



Sources: Recensement du Canada de 2001
Fond de carte de Ressources naturelles Canada (Centre d'information
topographique, Division de GéoAccès et Commission de toponymie du Canada).
Préparé par la Division de la géographie, Statistique Canada, 2002.
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0 0.25 0.5 0.75 km

Sources: 2001 Census of Canada
Base map information from Natural Resources Canada (Centre for Topographic Information, GeoAccess Division, and Geographical Names Board of Canada).
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Les Pays-d'en-Haut

Qc / Que. (24)

Code de DR **2477**
CD Code

carte/map 2 de/of 2

Limites des unités géostatistiques
Geostatistical Unit Boundaries

Division de recensement
Census Division

0018 Aire de diffusion
Dissemination Area

Subdivision de recensement (Nom, Type)
Census Subdivision (Name, Type)

Nom/Name	Age	Gender	Height	Weight	BMI	Waist Circumference	Hip Circumference	Body Fat %	Heart Rate (b/min)	Blood Pressure (mmHg)	Systolic Blood Pressure	Diastolic Blood Pressure	Pulse Rate (b/min)	Respiratory Rate (breaths/min)	Oxygen Saturation (%)	Temperature (°C)	Mental Status	Physical Activity Level	Dietary Intake (kcal/day)	Sleep Duration (hours/night)	Stress Level (scale 1-10)	Smoking Status	Alcohol Consumption (g/day)	Medication Use	Chronic Conditions	Family History	Genetic Testing Results	Environmental Factors	Lifestyle Changes Recommended	Follow-up Schedule	Notes
John Doe	35	Male	178 cm	75 kg	23.6	94 cm	102 cm	15%	72 b/min	120/80 mmHg	120	80	72	16	98%	37.0°C	Alert	Active	2500 kcal	8 hours	Low	Non-smoker	None	No	No	No	No	Regular check-ups every 6 months	All vital signs stable, no concerns.		
Jane Smith	42	Female	165 cm	68 kg	25.4	88 cm	98 cm	18%	68 b/min	115/75 mmHg	115	75	68	14	97%	36.9°C	Calm	Moderate	2200 kcal	7 hours	Medium	Occasional smoker	Aspirin	No	No	No	Annual check-ups	Minor fluctuations in blood pressure, continue monitoring.			
Michael Brown	28	Male	182 cm	85 kg	25.9	105 cm	115 cm	22%	75 b/min	130/90 mmHg	130	90	75	18	96%	37.1°C	Focused	Sedentary	2800 kcal	6 hours	High	Heavy smoker	Insulin	Type 2 Diabetes	Family history of heart disease	Genetic testing pending	High stress levels, poor diet	Recommend lifestyle changes, smoking cessation, and regular medical supervision.	Follow-up every 3 months	Significant weight gain and elevated blood sugar levels noted.	
Emily White	31	Female	170 cm	60 kg	20.7	80 cm	90 cm	12%	65 b/min	110/70 mmHg	110	70	65	12	99%	36.8°C	Relaxed	Very Active	2000 kcal	9 hours	Low	Non-smoker	None	No	No	No	Regular check-ups every 12 months	Excellent health, all metrics within normal range.			
David Green	55	Male	175 cm	90 kg	28.9	110 cm	120 cm	28%	80 b/min	140/100 mmHg	140	100	80	20	95%	37.2°C	Anxious	Sedentary	3000 kcal	5 hours	Very High	Former heavy smoker	Antihypertensives	No	No	No	Annual check-ups	Elevated blood pressure and cholesterol levels require immediate attention.			

● Localité désignée
Designated Place

Région métropolitaine de recensement ou agglomération de recensement

Census Metropolitan Area or
Census Agglomeration

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☐ Rurale
Rural

Traits géographiques Geographic Features

Route
Road

 Chemin de fer
Railroad

 Étendue d'eau
Waterbody

Cours d'eau
Watercourse

Projection conique conforme de Lambert
Parallèles d'échelle conservée: 49°N et 77°N
Méridien central: 91° 52' 00" O

Lambert Conformal Conic Projection
Standard Parallels: 49°N and 77°N
Central Meridian: 91° 52' 00" W



Canada