examples**

We hiked in the country.

Walk around neighborhood.

Go running during lunch.

# 822 Bicycling

# **Description**

Exclude any bicycling for any purpose other than leisure e.g., travel to and from work).

# 831 Hobbies done mainly for pleasure

# **Description**

Hobbies and collections that are done mainly for the respondent's pleasure, including cleaning and repairing hobby equipment.

Activities associated with the operation of a respondent's hobby farm.

Includes artistic hobbies such as painting, sculpting, potting, drawing, creative writing.

### **Examples**

Drawing and sketching.

Worked on photography.

Built a deacon's chair.

Worked at home on the statistics for a hockey pool.

Did some lumber work in a sawmill as a hobby.

Reframing a picture.

#### Unusual cases

Ham radio.

Making a home movie.

# Case coded elsewhere

841 Sewing, knitting, etc. for pleasure.

## 832 Hobbies done for sale or exchange of items

## **Description**

Same type of hobbies and collections as found in code 831 but undertaken for the main purpose of selling or exchanging/bartering.

### **Example**

Hobby selling at a flea market.

## 841 Domestic home crafts done mainly for pleasure

### **Description**

Domestic home crafts such as sewing and dressmaking that are done mainly for the respondent's pleasure. Also knitting, needlework, weaving, crocheting, crewel, embroidery, quilting, macrame.

# Example

Worked on crafts.

#### Cases coded elsewhere

- 151 Mending necessary as part of housework.
- 560 Classes for home crafts

# 842 Domestic home crafts done for sale or exchange

# **Description**

Same type of domestic home crafts as found in code 841, but undertaken for the main purpose of selling or exchanging/bartering.

## 850 Music, theatre, dance

## **Description**

Singing or playing a musical instrument, dancing (ballet, modern dance, square dance), jazz exercise, choir practice (non-religious), ballroom dancing, acting (rehearsal for play), etc.

## **Examples**

Practised playing piano.

Participating in a square dancing competition.

### Cases coded elsewhere

Music or dance lessons.

760 Dancing at a nightclub.

## 861 Games, cards, puzzles, board games

## **Examples**

Played solitaire.

Did crossword puzzle.

Played Scrabble.

I played bridge at my bridge club all afternoon.

## Cases coded elsewhere

560 Bridge lesson

751 Games as part of a visit.

770 Spent 2 hours at the arcade.

862 Video games, computer games

## 863 General computer use (excluding surfing the net or playing games)

### **Examples**

Learning a new software package.

Loading software.

## Cases coded elsewhere

- Doing some overtime work on the computer.
- Doing an assignment for school on a computer.

864 Surfing the net (as a leisure activity)

# **Description**

Using the Internet for information search and retrieval or electronic mail service (as a leisure activity)

#### Case coded elsewhere

Used Internet to contact some clients for work.

871 Pleasure drives, sightseeing (as a driver)

# **Example**

Took wife for a drive.

872 Pleasure drives, sightseeing (as a passenger in a car)

873 Other pleasure drives, sightseeing

## **Example**

Bus tour.

880 Other sport or active leisure

## **Description**

Other active leisure and unascertained times surrounding active leisure.

Hot tubbing.

Sunbathing.

Going to cut down a Christmas tree (outdoors).

Put up Christmas decorations.

Maintaining and cleaning ice rink for skating.

Fireworks with friends and family at home after barbecue.

Watched the thunderstorm.

# 891 Travel for active sports

## **Description**

Travel (including waiting time related to travel) for active leisure (codes 802 to 822).

# **Examples**

Go to play baseball.

We went to the lake for canoeing.

### Cases coded elsewhere

871, 872 or 873 Pleasure driving.

### 892 Travel for coaching

## **Description**

Travel (including waiting time related to travel) for coaching activities (code 800).

### 893 Travel for hobbies and crafts for sale

## **Description**

Travel (including waiting time related to travel) for hobbies and domestic crafts for sale or exchange.

# 894 Travel for other active leisure

## **Description**

Travel (including waiting time related to travel) for other active leisure not specified in activities 891, 893 or 893.

### **Examples**

Drove to tavern to pick-up tables for hockey pool.

Driving to the hotel for vacation.

Travel from hotel in Vegas to airport to catch plane.

Flying home from visiting mother.

### **MEDIA AND COMMUNICATION - CODES 900 - 990**

# 900 Listening to the radio

## **Description**

Listening to the radio; music, news, commentaries, etc.

# 911 Watching television (regular scheduled T.V.)

# **Description**

Watching T.V. as the program airs.

# Example

Watched my soap.

# 912 Watching television (time-shifted T.V.)

### **Description**

Watching any programming recorded from television for later viewing (differed programming using a VCR).

# 913 Watching rented or purchased movies

### **Description**

Watching commercial tapes rented from a video store or privately owned. This includes movies, taped concerts, motivational videos.

### Case coded elsewhere

Watched a video on how to build a sun deck.

### 914 Other television viewing

### **Description**

Watching home tapes recorded using a video camera or camcorder.

### **Example**

Watching home-recorded video tape of a wedding.

# 920 Listening to CD's, cassette tapes or records

## **Description**

Listening to CD's, records or tapes.

Listening to others playing musical instruments.

Recording music.

# 931 Reading books

## **Description**

Reading books; technical, political, novels, poetry, etc.

#### Cases coded elsewhere

- 010 Reading as part of a job.
- 230 Reading to children.
- 530 Reading for homework.
- Reading the Bible (if done as a religious activity).

# 932 Reading magazines, pamphlets, bulletins, newsletters

# 940 Reading newspapers

## 950 Talking, conversation, telephone

# **Description**

Include all types of conversations conducted face-to-face or by telephone.

### **Examples**

Sitting around talking.

Talked on the phone.

Argued with spouse.

# 961 Reading mail

## **Description**

Reading letters, mail or cards.

### **Example**

Checked the mail.

I checked my e-mail on the computer.

#### 962 Other letters and mail

### **Description**

Writing, sending letters, greeting cards, etc.

## **Example**

Typed a letter to my friend.

Used Internet to write to my sister in Europe.

I wrote Christmas cards

#### Cases coded elsewhere

Writing and mailing bills.

831 or 832 Creative writing (for pleasure).

#### 980 Other media and communication

### **Description**

Media and communication activity not covered above.

### **Examples**

Video taping a television program.

Programming a satellite dish.

Checking the telephone answering machine for messages.

Setting VCR for movie.

## 990 Travel: media and communication

### **Description**

Travel (including waiting time related to travel) for passive leisure activities.

### **Examples**

Went home to watch T.V.

Picked up a CD at a friend's home.

### Residual codes 001 - 002

There has been a gap in time between activities, or the respondent could not remember the activity and therefore there is no activity description.

002 The respondent refused to give information on all or part of the day.