

**Table 1**  
**Average time spent<sup>1</sup> on various activities for the population 15 years and over and participants showing participation rate by sex, Canada, 1998**

Activity group	Population 15+			Participants			Participation rate		
	Total	Male	Female	Total	Male	Female	Total	Male	Female
	(Hours per day)			(Hours per day)			(Percent)		
<b>Total work<sup>2</sup></b>	7.8	7.8	7.8	8.0	8.0	7.9	98	97	99
<b>Paid work and related activities</b>	3.6	4.5	2.8	8.3	8.8	7.7	44	51	36
<b>Unpaid work<sup>3</sup></b>	3.6	2.7	4.4	3.9	3.2	4.6	91	87	96
<b>Personal care</b>	10.4	10.2	10.6	10.4	10.2	10.6	100	100	100
<b>Free time</b>	5.8	6.0	5.6	5.9	6.1	5.7	97	97	97
<b>1. Paid work and related activities</b>	3.6	4.5	2.8	8.3	8.8	7.7	44	51	36
Paid work	3.3	4.1	2.5	7.7	8.2	7.1	43	50	35
Activities related to paid work	0.0	0.1	0.0	0.6	0.7	0.5	8	9	6
Commuting	0.3	0.4	0.3	0.8	0.9	0.8	38	45	32
<b>2. Household work and related activities</b>	3.2	2.4	4.1	3.6	2.8	4.3	90	85	95
Cooking/washing up	0.8	0.4	1.1	1.0	0.7	1.3	74	63	85
Housekeeping	0.7	0.3	1.0	1.7	1.5	1.8	41	22	59
Maintenance and repair	0.2	0.2	0.1	2.5	2.7	2.0	6	9	4
Other household work	0.4	0.4	0.4	1.3	1.6	1.1	30	27	33
Shopping for goods and services	0.8	0.7	0.9	1.9	1.8	1.9	43	38	47
Child care	0.4	0.3	0.6	2.2	1.8	2.4	20	16	24
<b>3. Civic and voluntary activity</b>	0.4	0.3	0.4	1.9	2.0	1.9	18	17	19
<b>4. Education and related activities</b>	0.6	0.5	0.6	6.2	6.0	6.3	9	9	9
<b>5. Sleep, meals and other personal activities</b>	10.4	10.2	10.6	10.4	10.2	10.6	100	100	100
Night sleep	8.1	8.0	8.2	8.1	8.0	8.2	100	100	100
Meals (exc. Restaurant meals)	1.1	1.1	1.1	1.2	1.2	1.2	92	92	91
Other personal activities	1.3	1.1	1.4	1.3	1.2	1.4	95	94	96
<b>6. Socializing incl. restaurant meals</b>	1.9	1.9	2.0	2.9	3.0	2.8	66	62	70
Restaurant meals	0.3	0.3	0.3	1.6	1.6	1.5	19	20	18
Socializing (in homes)	1.3	1.2	1.4	2.4	2.5	2.3	55	49	61
Other socializing	0.3	0.3	0.3	2.6	2.7	2.6	12	12	12
<b>7. Television, reading and other passive leisure</b>	2.7	2.9	2.6	3.2	3.3	3.1	85	87	84
Watching television	2.2	2.4	2.0	2.8	3.0	2.7	77	80	75
Reading books, magazines, newspapers	0.4	0.4	0.5	1.3	1.3	1.4	32	30	34
Other passive leisure	0.1	0.1	0.1	1.1	1.1	1.1	9	9	9
<b>8. Sports, movies and other entertainment events</b>	0.2	0.2	0.2	2.7	2.6	2.8	6	6	6
<b>9. Active leisure</b>	1.0	1.1	0.8	2.4	2.6	2.2	40	41	39
Active sports	0.5	0.6	0.4	2.0	2.3	1.7	24	26	22
Other active leisure	0.5	0.5	0.5	2.3	2.4	2.1	22	21	22

<sup>1</sup> Averaged over a 7-day week.

General Social Survey, 1998

<sup>2</sup> Includes activity groups 1 to 4.

<sup>3</sup> Includes activity groups 2 and 3.

-- Amount too small to be expressed.

\* Figures to be used with caution. The coefficient of variation of the estimate is between 16.6% and 33.3%.